

THE SPRINT

Jolly sprits, with the velvet crown, spinning merrily upside down. Merrily, merrily, cheerily, cheerily, bringing the woods to the sordid town.

TWENTY YEARS-AGO

From the issue of The Free Press of Thursday, November 28, 1912

Messrs. James Ross, W. Stalker and J. Arthur... The first real taste of winter came on Sunday afternoon... At the regular monthly meeting of the Women's Institute...

Persian Balm is a true elixir of youth. Refreshes and rejuvenates. Adds a youthful charm to the complexion...

CANADA FUR INDUSTRY

Despite the fact that the number of fur farms in Canada increased over one thousand to a total of 6,524 for 1930, the total value of investment in land and buildings...

WINNINGS AT FRUIT SHOW

At the 12th annual Imperial Fruit Show held recently at Bingley Hall, Birmingham, England...

Canada is a large producer of apples, which are principally grown for the commercial market, in Nova Scotia, New Brunswick, Quebec, Ontario and British Columbia.

THE SUNDAY SCHOOL LESSON

SUNDAY, NOVEMBER 27

STEWARDSHIP OF LIFE

Golden Text—First they gave their own selves to the Lord—2 Corinthians 8: 5.

Lesson Text—Mark 1: 16-20; Acts 26: 12-19. Study, also, Isa. 6: 1-8; 1 Cor. 9: 16-23; Matt. 8: 23-34.

Time—A. D. 27, 37. Places—Galilee; the Damascus road.

Exposition—1. Follow Jesus, and become a Fisher of Men. Simon and Andrew were attending to their own proper business when Jesus called them into His work...

II. Saul the Humbled Penitent, 12-18. The Lord allowed Saul to go a long way in his mad career, but at the proper moment He put forth His hand and saved the little flock in Damascus.

III. Saul, the Persecutor, Proclaiming Jesus. As soon as Saul was filled with the Holy Spirit he began to preach Jesus. Preaching Jesus is one of the inevitable results of being filled with the Holy Spirit.

RED CROSS OUTPOST HOSPITAL WORK IN ONTARIO

The Red Cross Outpost Hospitals are in peril. Some of these havens for the sick and injured of Northern Ontario are in danger of being forced to close their doors unless financial help is forthcoming.

Just what are the Red Cross Outpost Hospitals? Where are they? What do they do? Extending over an area of hundreds of square miles in the new sections of Ontario, giving the only hospital and trained nursing care available to thousands of settlers...

A striking review of the daily round in a one-nurse Outpost is contained in a letter which one of the nurses writes "back home." It reveals that it was impossible to get a doctor to more than one-third of the 55 obstetrical cases that were attended during 22 months.

Called at night to visit one of these cases, the nurse had to walk 6 miles from the Outpost. Guided by a little lad of 12, she found the man's house...

Then back again to the Outpost where life rolled along quite peacefully for almost a week, with no night calls. There were only, she writes, the round of sick calls, the post natal care to mothers and new babies, the calls on mothers to convince them of the value of having badly infected children's tonsils removed...

This is just a typical cross section in the life of an Outpost nurse. Think what it means to the young father to know that his wife will receive trained nursing care when she is in need of it; that there is someone at hand who has had the best training the modern hospital can give...

26), and so, of course, when we are filled with the Spirit, we cannot but bear witness of Jesus also.

26), and so, of course, when we are filled with the Spirit, we cannot but bear witness of Jesus also. A heart and mouth full of testimony for Jesus is a far better proof that we are filled with the Spirit than any ecstatic experiences that we can tell about.

discouraged whose strength is falling under the stern necessities of the new country to feel there is encouragement and practical help to give them new heart.

This is a work that appeals to all Ontario. The people of the larger cities of the province have contributed generously; the people of the little settlements surrounding the Outposts have done all that they are able.

It is but drops of water (enough of them) that make the sea. A dollar or part of one (and enough of them) will make a grand total that will enable the Red Cross to keep the doors of the little hospitals open.

To safeguard the child from damage that worms cause, use Miller's Worm Powders, the medicine par excellence for children. These powders will clear the system entirely of worms, will regulate and stimulate the organs injuriously affected by the worms, and will encourage healthful operation of the digestive processes.

DEVELOP NEW INDUSTRY

Construction of a plant in Western Canada for the production of crude vegetable oils and saskatoon oils from soy beans, peanuts and copra will start within the near future.

SURE WAY

City man: "How old is this cow?" Farmer: "Two years." C. M.: "How do you know?" F.: "By looking at her horns." C. M.: "What a fool I am. I might have seen that she has two horns."

THE MCINTOSH IS POPULAR

Popularity of the "McIntosh Red" apples grown in Canada is evident from the fact that the whole of this year's crop grown in Western Canada has already been marketed.



J. Cadesky OPTOMETRIST

WILL VISIT ACTON ON Monday, December 5

Anyone suffering from Eyestrain, Defective Vision or Headache, should not miss the opportunity of consulting this eyesight specialist.

Well Dressed Windows Will NOT Sell Goods

Of what use is an attractively dressed window if no one will look at it and study the values of the merchandise on display?

To-day people must be invited to even look at the windows regardless of the contents and the values offered. People can be interested in merchandise if the proper appeal is provided.

Invitations must be issued in attractive form to create interest. Your goods displayed attractively in your windows will help tremendously, if you are able to attract customers to your store, but to make attractive displays inside and outside your store is worse than useless unless you are able to create sufficient interest to bring the people there.

Invite People to Come Up Town

Then count on your windows, your inside displays to help you sell your well-assorted stock. Business can be made better if proper methods are employed and the public can be made interested in the goods you are offering for sale.

The Best Method

The simplest and least expensive method to issue your invitations is through the columns of the local paper---

The Acton Free Press

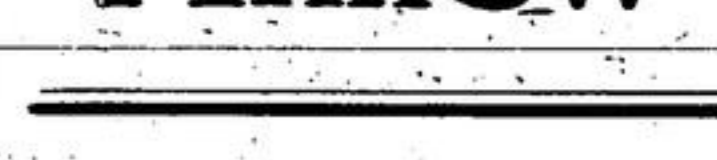
TIME TABLES

Table with columns for 'AT ACTON', 'CANADIAN NATIONAL RAILWAYS', and 'GOING EAST'. Lists train routes and departure times.

TRAVEL BY BUS

Table with columns for 'Eastbound' and 'Westbound'. Lists bus routes and departure times.

STANDARD TIME



Life Insurance advertisement for Frederick L. Wright, Representative Imperial Life Assurance Company.

Savage & Co. advertisement listing watches, diamonds, china, glassware, wedding, and engagement rings.

Classified Ads advertisement for 'The Door of Opportunity'.

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