

WHAT NEWSPAPERS DO

The newspaper starts in when you are born. It tells about your excellence. And tells about your sweetness. It follows you to school. And prints the honor roll. If your name is found there, it tells of your graduation. And speaks of the excellence of your magnificent essay. It tells of your progress. During your college career, and then dilates much about the choice of vocation. Then it gives a nice notice about your marriage. And praises the blushing bride, till her kindred hardly know her. Then in due course of events it tells about the bouncing baby that happens in your family. Wherewith beginning its life work all over and over again. The paper does also much more; it tells of the progress made by city and country. And boasts all enterprises; gives free advertising worth thousands of dollars to its home town. There are scores of things that all good newspapers do for which they cannot be paid. That is why every citizen should do his utmost. To support the newspaper in every possible way. And all the time. Yasum— I thank you!

Menu Hints

Recipes for New and Novel Dishes; Household Ideas and Suggestions

By Betty Barclay

YE OLDE AND YE NEW Try this good old-fashioned pudding and a few days later the modern "glorified" way of turning rice into a delicious healthful dinner dish. You will want both receipts in your file for future use.

YANKEE RICE PUDDING

1/2 cup rice 1/2 teaspoon salt 1/2 cup sugar 4 cups milk Grated rind of 1/2 lemon Mix ingredients and pour into a buttered casserole set in a pan of hot water and bake 3 hours in a very slow oven. Stir the pudding every 15 minutes for first hour to prevent rice from settling. Serve either hot or cold with thin cream.

RICE A LA TOPI

1 1/2 cups cooked rice 5 tablespoons sugar 1 1/2 cups whipped cream 1/2 cup nuts 1 teaspoon maraschino Mix cooked rice with sugar, fold in whipped cream, flavored with maraschino. Chill. Serve in tall sherbet. Sprinkle each serving with nuts and garnish with additional whipped cream and red cherry.

COMPANY RECIPES

When company comes and you are anxious to serve something unusual and delicious, try one of these tasties and your guests will not be disappointed:

COCOANUT TRANSPARENT PIE

1/2 cup butter 1 cup sugar 3 egg yolks 1/2 teaspoon salt Grated rind 1 orange or 1 lemon 1 baked 9-inch pie shell 3 cups shredded cocoanut 3 egg whites 2 tablespoons sugar Dash of salt Cream butter, sugar, egg yolks, and salt together very thoroughly for about ten minutes. Add orange rind. Turn into pie shell. Sprinkle with 1 cup cocoanut, and bake in slow oven (300 degrees F.) 30 minutes. Beat egg whites until stiff, add sugar and salt, and beat until mixture stiffens again. Pile lightly on filling. Sprinkle with remaining 1 cup cocoanut. Bake in moderate oven (350 degrees F.) 30 minutes, opening oven door after first 15 minutes of baking period.

TROPICAL DELIGHT

4 ripe bananas 1/2 cup orange 4 tablespoons brown sugar 1/2 cup cocoanut, southern style Peel bananas and cut in half lengthwise. Arrange in layers in greased baking dish. Mix orange juice with brown sugar and pour over bananas. Sprinkle thickly with cocoanut. Bake in hot oven until bananas are tender and cocoanut is brown. Serve immediately. Serves 4.

NEAPOLITAN DESSERT

2 tablespoons orange junket 2 tablespoons vanilla junket 2 tablespoons chocolate junket 3 cups milk Prepare the orange junket according to directions on package, using half the amount. Pour into six individual dessert glasses and let stand in warm room until firm. Then prepare the vanilla junket with another cup of milk and very gently pour—or add with a spoon—on top of the orange. When firm, add the chocolate junket, made with the third cup of milk. When this is firm, chill and serve. This may be topped with whipped cream if desired.

One of the most effective vermifuges on the market is Miller's Worm Powders. They will not only clear the stomach and bowels of worms but will prove a very serviceable medicine for children in regulating the infantile system and maintaining it in a healthy condition. There is nothing in their composition that will injure the most delicate stomach when directions are followed and they can be given to children in the full assurance that they will utterly destroy all worms.

An Elder Brother's Friendly Talk

With the Younger Folk



OBSERVATION EXPERIENCE BROTHERLY HINTS A BIT OF HUMOR

WORK

In my first two talks I have given you some little food for thought on the two essential topics of life and time. This time I will give a few homely thoughts on the topic "Work," a theme which has real interest for all young folks.

Sir Joshua Reynolds gave this golden thought a hundred and fifty years ago: "Nothing is denied to well-directed labor; and nothing is ever to be attained without it."

To make a success of your work, whatever it is, is to be successful. It is not about it. If that is impossible, get another job, for no one can make a success of work which he discharges with apathy, rather than enthusiasm. However, a man who is an outstanding Canadian, and who has made a signal success of life, said the other day, when addressing the young fellows of a neighboring High School, "The hardest obstacle any ambitious worker has to overcome is the voice within us that says, 'There's no use trying!'"

