

CHARM

Just a dreary stretch of prairie
Can my kitchen window view,
With a huddle of a cow barn,
Stable, also—nothing new,
But I'll hang a dainty curtain
That will let the sunlight through,
And I'll buy a yellow kettle
With a merry tune or two,
And my polished range will offer
Thrice a day a tempting treat,
And a braided rug and kitten
Make for comfort quite complete.

Just a dreary stretch of prairie
From my living room is seen,
But I'll hang the softest curtain
With a thread of apple green,
And what rows of books I'll gather
—And what magazines I'll glean!
Your Sir Galahad between,
And the howling of a coyote
And the whistling down the river,
Will not make me feel the flier,
For my fireplace and you.

—Abbie L. Tonnie.

Menu Hints

Recipes for New and Novel
Dishes; Household Hints and
Suggestions

(By Betty Barclay)

DINNER DELIGHTS

Serve at least one "surprise" dish for
dinner and your guests will remember
that dinner beyond all others. For ex-
ample:

BAKED DELIGHT

- 4 ripe bananas
- 1 cup orange
- 4 tablespoons brown sugar
- 1/2 cup coconut, southern style

Peel bananas and cut in half length-
wise. Arrange in layers in greased bak-
ing dish. Mix orange juice with brown
sugar and pour over bananas. Sprinkle
thickly with coconut. Bake in hot oven
until bananas are tender and coconut is
brown. Serve immediately. Serves 4.

SPECIAL BREAK PUDDING

- 2 cups milk, scalded
- 2 tablespoons butter
- 1 cup stale bread, cut into 1/4 inch cubes
- 1-3 cup sugar
- 1/2 teaspoon salt
- 1/2 teaspoon vanilla
- 1/2 teaspoon almond extract
- 2 eggs, slightly beaten
- 1 cup coconut, toasted

Combine milk with butter and blend
cubes. Add salt, sugar and flavoring to
eggs and beat slightly. Pour milk mix-
ture over egg mixture and pour in cocon-
ut. Pour into greased baking dish,
place in pan of hot water, and bake in
moderate oven (350 degrees F.) 45 to
50 minutes. Serves 6.

DINNER PUNCH

- (Serves 4-6)
- 3 oranges, juice of
- 3 lemons, juice of or
- 1 grapefruit, juice of
- 3 cups water
- Sugar or honey to taste

(Mix thoroughly)

For Variation: Add to the above mix-
ture 1 cup of the juice of another fruit,
such as grape juice, raspberry juice, log-
anberry juice, pineapple juice, elder or
the juice from any canned fruit.

Or add 1 cup of a puree made by forcing
peaches, pears, apricots, bananas or
berries through a potato ricer or coarse
sieve.

ORANGE MINT SAUCE FOR LAMB

- (Serves 4-6)
- 1/2 cup finely chopped mint
- 1/2 cup orange juice
- 1/2 cup lemon juice
- 1 tablespoon powdered sugar

Combine and stand in warm place half
hour.

FROZEN FRUIT COCKTAIL

- (Serves 8-10)
- 1/2 cup crushed pineapple
- 2 cups orange pulp
- 1/2 cup grapefruit pulp
- 1/4 to 2 cups powdered sugar

Drain pineapple and add to orange and
grapefruit pulp. Add powdered sugar and
stir until dissolved. Pour into mold and
pack in 4 parts ice and 1 part salt. Let
stand for 3 hours until frozen.

HALF AND HALF

- 2 cups orange juice
- 1 cup lemon juice
- 1/2 to 1 cup sugar
- 5 cups cold water
- Cracked ice

Combine fruit juices with sugar to
taste, and ice water. Pour over cracked
ice in glasses. (Serves 8.)

CITRUSANTHEMUM SALAD

- (Serves 6)
- 8 small oranges
- Lettuce
- Apples

Cut through the skin of oranges three-
quarters of the way down and in very
fine strips, being careful not to break
strips apart. Remove orange pulp and
cut in pieces. Place each orange skin in
a bed of lettuce leaves and fill centre
pieces of apple. Serve with any desired
dressing.

