EXPECTING SANTA

They say that Santa's coming. In an aeroplane this year; If there isn't any snow or ice Ho'll, just fly over here.

But oh, I hope he doesn't, Por his engine might explode, And break the toys to pleces, And he surely has a load.

It wouldn't' seem just right without The reindeer and the sleigh-Bo I hope that Santa's coming In the same old-fashioned way.

Menu Hints

Recipes for New and Novel Dishes; Household Ideas and Suggestions

> By Betty Barolay CHRISTMAS SWEETS

No matter how much candy you purchase, Christmas never seems to be Christmus unless there are at least a fowhome-made candles on the living room table. The sugar in these candles is un excellent guick-energy food for winter, while the fruits and nuts are also valu-

FRUIT KIBBES

1 cgg white 14 cup confectioner's sugar 4 cup almonds, chopped

cup dates, pitted and ch ¼ teaspoon vanilla

Pew grains salt thell the almonds. Plunge into boiling water. Rub off skins. Chop. Pit the dates. Chop.

Bout the egg white until stiff. Add singar gradually, while continuing the beating. Add sait and vanitla. Pold in almonds and dates. Drop from the tu of a teaspoon on a well buttered baking pan. Bake in a slow oven about thirty minutes. Cool for a few moments before removing from pan with a spatula.

DATE AND NUT ROLL 114 cups sugar

14 cm thin cream 1 cup dates, pitted and chopped

% cup nut meats, chopped Cook sugar and cream together until little dropped in cold water forms a soft ball. (238 degrees P.) Add the chopped dates and cook two or three minutes more (343 degrees P.) Remove from fire. Beat until candy begins to thicken. Add nut meats. Continue beating until candy is firm enough to make into a roll about one and one-half inches across. Wrap in a wet cloth and leave until cold. Remove cloth and cut crosswise in slices.

GARNISHES ALWAYS PAY No matter how delicious your salad or dinner platter may be, it will always please the eye much more when properly garnished. Try the following and see how well they are received:

GARNISHED PLATTER Cold boiled ham, Prench fried potatoes green peas and a slice of tomato make an excellent platter for supper. Place the tomato on a crisp leaf of lettuce, and ... aurround it with a trio of pickles-an onion a piece of cauliflower and a small whole cucumber-and you will make the platter far more attractive. Furthermore you will have added to it spiquancy and to its food value. and friends, and, in fact for the com-

ALPHABETICAL BALAD

On a bed of watercress or lettuce leaves, place a thin silce of tomato. Cover with a mound of mixed chopped raw cabbage and chapped colory, equal portions, to which you have added a bit of minced raw onlon.

the unusual birthday and offering con-On this mound, make the initial of gratulations. What was perhaps the most the guest to which the salad is served with finely chopped sweet or sour pickle.

APPLE AND ORANGE BALAD Poel and alice oranges, rejecting all white membrane. Cut wedge-shaped gram is as follows: "May I be permitted blices from red apples, without paring to extend to you my heartlest congratu-Arrange on lettuce-covered salad plates using alternate slices of orange and apple. dredth birthday and tender you my

ORAPEPRUIT SALAD Peol oranges and grapefruit and divide the day may be a happy one for you, and that your remaining days will be blessed into segments, rejecting all white skin. Arrange a circle of orange segments on with great peace and contentment." W. - lettuce-covered salad plate and fill L. Mackenzie King, Ottawa. centre with grapefruit segments.

MOCHA WALNUT CAKE I W ouns sifted cake flour

34 toaspoons baking powder % cup butter or other shortening

I cup augur We cup strong decaffeinated coffee infu- and had many a "crack" with old cronies

% cup walnut meats, broken 3 egg whites, stiffly beaten

day, and was glad to see all of the old Bift flour once, measure, add baking friends who called. All day long he talkpowder, and sift together three times, ed about the old days; the early days in Cream butter thoroughly, add sugar the old home in Nassagaweya. His remgradually and cream together until light iniscences were full of interest, both of and fluffy. Add flour, alternately with the old folk and the younger men and coffee, a small amount at a time, beating after each addition until smooth. Add day." nuts, mixing well. Pold in egg whites. Bake in greased pan, 8x8x2 inches, in moderate oven (350 degrees Pahrenheit)

-in-the stomach and intestines to encourage worms, and they will exist as long ders. They will correct the digestive reminded the younger visitors to his car irregularities by destroying the worms, of the days when he was so closely as necktle. conditions favorable to worms will disappear; and the child will have no more suffering from that cause.

THE WAY OUT

called out to him: "Hoot mon," where and well kept land. are you gangin'?"

"Back again," said Sandy.

