

AUTUMN

The roses have faded, the lilies have gone,
And the wheat fields lie gold in the light
of the dawn;

THE OLD MAN OF THE BIG CLOCK TOWER



OLD TRAILS

Trails are not roads. Trails have no end.
No town waits for them when the twilight drops
its mantle of gray fleece, brings candle-glow

the proper manner in which the circus people and their animals turned the corners.
I have carefully watched our delivery boys and men. Almost invariably,
irrespective of the character of the vehicle they have in charge, the corners are cut off as short as a street will permit.

THE COURTESY OF ACTON CHILDREN

I have room for a brief reference to the splendid courtesy of Acton children to their elders on the street.
My old heart is made glad often as I pass the boys and girls on the streets of this town.

IT WAS A HOWL, OWLING

Stories of the Londoner's difficulties with the letter h are common enough, but they still amuse.
Here is one that the Argonaut attributes to Mr. Frank Swinnerton, the English novelist, who is not ashamed of the fact that he himself was born with a sound of howl.

A DISTINCTION WITH A DIFFERENCE

What is a hob? The popular answer would probably be "a tramp."
Not so! There are certain nice distinctions to be observed.

NEED CLOVER SEED

The Good Branch of the Dominion Department of Agriculture reports an increase in the demand for the sweet clover seed by the sugar beet growers of Western Canada.
This year some 40,000 pounds were needed to produce green manure.

FOR BOTH HOUSE AND STABLE

There is a good deal of similarity, physically speaking, between human beings and the lower animals.
Both are subject to many ailments arising from inflammation and all manner of cuts and bruises.

Menu Hints

Recipes for New and Novel Dishes; Household Ideas and Suggestions

TROPICAL SALAD

- 1 cup melon balls
12 slices orange
6 slices tomato
Lettuce
Garnish of green pepper
Any desired dressing

HAPPY'S WALDORF SALAD

- 6 pounds cabbage
6 pounds apples
1 1/2 quarts finely cut fresh green spinach
5 heads lettuce

SPINACH SALAD WITH ASPARAGUS TIPS

- 3 cups cooked spinach
1/2 cup lemon juice
1 1/2 teaspoons onion juice
1/2 teaspoon salt
1/2 teaspoon paprika
lettuce
asparagus tips
mayonnaise

ECONOMICAL FRUITED CREAM

- 1 junket tablet
1 tablespoon cold water
1 cup sugar
1 pint milk
1/2 cup marachino cherries
1/2 cup crushed pineapple
1/2 cup marshmallows
2 tablespoons lemon juice
1/2 pint cream

ADVANCING BACKWARD

During the Civil War the colored body-servant of a Confederate officer returned home, and in conversation with the officer's wife was ardent in praise of General Lee.

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A LESSON FROM THE CIRCUS

Thursday was circus day in Acton, and the town and countryside were out to see the parade.
It was Cole and Roger's aggregation and for a small town circus was, I suppose, equal, if not above, the average of such organizations.

THE OLD MAN

Persian Balm—there is nothing like it for soothing and preserving a lovely complexion.
Cooling, caressing—it soothes and dispels all roughness or chafe caused by weather conditions.

TIDY STREETS, TIDY HOMES, A TIDY TOWN

Acton is always regarded as a tidy and attractive town.
Remarks to this effect are often heard by visitors. This is a reputation to be cherished and perpetuated.

WHY IS IT?

Why do clients of many years' standing continue to send us their troublesome collections?
Why is the volume of business we handle increasing so rapidly?

LIFE INSURANCE

POLICIES ADAPTABLE FOR EVERY REQUIREMENT
Your Particular Needs Will Receive Our Particular Attention
CONSULT US FREELY—NO OBLIGATION

NOTICE TO PATRONS OF THIS ESTABLISHMENT

During July and August examinations on Thursday, Friday and Saturday (only) of each week.
Kindly write in or phone 1091W for appointment.

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SILVERWOOD'S ICE CREAM

"Smoother Than Velvet"
FOR SALE BY J. R. LEISIMAN, ACTON HILL'S SUPERIOR STORE

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Salada Orange Pekoe has by far the finest flavour



STRENGTH for a few cents
So easy to get Health and Strength for a few cents if you know what food to buy.
It is what you digest that builds muscle and bone and furnishes energy to the body.

SHREDDED WHEAT

WITH ALL THE BRAN OF THE WHOLE WHEAT
The Name is Sufficient
Butter-Nut Bread
"Rich as Butter"—"Sweet as a Nut"



THE NAME IS SUFFICIENT

Butter-Nut Bread
"Rich as Butter"—"Sweet as a Nut"
SOLD AT-FOLLOWING ACTON GROCERS
Red & White—J. W. Jones Superior Store—Hill's Nelson & Co. W. Nesbitt Mrs. Oakley

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TAX NOTICE—1930

MUNICIPALITY OF ACTON
The Tax Notices for 1930 have been sent out. The place of payment is the same this year as last, and taxes are payable in two instalments at the Public Utilities Commission Office.

MARK EVERY GRAVE!

Large Stock of Monuments to Choose From
Nothing is more lasting or more appropriate to commemorate the memory of loved ones who have gone before than beautiful granite well carved.

Business Directory

MEDICAL
DR. J. A. McNIVEN
Physician and Surgeon
Office and Residence—Corner Bowne Avenue and Eglon Street.

OSTEOPATHIC
A. E. Byerly
Osteopathic Specialist
Bank of Nova Scotia Building
Guelph, Ontario

DENTAL
DR. J. H. JOHNSON, D.D.S., L.D.S.
Dental Surgeon
Office: Mill Street, in the Cooper Block.

A. J. BUCHANAN, D. D. S.
Dental Surgeon
Office: In Leishman Block

P. W. PEAREN, D. D. S., L. D. S.
Dental Surgeon
Successor to Late Dr. J. M. Bell

FRANCIS NUNAN
Bookbinder
Account books of all kinds made to order.

Maple Grove Dairy
MORNING AND EVENING MILK DELIVERY
GUARANTEED NEW LAID EGGS
DELIVERED ON ORDER

La Salle Cleaners
GUELPH, ONTARIO
VALETOR PRESSING
Service and Satisfaction

Jack Stewart Cleaner & Dyer
Regular Call and Deliver Service to Acton Tuesday, Thursday and Saturday mornings.

Phone 103
ACTON
Or Leave Goods at W. M. COOPER'S

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With our present equipment and facilities no plant is better prepared to offer real value or a better stock to choose from than can be secured at our plant.

ACTON MONUMENT WORKS
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