BREAKFAST COCKTAIL

- (Serves 1)
- 1 egg yolk
- 2 oranges, juice of
- pinch of salt
- 1 teaspoon honey or sugar to taste

Beat together and drink every morn-
ing.

THE OLD MAN
OF THE
BIG CLOCK TOWER



THOSE YEARS AGO

Oh! why left I my home?
Why did I cross the deep?
Oh! why left I the land
Where my forefathers sleep?
I sigh for the old home
And I gaze across the sea,
But I cannot get a blink
O' my ain country!

This palm-tree wench high,
An' fair the myrtle sprigs,
And to the honey maid,
The bluebird sweetly sings,
But I dinna see the bloom
O' my ain country!

Oh! here no Sabbath bell
Awakes the holy morn,
Nor song of reapers heard
Among the yellow corn,
For the great voice is here,
And the song of revelry,
But the sun of freedom shines
O' my ain country!

There's a hope for every wee,
And a balm for every pain,
But the first joy of our heart
Come never back again,
There's a track upon the deep,
And a path across the sea,
But the weary ne'er return
To their ain country!

I've been rummaging around among the
old books again the past few weeks. I'm
sure how we older fellows like to recall
happenings of years ago, and in these
days when some seem to think we are
very hard up I got wondering if a pep
back into the happenings of fifty years
ago wouldn't show that there were dif-
ficulties to encounter all the way along
the pathway of life. It just occurred to
me that maybe a summary of some of
the items from the old Free Press files
of 1881 might work the same on your
memory as they did on mine. So I
turned up the file of August 25, 1881,
and here are some of the items it con-
tained.

There were two long letters from edito-
rs relative to the vote on the Town Hall
by-law. The Editor had a lengthy edi-
torial on the subject also—and a repro-
duction of a ballot, showing how to vote
on the question. And we still have this
fine Town Hall.

President Garfield of the United
States had several bad turns during the
week, but the last report states that
his condition has somewhat improved.

Acton's markets quoted white wheat at
\$1.18 to \$1.22; oats at 42c to 44c; barley
at 60c to 65c; eggs, 12c to 13c; dairy
butter, 16c to 17c; new potatoes, 75c to
80c; dressed hogs, \$6.75 to \$7.25. And
some have been permitted to live through
the fifty year period and see many fluc-
tuations in prices of these commodities.

J. Pyte said you could get a good felt
hat at his store for 75c.

J. Pearson advertised a splendid lot of
harvest tools cheap and crockery and
glassware at prices that will surprise
you. Tea was apparently worth 50c per
lb., or 45c in ten-pound lots.

Christie & Henderson had lace curtains
at 75c per set and extra heavy "winerys"
at 5c to 12 1/2c; grain bags were \$3.00 up.
Cole's menagerie and circus was due
in Guelph in September that year and
an excursion to Detroit and Cleveland
was another attraction of that summer.

"Merchants should see that lady cus-
tomers from the country are not obliged
to attend to their horses when they come
to buy of them."

"Esquing-Pall Exhibition will be held
at Georgetown on September 20. Surely
it will be Acton's turn to have the ex-
hibition next year.

We wish that some of the opponents
of the cow by-law would walk along our
sidewalk on a dark night with clean
boots. Ugh!—Georgetown Herald.

Nearly all of the farmers in this neigh-
borhood have finished harvesting. They
will have longer than usual this season
for plowing and attending to other fall
work.

It will be soon by the minutes of
the cow by-law would walk along our
sidewalk on a dark night with clean
boots. Ugh!—Georgetown Herald.

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THE VILLAGE OF ACTON

Acton will now
be an independent section.
On Saturday about 2:30 a distressing
threshing machine accident occurred on
the farm of Mr. John Brown, ninth line,
Esquing, near Georgetown, by which
Leonard Thornton had his arm taken
off above the elbow.

