children, who were decidedly under

weight, were divided into four sections

resh figs to eat in the middle of the

At the end of the experiment period

their gains in weight were checked

against the group given nothing to cat

and it was discovered that the children

given the whole orange to eat had gained

Quite likely most of the children had

been obtaining sufficient of most of the

food elements, but needed cortain min-

erals, salts or vitamins that the oranges

Awful Asthma Attacks, In there of

member of your family who is in the

power of this distraying trouble? No

service you can render him will equal

the bringing to his attention of Dr. J.

D. Kellogg's Atthma Remedy. This re-

murkable remedy rests its reputation upon

what it has done for others. It has a

truly wonderful record, covering years

and years of success in almost every

part of this continent, and even beyond

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Electricity, Machinist, Bricklaying,

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plication in now. Write or call for

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Special Paterson

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titt

Red Cherries, pound

Special Pure Clover

HONEY

4.5°

BEEF

19°

2 1.1b. 27°

information.

the largest total number of pounds.

afternoon, the second group a glass

NEIGHBORHOOD NEWS

Interesting Items Concerning Other Centres and Communities in Which Many of Our Readers are Interested-

EVERTON

Miss Grace Dampler, of Toronto Normal School, spent the week-end at the home of her grandmother, Mrs. J. Hindley.

Miss Mary Robertson, of Cleveland, dition visited at Mr. Will Robertson's, taking her mother, Mrs. D. P. Robertson, back; with her for the winter.

Rev. U. P. Reynarders has gone to Washington, D. C., to attend the World's Convention.

Mr. H. L. Royce is attending the Plowing Match this week at Stratford. - Mrs. G. G. Robertson, Mr. and Mrs. George Young visited Mr. and Mrs. Norman Robertson at Acton on flunday.

The young people of the Church Christ held a weiner roast on Friday night at Community Hall, when about 45 gathered und spent a very enjoyable time in games and readings, ending the evening's programme by togeting marshmallows by the fire.

All are sorry to hear of the death of Mrs. Frank Barber, in Guelph. came here from Minto when they were married. The sympathy of the community goes out to Mr. Barber and son, Thelma Bruce, of Toronto, were Bunday Harold.

BURLINGTON

Yand night Roy. G. W. Tebbs assisted as Grand Chaplain at the consecration of Dentonia Losige, Toronto, No. 651, by the Grand Lodge, A. P. and A. M.

Mrs. H. P. Bray, of Scattle, Wash., is visiting friends in Burlington and Hamilton. Mr. Len. Boardman, of Manchester

Eng., is visiting his sister, Mrs. E. J Cooper, Martha Street. P. V. Duming, local express agent is on a two weeks' vacation, and during his absence Mr. Ted. Smith is acting

'Mrs. 'I. J. Husby received word on Tuesday of the death of her brother-inlaw, Mrs. J. P. Elliott, which occurred at Hamilton on Tuesday.

Mr. and Mrs. H. Pouse, of Pasadona, Cal., who have been visiting her sister, Mrs. Russell Rusby, left on Bunday on a motor trip to Montreal Quebec und Cambridge, N. Y. Mrs. Rusby accom-

panied them on the trip. A committee of the Town Council is working on a garbage collection by-law, which we understand will be submitted to the ratepayers at the January clostions. The garbage question has been on tapts for many years, and it is hoped it will be definitely settled.-Oazette.

ROCKWOOD

The South Wellington School Teach ers' Convention was held at Pergus last week, and carried over to the following Monday, when certain school sections had the privilege of visiting other sections. At the Priday session in the Pergus High School, the pupils of No. 8 Section, with Miss M. Musules as teacher, contributed a couple of numbers, under the direction of Miss Annie Jolliffe, the selections being "The Minstrel Boy," and "Merrily the Cuckoo."

The executive committee of the Rockwood and Everton Branch Bible Society met Saturday evening in the basement of the Presbyterian Church. Routine business was gone through with, the collectors decided on for the fall work. Mr. Goorge Gordon was chairman for the meeting. At the close of the meeting Rev. W. J. Taylor led in prayer.

supporters.—Reformer. services were held last Bunday in the Presbyterian Church. Mr. Malcolm Smith, the Sunday School Superintendent, had charge of the programme. The different parts taken by some of the "Bervants of God."