In my experience I have found a large proportion of young people who speak of luck as an element in securing jobs that suit them. Always, when I hear this expression of luck, as applied to work, my thoughts revert to a time in my school days, sixty years ago. In those days the writing exercises books, known as "copy books," used in Acton Public School were not the books so carefully and uniformly prepared which are found in all the schools of the Province to-day. It was "every man for himself," at that time. Guelph had an enterprising bookseller, named T. J. Day, who some of your parents, or rather perhaps grandparents, will remember. He had a copy book prepared by his wholesale stationers, which was popular in the schools in the neighborhood of Guelph, and Acton was one of these places. This copy book had the usual "Evil Communications Corrupt Good Manners," and other head-lines set for copying. But it was not the head-lines of which I set out to speak. On the inside of the front cover, was a little poem, and although my friend, Mr. Day, was a devout Roman Catholic, and not generally given to preaching, he indulged in this. The text was: "Luck is a fool, pluck is a hero," and he went on to say: "Strong men believe in cause and effect; shallow men believe in luck. Luck is the idle man's resort." And then he continued with a few more well formed and forceful sentences emphasizing the value of pluck in one's working parents, and the absolute futility and failure of dependence in luck. That little exhortation in Mr. Day's school copy book influenced me effectively away back there in my boyhood days, and gave me such an abhorrence of any dependence upon luck whatever, that I have put my trust in pluck through all my work, often trying and difficult, but always all the success I could make it.

"We are not here to play. To dream, to drift. We have work to do. And leads to lift: Slung not the struggle. Pace it; 'tis God's gift." A friend of young people said the other day: "If you consider yourself unlucky, if you think you have a harder time than anybody you know, the sensible thing for you to do is to buy a book of jokes and memorize them, to spring on your next callers. Unless you do something of the sort, your misfortunes will be increased by one you have never regarded as possible. You will lose your friends, and that is not an evidence that the human race is hard-hearted. On the contrary most persons are sympathetic, but they grow tired of hard luck stories, no matter if they are true." It is a fine thing if you can get a job that interests you. If you do not succeed in finding that kind, it is only common sense to become interested in your work. There is very little work so dull that there is no such thing as becoming interested in it, especially if you will look upon it as a stepping stone to something better and more likeable. It is a tragedy to spend your life doing work that bores you and wears you out, but like many another tragedy, it is quite unnecessary in the great majority of cases. The more you know about your work, the less likely it is to bore you. The more pains you take to do it as well as it can be done, the more interesting you will find it. Often a job is stupid only because it is undertaken with stupidity and indifference. You can make your work the most interesting in the world if you bring to it the right attitude, and spirit.

IT IS IN THE LITTLE THINGS THAT COUNT He rang in a little sooner Than other fellows in the shop. And he stayed a little longer When the whistle ordered "Stop."

He worked a little harder And talked a little less; He seemed a little hurried And he showed but little stress. For every little movement Efficiency expressed; Thus his envelope grew just A little thicker than the rest. He saved a little money In a hundred little ways; He banked a little extra When he got a little raise. A little "working model" Took his little leisure time; He wrought each little part of it With patience most sublime. Now it's very little wonder That he murmurs with a smile, As he clips his little coupon: "Aren't the little things worth while?"

BETH PARKERBYRMS The world wants the kind of men who do not shrink from temporary defeats in life; but come again and wrestle triumph from defeat. "Abraham said: God must have loved the common people, He made so many of them. To get his wealth he spent his health. And then with might and main He turned around and spent his wealth To get his health again. Salt your food with humor, pepper it with wit, and sprinkle over it the charm of friendship. Never poison it with the cares of life. "The world owes me a living." That is not true. You, yes you... are only a tenant here, and your rent is due, daily in advance, and is payable only in good citizenship. Have you paid? If not, why not? We go to work To earn the dough To buy the bread To gain the strength To go to work. Ex-President Taft said: The man with the average mentality, but with control; with a definite goal, and a clear conception of how it can be gained, and above all, with the power of application and labor, wins to the end. The first thing to learn about driving an automobile is how to stop. If you would help to make the wrong things right, Begin at home; there lies a life-time's toil; Weed your own garden fair, for all men's sight. Before you plan to till another's soil.

THE WEEBIE'S HUMOR An old farmer said to his sons: "Boys, don't you ever speculate or wait for something to turn up. You might just as well go and sit down in the middle of a meadow with a pall balanced your legs and wait for a cow to back up to you to be milked." "Are you the judge of reprobaters?" said Mrs. Partington, as she walked into an office of a judge of probate. "I am a judge of probate," was the reply. "Well, that's as I expect," quoth the old lady. "You see, my father died indebted and left several little infants, and I want to be their executioner." "Are you sick, Pat?" asked the doctor. "Sick it is! Sick! Faith, and I laid unspacious seven long weeks in the month of August and did nothing but cry 'Water! Water!' all the time."

