THE BUSY MAN

If you want to get a favor done By some 'obliging friend, And want a promise, safe and sure, On which you may depend, Don't go to him who always has Much leisure time to plan, But if you want your favor done, Just ask the busy man.

The man with leisure never has A moment he can spare, Ho's always "putting off until" His friends are in despair. But he whose every waking hour Is crowded full of work, Forgets the art of wasting time-He cannot stop to shirk.

Bo, if you want a favor done, And want it right away, Go to the man who constantly Works thirty hours a day. He'll find a moment, sure, somewhere, That has no other use, And fix you while the idle man Is framing an excuse.

Menu Hints

Recipes for New and Nevel Dishes; Household Ideas and Suggestions

By Betty Barclay

PINEAPPLE CONSERVES

This is the season when hundreds of thousands of women are putting up the supply of pineapple goodies for next Some use canned pineapole, while others who can afford it prefer the fresh fruit. No matter which is used, pineapple conserves are tasteful delicacies for winter dinners. With sugar low in price and pineapples far from high, number of jars may be put this year without much expense.

RUIDARB AND PINEAPPLE CON-SERVE

3 pints pineapple, cut fine

2 oranges 214 quarts sugar

Sprinkle the augur in layers over the rhubarb, pincapple, and the pulp of the oranges cut fine. Let stand over night. Cut the rind of the oranges very fine. Cover with cold water and let stand over night. In the morning cook the rind in the water until it is very tender. and clear. Pour into sterlized glasses, Cover with paratin.

4 pounds quartored peaches I cup pincapple, canned or fresh

(cubod) I orange cut intogamall sections 3% pounds sugar

peel into thin htrips. - Boil in clear water can we better compare profane speech several times and drain. Peel and quar- than the solling of one's house with ter peaches. Add orange pulp, sugar and sewage? The use of clean speech is alcook until jelly test can be made. Nuts ways a power for good. Those who hear are an excellent addition.

STRAWBERRY DAINTIES

Strawberry!

the markets in quantities. And already that Smith has falled in business. We housewives are preserving this delicious may speak words of praise instead of fruit against the inroads next fall and heartless criticism. Best of all we may winter will make on the jam cupboard. speak kind words which have the power With the short-holl method, using bot- to see the and give peace and Joy. tled fruit pectin, all the gamble has been taken out of making strawberry comparatively few suspect. If we are jelly-and the time saved is astounding. Imagine a batch of jun or jelly in fifteen minutes!

STRAWBERRY JELLY 4 cups (2 lbs.) Juice 719 cups (314 lbs.) sugar

1 bottle fruit pectin Use only fully ripened berries. Crush thoroughly and drip through jelly bag Do not drip over night as uncooked juice ferments quickly. Measure juice and sugar into large saucepan, stir, and bring to a boil. At once add pectin stirring constantly, and bring again to full rolling boil and boil is minute. Remove from fire, let atand I minute, skim pour quickly. Cover hot jelly with file of hot paratfin; when jelly is cold, cove with 14 inch of hot paraffin. Roll glass to spread paraffin on sides. Requires about 3 quarts herries. Makes 11 eightounce glasses.

BLICED BTRAWBERRY JAM 4 % solidly packed oups (2 ths.) sliced

berries 7 chps (3 lbs.) augar

14 cup fruit pootin

Use only fully riponed berries. Cu small or medium berries in halves lengthwise; large berries in quarters. Measure borries, and augar into large kettle, mix, and bring to a full rolling boll over hottest fire. Bur constantly before and while boiling. Boil hard 3 minutes. Remove from fire and attr in pectin. Then stir and skim by turns for just 5 minuces to cool slightly, to prevent floating fruit. Pour Quickly. Cover hot jam with film of hot parattin; when jam is cold, cover with 14_inch of hot paraffin. Roll glass to sprend parattin on sides. Requires about 2 quarts berries. Makor, 0 to .10 eight-omco glacus.

Berslan Balm is irresistibly appealing to all women who appreciate charm and elegance. Its use keeps the complexion always clear and beautiful. Tonic in effect stimulates the skin and makes it wonderfully soft-textured. Softens and whitens the hands. Persian Balm la equally invaluable to men as an excellent hair fixative and cooling shaving lotion.

