

A MOMENT AT A TIME

God broke our years To hours and days. That hour by hour And day by day, Just going on a little way, We might be able all along To keep quite strong.

Menu Hints

Recipes for New and Novel Dishes, Desserts, Meals and Suggestions

By Betty Barclay

ICE CREAM TREATS

Ice cream is always a reliable standby for dessert or a mid-afternoon tasty bite. When the ice cream is "different" as well as delicious, guests will be doubly delighted.

TOASTED COCONUT ICE CREAM

- 1 tablespoon flour
1/2 cup sugar
1/2 teaspoon salt
1 egg, slightly beaten
1 cup shredded coconut, toasted
1 cup cream
1 tablespoon vanilla
2 cups milk, scalded

Combine flour, sugar and salt. Add to egg. Four small amount of milk over egg mixture, stirring vigorously. Return to double boiler and cook until thickened, stirring constantly. Cool. Add cream and vanilla. Freeze, using 8 parts ice to 1 part salt. When partly frozen, add coconut, and continue freezing until firm. Serves 6.

COCONUT MOUSSE

- 1 egg white, unbeaten
1 cup cream
1/2 cup sugar
Dash of salt
Few drops almond extract
1/2 teaspoon vanilla
1 cup shredded coconut, toasted and cooled

Combine egg white and cream in small bowl, and beat with rotary egg beater until stiff. Add sugar gradually, beating well. Add salt, flavoring, and coconut. Pour into mold, filling it to overflowing; cover with waxed paper, press cover tightly down over paper, and pack in equal parts of ice and salt. Let stand 6 hours, or until firm. Makes 1 1/2 pint mousses.

PINEAPPLE SHERBERT

- 2 cups light cream
1 cup crushed pineapple
1 tablespoon lemon juice
1 tablespoon cold water
1 junket tablet
1/2 cup sugar (or 1/2 cup sugar and 1/2 cup corn syrup)

Dissolve the junket tablet in the cold water. Mix cream and sugar and warm to lukewarm—(NOT HOT). Remove from fire. Add the dissolved junket tablet. Let stand undisturbed until firm and cool (about twenty minutes). Add the crushed pineapple and lemon juice. Stir well. Pour into tray and put in freezing compartment. When frozen around sides and bottom remove from the tray to a cold bowl and whip thoroughly and quickly. Put back into the tray in the freezing compartment at once and let stand undisturbed until frozen. Recipe makes 9 to 12 servings.

COOKIES FOR CHILDREN

Cookies! Just the thing for between-meal bites for the children on these hot days. With a glass of milk they serve as a tiny meal. Just the thing for dad's lunch box too. Try these recipes for surprises:

CHOCOLATE DROP COOKIES

- 2 cups special cake flour sifted
1/2 teaspoon soda
Dash of salt
1/2 cup butter or other shortening
1 cup sifted brown sugar
1 egg, well beaten
3 squares unsweetened chocolate, melted
1/2 cup milk
1 teaspoon vanilla
1/2 cup walnut meats, broken

Sift flour once, measure, add soda and salt, and sift again. Cream butter thoroughly, add sugar gradually, and cream together until light and fluffy. Add egg and beat well. Add chocolate and blend. Add flour alternately with milk, a small amount at a time. Beat after each addition until smooth. Add vanilla and nuts. Drop from teaspoon on greased baking sheet and bake in moderate oven (350 degrees F.) about 7 minutes. Makes 50 cookies.

CRISP MOLASSES COOKIES

- 2 1/2 cups special cake flour, sifted
1 teaspoon baking powder
1 teaspoon salt
2 teaspoons ginger
1 cup molasses
1/2 cup butter or other shortening
2 teaspoons soda

Sift flour once, measure, add baking powder, salt, and ginger, and sift again. Heat molasses, remove from fire; add shortening and soda. Add flour gradually. Chill. Roll very thin on slightly scored board. Cut with floured cookie cutter. Bake in moderate oven (350 degrees F.) 10 minutes. Makes 3 1/2 dozen cookies.

Another Short Story

He Might Have Lost His Job

DEBORAH PARKHOUSE

HE OUGHT to be fired at once," the general manager's tone was emphatic, even bitter. "This is the second time he has done that sort of thing now and I won't have anybody around here saying that the wool was pulled over my eyes twice by the same man—not if I know it. Let him go at once!" he concluded, addressing the superintendent of the department where the faulty workmanship had come to light.

