WORTH WHILE

It was only a hearty handelasp, But it gripped the soul of a man With the courage of fresh endeavor, And started him out again, Pact to face with the same old pro

Of weakness, and failure, and loss-But the strength of that hearty hand-Made certain the victor's cross.

It was only a smile in passing, But it flooded a gloomy heart With the sunshine of hope for the Wherein he had a happy part;

And the clouds had a rony lining, And the gray was turned all to gold; For the smile gave a glimpse of heaven, And its wonders and joys untold.

It was only a word of greeting In the press of the throng one day, But it brought to a heart despairing Strength and hope for the weary way. It was only a cup of cold water, Held to lips that were parched with But by means of that Christlike service.

A lost soul found sweet peace again. "It was only," we kay, forgetting That high in the courts above, The friendly word and the cooling draft Are our ministry of love. And the Master will say to the faithful, Who meet on the crystal sea, "Inusmuch as ye did to the children of

Ye have done it unto Me." -Ituth Lees Olsen.

Menu Hints

Hecipes for New and Novel Dishes: Household Ideas and Huggestlons

By Belly Barolay

ORANGE PUMPICIN CANDY 1 cup cooked and alfted pumpkin

1 cup com syrup 2 cups sugar

3 tablespoons butter I orange, grated rind and juice

1 lemon, grated rind and juice 1/4 teaspoon powdered chinamon 1 cup nut meats finely broken

Put pumpkin, syrup, sugar, butter grated rinds and strained juices of orange and lemon into a saucepan. Ettr over a gentle heat until mixture forms a hard ball when tested in cold water, or unti it reaches 254 degrees Pahrenheit. Add chinamon and nut ments and pour into greased tina. When cool mark into aquares.

ASPARAGUS TALIENNE

(serves 6) 2 pounds asparagus bolling water

1 tablespoon butter 3 tablespoons flour 1 cup milk

4 tenspoon salt 34 teaspoon pepper

> julce 1 orange buttered to revert to this theme of the old home,

tonst alices Trim asparagus stalks to uniform manhood and maidenhood, the home of length wash and tie in six bundles. Cook the first years of married life. in bolling water until tender, keeping this above water for the first ten minutes. water. Make a white sauce of butter, have been lived under the ordinary conadd ditions of life, and who have left the strained juice of 1 orange. Herve on old homes "for pastures green," but finds fried croutons of bread or a slice of the longing-often irresistable-to visit buttered toast with sauce poured over the old home, and fraternize with the old

BAKED PISH

1 average helping fillet flounder, fresh haddock or whiting 2 tablespoons butter

salt and pepper

1 lemon Grease a plate and lay the fish on i with the skin side upwards. Put in the oven five minutes and the skin can old home came to me again foreibly last be easily removed. Melt butter in a week, when the body of my old friend, flat pan, lay fish on it and place in hot Allan. Maith, was brought from Port oven 400 degrees Pahrenhelt eight to Arthur, by his daughter, Bertie, to rest in ten minutes. Baste twice while baking. Pairview Cemetery. In his declining Remove season and squeeze lemon juice over It. Berve hot.

BANANA OUSTARD WHIP 1 - package lemon junket

1 cgg white 1 tablespoon lemon Julce Warm the milk until lukewarm-not

under rather untoward circumstances. hot-and dissolve the leman junket in Through injuries sustained some years . it. Have two of the bananas silced into ago, in the lumber woods, I am informed. the dessert glasses; pour junket over he was incapacitated and suffered much them. Let stand in warm place until set; during his last days. then chill. Mash the remaining banana, add egg white, augar and lemon juice, upon the half century he spent in Acton. beating until thick. Add as topping when His boyhood days; his youth and young manhood; his days of courtship when ready to serve. he succeeding in winning Lucy Tushing-

WASHINGTON BALAD.

. _ - (sorven 6) Oheese straws

3; oup chopped celery 3; cup artichoke hearts, chopped

cup orange pulp . 3, oup diced grapefruit pulp French drossing

. . Infirmities would render a visit to the Mayonnaiso Pile cheese straws in log cabin fushion, old home impossible during his remaining on a large plate, leaving a centre space months, his one desire was to be buried sufficient to hold the salad. Mix belory, with his wife and kindred who had died wrtichokes, orange and grapefruit pulp at Acton. This desire was foringly Carnish with promised him by his devoted daughter. mayannaise. Serve two cheese straws Bertle, and her husband, Edson Smith. to whom he looked for comfort in those with each portion of salad. last days, and whose solicitude and care

meant much to him as he passed down Persian Balm-the ideal toilet requisite the valley. for every discerning woman. Perfect in The promise was loyally fulfilled, and results. Creates complexions of rare the tired body was accompanied home ... beauty, and charm. Delightfully cool and to Acton, by Bertle, the home town being refreshing. Never leaves a vestige of reached on Saturday morning after a stickiness. A velvety smooth lotion ton- wearlsome journey. In the afternoon, I ing and atimulating the skin. Making was glad to learn, a memorial service it truly rose-loaf in texture. All dainty was held in the United Church, where he women invariably choose Persian Balm. had been a member for years with his t imparts that subtle distinction to family, and the premises, which he had

