AN AUTUMN PLAY DAY

O mother, may I go and play, For all the world is playing? The little leaves have run away, And I can see them straying In crimson shoes across the wn. Or practicing balleting. ! The shadows play at hide and seek Between the rows of stubble, And every thistle stem has blown At white and foamy butble. Around their holes the little moles All play at blind man's buffing; The wind is turning somersaults With panting and with puffing.

The chipmunks play at light croquet And scamper through the thickets With partridge berries for their balls And bended twigs for wickets. . A dozen squirrels with talls in curls And feet both swift and nimble Have found a little acorn .cup' For playing hide the thimble. I would run and Join the fun Without the least delaying: Please, mother, let me go and play, . For all the world is playing.

Menu Hints

Dishes; Household Ideas and Suggestions -

Recipes for New and Novel

By Beity Barelay

Delicious tea-time refreshments can be made with a minimum of time and trouble by melting marshmallows, peanut brittle, nougat or caramels over hot water and adding to waters. Por instance: Baltine wafers may be spread with melted marshmallow topped with chopped nuts, and browned in the over Vanilla anaps may be put together as a schidwich with peanut brittle or caramels, softened to spread.

Ginger snaps make a good combination with a sandwich filling of softened nougat, and many other variations can be worked out to suit any taste. The children will enjoy taking over this part of the meal preparation and

Though three-score years and ten feel they are helping mother. By the way, many of the candles which are sold in small packages may be melted and used as a sauce for lee cream, or added to a simple foundation filling for cake. The flavor, the sweetening the blending of ingredients, have all been attended to in advance, and thus save time in the home. This hint alone should be good for many a delicious and Though my eyes are dim, and my marunusual dessert.

BANANA YOU CREAM.

- 3 junket tablets 2 tublespoons cold water
- 3 cups milk
- I cup sugar 1 cup mashed banana 2 tablespoons lemon juice
- 14 pint cream

Crush lunket tablets and dissolve cold water. Mix sugar and milk and warm to lukewarm-not hot, stirring until sugar is dissolved. Add dissolved junket tablets; pour at once into freezer can. Lot stand in a warm place until firm-about 10 minutes. Add mashed banana, lemon juice, and cream, whipped until stiff. Pack in ice and salt and

- GEORGETTE PUDDING BAUGE

2 cggs 21/4 tablespoons sugar

Julce 1/2 lemon I tablespoon water Grated rind 1/2 lemon

Heat yolks of eggs until thick and lived protty well on through eight decades homes!" lemon-colored, beat in one and one-half and Y distinctly recall that for a year tablespoons sugar, add lemon juice and or two through every ten or fifteen year docule boiler, stirring constantly, until or two of hard times, with its accomthick and creamy. Beat whites of eggs panying lack of natisfactory employuntil light; then beat in gradually the and prevailing low wages. I remember men with large families, working for remaining sugar. ... Combine mixtures: dollar a day. This they did and by cook one minute: stir occasionally until sool; use on cottage pudding, or serve as a dessort in small glasses, lined with lady-fingers or thin slices of sponge cake.

GINGER ALE LEMONADE 4 leanons

> i pint ginger ale 116 pints water 1 cup sugar

Place a small block of ice in a pitcher With the juice of four lemons mix one cup of sugar, one and one-half pints of water, and one pint of ginger ale. Pour into pitcher and stir thoroughly Allow to stand few minutes before serving. (Gerves 6 persons.)

ORANGE CARAMEL

- 6 oranges
- 14 cup mgar 16 cup water
- 6 cup cream

... Pare oranges, removing membrane with experienced by the people of Official peel, and cut crosswise, in alices. Put seventy-two years ago. augar and water in a small saucepan and boll, quickly, until syrup is a golden father, who at the time was a conductor brown. Arrange layer of orange slices on the Buffalo and Lake Huron Rallway, in glass dish; sprinkle with sugar; pour and who for many years was a passenover enough of the syrup to form a ger conductor on the road, and very thin coating over the orange; add an- popular with the travelling public. He other layer of orange and syrup; repeat | run from Buffalo' to Goderich for nearly until brange is used. Beat cream until half a century. stiff, pile lightly on the orange, and sprinkle with chopped pistachio nuts.

