#### THANKFUL "

Naught to be thankful for, did you say, As you sat by the old garage to-day. The crops are poor and the cattle thin. And the spuds are not what they might have been.

And there isn't much you can sell this You're going to be very hard up you foar.

Well, what if you are, why man alive,

If you have to struggle, and skrimp and And pinch a dollar until it hurts, For winter woollens and shoes and shirts, We've all been over the trail before, And poverty's often knocked at the door.

It won't hurt you a bit, old man, you know. If you have to put the gears in low. When the crops were good and the prices

Say, didn't we seer and spend and fly? The sky was the limit, we took the air, And blew our crops like a millionaire.

But there's always a time when we have And the bills pile up for a rainy day. And you start to think where you might

have stood If you'd kept your head when the crops WETE good. But cars cost money, and trips, O say The dough has a habit of melting away.

And what crops we had in our country-When the wheat threshed out like golden tide. And the God of harvest with lavish hand,

Scattered his riches across the land. When the wheat poured out on the And there wasn't room for a bushel more.

There'll be more harvests and rain and But let's be decent and take the blame And be sports enough to play the game. And let's come down to earth and stay, and wise, but there was one serious defect and served with white sauce to which And get a grip on the things that pay.

-Edna Jacques

#### TWENTY YEARS AGO

From the Issue of The Free Press Thursday, March 23, 1911

Spring work is getting people busy. The sheep are out in the pastures aguin.

Mesers. Henderson & Co. umounce their spring millinery opening for Friday and Saturday of this week. Miss May Hawthorne, who has opened a millinery establishment in the premises

formerly occupied by Miss Florence Murray, Main Street, will hold her spring opening to-day, to-morrow and Batur-'The King's Orderlies enjoyed a very pleasant evening at the home of Mr. and Mrs. J. C. Nelson, Main Street, last

on astronomy and the hospitality of the home were both elements of apprecia-The Y. O. O. P. At Home, last Thursday evenlng, was enjoyed by a fairsized company. The programme was provided by Misses Thomison and Leishman, Misses Agnew and Graham and the Misses Mason in instrumental duetts

and by the Oddfellows' Quartette and Leishman's Orchestra. Mr. John A. McGill, late manager of the 'Traders' Bank, Prescott, son of Mr. John McGill, Limehouse, has been appointed to the position of Provincial Manuger of the Travellers' Life Assurance Co. of Canada, at Winnipeg. Hon George P. Graham is President of the Company.

# REPEALING THE BY-LAW

"Gentlemen of the City Council" began Mr. Wrangler, "I have appeared in your August assemblage to ask you to abolish the city by-law which forbids a car to run past a street car that is unloading or taking on passengers."

"Upon what grounds do you ask for the repeal of this by-law?" he was ask-

"Upon the grounds that it is a restriction of personal liberty and that, furthermore, it is endangering the lives of our "boys," was the prompt response, "You know of Saturday's regrettable occur-Dick Dare was killed by a car that failed to observe this by-law, and why did it fail, I ask you? Why did speed straight past the street car as that lovable lad dashed from the door to meet death before he reached the curo? Because the griver of the car yesented the infringement of his personal liberty. Because, as a free-born American citizen, he proposed to demonstrate his right to drive where, when, and how he pleased. He broke the law, gentlemen, not because he wished to crush the boy. but merely to show his contempt for such legislation. There are thousands of other motorists with the same attitude; therefore, I beseech you-abolish the by-law. Trust to the inherent decency of the drivers. Remove this menace to the youth of our land." .

"But-er-" ventured an alderman. "wann't this by-law passed because so many people were being injured? Haan't it saved scores of lives, here in our city, already?"

"Laborers - old people - children. sneered Mr. Wrangler. "What are they in comparison with the restriction of rich man's liberty, and the menace to our swift and speedy boys?":

"The law has saved many and "stands," maintained the mayor. "Your logic is wrong."

"At least," assorted Mr. Wrangler, as he grabbed his hat and rushed toward the door. "It it quite as good as is the logic that would abolish prohibition legislation, which has saved many from drunkenness."-Hugh Meredyth.

#### THE SUNDAY SCHOOL LESSON

FOR BUNDAY, MARCH 22

THE USE AND ABUSE OF GOD'S GIFTS (TEMPERANCE LESSON) Golden Text.—Be not drunken with

the Spirit .- Eph. 5: 18. Lesson Text.-Luke 12: 16-21, 41-48. Study, also, Luke 11: 14; 12: 59.