The latter sat silent a moment, then said in a slow, reflective tone, "George, I grant there's hard logic and cold justice in what you say, and—And—certainly needs a lesson. If we could give him one without 'firing' him would you agree to let me try it? If the first doesn't bring about a lasting cure, I'll promise to discharge him immediately after the next offense."

"I don't think he can be cured," the manager shot back, with something of heat still apparent in his voice. "He's been here a long time. He knows just what we stand for, he's old enough to know enough to value his job, and he has virtually defied us twice now and it is time judgment fell on him. And it won't hurt the rest of the gang to see it fall either."

"Harland," the superintendent's tone was calm and appealing. "Do you remember the preacher's sermon last Sunday?" "What has last Sunday's sermon got to do with this afternoon's output of wheelbarrow panels?" asked the other, with mingled emotions of sarcasm and curiosity.

"Well, as a rule you are a good listener," the superintendent tactfully observed, "and you may recall the illustration the preacher gave in his sermon about the army in which a private soldier had committed some mean and punishable offense?"

"Well, yes, I remember." The G. M. was cooling down a little now. "Proceed," he added.

"And," continued the superintendent, "the punishment, you may recall was unique and very effective. The army commander heard of the misdemeanor and ordered all the officers in rising rank, from the private up to and including himself, to undergo a certain punishment along with the real culprit because he said that the 'higher-ups' had failed somewhere if a private felt free to commit such an act. Now before we discharge Andy for good and for all, I just wonder if we have exhausted every means of making him see himself as we see him. I don't think we have and I'd like to have one more chance to discover if his disposition—and conduct—can be remedied."

"Well, go ahead," agreed the manager. "But remember, if your scheme doesn't prove on hundred per cent. effective with Andy the first time it's tried, I'll hold you hard and fast to your promise to let him go at once upon finding that the 'cure' has not worked."

"What in the name of human justice and reason does this mean?" Andy Struthers roared as he burst unceremoniously into the superintendent's office five minutes after he had received his semi-monthly wage check. "I won't take this cheaply the way it's made up, I tell you. Whose tomfoolery is this, anyway? This isn't April the first, and I would not see much joke in this even if it was."

"Sit down, Andy, till I see what's wrong." The superintendent was kindly and spoke as though utterly at a loss to know the reason for Andy's outburst. "Let's see your cheque."

"Here it is," the workman flung it contemptuously at him. "Maybe you know more about it than you are lettin' on," he added. The superintendent scanned the blue paper. "What's wrong with it?" he asked, casually. "Wrong with it?" retorted the other. "Wrong with it? Can't you read?" he sneered. "Look here, wages—sixty-five dollars, in the paybox handwriting, and then in the line stamped with this patent photostatic or whatever you office dudes call it, not good for over sixty dollars. What's the game anyway?"

The superintendent's face was firm, almost inscrutable, and when he spoke it was in a very clear, steady voice. "Do you remember putting up a rotten barrow box panel two months ago and then attempting to hide it?" "Oh come now," broke in the workman, "let the dead past bury its dead." "We wish you had let it," went on the superintendent, quite unperturbed. "But you see that wheelbarrow there behind your chair? Bears your stamp and a date not a week old. See that panel in it? You thought you had succeeded in deceiving us and some future customer this time. In other words, you were making a product that had the appearance of a good article when it really was not good, so when it comes to paying for your work we are offering you a piece of paper which, at first sight, looks like a satisfactory cheque. We'll accept the wheelbarrow if you will take the cheque."

"The 'master clock' in the office seemed to tick very loudly in the stillness that followed. Andy was first to break the silence. "I always used to think," he said, "that the 'Golden Rule' was only good for Sunday theory. I agree now that it ought to be practised every work-

ing minute of the week-day. Say, I might just have lost both my job and my reputation over this piece of shoddy. "You might," said the superintendent.

Good-bye Asthma. Persons suffering from that extremely trying trouble known as asthma know what it is to long with all their hearts for escape as from a tyrant. Never do they know when an attack may come and they know that to struggle unaided is vain. With Dr. J. D. Kellogg's Asthma Remedy at hand, however, they can say good-bye to their enemy and enjoy life again. It helps at once.

LOOK OUT FOR HESIAN FLY THIS YEAR

The Hessian Fly is the most destructive insect attacking wheat, in Ontario. Some years the insect is scarce and hence very little damage is done. Other years it may destroy 50 per cent. or more of the grain—in heavily infested fields. Present indications are that unless control measures are taken this fall there will be a serious outbreak of the fly next year.