The Women's Missionary Society of ter of the study book. the Presbyterian Church held their On Wednesday evening, the Young his permanent appointment. Mission Hand also took part in the dressed the meeting on "Missions."

have been exchanging proprietorship, Mr. their Thank Offering Meeting. Mrs. lose considerably by the fire. On Satur-Root, of Windsor, has bought out Mr. Lowrle presided. Mrs. Burnett, of Elorg, day morning a chimney fire at Mr. Her-S. R. Poart; and Mr. Alex. Marshall, addressed the ladies on the ever-increas- rington's, Main Street south, oaused con-McWilliams. Mr. Marshall is retaining home and abroad. At the close of her tinguished without much damage, -

Rev. W. J. Taylor exchanged pulpits thanks. with Rov, Mr. Yeomans, of Aberfoyle, in 1 Last week Mr. Neville received an Harvest Home services last week. The wwest call to the bedside of a sister, in quartette of the United Church here ac- Toronto, who is seriously Ill. companied Rev. Mr. - Taylor.

---Week-end and Sunday visitors were: -Mr. and Mrs. J. Burnside and family, spent several weeks with a daughter. of Grand Valley.

Mr. Johnston Hewat, of Simcor. Mr. Ross Carton, of Winona.

Mr. and Mrs. Wm. Jago, of Toronto.

Miss M. Milroy, of Brampton.

Wm. Harris. Mrs. Stewart S. Royce will' Mr. Ed. Calvert was the lucky winifer. have charge of the programme.

early part of last week.

garage at the rear of his new residence. also Mr. Hawkins, Sr., of Eramosa, spent Mr. Pred Smith is adding more sheds Sunday with Mr. and Mrs. John Ram- form nover liquid or milk) is harmless for coal at the C. N. R. yards. Mr, Frank Day has sold his farm, on Dr. F. Croft, of Kitchener, and Mr. R. is the most efficient form of magnesia

BALLINAFAD

Mossrs, Fred Huggins and Eddle Oldham, Mrs. Robt, McEmery and Henry Hilts visited the former's sister at Miss Lucy Usherwood is spending a Brantford on Sunday. We are sorry

> Mr. Wm. Evans of Acton has been decorating the former Methodist Church. Quite a number from here attended Woodbridge Fair on Saturday last. Most of the farmers in the district are through with their threshing.

EMIN

Mr. and Mrs. H. Lowery and six chiliren, of Wiarton, took in the Fair.

week-end with Miss Jean Anthony. Mr. and Mrs. R. Dunbar, of Guelph, were week-end visitors with Mr. B. Webb. Priends of Mr. Wm. Fendley will

onfined to his room. Mrs. Maud Milloy, Misses Mildred and Dorothy and Mr. L. Milloy and Miss visitors with Mr. and Mrs. O. T. Scott An old Ford touring went for its last trip, over the hillside at Credit Porks, on Monday, when the owner, an Inglewood man, at the wheel, lost control, when the brakes refused to work. He

in the ditch on the Belfountain Road, most points at the Bannockburn School near the townline on Monday evening. Pair. when probably the best exhibit both in take an interest in farm work, and all were well filled and an enthusiastic school fair. crowd enjoyed the various events.' The potato race was perhaps the most thrill-

MILTON

ing.-Advocate.

Miss Elsle Bond, of Toronto, spent a few days last week at the home of Mr. and Mrs. A. Barton.

Mr. and Mrs. Max Norris and children spent the week-end in Toronto with Dr. and Mrs. Shibley. Mr. and Mrs. Stuart Peacock and son, Edmund, and Mrs. Jack Nickers, of New Toronto, Mr. and Mrs. Harold Peacock

and son, Richard, of Preston, and Mr.

Mrs. Jos. J. Peacock on Sunday.-Ohun-The many friends of Ex-Mayor E. F. Earl, who has been quite seriously ill for some time, will be pleased to learn that he was able to enjoy a car ride the

The many friends here of Mrs. H. Syer-regret very much to learn of her illness at her old home, in Wyoming. Ontario, but trust she may soon recover. Miss Heatherington, of Toronto, formerly of the Milton High School htair,

spent the week-end with friends in town. Milton people generally and our baseball team in particular, must appreciate the good wishes of Halton lovers of the day. game, as expressed from time, to time, both by word of mouth and in the local papers of the County, for the continued success of our ball team in any future contests they may engage in for the Victoria College, Toronto, where he will championship of the Province. It shows continue his studies. a very commendible spirit that we trust will always prevail between the differ-Owing to postponement, Rally Day ent ball teams of the County and their