It was great to hear a man of the age tortolse shell. of one hundred years converse so freely respecting events in his long lifetime. 45 minutes. Cover with mocha frosting. He spoke of the wonderful changes from the days when oxen were the only means head designer. of conveyance, until to-day, when the Certain morbid conditions must exist motor car and the aeroplane are so common with us. When I saw him last June he was in as these morbid conditions permit them an automobile, and he enjoyed it. A necktie. to. To be rid of them and spare the friend from Guelph drove him down to child suffering, use Miller's Worm Powe the old schoolhouse, and there, too, he tie.

sociated with the oxen. He dwelt on Priday upon the primitive methods of communication to the wondera of the telephone and the radio.

A poor Scotsman, creeping through the constant fear of wolves, to the time when Dr. J. D. Kellogg's Asthma Remedy is ing a doll's bed a few years ago? Why hedge of an orchard, with an intention the wolf is regarded as a creature of the the one help which can' be depended should making a cake with flour not

Nassagaweya, within ten miles of Acton, where Moffat now is, and which was known as "Gomorrow". in his boyhood days. His parents were among the earl!est settlers, his father, Benjamin Wallace, Sr., and his wife, came here from County Armagh, Ireland, 105 years ago. Business, when Mr. Wallace was a boy, was done in Wellington Square, now Burlington, twenty miles away, and it was considered little of a feat to walk there. His two sisters, he relates, often carried berries there and exchanged them for goods. Guelph was then only a small hamlet, in fact, it was a year or two after Mr. Wallace came to Caracia that Bir John Galt named the Royal City.

THE OLD MAN

POST OFFICE

ACHIEVEMENT

Life gave him dreary tasks to do.

His mind was never free from care.

His twillight days were glad.

Nor grudged the tollsome task,

Of Joys, the one he'd ask.

His sons are worthy men;

Is paid for ten times ten.

To some its pleasures gay.

A few its luxuries may claim. But happiest are they

And in the twilight spell,

Their children doing well.

Who come to old age peacefully

For he had gained from life's list

His daughters now are women true.

And all the care he struggled through

Life gives to some men wealth and fame

Before they say "good night," can see

HIRAM WALLACE-CENTENARIAN

It gave me real joy to hear that my

old-time friend, Hiram Wallace, attained

als hundredth birthday last Priday. Por

years Illram had cherished the hope that

having passed into the tenth decade of his

long life in a fair degree of health, that

he might be spared to reach the century

mark. This was granted him, and the

able one for Mr. Wallace, his family

Early in the morning congratulations

hundred-year-old native of Nassagaweya,

Y was glad to be able to get in my

congratulations early. Y had not seen

my venerable friend since the old pupils'

time that day. He was feeling good:

met hundreds of friends of long standing.

of his cobbling days in Nassagaweya.

day was made an historic and memor-

munity and beyond.

-Edgar A. Guest.

And yet when allvered was his hair

No more he grieved for pleasures missed.

He lived his whole existence through

And fortune never came.

No time for sport he had

Unheralded by fune

Mr. Wallace was rather puzzled when he was asked how it feels to be a hundred years of age, but he replied that he "can still eat three meals a day and also sing-if nobody is listening." Longovity, in his own case, at any rate, he attributes to hard work and plenty of it, and on that subject her is an authority.

One of the stories he told on his birthday was that when he was a little chap there were four familles in Nacsagaweya. and the four had thirty-six children among them. "And I don't suppose all of them together had \$100," he said."

Owing to lameness from his childhood days, Mr. Wallace did not remain on the farm with his father, but apprenticed himself to learn the shoemaking trade This he continued at Moffat until the opening of the present century. He then moved to Guelph and thirty years of his one hundred has been spent there.

ago, he went to live with his daughter Mrs. Sherwood, Exhibition Street, and four years ago, made his home with his son, George B. Wallace, Wellington Place, Itla daughter, Ann Jane, cares for him, inving given care and solicitude to her father's needs for many years.

Mr. Wallace is in exclient health, and n full possession of his faculties, except for the fact that his eyesight has not been good for the last couple of years. However, he dresses himself each day without assistance, and is prepared to enjoy future years if the good Lord apares him. Owing to his lumeness the radio has become a great source of comfort to him. He enjoys everything that is broadcast, but freely states that the splendid sermons and religious services which come to him over the air, a benediction and a Joy.

I rejoice that this old friend of mine has attained his one hundredth birthday enjoying such a measure of health and vigor. I congratulate him that his birthday was made an historic event and I wish him a very happy Christman, and good health while he is further spared in the land of the living.



Douglas' Egyptian Liniment is especlally recommended for spider, or infecof cow's teat. Invaluable also in cases of spavins, curbs and splints.

> THE CHRISTMAS GIFT (A Study in Metamorphosis)

For the Small Boy of the Family 1901-Ten cents' worth of red an white striped candy and an orange. 1010-Tin express wagon labelled "Rough Rider."

