

IN THE GLOAMING

When milking time is done, and over all This quiet Canadian inland forest...

From moss-covered watering-trough to fuddled stall The tired plough-horses turn—the barnyard loam...

The frogs, cool-fluting ministers, of dream Make shrill the slow brook's borders; pasture bars...

Vague shapes amid the thickets; gleam by gleam Above the wet grey wilds emerge the stars...

THE SUNDAY SCHOOL LESSON

FOR SUNDAY, OCTOBER 23

PROBLEMS OF THE MODERN HOME

Golden Text.—As for me and my house we will serve Jehovah. Joshua 14: 15. Lesson Text.—Jos. 24: 14, 15; Eph. 6: 1-9. Study also, Mk. 10: 2-12; 1 Cor. 8: 9-13; Pa. 127.

Time.—1487 B. C.; A. D. 61. Place.—Shechem, Rome. Exposition.—I. Joshua Enjoins the People to Choose Jehovah to be Their God, 14, 15.

Joshua summoned the people "before God" for his farewell words (v. 1). He began by rehearsing the story of Jehovah's saving goodness to Israel. In view of this he calls upon Israel to fear Jehovah and serve Him.

Under the management of the Citizenship Committee of the Epworth League, an election to a mock Municipal Council has been arranged. Nominations were held last Tuesday evening, when the following nominations were made: Reeve, Frank Kennedy, (acclamation). Councilors, John B. Nelson, Clara E. Moore, J. Victor Coleman, John L. Moore, Minnie B. Bennett, J. C. Matthews, Lillie Frankum, Fern Brown, M. E. Nelson and A. T. Brown.

DIED SPEIGHT—At her home at Markham, Ontario, on October 20, Harriet Chapman, widow of the late Michael Speight, formerly of Acton, aged 79 years.

Persian Balm—the unrivalled ointment requisite. Essential to every dainty woman. Imparts rare charm and beauty to the complexion. Softens and beautifies the skin. Makes hands flawlessly white. Cools and refreshes. Relieves roughness. Ideal for true feminine distinction. Delicately fragrant. Swiftly absorbed into the tissues leaving no stickiness. Persian Balm invariably creates a subtle elegance and charm.

SANITATION IN PLANT DISEASE CONTROL

Sanitation is a most important feature in the control of many plant diseases and concerns particularly the destruction of diseased material so that the sources of infection are eradicated as far as possible.

While sanitation is a necessary feature in control of bacterial diseases it is also extremely valuable in helping to control those caused by fungi. In both types of diseases the causal organism remains active from year to year in diseased material and all such material acts as a source of infection for further spread.

With fungous diseases spraying practices can generally be depended on to give satisfactory control but this control is made easier and more complete if diseased material in so far as possible is destroyed. Bacterial diseases, however, are not so readily controlled by spraying practices and therefore sanitation is a necessary feature in all control recommendations.

Soil-borne diseases such as wilts and root-rot are also best controlled by sanitation methods. Plants affected with these troubles should be gathered and destroyed and not allowed to remain in the ground where they serve to infect the soil and cause it to become "sick."

An efficacious household remedy—Douglas' Egyptian Liniment. Brings immediate relief to lame back and muscular rheumatism. Also relieves inflammation, burns, sores, corns, and warts.

Jesus Christ. The obedience should not be "in the way of eye-service," that is, only to be seen and only while the master is watching. This word eye-service is found in only one other place in the Bible (Col. 3: 22), and as far as known nowhere else in any writing older than the Bible.

Sleep is the great nourisher of infants, and without peaceful sleep the child will not thrive. This cannot be got if the infant be troubled with worms. Miller's Worm Powders will destroy worms and drive them from the system.

A SLICK GAME

At the present time reports are coming in the Crops and Markets Branch, that oats for which fabulous promises are made are selling at \$1.60 to \$1.80 per bushel, while the finest registered seed oats grown in Ontario can be purchased at about half the price, states A. H. Martin.

Farmers should take warning from the experience of others. Losses caused by this form of exploitation by certain unscrupulous firms probably run into thousands of dollars yearly. Every smooth-talking, high pressure salesman, usually representing some firm operating in the United States or some other country outside of Canada, travel from farm to farm selling so-called varieties of grain at fabulous prices.

Not so many years ago salesmen actually sold wheat represented to be from King Tut's tomb to Ontario farmers at prices ranging from \$3 to \$8 per head. If this grain had actually come from the tomb of Egypt's famous king it would have been several thousand years old, and even the common mustard, which is credited with being the most retentive of life of all seeds, cannot hold life within the seed more than fifty to seventy-five years at the very longest.