CONTROL MEASURES RECOMMENDED

Weather and parasites play a great part in control, but man can do nothing to better these two factors and must rely on the following methods where the insect is abundant:

1. So far as practicable, all wheat stubble should be plowed under completely as soon as possible after the wheat is cut. This buries all the insects left in the field. The ground should be worked after the plowing, so as to firm it. Plowing and firming prevents the flies from coming up as they cannot go through even three inches of well firmed soil.

2. If the plowing cannot be done promptly it is a good plan to run a cultivator or disc over the field to cause volunteer wheat to come up. This will attract the flies to lay eggs in it and thereby will lessen the number of eggs laid in the new wheat fields. Such volunteer wheat, however, must be plowed under after about September 20, because if it were left unplowed it would simply breed flies for the next spring.

3. Prepare the seedbed as well as possible so that it will be in excellent condition for rapid growth, and sow only good plump seed which will germinate quickly.

4. Sow just as late as is safe in your district without running the risk of having too short a growth to winter safely. Late sowing is the most important of all the control measures, but if the wheat is sown too late winter may do more damage than the fly. Experience in each locality is the best guide as to how late sowing of wheat can be delayed. The better the ground is prepared and the better the sample, the more rapid the growth, and so the winter crop can be sown with safety. For best results everybody in the neighborhood should co-operate in the above control measures so far as possible. Safe dates for sowing would probably be about September 5, east of Guelph, and about September 20 to 25 in Essex and Kent, and about half way between these two dates should be suitable for the intervening districts, but as stated, each man must judge the date for himself. The reason for these late seedlings is that the flies have about completed their fall egg laying in that different district before the dates mentioned and thus the wheat largely escapes infestation.

SELECTING PULLETS FOR WINTER EGG PRODUCTION

Egg prices are invariably higher in winter than in summer, hence winter egg production is one of the important factors contributing to a profitable poultry enterprise. Winter egg production is influenced by breeding, feeding, health and general management of the flock.

At the Experimental Station, Fredrickton, pullets are selected from high producing hens and males are used whose dams have been good winter producers as well as having a high total production. Pullets should be selected which are healthy, well developed, vigorous and typical of the breed they represent. Pullets of the heavy breeds should be hatched in April, preferably about the fifteenth of the month. Pullets of light breeds should be hatched during the latter part of April or early in May. By hatching at that time the pullets will have time to develop sufficiently before being brought into production. There seems to be a correlation between body weight and size of egg so if pullets are forced into production before they are properly developed, egg-size may suffer.

Young birds should be fed on a good growing ration. More vigorous birds will be obtained if they are allowed free access to range which is abundantly supplied with green feed and provisionally should be made for rearing away from adult stock on ground that is not contaminated. Intestinal parasites are a very serious menace to the poultry breeder and they can best be controlled by rearing chicks away from the adult stock on ground which has not been ranged for at least a year and which in the meantime has been ploughed and seeded. Birds should be brought in from range the latter part of September and placed in winter quarters with plenty of ventilation and also placed on a regular laying ration.

An Oil of Merit—Dr. Thomas' Electric Oil is not a jumble of medicinal substances thrown together and pushed by advertising, but the result of the careful investigation of the healing qualities of certain oils as applied to the human body. It is a rare combination and it won and kept public favor from the first. A trial of it will carry conviction to any who doubt its power to repair and heal.

BLOW OUT ELECTRIC LIGHT

By use of the recently perfected "breath relay," a marvelous light-control device invented by Doctor E. E. Free, of Westinghouse Laboratories, it is possible to actually blow out electric lights! The extinguished bulb may then be lighted by use of an ordinary match. This latter is possible through an "electric eye" concealed in the base of the lighting fixture.

The breath relay consists of special contacts mounted in a small tube with a mouth-piece like that used on the telephone. It is so designed that it responds only to a puff of air. Speaking into it, shaking it, or striking it has no effect.

The relay consists of two thin laminations of phosphor bronze springs bearing special metal contacts at their extremities and so mounted within a modified voice transmitter mouthpiece that a very minute puff of wind is amplified in its mechanical effect upon the springs, due to the large spring-surface ultimately exposed to the force. This action serves to close the contact and completes the electrical circuit through the sensitive relay mechanism, the auxiliary contacts of which are designed to carry an electrical current equivalent to many thousand times the flow of energy in the human breath which is used to control the apparatus.

