

SPRINGTIME

Sing to all the listening flowers—
April tears and smiles together
Make the misty springtime weather;
Blustery, stormy, calm or mild,
Like a changeable little child,
Johnny-jump-ups rise and call—
To the columbine so tall;
Fern and violet, snowdrops too,
Tell the things they wish to do,
Lilies of the valley fair,
Peek from out their mossy hair;
Flowering almonds, perfumed sweet,
Pink and snowy at our feet.

Mayflowers growing within call,
Lifting umbrellas tall—
(Hiding perfumed disks grow);
Thus make shady pleasant places
For the pansies' jolly faces;
Fairies hope to borrow one,
Use it in their daily fun
To protect the saintly gown
Of gossamer from shoulder down.

Oh these showery days of spring!
Hear the robins, watch them sing;
Hunting out the very best,
Niche or corner for a nest;
Sing to all the listening flowers—
"Open your cups to April showers!"
Thus the birds and flowers together
Both rejoice at springtime weather.
—Elizabeth Elizabeth

THE SUNDAY SCHOOL LESSON
FOR SUNDAY, MARCH 29

REVIEW

The First Quarter's Lessons (the first half of a six-month course) furnish a study of Jesus, the world's Saviour, as He is portrayed in the Gospel according to Luke.

Lesson I. Treats of the birth of John the Baptist—the Forerunner. The main lessons to be learned are: (1) righteous prayers are heard; (2) the greatest honor possible to a man, is to be called to go before the face of the Lord.

Lesson II. Deals with the Childhood of Jesus. We see Him growing and obeying—doing the will both of His earthly parents, and of His heavenly Father.

Lesson III. Surveys the work of the Forerunner. We find John specifically disclaiming divinity. "There cometh one greater than I."

Lesson IV. The story of the Lord's temptation. Himself victor over the powers of evil, Jesus is the abiding strength of His people in their hour of temptation and need.

Lesson V. Deals with the Saviour's power over natural disease. This, not because of His being a great doctor, but because He was divine—Lord of life and death.

Lesson VI. Jesus as the world's Teacher. Central thought: Man's attitude to His fellow is to be gauged by the love of the Father, not by human standards.

Lesson VII. Depletes Jesus—as the Friend of Sinners. No limit to His saving, no bounds to His friendship. Both are based on "whosoever will!"

Lesson VIII. Jesus bearing the Good Tidings. Central theme: the Parable of the Sower.

Lesson IX. Jesus sending forth laborers into the harvest—the going forth of the Seventy, in the strength of the Lord.

Lesson X. Parable of the Good Samaritan. Central thought: What does the spirit of this teaching mean to us, in our own daily lives?

Lesson XI. Jesus among friends and foes. Basic thought: There is no middle condition. A man is either the friend of Christ or His foe.

Lesson XII. (Temperance Lesson.) All good things are given, in grace, for man's use, never as man's right, but as God's gifts.

GOOD EXAMPLE

Recently a few ladies of a prosperous Long Island village organized a society to encourage the young people of the village to study American trees, plants and flowers, and to assist in the preservation of native plants in the neighborhood.

The ladies found that a great deal of interest was taken in the work of the society; and by means of it a desire was aroused in the village to cultivate wild flowers and native plants.

This desire suggested the advantage of possessing a plot of ground of sufficient area, where American trees and plants could be established and protected, and where not only could the members of the society find illustrated the types and plants which they were engaged in studying, but which would serve as a kind of public playground.

The laws of New York permit associations of private persons to secure lands for parks and public playgrounds, independent of municipal authority, and to employ officers who shall have power to protect such grounds.

Under this law, and by the aid of private subscriptions raised in the town, a little park of six acres, on the shore of a pond which is centrally located, was purchased and forever set apart as a planting ground for native flowers and trees.

This example of the ladies who formed the society which organized and carried out this movement is worthy of imitation everywhere. Patriotism is stimulated by arousing and cultivating the love for American trees, plants, birds, and natural objects, through a plot of ground provided for such a purpose.

Furthermore, such parks and such societies help to attach the people to their native places, and lessen in them the desire to wander away to the cities.

HOW TO KEEP YOUR WIFE CONTENTED

Complete in itself, Mother Graves' Worm Exterminator does not require the assistance of any other medicine to make it effective. It does not fail to do its work.

Tell her you can't afford to pipe water into the house, then buy yourself a new tractor.

Sell all the cream and eggs and put the family on a skim-milk and salt-pork diet.

Give the chickens the free run of the whole premises, particularly the back porch.

