I WOULD SERVE

To any who repine, Can bring a bit of cheer Or brightness on the way. How gladly would I serve! For hearts are aching here, Feet often go astray, And fears of ill unnerve; So lest from right they swerve, I would do all I may. -Fred Scott Shepard.

Menu Hints

Recipes for New and Novel Dishes: Household Ideas and Suggestions

SEASONABLE RECIPES

BAKED HALIBUT STEAK 1 pound halibut steak cup milk Butter or substitute

Rub steaks well with butter, pepper and salt. Lay steaks in baking pan and pour the milk over them. Baste often while cooking, until all the milk is used. Serve with mushroom (or your favorite)

ORANGE NUT WHIP

- (Serves 6-8) cup whipped cream
- 1 cup peanut brittle rolled fine (3 oz.)
- 1 cup orange pleces Whip cream and fold in powdered

peanut brittle and orange pieces. Serve very cold.

This dessert may be made in the iceless refrigerator. Freeze orange pieces with 1/2 cup sugar to a mush. Fold in cream and peanut brittle. Let stand till frozen again but no longer. Serve.

FRUIT SHERBET

(Makes 2 quarts) 14 cup orange juice

- % cup lemon juice 21/2 cups sugar
- 1 quart milk
- 1 cup any one of following fruits: crushed strawberries, crushed raspberries, apricot pulp, mashed peaches, mashed bananas

Mix and freeze. If mixture curdles i will freeze smooth again.

BITTER ORANGE MARMALADE (Makes 6-8 glasses)

- 1 grapefruit
- 2 oranges.
- 1 lemon 14 cup lemon julce

Slice unpeeled fruit very thin. Add three times as much water as fruit. Beil 20 minutes. Measure. Bring to boiling point. Add %-cup sugar for each cup of fruit. Boil 25 minutes or until it gives the jelly test. Just before removing For the wide world is turned by the from fire add 1/4 cup lemon juice. Pour

into sterilized glasses; cover with paraffin

QUICK ORANGE JAM

- (Makes 2 glasses) 2 cups orange pulp and juice
- 1 lemon, pulp and juice 11/2 cups sugar

Boil quickly about 10 minutes or unt syrupy and clear. Very good served warm on hot biscuits.

when cold.

ORANGE GELATINE

(Serves 6)

- 2 tablespoons granulated gelatine 34_cup cold water
- 2 cups orange juice
- tablespoon lemon juice cup sugar.
- 1/2 teaspoon grated orange rind 14 teaspoon salt

and dissolve over hot water. Add to was appeased at the expense of the plications, which involved an immense orange juice, lemon juice, sugar, grated stomach. But I can just see amount of detail for the branch officers rind and salt and stir until dissolved. Turn into molds and chill.

The Oil for the Athlete.-In rubbing down, the athlete will find Dr. Thomas' Eclectric Oil an excellent article. often and at all the gatherings, it's not renders the muscles and sinews pliable, takes the soreness out of them ed toa-meeting in those times, too. strengthens them for strains that may be put upon them. It stands preeminent for this purpose, and athletes who for years have been using it can testify to its value as a lubricant.

NEW RADIO TONE WINS PUBLIC ACLAIM

Mr. J. E. Rogers Reports Gratifying Public Response to 'Symphonic

.The new phrase in the radio world Symphonic Tone has already met with an enthusiastic public response of tremendous proportions, according to Mr. J. E. Rogers, vice-president of the rink for the season. Rogers-Majestic Corporation Limited, whose company is responsible for this

latest development. "When we introduced Symphonic Tone' to the radio-buying public," said Mr. Rogers, "we felt that we had a considerable task before us. Every new radio season brings its crop of technical radio terms, many of them confusing to was selling at \$8 per ton: the layman. Our job was to educate the man on the street to the vastly improved enjoyment awaiting him through what George Brown, Thos. Early, Wm. Joyce, we felt to be the last word in radio en-Thomas Snow, John Murray, John Wingineering. While true 'Symphonic Tone' has only been available for a comparclass James Stark atively short period, it has already become evident that the public is willing and able to quickly comprehend and appreciate an improvement which is capa- Saturday, and this took effect on Monble of actural demonstration. Already day, December 4, 1882. more than gratifying response. In many No. 21, going east, was about two miles Montreal and Toronto handle more of hands soft and flamlessly white. Im-

for the Liverpool market off the track. The track was blocked for over eight hours, causing considerable delay to both passenger and freight traffic. -

THE OLD MAN

POST OFFICE

EVERYDAY FOLK

Who weep at a sorrow, and laugh at

Who in their little trim houses liv

You may think when you meet them,

Of these people who jog-trot through

But in life's passing drama they play

There's valour heroic that passes untold:

There are poor folk enriching the world

By the beautiful kindnesses done on their

But to write the story of everyday men

Of the everyday folk in their everyday

First of all I want to thank the

"Chronicler" of Ginger Farm for her

encouragement in continuing this his-

torical and Old Man's column of mine.