Persian Balm promotes daintiness, charm and beauty. It is unrivalled in inform you that the effects of the recent its magical effect on the skin. Swiftly commercial panic upon; the receipts of shorted by the tissues, it leaves never this railway have been such that the a vestige of stickiness. Delightfully cool Directors have decided to make very imto the skin. Stimulating and invigorat- portant reductions in the staff on the youth and leveliness to the complexion. tion. Persian Balm is the inevitable choice of

six or seven Brakemen will be retained. who will work the present number be passenger trains doing the whole of the freight traffic at the same time.

THE OLD MAN

THE SONG OF SEVENTY

And left me alone to my joyn or my

Though tottering, wrinkled and gray

For early memories round me throng-

Old times, and manners, and men-

Tis not long since—it cannot to long,

dream, a dream-it is all a dream

A strange, sad dream, good sooth;

For old as I am—and old as I seem,

Porever young,-though life's old age

Yet now am I feeble and bent.

My heart is full of youth.

Hath every nerve unstrung:

The heart, the heart is a heritage

That keeps the old man young.

THE PREVAILING HARD TIMES

before. But these people's memories are

for themselves and paying for them ...

The will to do, and the determination

to save and get a home, was generally

times of depression do come with un-

falling regularity. When Christ was here

on earth and going about doing good

and exhorting others to exercise sym-

pathy with their fellow-men. He said

"The poor ye have always with ye."

Hard times are not so ever-present but

the period of depression is believed to be

pretty well spent, and prosperity just

following: It is a letter received by the

father of my friend, Harry Holmes,

Bower Avenue, which he left with the

editor of THE PERK PERSS a few days ago.

it in my hands for consideration, and

to be used if I thought it worth while.

duce it to show that hard times were

This letter was sent to Mr. Holmes'

Mr. Holmes, Conductor:

Doar Bir:

H. & L. Rallway.

I very much regret to be compelled to

attended with natinfactory results. Yes

Of three score miles and ten.

am not old-Y ednnot be old

am not-Y cannot be old.

The lives of other men.

As a rock in the midst

call me not old to-day.

work than now.

that I exceedingly regret the separation (only temperary I trust) that new takes place between the retiring portion of the truin staff and myself, and that it is necessitated by the most obvious motives of prudence and at the same time, of thanking the entire train staff individually and collectively for the medduity and care with which they have so satisfactorily discharged their duties as, under divine Providence mataly-contributor to the safety and punctuality for which this line has now established a reputation.

Your obedient servant. John B. Watt.

Assistant Buperintendent. This, remember, was seventy-two years Let us all take a quiet, thoughtful that better times will be here almost before we know it. They will come without doubt. Take my word for it. In my long life I have proven it over and over and over again. Cheer up Better times are just around the corner.

A BOX FROM HOME

Julia stopped to look over the mail on the hall table. There rarely was letter for her, but she always looked. wobble." am not old—though friends and foca Alike have gone to their graves, No. of course there was nothing. And of course there were two letters for Linda Fellows-two letters and a box. Julia's face darkened. She hated those boxes that Linda Pellows was always getting, boxes of cookies and cake and doughnuts and fruit and once even roust chicken with all the "fixings." On that great occasion Linda had invited half a dozen girls up to her room, and everyone had pretended to have As I look behind on my journey so long, such a wonderful time, but all the while Julia had felt as if she should choke

l look behind, and am once more young over every mouthful. Buoyant, and brave and bold. And my heart can sing, as of yore it sang. Before they called me old. A knock at the door made her start, "Wait a minute till I get a light," she

called. She found her matches and lighted lince I was a boy, both straight and 'the gas; then the threw open the door. Linda was standing there with her box in her hands, and with the look in her eyes that always came when she had a box from home. "What do you suppose I've got?" she cried. "My little slater has made her very first gingeranaps, and they are delicious. She's only eight, you know. Everybody's got

to sample them! "No, thank you," Julia said thickly. Linda looked startled, then hurt, 'But To hear some people talk one would you've got to-just one anyway even if think that a period of business depres- you don't care much for gingersnaps. the wren.