100 hop pickers were wanted. The boys
were said to be excellent.

Quitting is now indulged in by some
of our village sports.

A grand band tournament will be held
at Ingersoll on August 31. \$1,200.00 are
offered in cash prizes and the indications
are that a great many bands will com-
pete.

The attendance at the Public Schools
is small, and no doubt will be until hop
picking is over.

A number of bad boys ran away with
"Jimburner" Craig's wagon Monday
night. John says he's going to make
them smart for it.

A cheap excursion to Oldsboro, Cleve-
land and Detroit was announced. The
fare was \$2.75 to Oldsboro; Cleveland,
\$2.75; and Detroit and Port Huron, \$2.75
for the round trip.

And so it goes on in the old files of
The Free Press of fifty years ago. Just
a few remain who will remember these
incidents vividly. We had our trials and
tribulations and our joys and jollifica-
tions back in those days just as we are
having them now. There was weather
and harvests, and low prices and affairs
of state and municipal activities in those
days as there are at present. The prob-
lems may look trivial in retrospect but
they were just as seemingly unreason-
able when we were face to face with
them half a century ago. I've only
touched on some of the items but oh,
where my forefathers sleep! They brought
back. I may go back another week and
give you some more old items of news as
refreshers another week if you like them.

The Old Man

Perian Balm quickly relieves chap-
ping, windburn and all roughness caused
by weather conditions. Keeps the com-
plexion clear and lovely. Completely
absorbed by gentle rubbing. Never leaves
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skin. Makes it soft, smooth and flawless.
Preserves and enhances natural beauty.
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hands soft and flawlessly white. Imparts
that subtle charm so essential to true
elegance.

"BREAKING" ELEPHANTS

Wild elephants are commonly captured
by driving them into a keddah or stock-
ade. Though single elephants are caught
by their legs being tied together by men
under cover of tame elephants.

After capture, elephants are kept in an
enclosure for a long time and given no
food. They are half starved before the
"breaking" commences. In this weak-
ened condition there is little danger in
handling them. The tame elephants are
employed in bringing their wild relations
to submission and obedience. Sometimes
they behave them with their trunks,
hunts and squeeze them, one on each
side of a captive. Others they hold with
their trunks while tame natives slip into
the stockade and pass ropes around the
animals' legs, tying the other end outside
to stout tree-stumps.

The "breaking" process is further de-
scribed as follows: After two or three
weeks, according to the disposition of the
elephant, ropes are all attached to its
feet, and he is led out of the stocks. This
time he wears only the knee-hobbles,
which allow him more play. Eight or
ten men hold each of the ropes; he
keeper sits on his head with a prod;
another crew holds the ropes attached to
his trunk; and six or eight men, follow-
ing with rattan whips. The man with the
whips beat him continually. At first, in
the excitement, he does not mind the
whipping; then he finds the pain un-
bearable. The men on the trunk-ropes
lead him about from right to left, while
the men on the foot-ropes stand ready to
trip him if he tries to bolt. At last he
gives a bellow of pain and understands
that further resistance is hopeless. His
spirit is "broken." He is subjugated.

THE SLIPPERY BATHTUB

According to statistics offered by the
Metropolitan Insurance Company, non-
fatal accidents occur in the home often-
than anywhere else, and of these domestic
accidents, slipping on the bathtub is one
of the commonest. And all we can say
about this is that we hope it does not
prompt people to give up their custom of
bathing more frequently than any people
on earth. This nation leads the world
in bathing. If it leads it in nothing else,
and it would be a pity to give up a
record that has cost us so much in
plumbing, soap and porcelain fixtures.