Send the big potatoes to market and let her use the culls.

Don't let her waste any good ground on flower beds.

Sit down to the table in your shirt sleeves, smelling of the stable, especially when she has company to dinner.

Never take a day off to go on a pleasure trip with her.

Send for a veterinarian whenever the horse is ailing and doctor the baby by directions in the "Manual."

Never give her a foot of ground for a garden; and if you do, have her dig and care for it herself.

Tell her she doesn't need or require a new dress occasionally, nor wallpaper for the home. Any old thing should do her.

SLATS' DIARY
BY ROSS PARQUHAR

Friday—Ant Emmy has been berthing threw all the dishpannys in the house peddle and so 4th hunting the wire Hoy. She says she is curious to no what it is becuz they are so monny of them shipped becuz nearly evry time you're ready about a ship sum buddy like to ship a hoy.

Saturday—Jim Price which got married last week went premit his wife to, quit taking in washings becuz he says no man shud ought to and the inyclo-

enterfear with his wives career just becuz he is married to her.

Sunday—well we had a nice trip out throw the country all arranged but I had to go and rain today so we all went to church and I didn't have such a worse time. Jake and me set to gather and made a bet on weather the preacher wood meichon heaven often than the rivera. We drawed lots and Jake got heaven and I got the rivera and Jake win by six menchions.

Monday—sum times I wohnt I had a shler like uthor boys has got. It gets pritty monotonous just teaching the dog all evning these wintery evnings when you can't get out and practise ft. ball nor nothing.

Tuesday—Ant Emmy is very Fond of a new music peace they play on the Radio but she says she discent believe nobody cud hend a Poa nut with out braking it in to.

Wednesday—Mrs. Perat is very unhappy today becuz she bust a looking glass yesterday, she says it was purely accidental to becuz it happened when she shung a hammer at her husband and mist him intirely.

Thursday— if it wasent for fashion things we wood of had sum old fashioned Ice cream tonite, but it quit snowing to soon for I thing and then they wasent even vaniller in the house and ma had ferget to buy enny cream today.

TONGUE WINK HIM THIR

Every schoolboy reads of the great Greek orator, Demosthenes. There is the story of how as a young man, Demosthenes used to go away by himself to practice orating for hours at a time, holding pebbles in his mouth while talking, to make his enunciation more perfect.

There is the famous "Friends, Romans, and Countrymen," by Mark Anthony, of Rome, and there are the speech giants of the modern ages, such men as Webster, Pitt, Burke, Douglas, Bryan, and Clay. All these men serve as an inspiration to youthful aspirers to "speaking."

Dudley Raymond Barker, eighteen years old and a pupil at the Bourne-mouth Boys' Secondary School, was adjudged the best boy orator in England. Along with other boys selected from each of the other countries of Europe, Barker came to America, to compete in a world-wide oratorical contest.

SILENT CORRESPONDENCE

A sailor who had been away on a long voyage received a letter at a port of call. On opening it, took out a blank sheet of paper. His pal remarked: "Trey Bill, wots the bloom'n' idea of the blank paper?"

"Gorblime," said Bill, "that's a letter from 'ome. Me and the missus ain't a-speakin'."—Answers.

MOST PEOPLE CATCH COLD

It has been estimated that approximately 83 per cent. of the American people suffer from a cold or influenza sometime during each year. Some who are more unfortunate than others manage to catch cold half a dozen times between the first of January and the last of December.

It is interesting to note the handwriting on the wall that announces an epidemic in any certain section. The sale of lemons will increase enormously almost over night, for the hot lemons has long been recognized as one of the first assistants to call upon when the little cold germs besedge the body.

Many colds could be avoided if we kept constipation far removed from us. Plenty of rough foods, green-leaf vegetables, fresh fruits and fruit juices, and also milk should be secured by everyone, particularly when a cold epidemic is in the neighborhood.

KILL that COUGH!

No matter how bad the cough nor how stubborn the cold you can break it up quickly with

FLU-REM

The surest safeguard against "low fever" in all cases of coughs, colds, sore throat and influenza.

QUICK RELIEF

"All that the name implies"

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AN ANTIDOTE FOR POISON

It is not uncommon to hear disillusioned young persons say emphatically, "I'll never trust anybody after this." Sometimes the speech is due to petty pride. The speaker resents the fact that he has been fooled, and he would rather be suspicious of everyone than to run the risk of being tricked again. Often it is an expression of a real conviction that nobody really deserves trust. All of us know that a very small object held close to the eyes, shuts out the sun. One who concentrates his attention on the failure of another, may be unable to recognize the loyalty and kindness and generosity and goodness of which the world is full.

