

DIE OR TRY

Two little frogs exploring  
An evening in the milk,  
Soon wandered from the straight path  
And fell in a pall of milk.

The larger frog was frightened  
And tried to climb the side.  
He soon gave up the struggle  
And laid him down and died.

Quoth the little frog, "I'll peddle,  
It's an easy thing to die,  
I cannot see my way out,  
But I am going to try."

So he paddled and he churned  
Till his heart all fluttered,  
He leaped to his freedom from  
A pyramid of butter.

—Bangs Burgess

A HAPPY NEW YEAR RESOLUTION

By Barbara B. Brooks

"Ever charming, ever new" comes the happy year, with more than three hundred and fifty days in which to improve over the year just gone. No matter how cynical we are, no matter how many resolutions we have made (and broken) in the past, each new cycle brings the hope of better things. Every man visualizes improved business conditions, with more financial ease.

For years food articles in magazines and newspapers have dealt with calories and have told us that in order to get these units of fuel we must eat cereals, fats and sugars. They have also told us that protein is necessary in the form of milk, eggs, meat, fish, cheese and legumes, to build and repair body tissue. Now further emphasis is put on foods which provide regulating material in the form of minerals, fibre and vitamins.

Start the new year with a food plan. A "skeleton" menu is a help. The meats, vegetables, cereals and breads can be varied from day to day. No homemaker can have a more worthwhile thought for the New Year than one which includes safe food, carefully planned and well cooked and daintily served.

SKELETON MENU

Breakfast—Fruit, cereal, milk, eggs, toast, beverage.  
Luncheon or Supper—Main dish, vegetable, bread and butter, dessert.  
Dinner—Meat, potatoes, cooked vegetable, uncooked vegetable or salad, bread and butter, dessert.

ONE DAY'S ADEQUATE MENU  
Breakfast—Blended prunes with sliced oranges, corn flakes, milk, poached eggs on toast, toast, coffee or caffeine-free coffee.  
Luncheon or Supper—Corn and potato chowder, baked squash, bran muffins, cookies.  
Dinner—Swiss steak, baked potatoes creamed onions, lettuce salad, chocolate blanc mange, milk (for children).

Asthma Victim. The man or woman subject to asthma is indeed a victim. What can be more terrifying than to suddenly be seized with paroxysms of choking which seem to fairly threaten the existence of life itself. From such a condition Dr. J. D. Kellogg's Asthma Remedy has brought many to completely restored health and happiness. It is known and prized in every section of this broad land.

THE DONKEY'S SERMON

One of the favorites among children's mechanical toys is a little tin donkey, attached to a cart of the same material. When the donkey is wound up, it will pull the cart for a foot or so; and then it will stop and kick. When it is pulling, it does not kick, and when it kicks, it does not pull.

That is the case with people as well as with mechanical toys. Probably you have noticed that the fellow who acts does very little kicking. Somebody else who is always complaining that the room is too warm or not warm enough, that the light is poor, that the work is too hard, accomplishes next to nothing.

Millet's Worm Powders will clear the stomach and bowels of worms, so that the child will no more be troubled by their ravages. The powders are sweet to the taste and no child will object to taking them. They are non-injurious in their composition, and while in some cases they may cause vomiting, that must not be taken as a sign that they are nauseating, but as an indication of their effective work.

TEMPERAMENT

Mrs. O'Flanagan—"Come here, ye obstinate young Irish raskil, an' put ye hat on! Shure, if ye hadn't got one, ye'd always be wearin' it, ye're that contrary!"

THE OLD MAN OF THE BIG CLOU TOWER



DELIGHT IN GOD'S HOUSE

Christ is the foundation  
Of the house we raise;  
Be its walls salvation,  
And its doorways praise;  
May its threshold never  
To the Lord be dear;  
May the hearts be holy  
That shall worship here.

Here may every token  
Of Thy presence be;  
Here may chains be broken,  
Prisoners here set free;  
Here may light illumine  
Every soul of Thine,  
Lifting the human  
Into the divine.

Here may God the Father,  
Christ the Father-Son,  
With the Holy Spirit,  
Be adored as one;  
Till the whole creation  
At Thy feet shall fall,  
And in adoration  
Own Thee Lord of all.

—Dr. Monsell

Toronto, January 3, 1931

Dear Mr. Editor:  
I was much interested, being at one time a resident of Acton, in the letter of another former resident of the dear old town, respecting the Disciples' Church, which was in operation there for the twenty-three or twenty-four years, after it had been vacated by the people of the Methodist Church for their fine new and more commodious building, in 1876.