The relay is constructed with a double set of contacts so that the apparatus may be used either to open or to close an electrical circuit.

This mechanism provides a switch that may be operated without use of either hands or feet, and is useful for safety devices of a wide variety; it may be used to extend the operator's control of a motor car, an aeroplane, scientific apparatus, machines which require full use of the operator's hands and, in several cases, his feet. It also may be used in connection with devices to open doors, operate typewriter carriages, turn pages in a music book, and other "three-hand" jobs.

Lighting electric light by use of a match is accomplished by bringing the lighted match close to the light-sensitive "electric eye" or photo-electric cell concealed in the base of the fixture. The light of the match causes electric current to flow through the cell, thereby closing a switch and turning on the electric lights.

There's even a difference in the fresh aroma

Kellogg's Corn Flakes have such a delicious aroma that you'd be sure to choose them if you compared them with others, just on the strength of opening the packages. And of course there's a big difference in the taste and crispness.

Kellogg's are the very best corn flakes possible to make and they are protected by a sealed WAXTITE inside bag that brings them oven-fresh to your table. This feature is patented!

Kellogg's guarantee you the highest quality and satisfaction. Look for the red-and-green package. Made by Kellogg in London, Ontario.



Acton Fall Fair September 20-21, 1932

Special Prize List

- HORSE SPECIALS
1 Best High Stepping Horse in harness, 1st, by A. McIsaac, cash, \$4.00; 2nd, by Geo. Edwards, cash, \$1.50
2 Best Single Turnout, 1st, by Raymond Motors, Guelph, cash, \$3.00; 2nd, by W. D. Talbot, cash, \$2.00
3 Best Light Express Horse, by Dr. H. A. Coxe, cash, 1st, \$3.00; 2nd, \$2.00
4 Best Lady Driver, 1st, F. W. Wright, cash, \$3.00; 2nd, by Doughty & McFarlane, Speed Merchants, Guelph, cash, \$2.00
5 Best Pair of Saddle Horses, 1st, by Acker Furniture Co., one solid walnut End Table, value, \$3.00; 2nd, by Charles W. Barber, Side of Bacon, value, \$2.00
6 Best Colt, one or two years old, bred by a thoroughbred horse, suitable for a hunter, by Duncan Campbell, cash, 1st, \$3.00; 2nd, \$2.00; 3rd, by C. Wilson, cash, \$1.00
7 Best High Jumping Horse, three out of five tests, by Bank of Montreal, Acton, cash, 1st, \$5.00; 2nd, \$3.00; 3rd, \$2.00
8 Best Agricultural Brood Mare, 1st, by Geo. Cowie, Whitfield, value \$4.00. This special to apply to Class 2, Section 1
9 Best Draught, Agricultural or General Purpose Animal on the grounds. Championship Badge.
10 Best Agricultural Team, 1st, by Eastern Steel Products, Ltd., Preston, Round End Tank, 2 feet by 23 inches by 8 feet, listed at \$10.85. This special to take the place of 1st prize, Class 4, Section 2
11 Best and Fastest Road Horse, speed 60 per cent.; conformation and soundness, 40 per cent.; to be driven once around the track to a four-wheeled vehicle, without boots or hobbles, to give three exhibitions of speed. 1st, by J. M. McDonald, J. P., cash, \$5.00; 2nd, by Wm. Cooper, cash, \$3.00
12 Best Handled Team, hitched to a wagon, driven by a boy under 15 years, by J. W. Barstere, 1st, 10 per cent. off goods purchased up to \$150.00; 2nd, 5 per cent. off goods purchased up to \$150.00
12a Best Spring Colt, bred by Brilliant, by William Brennan, to be deducted off service fee for 1933, 1st, \$5.00; 2nd, \$3.00; 3rd, \$2.00
CATTLE SPECIALS
13 Best Herd of Shorthorn Cattle, 1 bull and four females, 1st, by Gilson Manufacturing Co., Guelph, 6 Flow Shares, value, \$5.00. This special to apply to Class 8, Section 6, first prize
14 Best Baby Beef, 1st, by D. D. Waldie, cash, \$3.00; 2nd, by R. J. Kerr, cash, \$2.00
