

The Acton Free Press

THURSDAY, MARCH 12, 1930

MY DAY
Here's a day!
In it I'm busy
With all my might
To do the things that I'm fond of
And with the things that I'm proud of

Menu Hints

Recipes for New and Novel
Dishes: Household Ideas and
Suggestions

CREAM OF POTATO SOUP

Wash, peel, cut in cubes, and cook
potatoes in enough water to cover until
tender. Rub through a strainer. There
should be 2 cups small potatoes and
liquid. Add this mixture (leftover pota-
toes may be used) to 1 cup of this
cream sauce (3 c. milk, 3 tbsp. flour,
2 tbsp. butter), season to taste. Add
2 tbsp. chopped parsley before serving.

COUPE BOULEN

2 cups cold water
3 slices carrot
1 slice onion
1 slice parsley
2 tablespoon lemon juice
1/2 lb. of bay leaf
1 teaspoon peppercorns
1 teaspoon salt

MAIMMALOW HALAD

4 oranges
2 cups marmalade
1 cup apricot jam
1/2 cup sugar
1/2 cup lemon juice
1/2 cup apricot jam
1/2 cup sugar

MANIATTAN PUDDING

1 1/2 cups orange juice
1/2 cup lemon juice
1 1/2 cups powdered sugar
1 cup heavy cream
2 cups chopped burnt almonds
1 teaspoon vanilla

WHOLEWHEAT

Of all mechanical inventions it seems
as if the wheel were the simplest, the
most ingenious and on the whole the
most likely to advance the progress of
humanity.

THE OLD MAN
OF THE
BIG CLOCK TOWER



Spring-time in the Olden Days
Peeping from the swamy thicket, dug-
wood showed its square white
lobes.

Yellow from the recent frosts, Three
Mile Creek was sober now.
And Pouches, likewise, golden, never
had a richer prize.

While I sat awhile pondering on long
thoughts of old-time and the things of long
ago, I wondered, if—amid the announce-
ments of hockey banquets, and amateur
theatricals, and burglarials, and un-
pleasant and distracting. In making
my comparisons I did not trust to the
very good memory, but to the printed
page, and turned back to the files of
the Press Passes of half a century ago.

There I found the following array of
interesting and exciting happenings, and
the world in general were fully as
interested in the modern month
of March in the year of our Lord, 1820.

The much-talked-of fancy dress carn-
ival came off at Acton Hiking Club on
Thursday evening, the attendance
of spectators was very fair, but the
number of maskers was small. The
evening was in excellent condition.

Mr. John Cummings, one of our young
men, who for W. Lyon, Guelph, took
all night, then cut in small pieces (tur-
key) over but the very tough parts. Cook
them up until the apparatus is tender,
in enough water to appear. Add salt,
taste just before the apparatus is done.
Allow 2 cups cooked apparatus and cooking
water for 2 cups medium cream sauce
(2 c. milk, 4 tbsp. flour, 3 tbsp. butter).
Season, and serve hot.

SLATS' DIARY
BY ROBERT PARQUHAR

Friday—Well I had a good job this
time. I was a helping on Mr. Hill with
his house, and his little boy who
which he surely
racked the wires
relative to the payment of money and
concerning a certificate, but that all
remainder of the tubular recorder, he
examined.

Monday—The fire alarm today
the teacher got to telling us about her
father which had happened out and
necessity, and the children who when
he was only four yrs. of age, broke up
and set her if her father lived through
all that, she got about 1/2 acre.

Wednesday—The teacher and we
went to improve our Vocabulary all
over and I set my foot on the best way
to improve your vocabulary and he
said he wasn't sure but he thought it
might be by doing it as we do.

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Saturday—The teacher and we
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The Old Man

Regulate on the Farm—Every farmer
and stock-raiser should keep a supply
of Dr. Thoma's Kidney Pills on hand.
not only as a ready remedy for his
own ailments, but because it is a sure
and reliable medicine of great potency.

Colored table glassware—everything
complete from the purest of woods
to the most distinguished artists.
In the current year for glassware,
and color which is making our modern
homes such pleasant places in which to
live and entertain.

Winter diseases of vegetables under
normal conditions are responsible for
heavy losses which are even greater when
the recognized principles of plant dis-
ease control are not observed.

Fun, Frolic and Discipline
Summer is playtime. Campers gather
together to enjoy the life in the
open, and the supervision, or all com-
ing, but not a camper returns home
who is not better fitted in health and
vigorousness to meet the long winter
months ahead.

THE POWER OF TRADITION
Many persons are inclined to scoff at
customs which allow themselves to be in-
fluenced by tradition; they seem to think
that to submit to such an influence is
to surrender to a blind force. Yet, a
proper respect for tradition may be of
great value in the life of a community.

FACT AND COMMENT
Each heart should have its little secret
and only wholesome things should be
revealed.

Auto Body and Fender Repairing
MULLER BROTHERS
135 Woolwich St. GUELPH

City Battery & Electrical Service

189 Woolwich Street, Guelph

FELDMAN'S MANUFACTURING FURNISHERS

113 Wyndham Street GUELPH

T. Ross Barber SIGNS AND GLASS

84 Norfolk Street, Guelph

Wolford's Auto Wrecking

129 WATER STREET, GUELPH Telephone 2331

BRAKES

NEWSTEAD AND NICHOLS GUELPH-Wellington Hotel Corner

WHEN IN GUELPH Visit Our Store

J. J. McTAGUE GUELPH

AUCTION SALE

JOHN ROBERTSON

4 BIG DAYS

6 Performances
2 Lectures
2 Plays
Musicales
All For \$2

Tells Dyspeptics What To Eat

Stret diets are often unnecessary in
stomach troubles. While some foods do
produce excessive acidity and many
foods do generate "too much acid"
causing gas, sourness, bloating and
flatulence, the trouble may be safely
and quickly corrected by the use of
a good alkaline. Disrupted Magnesia-
powder or tablets is ideal for this
purpose. Just a little after each meal
prevents all the excess acid, prevents sour-
ing, breaks up gas and ends indigestion.
Beware of foods longer used stomach
and digestion is easy and painless. It
will do all this for you or money back
if it doesn't everywhere you find Magnesia.

Auto Body and Fender Repairing
MULLER BROTHERS
135 Woolwich St. GUELPH

CANADIAN Chautauqua Festival

IN ACTON MARCH 18-19-20-21
Next Tuesday, Wednesday, Thursday & Friday
Popular Comedy Success to Open Canadian Festival



Two Great Plays
"The Patsy" FIRST NIGHT
"Give and Take" FOURTH NIGHT
The Petrie Quintette and Constance Neville-Johns
Dr. Teyhi Hsieh and Cutler-Austin Artists



4 BIG DAYS
6 Performances
2 Lectures
2 Plays
Musicales
All For \$2

"Give and Take" Coming Here at Canadian Festival



Season Tickets—\$2.00
Students Tickets \$1.00
TICKETS ARE TRANSFERABLE IN THE FAMILY
RESERVED SEAT SALE AT BROWN'S DRUG STORE