About five years ago Polish peas were sold in Eastern Ontario at \$12 per bushel, when the higher yielding better quality Canadian varieties were going begging at \$2 per bushel. In February, March and April of 1932 nearly a load of a little known and inferior variety of oats was sold in a well-known section of Central Ontario at \$1.35 to \$2 per bushel. These oats were marketed as "No. 3," which is the lowest grade that is permitted to be sold under the Federal Seeds Act, and a grade that is not suitable for seed at any price, let alone at prices four to eight times higher than the ordinary market price for good Ontario No. 1 oats of recognized standard variety.

Government institutions, such as the Central Experimental Farm, Ottawa, the Kemptville Agricultural School, the Ontario Agricultural College, Guelph, the Ridgeway Experimental Farm, and the Experimental Station at New Liskeard, test out all the known varieties of all kinds of grain commonly grown in only those varieties proved to be high yielders and adapted to Ontario soils. Farmers who follow the results of experiment of these institutions do not as a rule give away hard-earned cash to smooth-tongued salesmen who are full of promises and never operate in the same district twice.

"Time and again" these "too good to be true" new varieties have been investigated by Government officials and have found to be some standard variety sold under a new name. In some cases the evidence would indicate that grain has been purchased in Ontario at market price, shipped to Buffalo, bagged and returned to Ontario as a new variety, and sold at four to eight times more than the market price. This scheme of exploitation is very old. Perhaps a word of warning to the unwary will very likely check the practice and save the farmer thousands of dollars.

GIVE HIM THE MITTEN

"Were you one of the many fooling with the stock market?" "Not me, I was serious, the market did the fooling."

THE WOMEN'S "HAT TRICKS"

Why is it that women cannot get a style of hat which satisfies them? This last year has been the most erratic the hat trade has ever known.

At one time there were only two or three styles in women's hats a year. Now-a-days they change almost as frequently as the weather, and there have been ten distinct hat fashions in the last twelve months. The first of these, the beret, is the only one which has survived for any length of time.

Last autumn the "Empress Eugenie" suddenly became famous. Every woman rushed to buy it. But within a few weeks it had become too fashionable, so it was replaced by the bolder. This hat was supplanted a few weeks later by the "Robin Hood."

THE GINGERBREAD MAN HAS RELATIVES

By Barbara B. Brooks

The gingerbread man is undoubtedly one of your oldest friends, but have you met his relatives? They are really worth knowing. The new members of the family circle are "The Gingerbread Waffles," which have made such an impression that people are considering 'em Sunday night affair quite complete without them.

If you have one of those attractive waffle sets, in blue, green or yellow pottery, you will want to make waffles often. Any good gingerbread recipe may be used. The batter should be poured slowly into a preheated iron or baker, covered and allowed to bake until the steam ceases to rise. Serve the waffle sections singly or shortcake fashion, using for a filling and topping either whipped cream and sliced bananas, ice cream and candied ginger, whipped cream cheese and candied pineapple or apple cream (recipe below).

For further flavor in gingerbread waffles, add black walnuts, bran, coconut, or candied lemon peel. Waffles of this type are best served with whipped cream or powdered sugar. Some prefer them served with crisp curls of bacon.

If you have little time to spend cooking, you will be more than happy with the gingerbread preparations which are now on the market. All you have to do to prepare them is to add hot water and mix.

It is convenient to know this member of the gingerbread family. Gingerbread Coconut Balls are delightful. Again, use any familiar gingerbread recipe and bake it in small cup cake or muffin pans. When cool, dip in a thin confectioner's sugar frosting and roll in shredded coconut until thoroughly covered.

You should know Betty, the Gingerbread Pudding, too. She is very unusual. Children love her and she is good for them. You will want to save every last crumb of gingerbread for Betty.

GINGERBREAD BETTY

- 2 tablespoons butter
2 cups gingerbread crumbs
1/2 cup sugar
1/4 teaspoon cinnamon
1/4 teaspoon nutmeg
1 teaspoon lemon rind
Juice of one lemon
1/4 cup water

Melt the butter and add the crumbs. Mix the sugar, spice, and lemon rind. Alternate layers of crumbs and apples, sprinkling each layer with the sugar and spice mixture until the dish is full. Sprinkle with lemon juice and water. Cover and bake in a moderate oven 40 minutes. Uncover and let brown quickly. Serve with cream.