Instead of declaring that you are never going to trust anyone again, do a little thinking. If you have been cheated, if you have been wronged, turn your thoughts from the one who has wronged you and think of the others who in innumerable ways have given you proofs of their loyal friendship. Think about your mother. As a rule there is an antidote in another love for the poison of disillusion. Remember, too, if you lived up to that foolish saying of yours, and never trusted anyone again, your life would have come to an end as far as happiness is concerned.—Harriet Lummis Smith.

For Scalds or Burns.—Dr. Thomas' Electric Oil is a standard remedy for the prompt treatment of scalds and burns. Its healing power quickly soothes the pain and aids a speedy recovery from the injury. It is also an excellent remedy for all manner of cuts, bruises, and sprains, as well as for relieving the pains arising from inflammation of various kinds. A bottle in the house and stable saves many a doctor's and veterinary's fee.

MUCH WORSE

Sympathizer: "How's your insomnia?" Incurable: "Worse and worse. I can't even sleep when it's time to get up."

WHEN JOINTS Are Stiff or Inflamed Creaky Or Swollen

Here's a wonder working substance that works right in thru skin and flesh right straight down to the ligaments and joints and swiftly drives out pain and agony and reduces the swelling.

Joint-Ease has often been called the magic emollient because of its uncanny power to bring quick comfort to the most obstinate cases of rheumatism, neuritis and sciatica.

Without waste of time it knocks out lumbago and ends stubborn backache that no other cure seems to help.

You'll like Joint-Ease because it's good for so many ailments—stiff neck for one thing and sore muscles and also feet that are so sore that to walk means agony.

Joint-Ease is made in Canada and sold by all stores that sell good medicines.

A generous tube for 60 cents—and rigidly guaranteed.

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Inspect Oldsmobile thoroughly. Compare it with any other car in its price class. Then consider how much more your motor car dollar buys... In smarter appearance... in performance surpassing even that of previous Oldsmobiles... in refinements that give an entirely new conception of luxurious and restful travel... and in value increased still further by new and greatly reduced prices.

Priced \$1085 at factory, from Taxes Extra

NEW SILHET SYNCHRO-NEESH TRANSMISSION permits smooth, silent shift from first to second to high... and back to second.

DOWN-DRIFT CARBURETOR WITH NON-FLOOD CHOKE gives increased power, higher speed, faster acceleration, and greater smoothness.

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NEW QUIET SECOND GEAR assures smooth, swift acceleration rivaling high gear performance in quietness.

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SHOWING CANADA TO CANADIANS



Six thousand miles of travel, taking in every phase of Canadian life will be accomplished under exceptionally favorable circumstances by those who leave over Canadian Pacific lines, with Dean Sinclair, Laird, of Macdonald College, Ste. Anne de Bellevue, Quebec; starting from Montreal on July 26, and Toronto, July 27. The trans-Canada trip, which will be made by railway, motor through the Rocky Mountains; one of the smart G. P. R. coastal steamers between Vancouver and Victoria and vice-versa; and on



one of the same company's Great Lakes boats from Port William to Port McNicoll, will take 22 days to complete and will include all the Dominion's important centres, the wheat regions of the Prairies, beautiful resorts in the Rockies and a comprehensive visit to the Pacific Coast. This is the eighth annual tour under Dean Laird's guidance. The pictures show: (1) Vancouver's bustling waterfront with the great G. P. R. liner "Empress of Russia" at her berth. (2) A view from one of the windows of the beautiful Chateau Lake Louise. (3) A scene on the Canadian Pacific line through the Rockies. (4) A typical harvester. (5) A Lake boat at Port McNicoll.

TIME TABLES

AT ACTON

CANADIAN NATIONAL RAILWAYS

Going East

Daily, except Sunday	7.01 a.m.
*Daily, except Sunday	10.05 a.m.
Daily	2.28 p.m.
Daily, except Sunday	6.19 p.m.
Daily, except Sunday	8.47 p.m.
Sunday only	8.00 p.m.

Going West

Daily, except Sunday	7.30 a.m.
Daily, except Sunday	9.08 a.m.
Daily, except Sunday	2.28 p.m.
Daily, except Sunday	6.18 p.m.
Daily, except Sunday	7.17 p.m.
Daily	10.21 p.m.
Sunday only	10.18 a.m.

* Denotes a flag train.