Better far, it seems to us, would be
the general adoption of non-slip accen-
series to the national bath. Rubber
slippers, perhaps, with good about the
on the bottom; suction gloves, to give a
good grip on the edge of the tub; wooden
duck-boards, with weights to sink them
and corrugated cross-slats that would
afford a purchase for your feet—with
the aid of these we ought to manage to
take a bath, and still come out of it
with a whole skin. Or we may have to
think of something more elaborate. What-
ever we do, let us remain clean. Having
gone so far, we must not backslide now.

SCOOTING TIME

The village doctor was taking a friend
for a trip in his car.
"I say, look out!" cautioned the pas-
senger. "You're doing over sixty miles
an hour."
"Don't worry about that," chuckled
the doctor. "I've got the village police-
man in bed with rheumatism."

DISHONESTY, A LOSING GAME

"That plant is diseased, and it will
soon die," said the new nurseryman, Mr.
Burton, to his helper. "But what's the
difference anyhow? That wealthy Mrs.
Kilbert will pay the bill and be none the
wiser."

The next morning Mr. Burton was
astonished when Frank Savage, his valued
assistant, said to him: "I'm sorry, but I
feel I must leave your employ Saturday
night."

"But, Frank," protested Mr. Burton,
"what's the matter? Don't I pay you
good wages? Haven't I always treated
you square?"

"Mr. Burton," replied Frank, "you've
treated me fine, and you've paid me good
wages. The trouble is you're not honest
with your customers; you work off dis-
eased and worthless plants at full price.
You'll get a bad reputation, and mine
will be no better if I stay with you."

Mr. Burton turned away angrily. "Not
honest, huh? Well, what of it? Business
is business."

The next week Frank entered the ser-
vice of another nurseryman, a man of
high ideals and principles. Although his
wages were less at first, they soon in-
creased, and within a few years he held
a profitable interest in the business.

How different the experience of Mr.
Burton! It chanced that on the day
that Mr. Burton delivered his plants to
Mrs. Kilbert, an old friend of hers, a
horticulturist of note, called on her.
Naturally he examined her newly bought
plants.

"Ah," said he, "here is a diseased and
worthless plant! Well, here are several
more that are almost worthless! Who
did you get such a lot of plants?"

"I purchased them of Mr. Burton,"
replied the astonished Mrs. Kilbert, "and
I supposed he was trustworthy." She
called the nurseryman on the telephone.

"Send a man down for those plants that
you delivered here," she said. "They are
not satisfactory; I cannot use them and
I shall purchase elsewhere."

Alas, Mrs. Kilbert was the largest pur-
chaser in the little town. Her attitude
influenced others to withdraw their
trade, and before the end of the year
Mr. Burton was planning to sell his busi-
ness.

PLAYING SAFE

"He," said Cohen, "plains is rotten.
Vot about avil' a little fra, eh?"

"No," said Ike, scornfully, "that old
fashioned stuff. We'll ave a good bur-
gulary, and then if the insurance people
don't pay up, we don't lothe nothing!"

A NEW PROBLEM IN EDUCATION

The educators of the present realize
the importance of educating
young people to get the most from their
leisure. A hundred years ago, that was
comparatively unimportant. Men's lives
were shorter on an average, and the
working day was much longer so that
education naturally concerned itself with
work. The scant leisure could be left to
take care of itself. Ever since this cen-
tury began, human life has been matu-
rally lengthened, and the working day
shortened. Henry Ford anticipates a
time in the near future when we shall
work only five days a week and five hours
a day, which presents a new problem in
the use of leisure.

Constantly we are meeting people who
leave more leisure than they know how to
employ. Some of them fall back on the
automobile, and rush through the coun-
try, seeing little and appreciating less,
but filling up their time by keeping on
the move. Many find far less desirable
ways of filling up their time.

Unless our education shows us how to
use our leisure, it is incomplete. We
need to know how to make our leisure
profitable both to ourselves and to others,
how to get pleasure from it and how to
give help.

