

TRouble THAT NEVER COME

Oh, I worry over this thing and I worry over that. But I notice when the atmosphere has cleared...

TWENTY YEARS AGO

From the Issue of The Free Press of Thursday, October 13, 1916

The new Metropolitan Bank block is progressing well. The bricklayers will finish the walls this week.

THE SUNDAY SCHOOL LESSON

FOR SUNDAY, OCTOBER 12

MARY, THE MOTHER OF JESUS (AN EXAMPLE OF MOTHERHOOD)

Golden Text.—But Mary kept all these sayings, pondering them in her heart.—Luke 2: 19.

Lesson Text.—Luke 2: 15-19; John 2: 1-5; 19: 25-27. Study also Is. 9: 1-7; Heb. 1: John 19: 1-42.

Time.—B. C. S.; A. D. 28, 30. Places.—Bethlehem, Cana, Galgotha.

Exposition.—I. The Mother of a Holy Babe, 15, 19.

No woman was ever so highly honored as Mary, the mother of our Lord. It is evident that one woman only, out of the countless millions of the human race, could be the means whereby God could be manifest in the flesh, and Mary of Nazareth had the privilege of being that one.

II. The Mother of a Miracle-Man, 2, 5.

A marriage in Jesus' day and land was an occasion of almost unparalleled festivity. It throws considerable light on the character of the Master, that He was hidden to such an occasion, that He went, and that He ministered to the festivity of the hour.

AN INVENTORY OF THE COOKIE JAR

By Barbara B. Brooks

On the day before school started this fall, mother spent all her time in the kitchen baking cookies.

She sifted and measured flour, beat eggs until they were foamy, creamed butter and sugar and made frequent trips to the ice chest for sweet milk, sour milk and even buttermilk.

At last every dish was washed and put away in its proper place. The cookies were gathered from the cooling racks and carefully stored in the two large stone jars.

At the end of the week the supply had dwindled considerably, due to the after-school raids of hungry children and at the end of two weeks the total contents of the two cookie jars were: 3 cookies—well broken.

CORN FLAKE COOKIES

- 1 dozen Honey All-Brain Date Bars, 1 dozen Plain Cookies with walnuts, 2 dozen Plain Cookies with raisins, 2 dozen Pilled Corn Flake Cookies, 3 dozen Corn Flake Drops, 2 dozen Honey Krisp Cookies, 2 dozen All-Brain Spice Cookies.

HONEY ALL-BRAIN DATE BARS

- 2 cups dates, seeded and chopped fine, 1/2 cup nuts, cut fine, 2 eggs, beaten light, 1/2 cup flour, 1/2 cup sugar, 1/2 cup butter, 1/2 cup All-Brain.

HONEY KRISP COOKIES

- 1-3 cup shortening, 1/2 cup honey, 2 eggs, 1/2 cup sour cream, 1/2 cup flour, 1/2 cup baking powder, 1/2 cup salt, 1/2 cup soda, 1/2 cup chopped dates, 1/2 cup nut meats (black walnuts are delicious), 1 cup Rice Krispies.

ALL-BRAIN SPICE COOKIES

- 3 teaspoons baking powder, 1/2 cup shortening, 1/2 cup All-Brain, 1-3 cup flour, 1/2 teaspoon cloves, 1 teaspoon cinnamon, 3 teaspoons baking powder, 1 cup chopped raisins.

Cream shortening and honey. Add well-beaten egg and All-Brain. Beat well. Sift flour with cloves, cinnamon and baking powder.

PLAIN COOKIES

- 1/2 cup butter, 1/2 cup sugar, 1 egg, 1/2 cup milk, 1/2 cup flour, 1/2 teaspoon nutmeg, 4 teaspoons baking powder.

Cream the butter. Add the sugar gradually, then the beaten egg. Sift the flour, baking powder and nutmeg together and add, alternately with the milk, to the first mixture.

FILLED CORN FLAKE COOKIES

- 1/2 pound dates, 2 tablespoons grated orange peel, 1/2 cup sugar, 1/2 cup water.