sion was never experienced in Canada They're a little sister's first ones!" "You don't seem to realize"-Julia's bad, or their sense of observation is not voice was harsh-"what it means, offer-

Linda shut her box. Her face flamed. tutional weaknesses difficult to remed; "Maybe you think it's being a good sport Miller's Worm Powders will clear th rind and bolling water, and cook in period we have invariably had a year to spoil other people's good times!" she stomach and bowels of worms and will cried hotly. "No, I don't know; but act so upon the system that there will if I'd. I'd play the game. . I'd realize be no recurrence of the trouble. And that I wasn't the only lonely person not only this, but they will repair the in the world; and if I wanted things injuries to the organs that worms cause couldn't have. I'd try at least to make and restore them to soundness: frugality and care in handling this small a good time for somebody else before I wage, they succeeded in buying homes sat down and cried." And then she was

> Julia dropped on her bed. At first she was stunned; then she was angry But-through her anger something kent saying to her, "You know it's the truth It wouldn't have hurt so if it hadn't been the truth:" Paces came before her, forlorn Miss Brigg's - Phoebe Mather's and a dozen others. She was so absorbed that she did not hear the door open

'round her: "I was a beast," Linda was millinery the women-folks had been get-As concrete evidence that hard times crying, "just plain beast, Julia!" And then to her amazement Julia heard are no modern invention. I submit the

her own voice raying, "It was the truth!" "That doesn't change my beastliness," Linda responded. "O Julia, I've just day, and I wasn't in a very amiable thought of something. I'm going home Being a document, uged like myself, it next month for a week. Can't you come don't." seemed to be the natural thing to place with me? And one day we'll go out in the kitchen and make things for half a dozen boxes for everyone we can think Of course it is interesting and I repro- of who doesn't get any. Will you, Julia?"

> Dragged Down by Asthma. The man woman who is continually subject to asthma is untitled for his or her life's work. - Strongth departs and energy is taken away until life becomes a dreary existence. And yet this is needless. Dr. J. D. Kellogg's Asthma Remedy has brought a great change to an army sufferers. It relieves the restricted air London, Jan. 25, 1858 tubes and guards against future trouble.

> > GETTING ALONG.

The better a man behaves himself. ing. Softens and makes the hands flaw- lat proximo and I have been instructed thought, like all human action, is based staty white. Subtly fragrant. Imparts to carry their resolutions into opera- on self-interest, why is not the dullest man able to appreciate that industry, The offect of these arrangements will falrness, politoness and temperance are be that only four Conductors and either his greatest selfish interests?—Ed. Howe,

WHY MRS BROWN'S APPLE PIE SMILED.

Wrens are such little birds that Mrs. It is of course the right of all the com- Brown, who lived on a farm, was always pany's servants to take precedence in wondering how Father Wren could sing the order of their engagements, there- so loud and scold so noisily. How her fore the four senior conductors and the big turkey gobbler could say "gobblealx or seven senior baggagemen will have gobble-gobble" so loud didn't astonish the option of remaining at salaries Mrs. Brown at all, for the gobbler was slightly reduced but doing a little more bly enough to make a noise that could be heard all over the farm. But one In making this announcement I have morning something happened that did the great satisfaction of assuring you all astonish Mrs. Brown. Ellis looked out of the kitchen window while she was making apple ple-and this is a true story -and saw Mr. Turkey Gobbler lift his blg flapping wings and go "woods" up

> was nothing to be estonished at, because turkeys like to roost in high places. Mrs. Brown kept on rolling her 'pie crust and forgot that under the low roof of the barn her little wrene-had a nest. Their front door was a knot-hole under the peak of the roof.

. As soon as the turkey sat down on the

into the air and go flying, "woosh-

swoosh," to the top of a low barn. That

roof to sun his feathers out flew the little mother wren and told him to go away. Mrs. Brown laughed at the sight ago. And a similar situation obtains because the mother wren was to they to-day on the railways of the world; and the turkey was so big. The little markedly so in England, where thou- wren might have used the end of one sands of railway conductors, engineers, of the turkey's tail-feathers for a big remen and brakemen have been laid off, unbrella for herself and Father Wren too, if wrens need umbrellas

> go away, but the next second he hopped up and said "gobble-gobble-gobble."