A Richmond negro preacher said to his congregation: "My breddin, when do first man, Adam, was created, he was made ob wet clay, and set up agin de dreplac to dry?" "Do you say," said one of the congregation, rising to his feet, "dat Adam was made ob wet clay, and set up agin de dreplac to dry?" "Yes, sar, I do." "Den who made de dreplac?" "Set down, sar," said the preacher, sternly, "such dangerous questions as dat would upset any system ob theology." THE ELDER BROTHER. WITHOUT CEREMONY More or less ceremony usually accompanies the laying of a corner-stone, but the Chicago Tribune records an instance where one was laid quite simply. Two men were talking of the fortune of a third. "Yes," said one, "he made his first lucky strike in eggs. He bought ten thousand dozen at a low figure, put them in cold storage, and sold them at a profit of more than two hundred per cent. That was the corner-stone of his enormous fortune." "Ah," said the other, "then the hens laid it!"

HISTORIC WOLFE'S COVE ASSUMES NEW ASPECT



The scene of the landing of General Wolfe, under the towering crags crowned by the Plains of Abraham and the City of Quebec, is about to become the setting for yet another important event in the history of Canada. On September 13, 1759, the British forces disembarked at what is now known as Wolfe's Cove, to capture Quebec. On June 2, 1931, passengers from the new 42,500-ton Canadian Pacific liner, "Empress of Britain," on her maiden voyage from Southampton, will land within a few yards of the same spot and be taken by train, through a tunnel slightly over a mile long, under the historic battlefield on which the English hero lost his life, direct to the Canadian Pacific's main line to Montreal. This new traffic link, which is being completed by the company at a cost of some \$2,000,000, will eliminate the present journey through Quebec's terminals and materially shorten the running time from the ship's side to all important Canadian and American centres. A concrete quay-wall, 4,300 feet in length, with 40 feet of water at low tide, will provide berthing space for the new glaucous and her sister "White Empress," and five railway tracks, converging into one at the end of the wharf and thence turning into the new tunnel, will serve to trans-

fer passengers from the bosom of the St. Lawrence to their respective destinations. Disembarkation will be effected through a two-story shed, with stairways leading down to the train. The pictures show: (1) Wolfe's army landing to capture Quebec, (from an old drawing). (2) The tunnel mouth near the riverbank, now under construction. (3) General Wolfe.

BEAUTIFUL LAWNS AND HOW TO MAKE THEM

Of all the factors which combine to form a pleasing setting for a home, the lawn is one of the most important. Probably no other single factor has so great an influence on the appearance of a property than the condition of the lawn. It is the prime essential without which the pleasing effect of flowers and shrubs is almost entirely lost. A good lawn depends to a considerable degree upon a proper beginning. It rarely results from slipshod methods of hasty preparation of the soil and sowing of a little grass seed upon it. A lawn is a fairly permanent creation, and will amply repay the owner for any extra effort expended in its preparation. The site is usually fixed as is also the type of soil, and unfortunately the latter is often very poor, consisting of the sub-soil removed in the excavation of the cellar. In all grading work, an extra effort should be made to keep the surface as thoroughly compacted and rolled as possible. For small lawns, this is equivalent to approximately one ounce to every 3 1/2 square yards. Seeding should be done as early as possible in the spring and on a calm day. Mowing should commence when grass is about two inches high, and continue throughout the season in order to produce a compact thick turf of turf. As an fertilizer treatment, almost any lawn will respond to a light application of a good commercial fertilizer of approximately a 4-8-8 analysis, applied at the rate of one ounce per square yard. This is especially important in the renovation of old, worn-out lawns. In such cases, two or three light applications per year of a thoroughly decayed compost will also prove very beneficial.—Experimental Farm Note.

PERFECT EGOTIST

"How d'yer like yer new bow, Mam?" asked one stenographer of another on the elevated. "Oh, he ain't no bad, only he's kind of bigotted. He seems ter think that words can only be spelled in his way."

GUESS WHERE DAD'S HEART IS

"The luths had been brought to be christened. "What names?" asked the clergyman. "Stean and Kidney," the father answered. "Bill, you fool," cried the mother, "it's Kate and Sydney."

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Advertisement for Benson's Golden Syrup. Includes text: "Acids in Stomach Cause Indigestion", "Create Sourness, Gas and Pain. How to Treat.", "Medical authorities state that nearly nine-tenths of the cases of stomach trouble, indigestion, constipation, burning, gas, bloating, nausea, etc., are due to an excess of hydrochloric acid in the stomach. This delicate stomach lining is irritated, is delayed and food rots, causing the disagreeable symptoms which every stomach sufferer knows as well. Artificial digestants are not needed in such cases and may do real harm. Try laying aside all digestive aids and instead get from any drugstore some 'Blanded Magnesia' and take a teaspoonful of powder or four tablets in water right after eating. This sweetens the stomach, prevents the formation of acid and rolls it to the stomach, insensible to take and is the most efficient form of magnesia for stomach purposes. It is used by thousands of people who enjoy their meals with no more fear of indigestion."

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FOR THAT TIRED FEELING HAVE YOUR EYES EXAMINED The approach of spring is often blamed for "tiredness" caused by eye-strain. If you have an indisposition to buckle down to your work, it may be the spring-time or it may be just "laziness," but the chances are that your eyes are not working properly. The energy consumed by over-coming eye-strain is sometimes appalling. If you find it difficult to work, have your eyes examined right away. A. D. SAVAGE, R. O. OPTOMETRIST-SPECIALIST SAVAGE BUILDING - GUELPH

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