Remove the seeds from the dates, and boil dates, orange peel, sugar and water until soft.

- 1 cup butter, 1 cup brown sugar, 3/4 cup flour, 2 teaspoons baking powder, 1/2 teaspoon salt, 1/2 cup water.

Cream the butter, add the sugar, and beat thoroughly. Add the flour, which has been sifted with the baking powder and salt, then the water, and last the Corn Flakes.

The Family Physician

The good doctor is always worth his fee. But it is not always possible to get a doctor just when you want him.

All mothers can put away anxiety

regarding their suffering children when they have Mother Graves' Worm Exterminator to give relief.

It gives more pleasure than you thought tea could give

"SALADA" TEA

Fresh from the gardens



How Do You Stand?

Check up on your health. Have you any balance in the Bank of Vitality—any reserves of strength to draw upon?

SHREDDED WHEAT

WITH ALL THE BRAN OF THE WHOLE WHEAT

THE CANADIAN SHREDDED WHEAT COMPANY, LTD.

Advertisement for Bank of Montreal. Includes text: 'If You are near a Post Box You are in Touch with the Bank', 'Your money is safer in the bank than at home. Send it, in any shape most convenient for you, to a Branch of the Bank of Montreal.', 'BANK OF MONTREAL Established 1817 TOTAL ASSETS IN EXCESS OF \$800,000,000 Acton Branch, L. B. SHOREY, Manager'

TIME TABLES AT ACTON

CANADIAN NATIONAL RAILWAYS

Table with 2 columns: Train No. and Schedule. Includes 'Going East' and 'Going West' routes.

CANADIAN NATIONAL ELECTRIC RAILWAY

Table with 2 columns: Train No. and Schedule. Includes 'Westbound' and 'Eastbound' routes.

Toronto Terminal

Keefe Street and St. Clair Avenue. Freight delivered by special express freight. Freight picked up at any address in Toronto.

TRAVEL BY BUS

Table with 2 columns: Route and Schedule. Includes 'Westbound' and 'Eastbound' routes.

Debts Collected

Yes, Collections are slow this year, but note this—We have collected more money in 1936 than in any one of our forty years' experience.

Painting and House Decoration

Graining a Speciality. Prompt Attention. Satisfaction Guaranteed. Estimates Given.

Savage & Co.

WATCHES, DIAMONDS, CHINA, GLASSWARE, ENGAGEMENT AND WEDDING RINGS.

GUELPH, ONTARIO 21 Wyndham St.

AN efficacious household remedy

Douglas' Egyptian Liniment. Brings immediate relief to lame back and muscular rheumatism.

NEW TURNIP GRADES

Giving effect to the changes which the first year in operation have indicated as desirable the Federal Department of Agriculture has by ministerial order under the provisions of the Federal Root Vegetables Act...

HEATING SYSTEMS

A wise man once said that it is easier to keep out of trouble than to get out of trouble. We, therefore, suggest that you test out your heating plant now and avoid the worry and continuous trouble of poor heating results during the winter season.

HEATING SYSTEMS

Here are a few recommendations: 1. Get the furnace, furnace pipes and chimney flues thoroughly cleaned.

HEATING SYSTEMS

2. Have your plant examined by an expert and necessary repairs made before cold weather sets in.

HEATING SYSTEMS

3. In hot water heating systems drain out the water and re-fill before using, adding 10 pounds of soda in each boiler to prevent corrosion.

HEATING SYSTEMS

4. When a hot air furnace is used, clean out all floor registers and hot air pipes.

HEATING SYSTEMS

5. Clean out your furnace room, remove all rubbish, and keep a clear space of at least six feet between the furnace and all combustible material.

HEATING SYSTEMS

6. Do it now and keep your eye until everything is ready for that "blast of January" wind that blew himself in on Robin.

HEATING SYSTEMS

7. Use only safety heating devices in your garage.

HEATING SYSTEMS

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