An Elder Brother's ndly Talk

With the Younger Folk



THE ELDER BROTHEER LIFE'S JOURNEY

> Life is like a journey Taken on a train, With a pair of travellers At each window pane.

I muy sit beside you All the journey through; Or I may alt elsewhere

But if fate should make me To alt at your side Let's be pleasant travellers: It's so short a ride. -Charles Allen Branham

OLEAN BPEROII REVEALS A OLEAN MIND.

There is great power in words and the thoughts which they express. There year all of the plants and seeds which are all sorts of words-hate, anger, love had not come up to his expectations. joy, and sorrow. There are words that It was a costly bonfire because he could 3 pints rubbart, cut fine, but not peci- are destructive in their effect; other easily sell everything he destroyed. He words that prove creative in the stimulus would not do that for he was not willing which they provide. Home one has called to give the world anything but the best kind words, "The music of the world." he could produce. The familiar saying young people understand that the words the "plant wizard" as he was called they will digest more easily if they are power for good or ill. Few place much any magic, white or black, but due to confidence in a person whose speech is the capacity for taking infinite pains. which such a person utters are apt to the principle on which Burbank directed religion. condomn him. Bo it is in the use of his life, and that is why he contributed Eugar. Cook the mixture until it is thick pressions which are in common use tosenseless exaggeration which serves no generations come and go. good purpose. "You make me sick," is PEACH AND PINEAPPLE CONSERVE chough almost to cause some folks an attach of nausea, while to exclaim, "You poor fish," is certain to condemn one in the appraisal of any refined, cultivated person who may chance to overhear.

Another thing that it is well to remember is that a clean mind and a Remove peel from oranges and cut clean tongue go together. With what it spoken-even though they be total stranger-know that it has sprung from a clean mind.

Words can put cheer into our lives-If we do our part. We may, if we choose Out goes The Oyster-in comes The talk of health rather than illness. We may dwell on the fact that Jones is Already strawberries are appearing in getting on in the world rather than 'Yes, there is a power in words that careful in our use of them, some of this power will revert to ourselves.

> AN ADVENTURE IN BECOMING A popular preacher said recently that life was an endless adventure in becoming. We never stand still; we are always going somewhere. Those who take their uprightness for granted may surprise themselves by lapsing into shameful weakness and ain, and no one is so given over to evil that he may no achieve righteonsness. We are always confronted by the possibility of becoming nomething altogether different from that which we are. Of course the longer we persist in any direction, the less likely

we are to face about; but even then we do not stand still. We are different

for we are further along. Most young peuple are sensible enough to be interested in that which they are nothing, be nothing. going to be, but all too soon they occept themselves as they are. There is an astonishning large number of people end of business. Bell and satisfy are the who look on their very faults as inevitable, like the color of their eyes, and limit their achelyements by assuming that they never will be able to accomplish more than they have done. Let us temember that life is an endless adventure in becoming, that no day leaves us just as it found us.

WITAT IS GOOD ENOUGH? The late Luther Burbank burned every How helpful-it would be could all "good enough" was not a favorite with they speak may at times hold great though what he has done is not due to pleasant ones. flippant or boastful. The very words | Only the best is good enough, has been many of the vulgar and semi-vulgar ex- so greatly to the prosperity and hap-

> GOOD TEMPER COVERS A MULTI-TUDE OF SINS

If charity covers a mulitude of sins, so

ONCE you taste Kellogg's

PEP Bran Plakes you'll pre-

Whole wheat for nourish-

ment. Extra bran-just

enough to be mildly laxative

-for health. And PEP-the

matchless flavor-to put new

At grocers in the red-and-

green package. Made by

Kellogg in London, Ontario.

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every

joy in eating.

There is a duty on Tea now of four

cents per pound and four percent Sales

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We have not

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time

loes good temper. It is easy to excuse a good many weaknesses in amiable persons. There are certain faults that go with that disposition, but as a rule, the world is tolerant of them. On the other hand all virtues are dwarfted and made to seem of little worth if joined to a disagreeable temper.

