AN OVERSIGHT

Jack Frost came over the hill one day Tickety-tickety-tick. And summoned the little elves from their Clickety-clickety-click.

He said: "You scalawags, listen

I thought you had painted the very Now get out your paints right quick!"

Each elf boy scampered for pail

Flippity-flippity-flap; They worked with a will and they worked with a rush, Clippity-clippity-clap.

Crimson and yellow and brown they spattered, Gold and scarlet and bronze they scat-Till that special tree (so a bird told me)

TWENTY YEARS AGO From the Issue of The Free Press,

Thursday, December 12, 1912 ·Coal is arriving here now with more

atisfactory volume.

Some old-fashioned the past week. The new mail boxes for Rural Route

No. 2 arrived on Tuesday and are being The barn at St. Alban's Rectory has been torn down. It will be replaced

with a commodious Parish Hall. The contract for the rural mail delivery route from Acton to Brisbane return through parts of Erin and Esquesing townships has been awarded to John Gibbons, Acton. The contract price for the 115 mail boxes on the route. The work will entail a daily drive of Israel done so. And there was very great

For several weeks a number of young an entire people listening to the word of Ault volunteered her services as teacher and is really surprising how much elementary knowledge has already been gained by the eager pupils. -Mrs. Ault had considerable experience as a missionary teacher in India Schools in the North

CROSS IN ONTARIO

In the terrible days of the War we all know how the Red Cross stood ready to alleviate the pain of the wounded on every battle-front across the sea. After the War a humanitarian service. demanding, faced the Red Cross here at home. In the outlying districts Ontario, settlers strive for a foothold and memory, Poverty lies in wait for the weak, and discouragement and sickness soon follow. There is need for a strong (cf.Lu. 16: 29-31; Jno. 5: 46, 47; Lu. 24: helping hand.

So the Red Cross built up a magnificent nursing service-first one, then two. now 24 Outpost Hospitals. Some are small houses, others are more pretentious buildings. All are equipped with modern medical supplies and appliances, and staffed with trained nurses. These hospitals are operated for one purpose. namely, to bring expert hospital and nursing care to districts where other-

wise there would be no such service. little cabins back in the bush country of northern Ontario, it is most often a Red Cross nurse who attends the mother and looks after not only the new child but the rest of the family as well. Some times it means driving for miles in below zero weather and trudging snowdrifts through unmarked trails reach the homesteads. Season follows season but still the Red Cross nurse there, living among the people of the community she serves, going where she is needed through sleet or rain or under

blazing sun to care for the sick. Men hurt in the bush are carried by their comrades to the little hospital. Anxious fathers and mothers bring their sick and ailing children for treatment and advice. When these little ones need delicate major operations or the special ized treatment that only a large city hospital can supply, the nurse, through the splendid organization of the Red Cross, sees that these little sufferers get their chance of life and health.

There is a great and growing need for the services of the Outpost Hospital nurse but funds are getting low. Wha a pity if the Red Cross were forced recall some of these nurses and hospitals, especially now as winter closing in. If this were to happen, there would be nowhere that hundreds, even thousands, of these people could turn

for hospital and nursing care in sickness Priends of the Red cross in the large cities of the Province have responded generously, but so great is the need the Red Cross is forced to issue an Ontario wide appeal: Readers of this paper, help keep the Outpost Hospitals open. Send what you can direct to Red Cross Head quarters, 410 Sherbourne Street, Toronto -and know that, through your help, the lives of sick little children and men an women are being saved, and with trained nursing care are given a chance to regain their health.

Worms sap the strength and undermine the vitality of children. Strength- ciples. en them by using Mother Graves' Worm Exterminator to drive out the parasites.

BE MORE EXPLICIT, PLEASE

should be compelled to wear rings. On disciples to come apart 'into a desert invited them, they were to aid in the their dingers as well as in their noses. | place and rest awhile," thus indicating Feeding of the Pive Thousand.

THE SUNDAY SCHOOL LESSON

SUNDAY, DECEMBER 11, 1932

THE CHRISTIAN'S USE OF LEISURE Golden Text.-Whether therefore eat, or drink or whatsoever ye do, do all to the glory of God. 1 Corinthians 10:

Lesson Text.-Neh. 8: 10-17: Mk. 6: 30-32. Study also, Lev. 23: 39-44; 1 Cor. 10: 23-33; Phil. 4: 4-9.