SLATS' DIARY BY ROSS PARQUHAR

Priday-well Annie Piltter has went

THE OLD MAN

NEIGHBORING

Following the sciendly road,

For Jamillar homesteads dear

Precious are these meetings dwelling on

THE OLD HOME

the people of his childhood days.

Be it ever so humble.

There's no place like home."

"Home! home! sweet home.

town, and the old home friends again

before he died. Allan had reached the

ripe old age of eighty-three. He came to

Acton from Scotland when a luddic of

four years; spent fifty-four years in this

community, and then went west, where

the last twenty-five years were spent

Allan spent many hours in reflecting

ham for his wife, when half a dozen

other young fellows thought she was

winsome daughter and three sons. All

Pinally, when it was realized that his

reviewed over and over again.

are yearning

and brown:

noisy town!

old days.

country ways.

back to live with her husbend witch she parted with about

stover got no allamony sence they seperated a part.

Bunday-well Jake and me tak a long walk this p. m. and we seen sum pice apples in a Orcherd a long the rode and church, to the schoolroom, where an we clum the fence-and then we seen a dog comeing tord us and Jake sed the dog was allrito becuz it had a lissence Tag on. But his fourcast was all rong. He diddent blie us but he got the big- Mr. George Murray gave a very instrucgest part of Jakes Pants. at losse the tive travel talk, taking the members most emportentest part. Mebby it was from London, down the Thames, along a last yra. lissence.

Snell. no if I rite a pome to rime with he reached Calcutta. her name I will get in a lot of trubble. if I xpress my centimence.

Teusday-Ma says pa is the wirst man not to notice things she ever seen. She Egyptian Liniment brings quick, sure mys he never notices that she has got relief to scalded feet, soft corns and a parnamint Wave till the bill cums in warts. Relieves inflammation. Removes about the 1st of the munth. Wenaday-I gess are teccher has went

crazy the way she tawks, she told us Let us go a-neighboring in the pleasant today that if we all wirked hard we wood have a brite futcher, well I cant see enny thing brite in no such a thing. Thirsday-pa had a letter frum his cuzzen up north this p. m. he sed it was a getting offle cold up there, 'and all so Let us go a neighboring, for our hearts he sed his hired hands wife witch left him deven yrs, ago haddent returned back yet and if she diddent show up pritty soon in a resonable lenth of time Memorles are tender, back the years are he was going to seperate frum her. - a Why not put behind us, straight, the lease temperarrily,

Awful Asthma Attacks. Is there a Time is swiftly passing, cheerful calls the member of your family who is in the power of this distressing trouble? No service you can render him will equal the bringing of his attention of Dr. J. D. Glad our youth renewing, down the Kellogg's Asthma Remedy. This remarkable remedy rests its reputation upon what it has done for others. It has a truly wonderful record, covering years and years of success in almost every part I find I am prone, over and over again of this continent, and even beyond the the childhood's home, the home of young

ON OUR GOOD BEHAVIOR

After all, it is a subject dear to the Some young people think of their heart of every normal-minded man and Just before cooking is completed salt the woman; for who is there, whose lives friends as those with whom it is not Mother will not insist on company manners. . To dress up for the crowd you see every day is not worth while. Apparently in the opinion of some of you, ideas are too precious to be wasted on the companions of earlier days? Even the home folks, for you limit your observaprodigal of scripture times felt the lintions to remarks that to say the least pelling inward force of desire to turn do not indicate any especial intelligence. homeward- and visit his father's house,

It is good for us to spend considerand sojourn amid the scenes and with able time with those who demand something of us, who insist on our being at our best, well-dressed, alert, and intelligent. A good many of us would retrograde sadly if we spent all of our This subject of the attractions of the

For yelles Mother Graves' Worm Exyears, and especially during the last months of his life, I am informed, the preparation and it always maintains tu burden of his desire was to get back to Acton. He wanted to see the old home

ie had the position of janitor.

In the afternoon, as the sun was setried to his last earthly resting place. by six of his old-time friends, and deposited heside the faithful wife, who had predeceased him fifteen years before.