EDEN MILLS

On Wednesday afternoon the Women's young folks were well conducted. The Missionary Society of the United Church visitors at Mrs. Wetherald's, on Tuesday. main theme of the Rally Day services was held their meeting. Mrs. Gandler gave taken by Rev. W. H. McCracken, who an interesting account of the Women's been appointed first operator at Brampdelivered an impressive discourse on Missionary Society convention, held in ton C. N. R. station. Will has been Mount Porest, Mrs. Taylor gave a chap- relieving for some time and his numer-

Thank Offering meeting in the church People's League met in the church. Miss -- On Friday evening the firemen were last Priday evening. Mrs. Burnett, of Argo was in charge. After the business called out when Mr. Leo Cook's hen Elora, addressed the gathering. "The was concluded Nov. Mr. Candler ad- house at the northern part of the town, Both hardware stores in the village terian Women's Missionary Society held about 00 hen were burned. Mr. Cook will

Mr. Peter Sims as clerk in the store. | talk she was accorded a hearty vote of Herald.

On Thursday Mrs. A. Gilbertson re-

turned home from London, where she On Saturday afternoon the newly or-Mr. and Mrs. J. Hepburn, of Toronto. | ganized Mission Band of the Presbyterian Church met, with Mrs. McCracken as

The Women's Institute meeting is being shoe Tournament was the centre of atheld this evening, at the home of Mrs. traction. A lively game was played off. Mrs. Wright, Sr., was home from Mrs. Wm. O. Edwards, who was in Erin over Sunday and had as guests laying aside all digestive aids and in-

Quelph General Hospital for an opera- Mrs. Lewis and daughters, of Mount tion recently, was able to come home the Porest: also Mr. and Mrs. II. Wright of powder or four tablets in water right and children, of Toronto. Mr. Fred McWilliams is creeting a Mrs." and Miss Balding, of Ospringe, prevents the formation of excess acid

SURPRISING RESULTS

brought out by experimenters.

ceived nothing at all.

W. G. Jaffray, Pirst Street who has been ill in Wellesley Hospital, Toronto, is reported to be making satisfactory progress toward recovery.

We are pleased to report that Mrs.

-OAKVILLE

(Capt.) Maurice Pitagerald, who has been dangerously ill during the past fortnight s showing marked signs of improvement. Last year the population of Oakville, according to the returns of Robert Marsh, Assessor, was 3,451. This year the population, as taken by L. H. Cornwall Assessor, is 3,724. This increase of 273 is few days visiting friends at Kincardine. say Miss Huggins is in a critical con- extremely satisfactory and is conclusive proof that Oakville is not in a decadent

> The High School rugby team has been organized for the season. The promising young players will be coached by Dr.

alx weeks' business trip to the Maritime Provinces. He visited all the important furnished. points in the cust. W. J. Leach entered the General Hos-

pital, Toronto, last week and on Monday,

Ivan C. Hardy has returned after a

underwent a serious operation. Miss McGowan, of Maraville, spent the then he has been doing nicely. Mrs. J. N. Fish, Pine Avenue, apont noveral days but week with her alster, Mrs. J. E. Featherstone, of Drumquin. the also attended the presentation which Rethel Church made to the family before an attack-of-stomach troubly and is their removal from that neighborhood to Postville .- Btar.

LIMEHOUSE

Muster Dennis Hill, who was taken to the Hospital last week for an operation. has made a rapid recovery and will be

home in a few days. Congratulations to Melen Meredith, stepped out and "lizzle" took a grand winner of the lillver cup, and Harold Boott, winner of "This Canada of Ours," A Dodge touring car went up in smoke Enton prizes, given to pupils scoring

An estimated crowd of 5,000 attended It seems eminently wise for our rural Erin's annual Fall Fair, last Friday, schools to encourage boys and girls to quantity and quality in the history of our school sections should take advantthe fair was displayed. The horse classes age of the opportunity offered by the