Time.-November, A. D. 20, Place.-

Exposition.-I. Wise in the Eyes of

The rich man of this parable came wealth brought him anxiety and care. 16: 9: 18: 22), but he was too blind to see them. The intense selfishness of the man appears in the frequency of the ed fish. Canned tuna, salmon, shrimp still regard the products of their fields and colory and white sauce. In either calculations. That is a common mis- be dipped in flour and fried in butter. take with the worldling (as. 4: 13-15). He could have saved himself all the

had been wise enough to bestow his Bardines are good grilled and served on surplus goods in the empty barns of toast. They add much to a luncheon others. That sort of wisdom is still salad with potatoes, rice or macaroni for rare. Having built his barns and be- the foundation. They may be mashed stowed his goods, he would take his seasoned with lemon and mustard and ease. He had had no ease in the ac- used as a sandwich filling with lettuce cumulation of his wealth, and he was Kippered herring with scrambled eggs not destined to have any in the enjoy- a popular combination on dining care ment of it. The rich man is the one and just as well liked at home. Anchovy man who never does take his ease. The and sardellin paste are usually crowned only place where real case can be found with butter for sandwich filling or spread is neither in the accumulation or enjoy- on toast over which creamed eggs, or ment of wealth, but in Jesus Christ creamed vegetables are poured. (Matt. 11: 38). The rich man neither addressed God nor his fellow-man, only adequate nutritionally, are well seasoned his own shrivelled self, "my soul." He and are easy to prepare. told his soul that it had "much goods laid up for many years." That was a great mistake. His soul had absolutely Friday night. Principal Stewart's talk

nothing laid up, only his body, and that not for many years, but a few short hours. The place to lay up goods for many years is not new barns, but heaven -(Matt 6: 19, 21). They are laid up there by giving them away (Mark 10: 31). This man's highest conception of the right use of money was in eating, drinking and being merry. This beastly conception is not outgrown yet. He Coffee expected his soul to be satisfied in that way. He thought the soul can be fed Cabbage Salad with corn and its thirst satisfied with wine. Souls can't be satisfied that way. The soul is too large for anything but

God to satisfy it. Its only satisfaction is in Christ (John 4: 13, 14; 7: 37-39). Taking one's ease, eating, drinking and being merry is a way of life that ends one half cups medium white sauce. II. A Fool in the Sight of God, 20, 31. Up to this point the man has done with anchovy butter. all the talking, now God speaks. He does not say much, but the little He says upsets all the man's plans. The man had sald "many years," but God says 'this night." So wide are man's calcula tions from God's. God called the man "fool," He called him so because that is what he was. So is every one "that layeth up treasure for himself and is

not rich toward God." - Fools of that stripe abound. The man had said "MY solif." God said, "THY soul is REQUIR-ED (asked back) of thee." When God demanded his soul back, the poor wretch had nothing left. God put a hard question to him, "the things which thou nast prepared, whose shall they be?" and had the burden and toll of heaping them up; another should have the toy of spending them. The money-getter isually toils for some one else. He did not oven heady the harne he had

shrowdly planned. There is no greater fool than the man who lives for money He is wise in his own eyes, a fool in the sight of God." Jesus' practical inference is that we be free from all anxiety about the things of this life.

III. Paithful and Unfaithful Stewards Jesus compares teachers to house slowards (cf. Matt. 25: 45, 46; Acts 20 38; 1 Cor. 4: 1, 2; 1 Peter 4: 10). steward's business is to give to each one in the household their portion of meat in due season (John 31: 15-17; Peter 5: 2; Jer. 3: 15). The faithful and wise steward is the one who actually does this. There are many foolish and unfaithful stowards who feed themselves not the household (cf. Ez. 34: 3, 3). Or they feed only a portion of the household, or they give something else than food (philosophy or sociology, or what

not, instead of the pure Word of God: cf. 1 Peter 3: 2; 4: 10, 11), or they do not give the food "in due sauson." The stoward who is faithful and wise is also blessed. Having proven his fitness to rule, he is rewarded with larger rule. At the bottom of the unfaithful steward's and laxness in evangelical enterprise, and of the Lord's coming showed itself, first, the oppression and self-indulgence so in oppression; second, in self-indulgence Always keep Douglas' Egyptian Lini- Jeaus Christ is the view that our Lord has here drawn of ecclesiastical rulers ment at hand, ready to bring infmedi- will not return and reckon with us for has proven prophetic. The punishment ate relief to burns, sores and felons, a long time. It was "in his heart" that of Christ's unfaithful servants will be Stops bleeding at once. Prevents blood the unfaithful steward held this view, meted out according to their knowledge