Fashions for the
Smart Woman



PARIS LIKES PLEATING

When you start to analyze the simple
and easy-made parts of this deli-
cious frock, don't let the bit of pleating
dampen your enthusiasm for making
it. The pleating may be purchased,
and it gives a Paris touch that,
added with the simplicity of the
design, will more than reconcile you.
There's the gored skirt, for instance,
which is the easiest and smartest of
skirts to make. The jabot-like effect
is merely a square vestie rolled with
the collar. And the brief sleeves go
in magically. A watery green wrap,
with a corded belt, sounds witty,
but it's brand-new for June.

To make ICED TEA—Brew tea as usual—
strain off leaves, allow to cool, add lemon and sugar
to taste—pour into glasses half full of cracked ice

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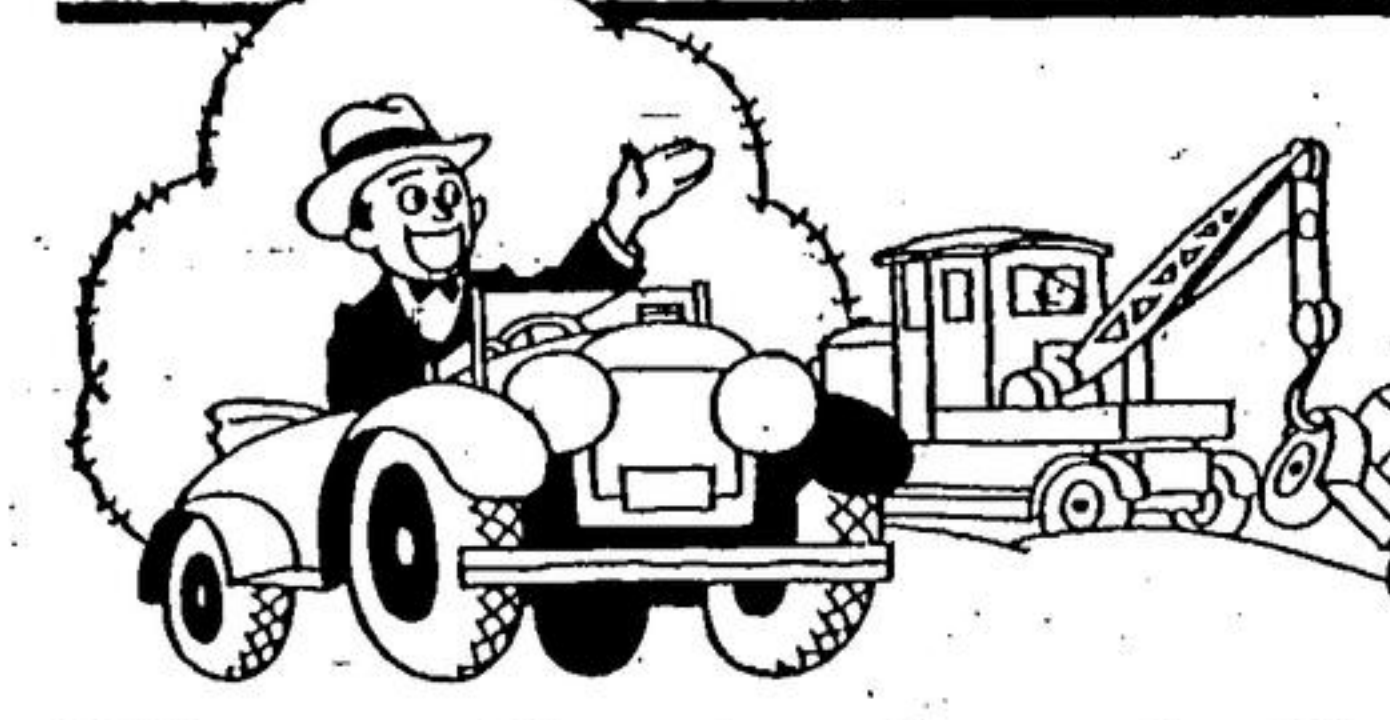
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