> Mr. S. Kirkpatrick, whose car was stolen but week, was advised by phone on Saturday that a car boaring his license number had been found, abandoned in the ditch, on the road near Huntsville. He went to the northern town and found the car, little the worse for the trip, but all the tools were gone, but a cap left in the car will help

identify the thioves. Knox Church, Limehouse, held anniversary kervices on Bunday, with a literary programme and refreshments on Tuesday evening, . Rev. Wm. Moffat, of Weston, was the preacher on Sunday and was greeted by two large congregations. On Tuesday ovening the exand Mrs. Skelly, of Galt, visited Mr. and cellent programme of music, readings and speeches was enjoyed by a crowd that displayed a wonderful appetite for

the good things provided by the ladies The teacher and pupils of B. B. No. 16. Mount Pleasant, are giving a concert on Priday evening, to help provide equipment for hot lunches during the winter months. It will be a great advantage to the pupils and deserves en-

GEORGETOWN

Mr. Ross Cameron, of Knox College

Miss Muriel Thompson and Miss Annie Hickey are on the teachers' excursion to

Mr. Jack McDermid left last week for

Dr. F. L. Health and daughter, Miss Josephine Heath, spent the -week-end with relatives at Ningara Palls.

Mr. and Mrs. Porbes and Mr. and Mrs Charles McAllister, of Toronto, spent the wook-ond at .Dr. McAllistor's

Mrs. G. M. Beggs, of Toronto, and Mrs. H. H. Henderson, of Winnings, were Mr. W. L. Milliere, of Limehouse, has ous friends will be pleased to learn of

was discovered on fire. The building On Thursday afternoon the Presby- was almost completely destroyed and Toronto, has bought out Sime & ing needs of missionary advancement at siderable excitement. The fire was ex-

Acids in Stomach Cause Indigestion

Create Sourness, Gas and Paln. How to Treat.

Medical authorities state that nearly On Saturday Mr. and Mrs. R. Mahoney, trouble, indigestion, sourness, burning, Mr. and Mrs. Jupp and family, of for- of Guelph, were guests of Mrs. N. B. gas, bloating, nauson, etc., are-due-toun_excess-of-hydrochloric acid in the stomach. The delicate stomach lining -On-Saturday evening another Horses is irritated, digestion is delayed and food sours, causing the disagreeable symptoms which every stomach sufferer knows so

Artificial digestents are not needed-in such cases and may do real harm. Try stead get from any druggist some Bisurated - Magnesia - and -take -a -teaspumful after cating. This sweetens the stomach and there is no sourness, gas or pain. to the stomach, inexpensive to take and the seventh line, to Mr. Donnell, of Nas- Croft, of Toronto, spent the week-end at thousands of people who enjoy their meals with no more fear of indigestion.

SAVETY FIR-R-R-ST. MON!

In an effort to learn conclusively what The easterly wind had dried the land, effect certain foods have upon the human and the crops were suffering from the body, some very surprising facts are drought, so the agriculturists of the parish waited on the minister with a Some time ago a number of school request to "put up a word or two for

The minister, who had a reputation or groups. One group was given four for the efficacy of his supplications on previous occasions, heard the deputation gravely, and, after a silence, during milk to drink, the third group, a whole which he carefully scanned the horizon. prange to eat, and the fourth group rereplied: " Awull, but A'll bide a wee till the win's mair off the west!"

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Pour Bereen Grid Tubes. Push Pull Applification. Tone Control. Automatic Volume Control and many other Posturos.

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Mill St. J. G. LINDSAY Phone 147.

High Grade Musical Instruments, Sheet Music, Etc.

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-Carroll's was a single, small grocery store on the corner, same as thousands of others. And look at us now! Developed with no other assistance than that of appreciative customers-into the biggest individual grocery business in Canada-perhaps in America. Our quality and prices tell the tale.

Canned Fish Sale! Brunswick Brand SARDINES 4 das 21°

Sea King Brand LOBSTER 2 small 37° Palm Brand Fancy

SHRIMP Japanese Fancy

Crab-Meat her 33° Red Cross Fancy Red Salmon, extra special, tin17c, 27c Choice Pink Salmon, tim 10c, 17c

Fancy White Tuna, large tin33c

Lobster Paste3 tins 25c

Beaver Chicken Haddie, tin 21c -Acadia Boneless Codfish, 1-lb. cartons16c

Special—Campbell's SOUPS. 2 tins 23° Vegetable-Beef and Tomato Only

Special-Kraft's Famous

SALAD DRESSING Large 12-oz. jar Extra value at

Carroll's Creamery Butter, lb.35c Easifirst or Domestic Shortening, 3-lb, pail50c