15 Best Herd of Jersey Cattle, 1 bull and 4 females, 1st, by Ontario Bakery, Guelph, Bread Tickets, value \$5.40; 2nd, by Acton U. F. W. O., cash, \$2.00
16 Best Dairy Cow, any breed, 1st, by Chas. McKeown, President, cash, \$3.00; 2nd, by L. Starkman, cash, \$2.00
SHEEP, HOG AND POULTRY SPECIALS
17 Best Pair of Fine Woolled Ewe Lambs, exhibited by a boy or girl under 14 years, by Fred Smith, Rockwood, 20 pounds of honey, to be received at Edwards' Bakery, value \$2.00; 2nd, by Fred Davison, cash, \$1.00
18 Best Pair of Marketable Wether Lambs, 1st, by G. W. Murray, cash, \$2.00; 2nd, by Fred Davison, cash, \$1.00
19 Best Boar and Sow, most suitable to produce bacon type, 1st, by J. N. O'Neil & Son, Georgetown, cash \$2.00; 2nd, by Geo. Edwards, cash, \$1.50
20 Best Pair of Hogs, weight from 180 to 230 pounds, by Ritchie & Agar, cash, 1st, \$3.00; 2nd, \$2.00
21 Best Pen of 12 Bred-to-lay Pullets, S. C. White Leghorns, or B. P. Rocks, by M. Edwards & Co., cash, 1st, \$2.00; 2nd, \$1.00
GRAIN, ROOT AND VEGETABLE SPECIALS
22 Best Collection of Farm Produce, including Grain, Roots, Vegetables, Fruit, Flowers, Domestic Science, Ladies' Fancy Work, and Children's Work, not more than 40 samples, gardens not eligible, by King & McEachern, 1st, 3 Gallons of Motor Oil, value, \$3.75; 2nd, 2 Gallons of Motor Oil, value, \$2.50
23 Best Collection 3 Mangolds, 3 Turnips, 2 Pumpkins and 2 Cabbages, by Woodhall & Musselle, goods from greenhouse, value, 1st, \$3.00; 2nd, \$2.00
24 Best Two Bags Cobble Potatoes, donor to receive same, by Dr. J. A. McNiven, cash
25 Best Bushel Cobble Potatoes, donor to receive same, by A. T. Brown, cash
26 Best Bag Potatoes, donor to receive same, by John Mowat, cash
27 Best Bag Cobble Potatoes, donor to receive same, by J. C. Matthews, cash
28 Best Bag of Potatoes, donor to receive same, by J. W. Jones, cash
29 Best Two Bushels Certified Dooley Potatoes, samples to be shown, by Woodhall & Musselle, goods from greenhouse, value
29a Best 100 lbs. Brewers' Barley, by the Brewers' Association, cash, 1st, \$10.00; 2nd, \$5.00; 3rd, \$2.00
FRUIT SPECIALS
30 Best Bushel of King Apples, sample to be shown, donor to receive same in October, by Dr. E. J. Nelson, cash
31 Best Bushel Spy Apples, same to be shown, donor to receive same in October, by G. H. Lantz, cash
32 Best Barrel Spy Apples, sample to be shown, donor to receive same in October, by Kenney Bros., cash
33 Best Bushel of Spy Apples, sample to be shown, apples to be delivered to "Moorecroft" in October, by estate of late H. P. Moore, cash
34 Best Bushel of McIntosh Red Apples, sample to be shown, apples to be delivered to "Moorecroft" in October, by the estate of the late H. P. Moore, cash
35 Best Bag of Spy Apples, donor to receive same, by J. C. Matthews, sample to be shown, delivery later, cash
36 Best Barrel of Spy Apples, sample to be shown, to be delivered later, by Jas. Symon, one Silver Bake Dish, value
37 Best Bag Spy Apples, sample to be shown, delivery later, service at the Beauty Parlor, by Miss Jessie Russell, value
38 Best Bag St. Lawrence Apples, sample to be shown, donor to receive same, service in the Beauty Parlor, by Miss Jessie Russell, value
39 Best Bag Spy Apples, sample to be shown, delivery in October, donor to receive same, by Johnstone & Rumley, cash
39a Best Bushel Spy Apples, sample to be shown, delivery later, donor to receive same, by E. E. Barr, cash
39b Best Bushel of Snow Apples, sample to be shown, delivery later, donor to receive same, by E. E. Barr, cash

Business Directory

Medical: DR. J. A. McNiven, Physician and Surgeon. Legal: HAROLD NASH FARMER, M. A. Dental: A. J. BUCHANAN, D. D. S. Miscellaneous: FRANCIS NUNAN, Bookbinder. Insurance: E. HARROP, Fire, Car, Casualty, Etc. Still Celebrating Our 25th Anniversary.