Time.-444 B. C.; A. D. 28; Places.-Jerusalem and Galilee.

Exposition.-I. A Rejoicing People.

The Scripture passages here chosen

being illustrative of the Christian's use of leisure must be regarded at two peculiar selections. A reference to the context of the first of these selections reveals the fact that, instead of being descriptive of a time of "leisure." it is the record of the most interesting religious revivals in all history. Moreover, the lesson is made to end with v. thus leaving out the remaining one verse of the chapter which furnishes a clue to the whole incident and the character thereof. We have ventured to include it here. It reads thus: "Also day by day (Ezra the scribe) READ IN THE BOOK OF THE LAW OF GOD. And they kept the feast seven days; and on the eighth day was a solemn assembly, ac-

cording unto the manner." Here we have an account of the people in such manner as to lead the people to revive the feast of tabernacles which had fallen into practical deseutude. "And all the congregation of them there were come again out of the captivity made booths and sat under the booths, for since the days of Jeshua the son of Nun unto that day had not the children of gladness." Thus gladness was caused by

the Lord. Ezra did not have to urge the been attending night school on Wed- people to listen to the Word. They nesday and Friday evenings. Mrs. (Dr.) rather requested him to "bring the Book." It was real hunger for God's Word that brought the crowds. There was no need of ragtime music or vaudeville stunts or movie shows to draw them. There is a great hunger for the Word of God in many quarters to-day No other preaching draws so largely and so continuously as preaching th A GREAT WORK FACES THE RED Word in the power of the Holy Spirit The writer's own long experience in evangelistic work has demonstrated this The author of the Book of Nehemiah called the law. "The law which the Lord" either believed that law was given by Moses or else he did not believe so himself, but wished to deceive others into so believing. If the law as found in Exodus, Leviticus, Numbers and Deuter-

> Moses, then Nehemiah and Ezra (and Jesus Christ, too) were either badly mistaken or deliberately deceived the people 44). The opinion of Nehemiah and Ezra who lived so much nearer the time and who probably edited the Old Testament Canon, and of Jesus Christ. Who lived so much nearer to God, is of vastly more

onomy was not given, as here stated by

scholars" sistent conclusion.

weight than that of these "modern

the Word, 13-17. The Levites were model readers of th Word in three important respects: -(1) "They read in the Book of the law of brown the crust and to crisp the bacon. God distinctly!" Many modern pulpiteers have much to learn from them in this respect. (2) They "gave the sense" they did not attempt to allegorize or explain away what God had said, they made plain to the people just what God had said. That is model preaching. (3) They "caused them to understand the reading:" they were not content with giving the sense, they made sure that the people had caught the sense, that they really understood. Listening to the Word produced, as it always does, prefoundest convicition of sin, "all th people wept when they heard the words of the law" (Heb. 4: 12). There nothing produces conviction of sin lik the Word of God (cf. 2 Ki. 32: 11: A 2: 37; Jno. 3: 20). But while the Wor produces conviction of sin. Bible reli gion is a very joyful thing, the people were bidden not to mourn nor weep, as the day was "holy unto the LORD" (cf. v. 11). The ultimate outcome of the reading of the Word was very grea gladness (vs. 12, 17; cf. 1 Chron. 29 22). There is always very great gladness where God is obeyed with the whole heart. Nehemiah, the govenor, himself ad a part in the teaching of the people (v. 9). It is a great thing when civil

rulers know and teach the Word of God The people were instructed to show their gratitude as well as their pity by remembering those who had nothing (v 10). A true Thanksgiving Day should be a day of giving gifts to the poor, not the giving of gifts to our rich friends

It is the very essence of Bible religion share what we have with those who have not (Ac. 2: 44,45; 4: 35). The joy of Jehovah is the true believer's strength (v. 10). It is the Christian's duty ito be always happy in the Lord, and in the feeding upon His Word (Phil. 4: 4: Jer 15: 16). It was a day not only of great gladness but/of "great · mirth." The thing that they made merry over was that they had understood the Words that

were declared unto them. III. Jesus Seeking Rest for His Dis-

At first glimpse this passage would the passage in the context, seem to bear upon the assigned title of parallel passages in Matthew and the lesson. But, like the longer, passage show that they did NOT rest. As just dealt with, it has in reality little or matter of fact, they were never in nothing to do with it. It is, of course busier in all their lives, for during this Married men, says one femining writer, beyond dispute that Jesus invited His very "rest" period to which the Master