I admire the way "The Old Man" handled the matter, and the very kind way in which he so effectively replied to the criticisms of Mr. Cripps. This answer should be eminently satisfactory to him.

I thought that if "The Old Man" had had access to the radio-renowned Gethsemane Parkers' Album, and had selected therefrom the following verses, with their fine spirit of Christian fellowship and forbearance, the episode would have ended, as I believe it will, in exactly the manner in which "The Old Man" looks for.

Sincerely,  
A Former Resident,  
and a Christian Disciple,  
GATHERING WITH THE LORD  
You go to your church, and I'll go to mine,  
But let's walk along together,  
Our Father has built them side by side,  
So let's walk along together.  
The road is rough and the way is long,  
But He'll help each other over,  
You go to your church and I'll go to mine,  
But let's walk along together.

Well, our Toronto friend puts the matter very nicely indeed. I think my friend Cripps and I can accept the happy compromise of Beth Parker with good grace and happy feelings. We can agree very readily to walk along together, and here, and we'll both feel the better for our church where we'll both feel most at home. His church is just as good as my church, and my church is just as good as his church, and we'll both aim to be good disciples in our respective spheres.

As a matter of fact John H. Cripps and I have been the very best of friends for the last forty years, and we'll continue to be to the end, and when he comes across the continent to visit the folks in the old home, he'll find "The Old Man" meeting him with outstretched hand to welcome him as cordially as any other friend he has.

The Old Man

50 YEARS IN THE MINISTRY

I am conscious of the difficulty of conveying to others impressions which remain intensely vivid to myself, and also allow to the fact that matters which appear most interesting to one person might drive others to boredom. Recollections, however, are usually interesting to the person concerned.

It is a long backward look to that cold Saturday evening, January 9, 1875, when I arrived at Arthur, my first circuit. The winter throughout was cold and stormy; no train passed through our little town from Orangeville to Tecumseh for the period of ten weeks, but locally, we carried on the church work with the success and blessing.

I have been recalling the names of some of the books in my father's collection which shaped my religious thinking, and influenced me in the choice of my life work. "Revelation, Macmillan's," by that marvelous evangelist of life every day, "The New Testament," by Rev. John Carroll; "Notes on the Twenty-five Articles," by Rev. A. James; "Life and Sermons," by Rev. James Spencer; and "Burkell's Notes on the New Testament." I confess that even at the present day the glamour of these books is almost as strong as it used to be, and this hardly a year passes without my thumbing once again their familiar pages. I pen that last sentence at the risk of being designated "a back number." We hear much of the "Christ of to-day," and the "preaching for the new age," but the words are without meaning. This Christ, of to-day is the same Christ that ever was and the preaching is the same preaching.

I felt I had a distinct "call" to the ministry and no secular interest or desire for worldly goods or gain has ever allured me from this purpose and if I could live again through those years, I would deliberately choose such a ministry in which to exercise the talents, gifts and graces entrusted to me and I would seek no higher good on earth.

About ten years ago, to borrow an illustration of Lewall's—old age knocked at my door and left his card but did not come in, saying that he would call again, by and by. His visit has been postponed, and thanks to a kind Providence I have been permitted to conduct an average of 64 preaching services each year, beside attending numerous funerals, officiating at baptismal and marriage ceremonies, and contributing to the press over 150 articles on social, moral and religious topics. So much for service, but the supreme blessing of my life, compared with which all others are small, is my faith in God and in His Son which I was pleased to give me in my youth. This brief record would not only be incomplete but misleading if I did not plainly say so and our Lord makes the faith of a little child the typical faith of the more advanced Christian.

Let me be pardoned for something still more personal. I have received many honors which no man can, without ingratitude, fail to value and appreciate; for instance, Chairman of Districts for a dozen or more years; President of the Conference; Member of the Mission Board for four years, and of the Executive for two years. From my youth I was deeply interested in missions and the above named offices brought me into close touch with prominent men, clerical and lay, whose goodwill and love and true friendship were of more price than the honors themselves.

I have owed much of my enjoyment of life to my friendships. Many of my closest friends in the ministry were persons older than myself, and by far the greater number of them have passed on to their congenial dwelling place in the world of light and I seem to hear once again voices that have long been silent, and to see those "faces smile, that I have loved long since, and lost awhile."