CANADIAN NATIONAL ELECTRIC RAILWAYS

Westbound

Daily, except Sunday	8.16 a.m.
Daily	10.16 a.m.
Daily	1.16 p.m.
Daily	3.16 p.m.
Daily	6.16 p.m.
Daily	9.16 p.m.
Daily	12.16 p.m.

Eastbound

Daily, except Sunday	7.33 a.m.
Daily	9.33 a.m.
Daily	12.33 p.m.
Daily	2.33 p.m.
Daily	5.33 p.m.
Daily	11.33 p.m.

Toronto Terminal

Keels Street and St. Clair Avenue

Freight delivered by special express freight. Freight picked up at any address in Toronto.

TRAVEL BY BUS

WESTBOUND

Daily	9.05 a.m.
Daily	1.05 p.m.
Daily	4.05 p.m.
Daily, except Sundays and Holidays	8.05 p.m.
Sundays and Holidays only	10.05 p.m.

EASTBOUND

Daily	9.25 a.m.
Daily	2.00 p.m.
Daily	5.30 p.m.
Daily	10.00 p.m.

ARROW

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Subscriptions for All Magazines Taken at The Free Press Office

TWENTY YEARS AGO

From the Issue of The Free Press of Thursday, March 26, 1911

March has behaved very well indeed. The pretty little willow catkins are again in bloom.

Showers this week have washed the face of nature and replenished empty cisterns.

Mr. Wm. Brown's sale of horses and dairy cows yesterday was a great success.

Mr. J. H. Denny is having the material laid down for a new brick house on Wellington Street, on the lot in the rear of his own residence.

Mr. W. D. Anderson moved the fixtures safe from the former premises of the Metropolitan Bank, in the Agnew Block, to the G. T. R. station on Tuesday. His heavy team hauled it with ease.

Mrs. L. G. Matthews entertained the members of the Methodist Sunday School Orchestra and their wives and sweethearts on Monday evening.

Mrs. Alex. F. Mill sold her property at the corner of Mill and Fellows Streets, adjoining Mr. W. W. Beardmore's property, to Morris Saxe, on Monday, for \$1,800.

The King's Orderlies Bible Class spent Wednesday evening at the home of their teacher, Mr. John S. Coleman. The address of the evening was given by Mr. H. R. McNeil, and Mrs. R. L. Gregory, Church Street, will entertain the class next week.

Mr. George Barber arrived home from Vancouver on Monday. This was his second trip since August. Mr. Barber says Vancouver is unusually active in building operations. He manifested his faith in the future of this wonderful city by making further investments, rather than dispose of his present holdings, as he had intended.

Mr. A. M. Brown, who came here last July to open and organize the Metropolitan Bank here, has been promoted to a position on the Inspector's staff. He will be succeeded by Mr. Greig, of the Sutton branch.

General regret is felt at the contemplated removal of Mr. and Mrs. John W. Husband to Berlin, where they will reside with their daughter and her husband, Mr. and Mrs. C. B. Ebbage. Mr. Husband has sold his comfortable brick residence on Young Street to Mr. John Kitching.

FISH AND EGG TASTIES
By BETTY BARCLAY

Here are two excellent recipes for unusual fish and egg tasties. Try them now and they will surely be among your regularly delicacies.

FISH SOUFFLE.

2 cups flaked fish, as salmon or tuna
1/2 teaspoon salt
1/2 teaspoon paprika
1/2 cup lemon juice
1 cup fresh bread crumbs
1 cup milk
6 eggs

Add seasonings and lemon juice to fish. Pour scalded milk on bread crumbs from a 3-4 day old loaf; add well beaten egg yolks and salmon. Fold in stiffly beaten egg whites. Pour into a greased baking dish, set in a pan of water and bake in a moderate oven, 325 degrees F., 1 hour. Serves 8.

FRUIT OMELET

6 egg yolks
2 tablespoons sugar
1/2 cup orange juice
6 egg whites
1 tablespoon butter
Orange marmalade

Beat egg yolks, adding sugar and fruit juice. Fold in stiffly beaten egg whites. Heat butter in omelet pan, pour in omelet mixture and cook slowly, until nutty, firm and a golden-brown on bottom. Spread one-half thickly with marmalade, fold and serve.

OVER THE TELEPHONE

Man's voice: "Are you the lady that washes?"
Woman's voice: "No."
Man's voice: "Oh, you dirty thing. Good-bye."

CUTTING OUT THE EXTRAS

"I think this scenery is just heavenly."
"Um, I don't know. Take away the mountains and the lake and its just like anywhere else."