### FEASTS FOR FAST DAYS

It does not seem as though a whole year had passed since Lent was with us before, but time runs by without any regard for war, beace or business conditions. Food economy has been the vogue for so many months that this season will bring no decided change in the food budget. However, it does offer homemakers a chance to use their imaginations so as to make Wednesdays wine, wherein is riot, but be filled with and Pridays days which members of the family will anticipate with pleasure. This is the time of year to express your personality with seasonings because the foods used in place of meat are naturally less flavorful than meat and need special care in preparation.

The first Lenten food which comes to mind is fish-fresh, frozen and canned. One of the easiest and best ways honestly by his wealth (v. 16). He owed to cook fresh halibut or salmon steaks, his prosperity to God, but had no sense or boned small fish is to dip them in of the fact. His rapidly increasing flour, then in salted milk (one teaspoon of salt to one cup of milk) then in flour It is always so. He was perplexed to again. Lay the fish in a well-buttered know where to put his fruits. There pan and bake in a hot oven (425 degrees were already excellent places to put P.) until well browned. This is a pleathem, on the tables of the poor, and sant change from fried fish and the these would have proven eternal store- method is simple. Berve with slices of houses (ch. 3: 11; 11: 41; 14: 13, 14; lemon and garnish with paprika and

There are dozens of recipes for creampersonal pronoun of the first person, lobster and shad roe are all good to use. "my goods," "my soul." After all; these ed eggs, mushrooms and white sauce. as being their own. God soon brought case cover the casserole with bread or this man to see that those things were corn finke crumbs, brown and serve pipnot his own, and He will bring all men ing hot. Chopped parsley or green to see that some day. The rich man's pepper will add color and flavor. Shad way out of his difficulty seemed shrowd roo may be heated in the can, removed in his plans: he left God out of his lemon juice has been added; or it may Bardines, kippered herring, anchovy

paste and sardellin paste are important trouble of building his new barns if he during Lent because of their flavors.

The hincheon menus given here are

LUNCHEONS FOR LENT Creamed Eggs and Celery on Anchovy Toust Macaroni Balad Bran Bread Toast Baked Apples Rice Balad

Pench Custard Corn Chowder Toasted Bardine Sundwiches Cookles

Scalloped Oysters Stewed Tomatoes Whole Wheat Bread Corn Plake Macaroons

CREAMED EGGS AND CELERY Cook six eggs hard. Remove shell and cut reggs into slices. Heat in one and one-half cup celery cut fine. Heat and

serve on toast which has been spread

RICH BRAN MUFFINS i cup shortening

is cup light brown sugar

1 egg (well beaten) I cup sour milk

216 cups bran 1 cup flour

135 teaspoons baking powder 15 tenspoon salt 15 tenspoon soda

2-3 cup chopped nuts Cream shortening and sugar. Add egg. sour milk and bran and let stand while measuring other ingredients. Sift together flour; baking powder, salt and soda and add to bran mixture. Add nuts. Bake in greated muffin pans in a moderate oven (400 degrees F.) for about 25 minutes. Yield: 13 large muffins.

# NOT "MICROCOCCI"

Professor Brieger, of the Medical Institute, reports an exchange, was bustly at work in his laboratory, surrounded by a formidable array of chemical and bacteriological utenals. A distinguished foreign physician called upon him, and watched his absorbing labor with interest. The professor's attention seemed to be anxiously, but still hopefully, concentrated on a vessel which was envelop-

"Guess what I am boiling here," said the professor. The visitor began to enumerate ntire scale of micro-organisms

"Micrococci?"

"Bonoccocc!?" "Spirochetae?" "No."

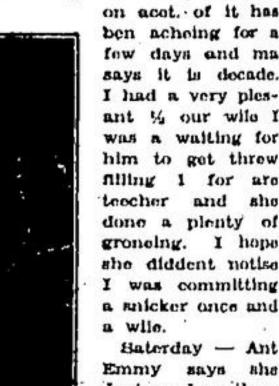
ed in smoke and steam.