I sometimes think we old folk lose our

pep a bit when the younger people are

not so easily discouraged. And it's a

good thing for us to have the brighter

outlook and courage of the younger

people to keep us a-going. I know Mary

and I always feel brighter and have a

We certainly do eat well and often.

me that we had many a good old fashion-

The other Saturday night I came down

There's laughter and love far more

This is a song of everyday folk

there's nothing to say

everyday lives

life every day,

their own parts.

precious than gold

numberless hosts

their hearts.

every day

of the young folks.

plastered.

in mind this was all in 1882.

The electors of Georgetown gave a and much heralded "corner" and is adbonus of six thousand dollars to the vancing slowly but surely along the sun-Glen Woollen Mills Co. 114 votes were ny side of the street, according to a polled, 7 voting against the by-law. recent survey conducted by the Business I just couldn't help noticing the ad- Management Bureau of the Retail Mervertisements of those days. I always chants' Association of Canada Inc. (Onread the advertisements of any day. I tario Division).

think they are a sort of education and ed as men's hand-made Kip Boots (clump soled); men's double soled Kip Boots: men's Congress Boots: men's Balmoral Boots; ladies' Strong Boots; Felt Boots and Skating Boots.

In those days articles were built for only had coal oil lamps and a few wooden sidewalks and folks were not seen so much and they walked along the paths would cease to exist. and roadways.

Oh. yes, times have changed. I'm like all old men, and like to revel back in the days that are gone, and these old files bring up a lot of recollections. don't know what I'd do without the opportunity to go over them once in while. I notice that further on a list of the changes of the previous year are property changes and improvements-'ll give it to you in condensed form next



you older folk can recall.

Many children die from the assaults should be to see that their infants are free from these pests. A vermifuge that can be depended on is Miller's Worm-Just everyday husbands and everyday Powders. They will not only expel worms from the system, but act as a healthgiving medicine and a remedy for many clothing. of the ailments that beset infants, enfeebling them and endangering their

THE LITTLE MENDER

With courage to back up the hope in "You'll be interested to know that so pleasantly remember. George has put his heart in my keeping.' "Yes, poor boy, I suppose be'll want somebody to look after it-he-told me last week that I had broken it."

MAKING A DATE

He-How long are you going to Is a task far beyond the small power of gone?

> She-Can't say. He-Well, approximately. She-I really don't know. He-You've no idea, then, just how

-Lily Dean. long it will take you?

She-Not the least. He-All-right. I guess I can be back by then, too.

She-Fine. Don't forget. I'll be look ing for you. He-Sure thing, I'll be there.

WELL-OILED MACHINERY ISSUES GOVERNMENT BONDS

Montreal-Offices of the assistant receiver general of Canada in Montreal fresh grasp on life after a visit by some and Toronto were reported to be moderately busy in issuing interim bonds of I was much interested by the article the new Dominion Loan. The real rush, from Ginger Farm last week when the it was said, would not come for several writer spoke of the suppers and lunches days when the thousands of individual that seem to be a part of all functions applications from private investors begin now. I suppose when historians write of to reach the government offices.

this age and generation it will be refer-Last year, for the National Service Soak gelatine in cold water 5 minutes red to as a epriod when "the appetite Loan, there were 109,000 individual apwhat will be in THE FREE PRESS files of the receiver general. On that occafifty years hence when the recollections sion, the rush came at the end of the of this day and generation are reviewed. first week and tapered off gradually as the flow of subscriptions from outside Well, back in the files of THE FREE points were filled. This year it is not Press of fifty years ago if they ate as expected that there will be so many applications in view of the fact that the so recorded. But my recollection serves total amount of bonds to be issued is not nearly as large as the \$221,000,000

> National Service Loan. While the sales of both short and longtown and couldn't help remarking to term bonds have been coming in steadily Mary, as I have on other occasions, to date, it was pointed out that these about the fine lightning on Mill Street. subscriptions were principally those of Back in 1882 I notice in the Council the large investing institutions.

> proceedings that William Gurey was paid . "It is the individual application which \$27 for three months' salary as lamp- involves the detail work," said the office lighter. Oh, yes, our taxes are higher, manager of one bond house, both for but when I look back at those old days the bond house and for the assistant of the coal oil lamps and then to-day, I receiver general. The institutional inthink we have a lot of things we didn't vestor who buys, say, \$600,000 of these bonds does it in one transaction which On November 23, in 1882, it was is handled with little more detail than recorded that winter had come and the is a transaction for a \$500 bond. Yet boys were skating on Henderson's Pond. it takes the subscriptions of some hun-The managers of Acton Skating Rink dreds of small investors to make up a were asking for tenders for renting the million of bonds."

> Machinery of the department of fin-The new bell for the Town Half had ance had been so well olled that the arrived and the Town Hall was being interim bonds were being delivered according to schedule on Tuesday morning Pork was coming into the market in although the sales did not begin until considerable quantities. Prices are good, Monday. The procedure is that bonds ranging from \$7.50 to \$7.75. Please bear paid for by certified cheque on one day are delivered at 9 o'clock the next The price of coal had advanced and morning. It was intimated that the department of finance expects to main-At Esquesing Plowing Match, on the tain this schedule regardless of any rush

farm of Mr. D. Cross, the winners were of applications that may develop. The bonds which are being issued at present are merely interim certificates. tow, John McDowell, and in the boys' printed. In due course-or in from three ping, windburn and all roughness caused to six months engraved "definitive" by weather conditions. Reeps the com-The merchants entered into an agree- bonds will be issued in exchange for the plexion clear and lovely. Completely abstores at 7.30 p. m. each evening, except being issued.