A FEW OF TONY'S SORAL BOOK · ITEMB

The Beven Fools The man who puts the blg apples on

The man who believes every one else Ly crooked. The man who always sees happiness in

another town. The man who thinks the world owes him a living.

with God. What I spent I lost: What I saved I lost:

To escape criticism, do nothing, say

What I gave I have.

.To sell is no longer considered the chief qualifying twins of endearing business

Do not start to-day with yesterday's mud on your footwear.

More times than not a woman is reaponable for her husband's success because of the money she makes it necessary for him to make.

A Tomit

To the young girls: may they be good, but not too good. The good die young and nobody wants a dead one. Also to the older girls, but not too old, for they dye too, and nobody wants a died one.

If you have to eat your own words

Selfishness is the only real atheism. uppiration, unselfishness, the only rou

Put away all sarcasm from your speech Never complain. Do not prophesy evil Have a good word for everyone or keep

The Elder Brother



Farmers Will Win 210.75000 in Prizes

The World's Grain Exhibition and Conference offers Canadian farmers an opportunity to share in cash prizes amounting to \$210,750.00. Comprised in 56 competitive classes, open to the whole world, are . 1,701 cash prizes. A few of the major awards follow:

\$2.500 a first prize for 50 pounds of wheat, 30 \$1,500 for 40 pounds of barley, 50 pounds of rye. \$ 800 for 10 wars of com.

\$ 300 for 30 pounds of peas; 30 pounds of flax; With this splendld opportunity before them, Canadian farmers should keep a watchful eye on their growing crops. They should mark for special care those areas that appear most promising.

It should be understood that all seed and grain samples, If they are not already selected, will have to be found in crops of this year. All exhibits must be received by the Exhibition authorities on or before March 1, 1932. Of vital importance to the advancement of Canadian auriculture will

be the winning of World Championships in 1932 by farmers of Canada. Their seed and grain exhibits must demonstrate to the world the quality of Canada's field crops. Select the classes from the prize list most suited to the crop you grow,

then select your samples from the best you have. It is best to make your entry NOW.

Your sample for exhibit must be in the hands of the Secretary at Regina on or before March 1, 1932. Valuable information relating to the preparation of grain and seed for exhibit may be secured by writing to the Secretary of the Provincial Committee, World's Grain Exhibition and Conference, care Department

Show what you grow and share what you know On application, the Secretary, World's Grain Exhibition and Conference; Imperial Bank Chambers, Rening, will send you prize lists, rules and regulations governing competitive entries and all other information.

Chalman Hallonal Committee HON, ROBERY WEIR Minister of Amiculture for

of Anriculture, your own province.

Chairman Executive and . Hancy Committee Minister of Apriculture for



pass a car on a hill... or curve

Experienced drivers of motor cars have learned that there is one rule of the road which cannot be violated without danger to life and limb . . . these seasoned drivers always keep in line when the road ahead is obscured.

Hill tops and curves are blind spots on the highway. You can't see what is coming toward you . . . and there's almost always sure to be another car coming around the curve or over the hill. The one safe rule is to stay on your side of the road . . . the right side.

Every time you take a chance that the road ahead may be clear, you jeopardize your own safety and the approaching motorist may be made an innocent victim of your carelessness . . . surely a heavy price to pay in conscience and cash.

After all you can observe the "Hill and Curve rule" for a whole season without losing as much as sixty minutes' time all told . . . Why not?

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FOR THAT TIRED FEELING HAVE YOUR EYES EXAMINED

The approach of spring is often blamed for laxiness caused by eyestrain. If you have an indisposition to buckle down to your work, it may be the spring-time or it may be just laxiness; but the chances are that your eyes are not working properly.

The energy consumed by overcoming eye-strain is sometimes appalling. If you find it difficult to work, have your eyes examined right away.

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PROCLAMATION RE DAYLIGHT SAVING TIME

Whereas the adjoining Towns and Cities have decided to adopt Daylight Saving Time for the summer of 1931, notice is hereby given that the Council of the Corporation of Acton has decided by by-law to adopt Daylight Saving Time for Acton, commencing at midnight on Priday, June 26, 1931, to Sunday, August 30. 1931, at midnight. Oitisens are requested to comply with this by-law and adopt this time from the dates

Dated at Acton, April 16, 1931. A. MABON, ROCT)