"What, theh?" "Sausages," replied Brieger.

neglect of duty lies his view that Christ's was, "The Lord Cometh" (1 Cor. 16: 22, coming is way off. One great cause of R. V.; Phil. 14; 5; Jas. 5: 7, 8). The present day worldliness in the Church unfaithful steward's belief in the delay common among professed stewards of and gluttony. The picture which Christ poisoning. Splendid for sore throat and The great cry of the early Church, as it and opportunity. From the one to whom pushed the evangelization of the world, much is given will much be required.

### SLATS DIARY

BY ROSS PARQUHAR Friday - well, I had to go to the dentest tenite to get a tuth pulled ou on acot. of it has ben achoing for few days and ma



Saterday - An Emmy says sh dont see how these

they wood ketch there deth of cold. Bunday-well sum people hassent got nutch sense. I drawed a pitcher this and ma and Ant Emmy pa thot it was Allah that all must die; some die old, Santy Claws and ma that it was a some young. elefant and Ant Emmy that it was a storm at see. What it\_rilly was it was of births? "my fruits," "my barns," "my corn," Tuna may be combined with hard-cook- the pitcher of a famili base Ball player, Munday-Ant Emmy is all Xcited tothings were not really his. But men Balmon is delicious with canned peas day ebeuz she got in the noose paper. The peace she was tawking about sed husbend died never married no more. And she was one of the per cent she sed one has ever died of thirst.

> Teusday—wel pa was a tawking about wirking today and he sed when he was a boy he dident used to think nothing of chopping up a cord of wood or 2 evry with fire and sword, there has been great Saterday a. m. well I am just like him. I dont think mutch of it neather.

nament spoke to each another for over sixteen yrs. It was on acct, of Wes narryed the I Lon wanted to marry an now each 1 of them thinks they got the wirst end of the bargen.

Thirsday-ma is bying me a new suit oday and she ast me if Y wood like to have the sholders padded a little but told her if it was all-the-same to her ! wood just as leaf have the padding put in the pts. where it mite cum in handy um of these days. .

A bleagant medicine for children i Mother Craves Worm Exterminator, and It is excellent for driving worms from the

#### ACCOMPLISHED EATERS

It appears that dainty eating is not a sign of good breeding in Korea. Indeed the merit of a Korean feast seems not so much to consist of the quality, but in the quantity of the food served. Little conversation occurs during the Korean meal. The more one talks, the less one eats; therefore it is the part of good manners not to talk much.

The ordinary portion for a laborer is about a quart of rice, which, when cooked more than doubles itself. This, however, is no serious reason for his slighting a second or third measure when he can get

An eating match is a common Korean happening. When an ox is slaughtered, heaping bowl of the steaming mess does not embarrass any guests. When fruits, such as peaches or small melons. are served, it is said that they are devoured, skin and all. Twenty or thirty peaches are deemed an ordinary allowance for one person, and disappear as if by magic. Such prodigality in food, is there are many fastings. The Koreans are neither fastidious in their eating, nor painstaking in their cooking. Nothinggoes to waste.





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TOO MUCH STATISTICS

The head of an Oriental town, Mohammedan, being asked by the government to reply to certain questions relating to his city, sent in the following

Question-What is the death rate, per afternoon and when I shone it to pa Answer-In my city it is the will of

Question-What is the annual number

water sufficient and of good quality? Answer-From the remotest period no

Question-What is the general hygienic conditionof your city? Answer-Since Allah sent us Moham-

med, his prophet, to purge the world improvement. And now, my lamb of the West, cease your questioning, which can Wensday-Wes Hix and Lon Mote do no good either to you or anyone else.

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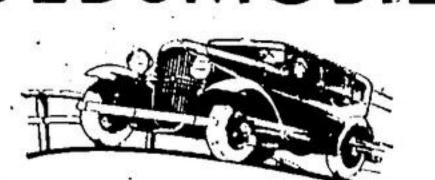
it's a splendid penetrating emollient is Dally ..... and agony-Then blessed relief comes Use it freely for joints that are stiff,

inflamed-swollen or creaky-use it to nut youthful suppleness into joints that are growing old. Use it for awollen knuckles-for stiff neck—lameness—lumbago and lame, aching back-it will never disappoint

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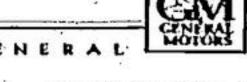
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