There are no figures available as to skin. Makes it soft, smooth and flawless. the approximate volume of business done Preserves and enhances natural beauty On Friday afternoon as freight train in each office, but it is understood that Soothes, refreshes and invigorates. Makes

RETAIL SUBVEY SHOWS CHANGE -BETTER BUSINESS PREDICTED

Prosperity has turned the long awaited

This survey definitely revealed visible they, too, show the trend of the times, improvements in many lines of business, and the changes. For instances here are although th full benefits of the upword the cloths that were popular in 1882. trend would not be felt by the average Colored cashmeres, Nun's suitings, person for a few months, according to F. Knock-about Serges, Monk's Serge, Black H. Boselly, Director of the Bureau, whose and Colored Velveteen, Matalasse Mantel reasons are as follows: When the stock Cloth, German Nap Cloth, Newmarket market crashed in 1929, the depression Coat Cloth. And the shoes were describ- had started and prosperity was on its way into temporary seclusion for three months or more before the average person realized it, curtailed their expenditures and purchases or made any provision for liquid reserves to tide over the hard times. In fact people were more wear and less style. You know we so used to thinking and talking prosperity and easy money that few were capable of visioning a period when such conditions

> Similarly to-day, all economic indices and barometers, such as car loadings, stock and commodity prices, unfilled loans, bank deposits and cessation of orders for steel, money available for national bankruptcles positively show that business and financial leaders are preparing for a period of expansion and that the depression is over; but once again the public does not realize it. People have been talking depression and practicing economy and frugality for so long few are capable of believing that better times are here.

A canvas in connection ith the Bureau's survey disclosed an enormous potential market for goods and merchandise of every description.

During the last period of prosperity a higher standard of living was created of worms, and the first care of mothers by means of advertising and other propaganda. People transferred into the class of necessities many things previously considered as luxuries, such as automobiles, radios, vacuum cleaners, in additon to many items of food and

> The depression curtailed purchasing power and therefore gratification of these wants, but it would take more than two or three years of hard times to eliminate the strong desire people have for things which they have enjoyed and

> Now with a return of confidence in the business structure and an assurance of steady employment or potential profits, the public will again start spending and let loose the pent-up flood of buying that they denied themselves during the past three years, which will benefit every one in the economic chain.

Money will start to circulate, credit loosen up, the storekeeper stock up his shelves, the manufacturer start his plant to supply the merchant, prosperity will gain increasing momentum, and we will again be in the midst of good times practically before we realize it.

But it must not be contrued that this prosperity which is well on the way is of the "boon variety," like the last, with its frenzied finance and over inflated prices; when anyone and everyone could make money in practically any line that they choose. It is not-and those days

Rather do all indications point t a period of steady, substantial growth, when those who have something meritorious to offer, who plan carefully, buy wisely, advertise intelligently, and who either know what they are doing or hire experts to show them the way will have greater opportunities for huge success than ever before.

And particularly is this true of the retail field, where hit and miss methods have taken such at disastrous toll in past years, according to Mr. Boselly who claims that we are now entering upon the era of greatest expansion and prosperity for scientifically operated and individually owned retail stores in mer-

chandising history, "These things are very fine," state many merchants, "but how are they going to help me. I am just about in the hands of the receiver and don't know whether I can continue in business for even another month."

"This mortality of retail business demanded a positive and lasting remedy," exxplained Mr. Boselly, "so the Business Management Bureau was brought into existence as an integral part of the Retail Merchants' Association about eighteen months ago. Since that time it has been successful in re-habilitating many retail businesses which were headed for the bankruptcy courts. This was accomplished by a simple process of reorganization, the application of correct merchandising and storekeeping principles, and in most cases by a substantial increase in newspaper advertising which created sales and produced profits, thereby giving confidence to creditors and

wise good merchant to stay in business and make a success." An excellent tribute to the Bureau's work was manifest recently, when one of Canada's leading universities requested permission to study the data complied during this survey and the results obtained in the applying of scientific principles to Ontario retail merchan-

thus enabling an unfortunate but other-

Persian Balm quickly relieves chapment in Acton in /1882 to close their temporary certificates which are now sorbed by gentle rubbing. Never leaves undesirable stickiness. Stimulates the



"Give my love to

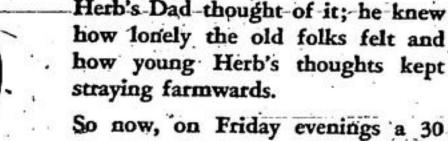
Young Herb's happy summers on Grandpa's farm are renewed each week throughout the winter; an inexpensive luxury that all the family shares in:

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