COWBOYS KAT FOR BETTER HEALTH

By Barbara B. Brooks

down on the Rio Grande. It is still a Once he has read a thing he never cow country and not all the cowboys forgets it. In recent tests he was able have gone to Hollywood. But the boys, to give without a single mistake details are full of new-fangled ideas. Fords go of the most complicated Italian timeto round-ups. A chuck-wagon equipped tables: Investigators then asked him for with mechanical refrigeration has made details of the population of hundreds of its appearance. There is talk about places, great and small, in Italy. Not food which will do for the hands what a one of their questions stumped him. He good range does for the cattle. It's continued by giving without a mistake pretty hard to kill a hard riding cowboy the name of every mule belonging to the but there are times when he might feel artillery, by answering correctly every

hence the refrigerator. Here and march of every regiment in the army. there fresh milk takes the place of the old reliable "canned cow". New staples go on the list. Old stand-bys are not given up but recipes are changed, and for the better, too. There are flapjacks, but to the batter a generous measure of all-bran is added because the boys have learned that they need makes all-bran a healthful food.

Hot Tomale Pie and the cook saves him- searcher enters the room, and the game self a lot of work by substituting crisp continues. rice cereals for the usual cooked corn

Some, of these recipes that keep cowboys healthy and happy are given below out-of-door members of your family these crisp days.

THREE IN ONE RECIPE (Flap-jacks, Quick Bread or Muffins

1/4 cup shortening

14 cup sugar

3 eggs (well beaten) 13/4 cups sour milk 1% cups all-bran

2 cups flour 2 teaspoons baking powder

1 teaspoon soda 1 teaspoon salt

Cream shortening and sugar. Add eggs, sour milk, and all-bran and let soak until most of meisture is taken up. Sift flour with baking powder, soda and salt and add to first mixture-stirring only until flour disappears. Bake in square flat

Yield: 16 small muffins: 12 large squares; 3 waffles or 8 flap-jacks. ALL-BRAN CORN BREAD WITH

BACON

2 eggs (beaten islightly)

4 cup sugar 1/2 cup-all-bran

1 cup corn meal 1 cup milk

% cup flour 14 teaspoon salt 2 teaspoons baking powder.

14 lb. bacon (diced): Combine eggs and sugar thoroughly; add all-bran, corn meal-and milk. Sift dry ingredients together, add to first mixture and pour into greased baking .II....Causing the People to Understand dish (9x11 inches is a suitable size). Sprinkle bacon over top. Bake at 400 degrees F. for 20 minutes, then slip pan under broiler for about three minutes to

> lield: 16 servings. TEXAS HOT TOMALE PIE

2 cups cooked meat (ground or diced)

small garlic clove (minced) 1 tablespoon chili powder

4 cups gravy or meat stock

2 cups crisp rice cereal (or 1 quart cooked corn meal mush, very stiff) Mix the meat with gravy or stock. chili powder, salt and garlic. Turn into outtered casserole or baking pan. Cover with the rice cereal. Bake from 20 to

If the corn meal mush is used, line with cold mush. Fill with the meat mixture. Put mush over top in broken

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CORNER THE MARKET

NO LAW ABOUT IT

Country Constable-"Pardon, miss, but City Flapper-"Why didn't you tell me before I undressed?' Constable-'Well, there ain't no

SOMETHING LIKE A MEMORY

The world's most extraordinary memory is probably that of Dr. Vicenzo Man-They say that things are not the same cini, a retired professor physics in Italy. date when he was asked, and by naming He is asking for fruit and vegetables the bandmaster and the regimental

FINDING THE THIMBLE

pleasant and interesting variation to the popular game of search the thimble. Directly the thimble has been hidden the fibre, food iron and vitamin B which the planist plays a march by which the players enter the room, and when the The flap-jack batter does for a quick search begins starts another piece, and bread, too. It is baked in large flat pans, indicates by the manner of playing cut into ample squares and handed out whether a searcher is near or some dishot with maple syrup. On mornings, tance from the hidden object. This is when corn bread with all-bran and diced done by playing loudly and briskly when bacon appears the cook is safe from a searcher approaches the place where abuse even should the coffee not be up the thimble is hidden, and slowly and slowly as he or she goes away from it. well established favorites such as Texas opening march is repeated, and another

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