1930-Pedal-propelled vehicle fashion and felicitations began pouring in to this ed to represent a C. N. R. locomotive. 1930-Pive-foot model monoplane with at Wellington Place, Guelph. It was not genius for steering directly at heads of long before the radio began to broadcast passeraby.

For the Younger Daughter 1901-A rather rigid doll with head We'll merry make the Christmas time. remarkable and one of the most highly- and hair modelled from same lump of prized message of congratulation was the china. one he received from the Right Hon. 1910-Hisque doll with eyes closing and surly. W. L. Mackenzie King, late Prime Min- opening to accompaniment of thudding

ister of Canada. His congratulatory tole- sound 1920-French doll able to enunciate Christmas. "Mom-ah!" upon abdominal manipulalations upon the celebration of your hun- tion. -1930-Miniature vanity case: exact

warmest greetings and best wishes that duplicate of adult model. For Bir Brother 1901-Dollar watch with fob featuring

horse's head and crossed whips. 1910-Bleycle complete with coaster brake and nickel-plated chime bell. 1920-Red-enamelled motorcycle with removable muffler. re-union at No. 3, Nassagaweya, last 1930 Kuropean racenbout with small

June. The old gentleman had a good displacement motor and custom body. For Blg Sister 1001-Hair-ribbon tied into butterfly bow and fastened to hairpin; 1910-Plowered silk petticoat with

Well, he looked real well on his birth- fourteen-inch flounce. 1920-Twenty-four pairs chitton have in gunmetal shade. 1930-European raceabout with small displacement motor and custom body.

For Mother thought it was safe because he escaped 1001-Hunting-case watch maidens who were his guesta during the from pink-enumel fleur-de-lis. 1910-Garnet-incrusted back-comb of

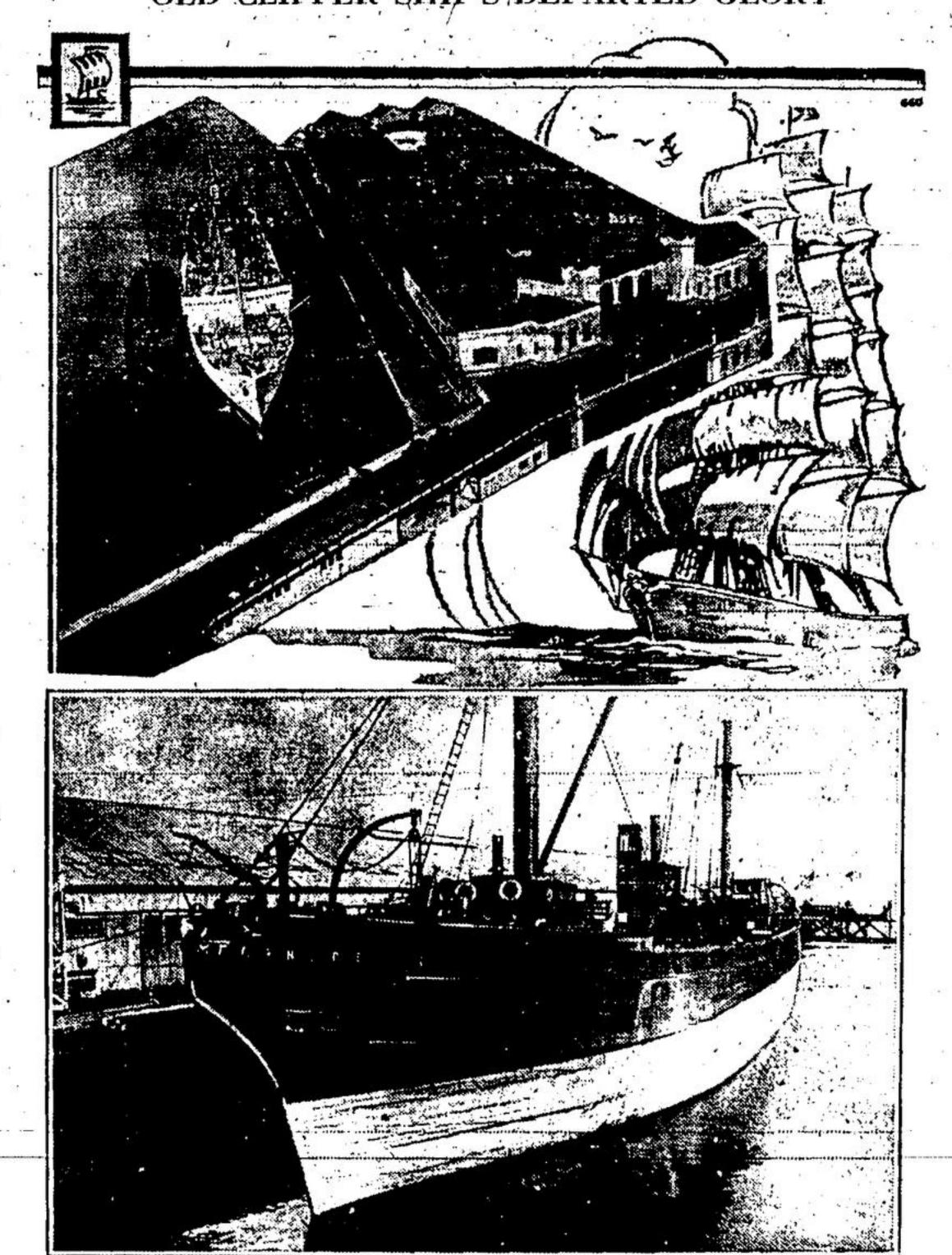
> 1030-Dinner ring created by Tiffany's For Father