Carroll's Wrapped Bread, 24-oz. loaf.....8c 105 Stores Carroll's Teas, lb.39c, 49c, 55c, 70c Carroll's Own Coffees, lb.45c, 50c, 55c

s Good Quality Cooking 21c Lemons Acton, Ontario

Church Services

Antred Church of Canada

Minister-Rey. C. L. Poole, B. D. Parsonage-Willow Birect

ANNIVERSARY SERVICES

October 10th Special Minister for Anniversary Occa-

slon-Rev. W. A. McLicy, B. A., formerly of Bond Street Church, Toronto. Hervices at 11.00 a. m. and 7.00 p. m. Special Anniversary Music by the

12.00 noon-Bunday School. Lesson: Elmoon and Anna (the Insight of the Pure in Heart).

Monday, 8.00 p. m .- Pirst Mooting of the Combined Becieties. EVERYBODY WELCOME

> Bresbyterian KNOX CHURCH, ACTON

REV. H. L. BENNIE, M. A., Minister Manso-Willow Hirect

BUNDAY, OCTOBER 19th, 1930 11.00 a. m .- Public Worship, The Min-

2.30 p. m .- flunday Echdol and B 7.00 p. m .- Corvice withdrawn on account of Anniversary at United Church. Note-Remember the Anniversary Bervices on the following Sunday, October

of Cooke's Church, Toronto, is the speak-Don't forget that Dr. J. Goforth will be in Knox Church on Fridgy night,

26, in Knox Church. Rev. L. B. Gibson

October 17. Monday, 8.00 p. m .- Young People's Guild. Debate: "Resolved that the Booken Word has More Influence than the Written Word."

> Arton Buptist Church Rev. W. J. Hamilton, Paster Parsonago-Mill Birect .

"ALWAYS WELOOME"

11.00 a. m.-Bervice withdrawn allow Congregation to worship at the United Church Anniversary Bervices. 12.15 p. m.-Sunday School. 7.00 p. m.-The Minister.

Monday, 8.00 p. m .- B. Y. P. U. Thursday, 7.30 .p. m .- Praise and Prayer Bervice.

ALL ARE WELCOME

UNCLASSIFIED

Small Advertisements

Advertisements in this column a cents per word. Minimum charge, 30c per insertion. STRAYED

To the farm of Robert Allan, Lot 3,

Concession 2, Erin Township, a pred bred Oxford Ram. Owner may secure same by proving property and paying expenses. PULLETS FOR SALE

Barred Plymouth Rocks, laying. Also Government inspected S. C. W. Leghorn Cockerels, Al breeders, Apply WILLOWDALE POULTRY FARM R. R. No. 1, Acton

FOR SALE Blightly used Warm Air Purnace in first-class condition. Cheap for quick sule. Will arrange for installation if

STRAYED From Lot 31. Concession 6, Erin, a

desired.

red roan Yearling Heifer. Has punch in right ear. Any information kindly for-ALBERT YOUNG.

R. R. No. 4, Rockwood. CARD OF THANKS the kind expressions of sympathy extended to them in the bereavement of their two sisters and brother-in-law. These expressions will always be gratefully re-

The District Deputy and Built will attend the meeting of Acton I. O. O. P. next Tuesday evening for the purpose of installing the Officers. All members who can possibly attend are urged to be

P. E. KENNEDY, Secretary,---

FOR RENT 3-roomed Apartment, now vacant, \$18 per month. Can be converted to fiveroom Apartment, at \$20.00 per month, on ground floor. Pive roomed Apartment, second floor, \$18 per month, ready No-

cluded in rent. Apply DOMINION INN, or H. B. HOLMES.

ADMINISTRATION SALE There will be sold by Public Auction at the East Half of Lot 5, Concession 7 Naumgaweya, on FRIDAY, October 24 030,-nb-1-o'clock in-the-afternoon,-145 acres of land in Nasaagaweya, and 25 acres, all hard and soft wood, in Esquesing. Also 15 good Milk Cows, and other Parm Stock and Implements. 11 months'

credit. For poster write W. I. DIOK, Bolicitor, -

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Quality Fish

FOR FALL TRADE

Rod BALMON, per lb. 18e PRESHI HALIBUT, per 1b. 23e HADDIE FILLET, per 1b. 20c English Kippers, per pair 15c

HADDIES, per lb. 180

J. M. Savage · FISH DEALER

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