



THE HOME OF The Acton Free Press

Member Canadian Weekly Newspaper Association Member Ontario-Quebec Division C. W. N. A.

THE ACTON FREE PRESS is published every Thursday evening at The Free Press Building, Mill Street, Acton, Ontario.

ADVERTISING RATES—For small unclassified advertisements, and in other columns, the rates will be found at head of column.

TELEPHONES—Editorial and Business Office: 23 Residence: 24

EDITORIAL

Overstepped

When trying to figure out why your taxes are so high, do not overlook the significant fact that the bonded debt of Canadian provinces rose from \$218,000,000 in 1916, to \$919,000,000 in 1930, and that Ontario has the greatest debt, \$398,000,000, more than that of all the other provinces combined.

In the Eyes of the World

All eyes are on Ottawa this week, and the Imperial Conference which opened its deliberations there. By many it appears that great things are anticipated and immediate benefits are expected.

Workers in the Greater Things

Last week it was our privilege to visit and inspect the Bolton camp of the Neighborhood Workers' Association. We had visited the place before and glanced at the buildings from a car, but a more minute inspection, coupled with an explanation of the aims of the institution was most interesting and showed what a great work was being accomplished.

7,146 Violent Deaths in Canada Last Year

A decrease in the number of deaths from "external violence" in 1931, as compared with 1930, is shown in statistics issued last week. Preliminary figures given out by the Dominion Bureau of Statistics show that the number of deaths of this character in 1931 was 7,146, as compared with 7,478 in 1930, and 7,151 in 1929.

Just Another Angle

The invasion of the farmers on Ottawa last Saturday will be reviewed with mixed opinions when the success of the undertaking is considered. Although most everyone else knew the size of the delegation which was to visit the Prime Minister, it seems that Mr. Bennett was wholly unaware of the excursion delegation of two thousand.

EDITORIAL NOTES

Wonder what interest in the United States stands the cost of the plates attached to automobiles calling for the repeal of the Eighteenth Amendment?

"The Voice of Canada" was the name of the Globe's special edition on Monday. A perusal of the contents gave the impression that Toronto yells the loudest.

There are altogether 560,000 square miles in Canada set aside as bird sanctuaries. In these sanctuaries no shooting, trapping or killing of birds is permitted.

Another speed record has been attained on the water by Kaye Don. It was won in Scotland, where the American smart tricks are not practiced and British sportsmanship prevails.

What the United States needs most at the present time is not a repeal of any part of its constitution, but an adherence more closely to the constitution that is supposed to guide its destinies.

All isn't daily news in the daily papers. An item regarding the W. C. T. U. convention in Acton got prominent places in the dailies last week, which had appeared in THE FREE PRESS of June 30.

Like all questions, the waterways proposal is lauded by many and condemned by many more. However, it will be ten years before its completion, and by that time we will have the subject well discussed.

There are 9,888 manufacturing establishments in the Province of Ontario with an annual production valued at \$1,713,025,322, according to the latest official statistics. These factories give employment to 307,477 persons.

Monday, August 1, has been proclaimed Civic Holiday. Let every loyal citizen observe it with true civic spirit. It's the one holiday in the year that is governed solely by the individual municipalities and yet it has come to be set in most instances on the same day in this section.

Another link in the All-Canada automobile highway from coast to coast was completed with formal opening of the section connecting the provinces of Manitoba and Ontario on July 1. The section just completed is 145 miles long and runs through a country of great scenic beauty adjoining the Lake of the Woods.

In 1908, Ontario had a population of two and a half million people, and now the province has three and a half million. In spite of that large increase in population, the number of daily papers has fallen from 51 to 37. The number of weeklies has dropped from 408 to 169, and the semi-weeklies from 17 to 9.

Chronicles of Ginger Farm

Written Specially for The Free Press by GWENDOLINE P. CLARKE

Last Sunday morning I awoke with a start just as the clock struck five, and then, in a flash, came the delightful realization that it was Sunday. Oh, it was a grand and glorious feeling—no porridge to make and an extra hour in bed—a day of rest and quietness.

On Monday I gave myself a holiday and worked hard all day. That may sound a bit Irish, but still it was a holiday because I was doing a job far more interesting than ordinary work.

This has been a queer kind of week as far as weather is concerned—one day wet and the next day fine and ditto repeat. But in spite of rain the barn is getting nicely full of hay and none of it really spoils.

Our house is built of brick and this week we have had every reason to be thankful it is, because we have been having it painted and although there appears to be so little to paint, it took a long time to do and ran away with such a lot of paint.

The most subtle flattery a woman can receive is that conveyed by actions, not by words.—Mad Necker.

SUMMER BREAKFASTS

The summer breakfast is a very important meal—particularly for children. Too much heavy food must not be eaten in hot weather, but on the other hand romping children need considerable nourishment to carry them through a strenuous vacation morning of play.

Light nourishing foods and drinks are in order. Fruit, breakfast food, toast, and a cereal beverage made with whole milk is a suggested menu.

Place 6 level tablespoons of the packaged cereal beverage product in a tall pot and add 4 cups cold water. Heat to boiling point and boil steadily for 20 minutes.

CHILDREN'S BREAKFAST BEVERAGE Make it extra strength, using 6 level tablespoons packaged product to 3 cups cold water. Boil or percolate steadily 20 minutes.

MIXTURE FOOLS THE FLIES

This is the time of the year when a great majority of us seek pleasures of forest, field and stream and it is a time when it is useful to know an effective protection from the attacks of flies, mosquitoes, and forest insects.

Oil of Citronella 3
Spirits of Camphor 1
Oil of Tar 1
Oil of Pennyroyal 1/2
Castor Oil 4 to 6

"SALADA" ICED TEA is delicious

(Write Salada, Toronto, for excellent recipe)

COST OF HORSE LABOR

The Superintendent of the Federal Experimental Station at Indian Head, Sask., has provided some interesting and timely information about the seasonal cost of work horses under prairie conditions.

ABSURD!

The man who had received a notice from the tax collector was both indignant and mystified. He was called upon to pay \$50 forthwith. He hadn't \$5.

"Dear Sir: On my income tax return I clearly stated my profession which you appear to have misunderstood. You demand \$50 forthwith. I said I was a contractor—not a conjurer!"

Able: "Nickels." He: "Name the five senses!"

SPEND WISELY

by eating the healthful economical, natural energy food

SHREDDED WHEAT

12 BIG BISCUITS IN EVERY BOX



MADE IN CANADA BY CANADIANS OF CANADIAN WHEAT

Carroll's advertisement featuring various products like McLaren's Fruit Flavored Jellies, Perrin's Lime Cream Biscuits, Nestle's Evaporated Milk, and various cheeses and pickles. Includes a 'Savings' logo and a 'What Price Quality?' slogan.

Mill Street Phone 158 Acton, Ont.