After that Mrs. Brown stopped rolling pie curst to watch a fight. The little wren flew at the blg turkey, and the blg turkey ruffled his foathers and said "gobble-gobble-gobble" in a terrible way. It was a bad right, but the little wren felt that she had to make the great turkey go away; she had baby wrens to

The baby wrens must have been frightened that morning when they heard great feet "plopping" on the roof over their heads and listened to the "wooshwooshing" of wings, to their mother's scoldings and to the turkey's "gobble-

The mother wren flow at the turkey again and again and the cobbler got more annoyed and flustered every minute. At last he couldn't stand it any longer and dropped down off the barn to get away from her, even though all the hens and chickens in the barnyard were looking and laughing.

After that he strutted round the yard saying softly, "Gobble-gobble-gobble," as If he were thinking, "Did you ever hear the like of that?"

Mrs. Brown never did hear of anything like that; so, when she rolled out the top crust of her ple, instead of making air holes with a fork as usual, she took a sharp knife and cut eyes and nose and a wide, milling mouth in the topcrust dough. Then she fitted it on over the apples in the dish, trimmed it off round the edges and slipped it into the oven to bake, and while it was baking she-just-amiled and smiled.

At dinner time when Mrs. Brown pul that ple on the table all the children laughed and said, "What makes the ple smile like that?"

"something happened on our farm this morning that was enough to make any ple amile!" Then she told the story of

Many infants are infested by worms promptly dealt with may cause consti-

BURNING THE BILL

When Miss Lloyd, the milliner, decided to move to the neighboring city that she might do business on a larger scale there was much regret in R- Apropos of her departure, Mr. Elton, the coaldealer told his neighbors this story.

"That young woman is us clover an they make them," he 'said. "She came The first she knew Linda's arms were into the office one day with a bill for "'Do you' want to pay this bill

-day -Mr -Elton ? -sho -said -pleasantly. "Things had been going crossways a mood. Y answered rather curtly, 'No 1

"'All right,' she said just us pleasantly as before. 'Then I'll burn it.' Quick as a flash she turned to my bookkeeper. Please send me three tons of your best "If you'll take me," Julia answered nut coal, Mr. Palmer. Good morning. Mr. Elton,' and she was out of the office before I could say 'Jack Robinson.'

"Y stared at Palmer, who looked up with a grin from the order he was taking; then we both burst out laughing. "'I reckon that young woman came protty near getting the best of you,' he

"'I reckon she did,' was all I could

GIRLS HAVE ALWAYS LONGED TO KNOW

What to wear and how to woar it. How to be charming. How to be beautiful. our home town.

How to give good parties. How to make gifts, friends, money. --- |-"How to do everything you want to do

Who said "Blue Monday

WASHDAY-hardest in the week for name women ros nexteline ere exent fi

nearly sull sol tenbern ti trull. solam, serit less ot rissed noy yourself a cun of tea. sup teen llim the

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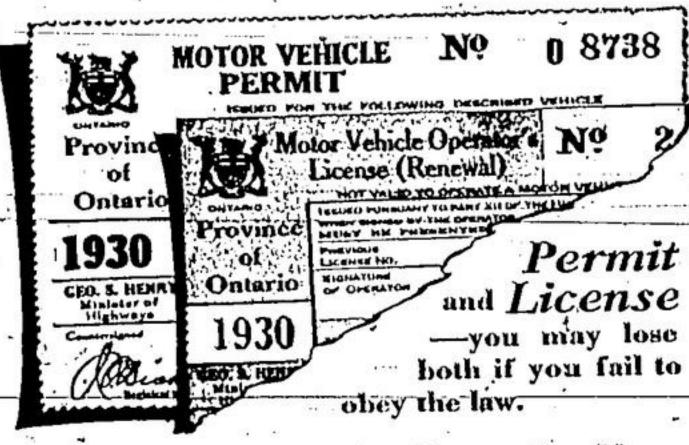
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