HONEY GINGERBREAD

- 1/2 cup honey
1 egg (well-beaten)
1/2 cup all-bran
2 cups flour
1/4 teaspoon soda
1 teaspoon baking powder
1 teaspoon salt
1 teaspoon cinnamon
1 teaspoon ginger
1/2 cup water

Cream shortening and honey. Add egg and all-bran. Add sifted dry ingredients alternately with the water. Bake in a moderate oven (400 degrees F.) for 40 minutes.

BRAN GINGERBREAD

- 1/2 cup shortening
1/2 cup brown sugar
1 egg (well-beaten)
1/2 cup dark molasses
1 cup all-bran
1 1/2 cups flour
1/2 teaspoon salt
1 teaspoon ginger
1 teaspoon cinnamon
1 teaspoon baking powder
1/2 teaspoon soda
1/2 cup buttermilk

Cream shortening and sugar. Add egg, molasses and all-bran. Sift dry ingredients and add alternately with buttermilk. Bake in a moderate oven (375 degrees F.) for 45 minutes.

APPLE CREAM

- 1 grated raw apple
1 egg white
1 cup sugar
1/4 teaspoon salt

Place ingredients in a bowl and beat until consistency of whipped cream.

Complete in itself, Mother Graves' Worm Exterminator does not require the assistance of any other medicine to make it effective. It does not fall to do its work.

NO BAD HABITS

It has been said that some young men have no bad habits, and not much else. This is unfair. The statement is negative, but the character about which such a statement can be made is positive. Those who are easily influenced pick up bad habits as a matter of course.

Many young men swear because they hear profanity, and for no other reason. Many smoke, not because they think it a good thing, or even enjoy it particularly, but because it is customary in their crowd. Young men who grow up without acquiring any bad habits have real backbone.

Then, too, the absence of certain bad habits implies the existence of other good habits. One who lacks the bad habit of uncertainty, must have the good habit of decision. If a young man is not disorderly, he must be orderly. Bad habits are like weeds that spring up without being planted. If there are no weeds in the garden plot, somebody has been working. A young fellow who has no bad habits has subjected himself to a self-discipline which will count in his future.

Great Value in either of these

Red Rose Tea

Red Label, 25c. 1/2 lb. Orange Pekoe, 38c. 1/2 lb.

They never let you down



"I'll see if Ella can come"

The very day visitors were coming, Bob Emery's wife caught a bad chill. She tried to keep going, but it was obvious that she would have to go to bed.

"Now don't worry," Bob said, "Ella's only 30 miles away. I'll just get her on the telephone and see if she can't come and help us out."

A few minutes later they had Ella's cheery promise. Once more, in an emergency, Long Distance had proved quick, dependable—and surprisingly inexpensive.



Low evening rates on Station-to-Station calls begin 7:00 p.m. Still lower night rates at 8:30 p.m.

Delighted!

THE FREE PRESS Christmas Card samples have been well received wherever shown and patrons have expressed delight at the wide range and the moderate prices. The box assortment has been very popular and if you would make sure of these we would advise you not to defer ordering. The stock is limited and we doubt if it can be replaced.

MANY DESIGNS

But there are many other beautiful lines to select from in this FREE PRESS assortment. They are not the result of purchases from one institution, but the designs have been selected from a wide range of manufacturers. We have heard that THE FREE PRESS is the only line that carries a box assortment of cards of different designs on which you can have your name printed. We admit we had considerable difficulty in securing this type of card—but several lots are included in THE FREE PRESS samples.

MR. E. COLES

Who is representing THE FREE PRESS exclusively this year with Christmas Greeting Cards, cannot visit but at once. All we ask is that you see these cards first before placing your order. It will be to your own advantage and you will be giving a local industry the "break." We'll appreciate your patronage and believe we can serve you better.

HAVE YOUR CHRISTMAS GREETING CARDS PRINTED IN ACTON

The Acton Free Press

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CANADIAN NATIONAL RAILWAYS

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Going West Daily, except Sunday 7:40 a.m. Daily, except Sunday 9:08 a.m. Daily, except Sunday 2:33 p.m. Daily, except Sunday 7:00 p.m. Sunday only 9:10 a.m. Sunday only 10:28 p.m.

TRAVEL BY BUS

Eastbound Daily, except Sunday 7:00 a.m. Daily 9:35 a.m. Daily 1:00 p.m. Daily 4:25 p.m. Daily 9:00 p.m. Sundays and Holidays only 7:00 p.m.

Westbound Daily 9:35 a.m. Sundays and Holidays 11:15 a.m. Daily 1:15 p.m. Daily 4:15 p.m. Daily 7:15 p.m. Daily 11:15 p.m.

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