A "superannuated" or "worn-out" minister usually suggests a gray head, a bowed form and a step that moves more slowly than it used to do and indicates that life's work is nearly done. I need to hear old men say, in my boyhood days, "I am living on borrowed time." Perhaps it may be God's will to extend my credit and permit me to borrow a few years more, but what days or year may yet be in store for me "belongs not to my care," for "my times are in His hand."

"Can I doubt His tender mercy,  
Who through life has been my Guide?"  
"Great to be young and say  
I shall grow old  
But never lose life's zest,  
Because the road's last turn  
Shall be the best." D. ROBERTS.

Dr. Thomas, January 1st, 1931.

UNEXPECTEDLY TRUE

The clever young man was wandering up and down the platform of the railway station, intent on finding an empty carriage in the express, which was almost due to start, says a writer in "The Bits." But in vain. Assuming an official air, he stalked up to the large carriage, and cried in a stentorian voice: "All change here! This carriage isn't going!"

There were exclamations low but deep from the occupants of the crowded compartment; but, nevertheless, they hurried out of the carriage and packed themselves away in other parts of the train. The smile on the face of the young man was childlike as he settled himself comfortably and ready to start.

By and by the station-master put his head in the window, and said: "I suppose you are the smart young man who told the people, this carriage wasn't going?"

"Yes," said the clever one, and he smiled.  
"Well," said the station-master, with a grin, "it isn't. The porter heard you telling the people, and so he 'uncoupled' it. He thought you were a director!"

A POPULAR HOPE

Mrs. Rogers had the barrel of russet apples placed in the attic because they were not quite ripe enough to eat, and a writer in Green's Fruit Grower says she warned her three boys, whose ages range from five to eleven years, not to touch them.

Then, one rainy day, when she sought the attic to get something from a trunk, she came full upon her sons, surrounded by apple cores. At her approach two of the boys drew closer together; but the third, a little distance off, who lay on his stomach, contentedly munching an apple, apparently paid no attention to his mother's entrance.

"Jack! Henry! Willie!" she exclaimed, reproachfully. "Whatever are you doing? And those apples! Didn't I tell you not to touch them?"

"Yes, mamma," replied Jack, the eldest, "but we're not really eating them; we're acting the Garden of Eden. Willie and I are Adam and Eve, and Henry, over there, is the serpent, trying to lead us to our downfall by showing us how good the apples are."

"But," began the mother, as sternly as she was able, "you two must have been eating apples; Henry hasn't done it all. I see as many as ten cores around you."

"Oh, yath," returned Willie, the youngest, "we've all been taking (gnath) being the serpent."

DE MORTUUS NIL NISI BONUM

"And how much would you say this coil was worth?" asked the railroad claim agent of the farmer.

"Not a cent less than \$200!" emphatically declared that sturdy son of the soil. "Pedigreed stock, I suppose?"

"Well, no," the bearded admitted reluctantly. "But you could never judge a coil like that by its parentage."

"No," the attorney agreed dryly. "I've often noticed how crossing it with a locomotive will improve a breed!"

DEHORNING CALVES

Many of the breeders of pure-bred cattle, who follow the practice of showing prefer to leave the horns on both males and females. The chief reason given is that the animals look more breedy and attractive to the judge and public.

On the other hand, dehorned cattle, especially the males, are safer to handle and cause much less injury to each other, and as the horns on cattle under ordinary farm conditions serve no useful purpose, most cattle owners prefer to have hornless cattle. It is more desirable to prevent the growth of the horns when the calves are a week to two weeks old, than it is to remove them after the animals are three or four years of age.

At an early age the horn, or "button," is only loosely attached to the skull and development can be most easily prevented at this time.

At the Dominion Experimental Station, Lacombe, Alberta, the Holstein calves are dehorned with caustic potash at from one to two weeks of age. The hair is clipped from around the horn button and a heavy coating of vaseline is rubbed around it in the hair to prevent severe burns wherever the caustic is likely to touch. Heavy brown paper is wrapped around the stick of caustic to prevent it from burning the fingers. The top of the button is snipped off with a sharp knife and the end of the caustic is moistened with water and rubbed on the wound until bleeding is stopped. In applying the caustic, care is taken that it does not run down the calf's head and either injure the eyes or take off the hair. After the caustic has been properly applied the horn button is treated with vaseline. It will heal up in a short time and if thoroughly done this will do away with any necessity of dehorning grown animals. On the other hand if the dehorning is not done properly a scraggy horn develops which may be only two or three inches in length. This will be very unsatisfactory and may be worse than not attempting to dehorn at all.—H. E. Wilson, Dominion Experimental Station, Lacombe, Alta.

