

FRIENDSHIP

"If you walk as a friend you will find a friend wherever you choose to fare; if you go with mirth to a far strange land, you will find that mirth is there. For the strangest part of this queer old world is that like will join with like; and who walks with love for his fellow-man, an answering love will strike.

If you walk in honor, then honest men will meet you along the way; but if you are false, you will find men false wherever you chance to stray. For good breeds good and bad breeds bad, we are met by the traits we show; Love will find a friend at the stranger's door where hate will find a foe.

For each of us builds the world he knows which only himself can spot; And an hour of hate equals an hour of shame can ruin a life of toil; And though to the utmost ends of the earth your duty may bid you fare, if you go with truth and a friendly heart, you will find friends waiting there."

Menu Hints

Recipes for New and Novel Dishes; Household Ideas and Suggestions

(By Betty Barclay)

DELICIOUS ORANGE RECIPES

FRUIT OUP

(Serves 12)

- 6 oranges
- 2 small grapefruit
- 1 cup white cherries
- 6 tablespoons lemon juice
- 2 cups powdered sugar
- Sauces and essences

Peel oranges and grapefruit and separate sections, removing all membranes. Mix with cherries, which have been stoned. Sprinkle lemon juice and sugar over fruit. Chill about an hour and add sauces and essences.

The color note of the red and green garnishes may be further developed by serving fruit in double cocktail glasses with finely chopped green or red-tinted ice in outer glass. Ice is made in coolest refrigerator from water to which vegetable coloring has been added.

ORANGE SAUCE

(Serves 6)

- Grated rind 1 orange
- 1/2 cup sugar
- 2 tablespoons corn starch
- 2 cup boiling water
- 2 tablespoons butter
- 1 egg
- 2-3 cup orange juice
- 1 teaspoon lemon juice

Put grated orange rind, sugar and corn starch in saucepan, mix well, pour on boiling water and cook 10 minutes, stirring constantly; then add butter. Pour mixture over well-beaten egg; return to saucepan; stir constantly, and cook 2 minutes. Add fruit juices, beat well, and cool.

ORANGE TOAST

(Serves 6)

- 1/2 cup orange juice
- Grated rind 1 orange
- 1/2 cup sugar
- 6 slices buttered toast

Mix orange juice, rind and sugar. Spread on hot buttered toast and put in hot oven or under broiler to brown.

ORANGE AMBROSIA

(Serves 6)

- 6 oranges
- 1/2 cup powdered sugar
- 1/2 cup grated coconut

Peel and slice oranges. Cut slices into halves or quarters. Arrange in serving dishes, sprinkle with sugar and coconut.

FRUIT OUP DESSERT

(Serves 6)

- 1 cup orange pieces
- 1 cup sliced pineapple
- 1 cup halved strawberries (or white grapes)
- 1/2 cup powdered sugar
- 6 marshmallow cherries

Combine fruits and sugar. Serve very cold in sherbet glasses with a marshmallow cherry for garnish.

CALIFORNIA POMEBETTA SALAD

(Serves 6)

- 3 oranges
- 3 tablespoons cream cheese
- Paprika
- 2 red pineapples

Peel oranges and separate into sections. Make cheese into 3 balls, and sprinkle with paprika. Cut pineapples into long, narrow strips. Place a cheese ball in centre of each salad plate and arrange orange sections radiating out from it like the petals of a flower. Place strips of pineapple between orange sections. Pour French dressing over all.

Worms, by the irritation that they cause in the stomach and intestines, deprive infants of the nourishment that they should derive from food, and malnutrition is the result. Miller's Worm Powders destroy worms and correct the morbid conditions in the stomach and bowels that are favorable to worms, so that the full nutriment of the child is assured and development in every way encouraged.

SOME PROTECTION!

Be (telling a half-breath adventure) "And in the bright moonlight we could see the dark muscles of the wolves." (The (breathlessly): "Oh, how glad you must have been that they had the muscles on!"

THE OLD MAN OF THE BIG CLOCK TOWER



TWO LITTLE GIRLS IN BLUE

An old man gazed on a photograph in a pocket he wore for years; His nephew then asked him the reason why. "That picture had caused him tears. 'Come listen,' he said, 'I will tell you, lad, a story that's strange, but true. Your father and I, at the school one day, met two little girls in blue.

Chorus— "Two little girls in blue, lad, Two little girls in blue; They were sisters, we were brothers, And learned to love the two. And who little girl in blue, lad, Who won your father's heart, Became your mother—I married the other. But we have drifted apart.

"That picture is one of those girls," he said. "And to me she was once a wife; I thought that no longer she loved me, lad. And parted from her for life. My frenzy of jealousy wronged a heart. A heart that was good and true— For two better girls never lived than they. Those two little girls in blue."

"This week I give you the story I promised that came all the way from Vermont. I wonder how many of the folks in Erin Township will remember teachers referred to in this article? There are not many any more. I fear, but there now, we'll go on with the story before I get sentimental.

A GLASS CANDLESTICK

It is a far cry from the Green Mountain of Vermont to the Fourth Line of Erin, but the image of an old glass candlestick, made it only a step.