There was reason in his earnest desire to be buried at home. For years his father and mother, the late Mr. and Mrs. Ronald Mann, had lived in their home on Pairview Avenue, in view of the hallowed city of graves; and for years his own home stood on Main Street, from whence the burial plot where is now

resting, was clearly in view. And Allan Mann got home at last; his last expressed desire was fulfilled. "Home "the finest ever." His early married days at last!" And I was glad to learn that and the addition to his home circle of a he was well-prepared for his botter home on high. Hits last years were these epochs in life's experiences here he spent, after he was unable to pursue the arduous duties of life, in studying his Bible. Hour after hour he pored over its pages, revelling in its counsels, commands and promises, and applying them to his own condition us the Lord directed. And Allari Mann came home, like many

mother before him. Me came home a-neighboring. For his heart was yearning For familiar homesteads, Doar, and old, and brown; Memories were tender,

- Back - the years were turning.

Olad his youth renewing; . . Loving the old town Muny a year's friendship Y enjoyed with Allan Mann. "I'm glad, indeed, that he got back at last to the dear old town.

TWENTY YEARS AGO

Thursday, December 1, 1910

The merry-claigh bells were welcome Bleighs and cutters were running yesterday quite freely. Monday's ice storm was not very dis-

Ex-Councillor James Erwin, of Nassagaweya, has purchased the James Quantle farm and will remove to Acton. The conception of Major W. Parsons, choirmaster of the Georgetown Methodist choir, of getting the choirs of the Methodist Churches of the neighborhood togother for a musical and social evening

introus to fruit and shade trees.

was novel and the choirs were invited to meet in Georgetown church on Monday evening. The weather was unpropitious and several of the choirs intending to come were triable to do so on account of the storm. Ashgrove, Acton and Georgotown assembled and a delightful programme of two anthems by each choir, male quartettes, and solos by Miss Bertle Bmith, Acton, and Miss Nixon, of Ashgrove. After the programme Major Parsons invited the visiting choirs and their friends, with the members of the Quarterly and Trustee Boards of the

oyster supper was served. At the weekly meeting of the King's Orderlies Bible Class, last Priday evening, the coast of Gibraltar and Malta, across Munday—the teecher has told us to the Mediterranean, through the Bucz Canal, and visiting many points until

proud flesh.

Hospital for Sick Children 67 COLLEGE ST., FORONTO 2

(Country Branch, Thistletown) December, 1930.

As a friend of afflicted little folks. you will tearn with satisfaction that through the benevolence of its supporters the Hospital for Sick Children was enabled to increase its service conalderably during the past your . In that period its cots were occupied by nearly 7,000, small patients, most of the way to recovery now. An enormous amount of good is being accomplished for Ontario's many "Blck Klds." and by passing this information along to the good-hearted people your newdpaper server you will interest them and numune service It is a gigantic undertaking and the nospital needs every oit

of help it can get " Please note the following official flaures for the year which ended tieptemper 30, 1930 indicating the magnitude and rapid expansion of this mission of morey Total number of cot patients in year "d,070 an increase of 877 over the previous year, actual number of patient days 192,718 an increase of 11.361; average days, stay of all patients. 10 These figures include the wonder-(ul country nospital at Phistictown where the year's total of patient days was 36,876 and the daily average 101. In addition to this the out-patient department, at the main hospital and 58,705 attendances within the year, the a single day being 317

The little sufferers who are minu-

dren come from all over the Province of Ontario Phrough this magnificent institution for analing, the very poor shild has an equal advantage with the sery rich in securing the penefit of the finest known medical and surgical skill. There are no strings to admittance of the child requiring nospithi care Race, difference it is a great Mother Charity. Every year the trustees have to see that a very lurge deficit to provided for and they rely on kind people to help Wee habes bigger ones, texidlers, kindergarteners, up to early teen age boys and girls some stricken with disnice. others Reformed orippled or maimed, make up the continuous large population of the ilospital for tick Children-which-has-usen-in-operation. for 55 years. The annual appeal for funds is always made at the approach of the Christmas season as a most appropriate time to urge the claims of eration for Community Hervice, because it serves the whole province Donstions from the generous persons in your territory are earmostly solicited.

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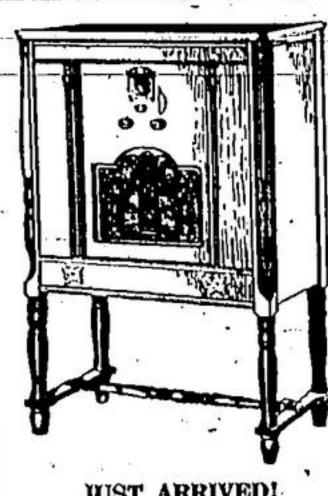
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