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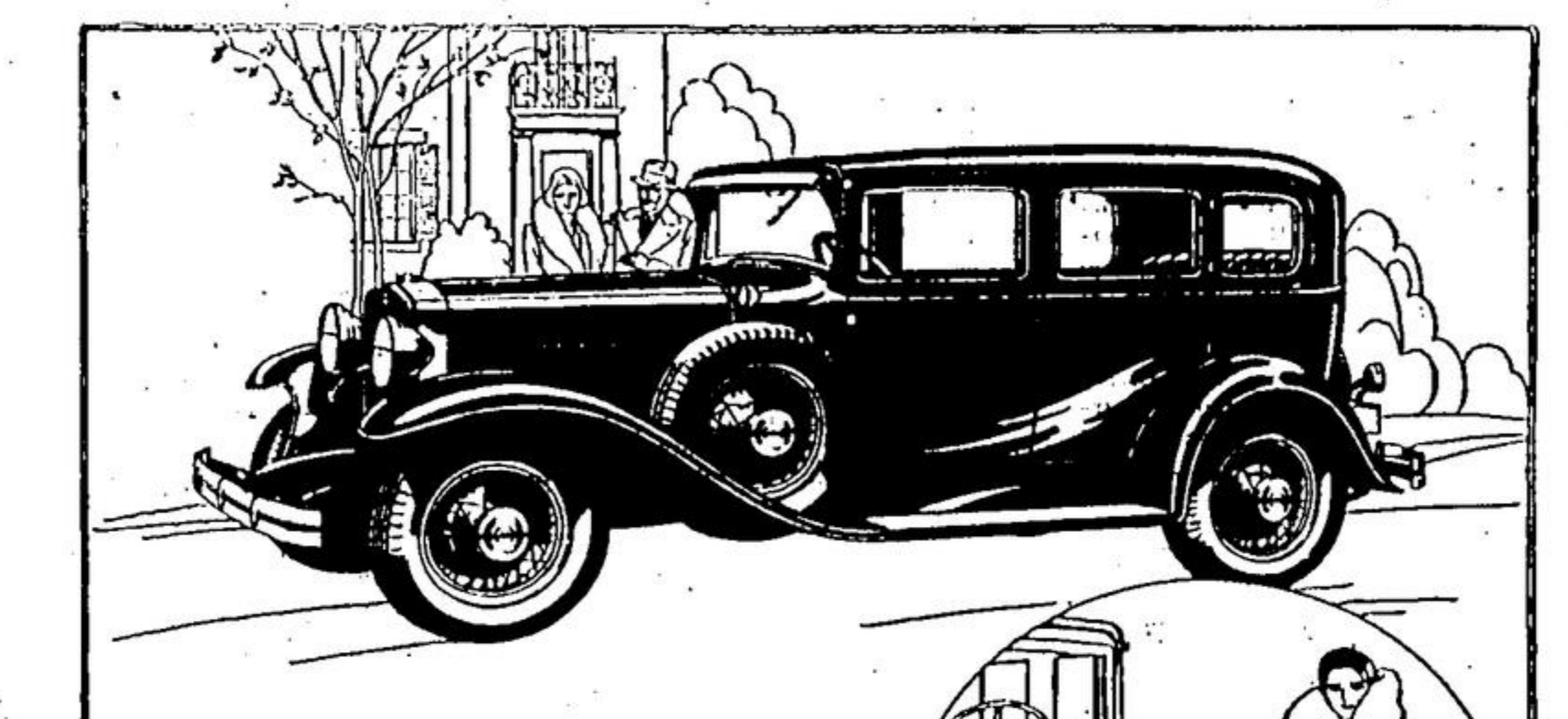
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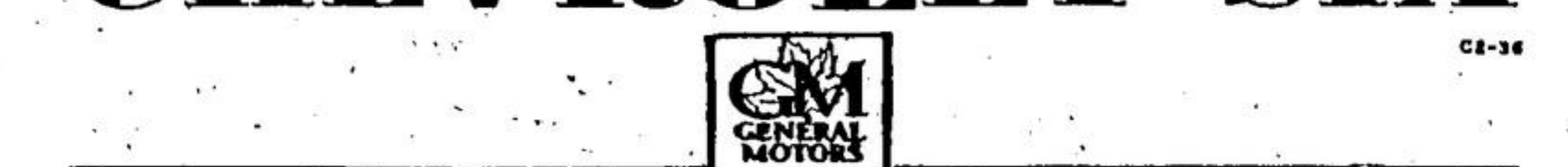
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