It was a wild October evening among the New England hills. The rain had fallen all day, and in the evening the moon shone fitfully through scudding clouds. An evening to turn from the windows and draw to the fire. On the mantel piece stood a pair of tall glass candlesticks, and as I admired them, the owner told me this tale of long ago: "I am an old woman now, almost eighty-seven years of age. I was born in Canada, on the Fourth Line of Erin Township, and was the only girl in a family of five boys.

"Our first log house stood back from the road, and near it was the coolest spring, always bubbling, bubbling. Our nearest neighbors were the Bennetts. Grandmother Bennett was the woman all the neighbors sent for in sickness or trouble. Then there were the Johnsons, the Lees and the David Swackhamers.

When I was old enough, I went to the little log schoolhouse on the Fourth Line. One of my teachers was Miss Mary Rutherford, who afterward became Mrs. Lindsay. After she left, we had a male teacher, named Davenport, who boarded in our home. I think I can see him yet, with his cut-away coat and jaunty air. But alas, he had one very bad habit. I remember, being sent, more than once, to warn the pupils that there would be no school, as the master was ill. I did not understand the nature of his illness very clearly then.

I was at that time a wee girl of nine or ten, and Mr. Davenport was very kind to me. Whenever he went to town he brought back something for me. I remember such a pretty glass box. One day he brought me the candlestick you see on the mantel. I admired it so much that my brother, Tom, bought me the mate for it. So you see, my candlesticks have passed their three-score years and ten.

But, much as I liked my candlesticks, the master did something for me that I liked far better. Out in the yard he built a summer-house for me. He made the windows in the ends of a diamond shape and under each window he built a seat. In the centre was a table, where my little friends and I had our tea parties. Many a merry day Chasity Swackhamer, Zerul Gibbons and I spent in that summer-house. From the summer-house door to the

"Pack up Your Troubles — and Smile! Smile!! Smile!!!"



The famous war-time marching chorus might well have served as the theme-song for the events in connection with McGill University's 1931 Convocation, as can be seen from the faces in the above group, which includes four distinguished Canadians granted honorary degrees at the great gathering in Montreal. E. W. Hoggly, K.C., Chairman and President of the Canadian Pacific Railway and Chancellor of McGill, (third from right), seems to be the ring-leader in the cheerfulness movement. It would be difficult to find a group more typical of Canadian affairs; and just look how that infectious smile has done its work! Left to right: F. W. McLennan, eminent Canadian mining engineer; A. C. Rutherford, Chancellor of the University of Alberta; Rt. Hon. R. B. Bennett, Prime Minister of Canada; Mr. Beatty; Dr. Harvey Smith and Sir Arthur Currie, President of McGill University. The lower picture shows Mr. Bennett and Mr. Beatty, about to leave Sir Arthur Currie's home for the Campus, in a carriage drawn by a team of students. Note the "No Parking" sign, adopted by the "stato coachman" as his staff of office. It was a memorable day. Everyone smiled—even the Weather Man!



WHAT ABOUT THE FACE

Speaking of ingenuity, the example set by an Ontario farmer is worthy to be recorded. The farmer had a good crop of tomatoes for which he was offered a price that scarcely covered the cost of picking and packing. The Township Fair was coming along. The farmer arranged a concession on the midway and carted his tomatoes to the fair. He set up a canvas wall with a hole in it; put his son behind the canvas with his head protruding through the hole and gave the visitors to the fair the opportunity of throwing tomatoes at this target at three shots for a nickel. Thus the farmer sold most of his crop of tomatoes at 20 cents a dozen. But that did not exhaust his ingenuity. He arranged the canvas so that the tomatoes that missed the target would fall into a large washtub. One of his neighbors set up a soft drink stand a few stalls away. He squeezed the tomatoes collected in the washtub and sold "Fresh Tomato Cocktail" at 10 cents a glass.—Financial Post.

COOKS ARE SENSITIVE

Wife: (to husband who has just come home)—"Cook has left us." Husband—"Why?" Wife—"She said that you were rude to her on the telephone to-day." Husband—"The cook! Heavens, I thought it was you I was talking to."

The Old Man

P. S.—I want to acknowledge the kind comment from Salem, Ore., of the interest in my articles that was forwarded by way of THE FREE PRESS office. I am glad that you find interest, Mr. I am even if it is over forty years since you left Acton.

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Sportsman Is Recovering
Phillip had a pleasant life at college, playing football, tennis, and all the sports that youth loves. Then his father died—and a blip had to get a job. His work was hard and his pay was small. He had time for play in the fresh air. A cold and a bad cough resulted in a long spell of illness, which finally sent him to the Muskoka Hospital for convalescence.

It has been an uphill journey, but the experienced medical attention, kindly nursing, rest and good food are making this young Canadian into a sturdy, self-supporting man once more. "I have gained 20 pounds," Phillip says proudly, "and I am just about right again. I will be glad to get back to work and help mother and the kids at home. There is high hope that his wishes will be fulfilled."
For this splendid work, money is urgently needed. Would you not like to make a gift? Mr. A. B. Ames, 225 College St., Toronto, will gladly receive it.

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