1910-Magenta and yellow polka-dot

1920-Marenta and yellow plaid neck- they seem to think themselves injured. 1930-Magonta and yellow striped ton biscults at seventeen is a bore

Freedom from Asthma. Asthma is one housework as drudgery. of the most distressing troubles, sudden Why should the play-spirit disappear which now brings him the keenest enjoy- in its attacks and prolonged in its agonles, as soon as we do useful things? Why ment; from the day when bringing home Prequently many things are tried, but should you girls not find as much fun the cattle was an adventure, with the nothing seems to give hope of relief. in making a real bed, as you did in makto rob it, was seen by the owner, who wilderness, and farms are areas of tilled upon. If you have tried other remedies be even more enjoyable than making a without success, do not fall to get at cake with sand? It is a pity to lose so His quotury of existence has all been moe a package of this uniformly successlived in this district, for he was born in ful preparation.

OLD CLIPPER SHIP'S DEPARTED GLORY



The "Molanope," once a speedy and Coumbin River left her abandoned to ed, with the Liverpool peddler and he beautiful sailing ship, now tends the in unkind fate. It is recorded that a vindictive curse. In above lay-out, bot-Empress of Asia and Empress of Russia. Averpool apple peddler, a woman, put a com, the "Melanope" is shown as she present-day liners of the Canadian e rible curse on the old ship on her appears to-day. Centre, the artist has Pacific fleet at Vancouver in the capacity milden voyage, after she had been put tried to show how she once looked in all of coal hulk. Orimed, blackened and off the vessel into a towing tug. Ever her glory of tall masts and spreading scarred by the years, there is little about afterwards when the trim ship had a canvas, while top, the "Melanope's" hulk this solled bulk to suggest the glory of a thin uperstitious sailors blamed the is shown alongside the Empress of Asia, clipper ship, yet such was the "Melanope" ... "apple woman" until the "Melanope" be - ending her on her visit to Vancouver. before an accident at the bar of the came associated, wherever seamen gather-

CHRISTMAS JINGLETS (D. R.)

With song and laugh and jingling rhymo

Don't' do your Christmilli shopping

Only five more hinting days before

Santa Claus is the old boy who put

The best Christmas spirit is not obtainable in the liquor stores.

The most popular caller at the front door these days is the "postle."

When the small boy starts early, for the pantry, it isn't to avoid the jam.

We've always held that a Christmas present is better than a Christmas past. And now some folk talk of turning

in their cars as a first payment on the A Christman goose: the turkey that

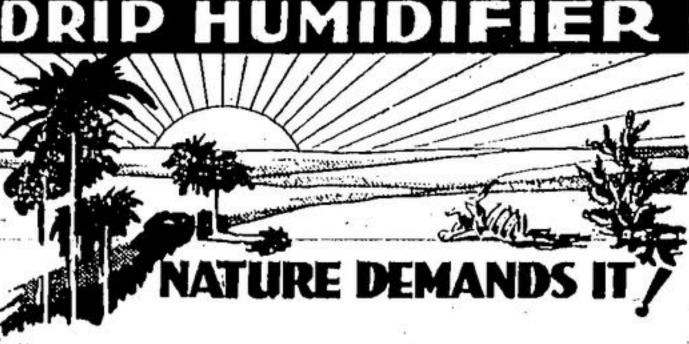
death at Thanksgiving time.

1920-Platinum wrist watch with flex- WHAT A CHANGE OF NAME DOES

It makes a difference whether you call a thing by the name of work or play. Two small girls will wash their 1901-Magenta and yellow striped ton-nets by the hour, and think it the greatest fun in the world. But if they are told they must wash the breakfast dishes before they can go out to play, Mud ples at seven are fun, but making "Keeping house" is one of the favorite games of childhood, but as girls grow

older, many of them seem to regard much_enjoyment_just-by-calling a thing work, instead of play.

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