

The Acton Free Press

THURSDAY, FEBRUARY 21, 1929

MY CREED

For all life's day, this I my creed—
To lend a helping hand to those in need...

Health Service of the Canadian Medical Association

INFLUENZA

During an epidemic, most people are anxious to secure information as to how to protect themselves from the particular disease which happens to be epidemic at that time...

All the advice given in regard to influenza may be put in a few sentences: live a hygienic life, and if you become ill, go to bed and call in your family doctor...

THIRTY YEARS AGO

From the issue of the Free Press, of Thursday, February 23, 1900

The farmers are putting in large quantities of ice. The crows have appeared again looking for spring. Mr. George Stovel spent a day or so last week in the city buying the latest things in footwear for the spring trade...

MAILED

McGAW-MOORE -- At the Methodist church, Acton, on Friday, February 15, by Rev. G. W. Barker, Mr. Robert McGaw, of Quito, to Laura Alma, eldest daughter of Robert Moore, Mill Street, Acton.

DIED

LOWRY -- At the home of her son, Dr. W. H. Lowry, Guelph, Elizabeth Purdy, eldest daughter of William Purdy, County Down, Ireland, and widow of Joseph Lowry, aged 84 years.

Attacked by Asthma

The first fearful sensation is of suffocation, which hour by hour becomes more desperate and hopeless. To such a case the relief afforded by Dr. J. D. Kellogg's Asthma Remedy seems nothing less than miraculous.

JUST WHAT A CHILD WOULD SAY

Little Mary, who had fallen ill, begged for a kitten. It was found that an infection was necessary, and that she must go to the hospital. The mother promised that if she would be very brave during this time of trial she could have the finest kitten to be found.

Carro cripple the feet and make walking a torture, yet get relief in the shape of Hall's Foot Corn Remover, within reach of all.

THE SUNDAY SCHOOL LESSON

FOR SUNDAY, FEBRUARY 24

CHRISTIAN GROWTH

Golden Text.—But grow in the grace and knowledge of our Lord and Saviour Jesus Christ.—2 Pet. 3: 18.

Lesson.—John 4: 19-24; Luke 16: 15-22; John 21: 15-19; Luke 2: 40, 52; Eph. 4: 11-16; Phil. 1: 6, 9-11; 3: 12-16; Gal. 1: 9-11; Heb. 6: 1-3.

Sunday: Preliminary

Read first the passages relating to Peter's growth, ending with the extract from the second Peter. Read next the passage recording Christ's growth. Then read the five extracts from Paul's letters and Hebrews, noting the principles of growth, there set down.

Monday: Peter the Pupil

John 1: 40, 41.—Andrew's greatest work was the finding of Peter and bringing him to Christ, for it was the first of one of the greatest Christian lives ever lived.

V. 42.—No one can be a pupil of Jesus Christ without growing. We can trace the growth of Peter clearly through the New Testament.

V. 42.—Cephas is Aramath (the form of Hebrew spoken by Christ), and Peter is from both Greek and Latin, both words meaning "rock." Christ, however, called him Cephas, and Peter by nature was vacillating, strong and weak by turns. Under Christ he learned to be constant and firm.

Tuesday: Peter the Confessor

Mark 16: 7.—Peter's question is the most important that can be asked of any man.

V. 16.—Peter's answer is the only true one. To say that Christ is a mere teacher, a great philosopher, a great leader of men is far below the truth as to what he is.

V. 17.—If we put ourselves under the influence of the Holy Spirit, he will reveal to us the truth about Christ, and convince us of it.

V. 18.—The invisible foundation of the church is the Son of God, the confession which Peter made. A church built anything less than this will fall.

Wednesday: Peter, Pastor and Witness

John 21: 15.—The risen Christ was testing Peter, to see whether he still remembered his denial. Did he still love him? Did he still love the other disciples? Did he still love Christ? He would not.

V. 16.—The proof of love is to follow him, and will further the growth of the Christian. All his growth was in and from his Saviour.

Thursday: Christ's Growth

Luke 2: 40.—The Child Christ grew physically, "waxed strong." He grew mentally, "filled with wisdom." He grew spiritually, "the grace of God was upon him." Let us see to it that all three kinds of growth are ours.

Luke 2: 52.—The three kinds of growth here again ascribed to Jesus: "wisdom," and "favor with God." There is added "favor with men," and the honor and love of others are sure to come to one who grows the way Christ grew.

Friday: The Christian's Growth

Eph. 4: 11-12.—There are different lines of growth for different people, but the aim of growth should always be the same, to attain Christlikeness, to be like Christ.

Eph. 4: 14-16.—The principle of growth flows from Christ. He is more than our model of growth, he is the power by which we grow.

Phil. 2: 6.—If we begin with Christ, he will carry us through to the perfect end.

Phil. 1: 9-11.—We are not to be content with anything less than to be filled with the fruits of righteousness.

Phil. 3: 12-16.—The goal of Christian progress is never reached half-heartedly; we must press on toward it with all our might.

Saturday: The Christian's Growth

Col. 1: 9-10.—Paul was not satisfied with the Colossian church if it merely held its own. It must increase in the knowledge of God. Indeed, if we are not making progress in the Christian life, we are retrogressing.

Col. 1: 11.—The Christian may be "strengthened with all power" if he only knows the strength he has. New wisdom comes from seeing widely and acting strongly.

Col. 3: 1.—First principles are necessary, but after we have mastered them, it is disgraceful not to go on to higher principles. Many Christians are content to remain in the primary school all their days.

Heb. 6: 3.—There is a limit of growth for each individual. The Paul we know became as great as Paul. But let us begin as he began, and we have reached the limit of our growth.

CHILDLESS HOMES

Many years ago a woman in very moderate circumstances, the wife of a carpenter, had two beautiful daughters who were to her as the apple of her eye. But death took both of them within a brief space of time.

For a while it seemed as if the mother would lose her mind, but religion and the influence of the church brought her to a more reasonable condition. She went to an orphan asylum, selected two little girls about the age of those she had lost, and adopted them. In a little while she was as her own flesh and blood, and the bond of affection grew stronger as the years passed. Both of the girls grew to a happy womanhood, and both married well.

Once more the house was desolate, and once more the mother sought the orphan asylum and adopted two more children and began a third life of motherhood, which is not yet finished. In the meantime her success in helping the grief of bereavement and in regaining her happiness attracted the attention of others, and she herself urged her friends to follow her example. As a result, more than twenty children have found good homes and more than twenty families are the happier.

Why is it that so many childless people give freely their material wealth to found and maintain orphan asylums and so give at all of the maternal or paternal instincts that would make many of the orphan asylums unnecessary? Fear is probably the main reason. You know nothing of the purchase of the adopted child, or at least nothing of its immediate adoption. It is just as great as the risk with children of your own, no greater. The statistics of adoptions among the most heartening in the world.

Heads fear, the feeling doubtless greater. For more truly is it the divine spark that never felt quite the same toward it as I should toward my own blood.

These who adopted children say otherwise, and they should know. Parenthood is, of course, something that love for the child of your own. Far more truly is it the divine spark that never felt quite the same toward it as I should toward my own blood.

The little school-teacher also had a Sunday school, and although at first the cowboy pupil thought little of this institution, he attended that he might, as the teacher, in the arrangement of the seats. He soon became most attentive pupil, and for long an earnest teacher after a better life.

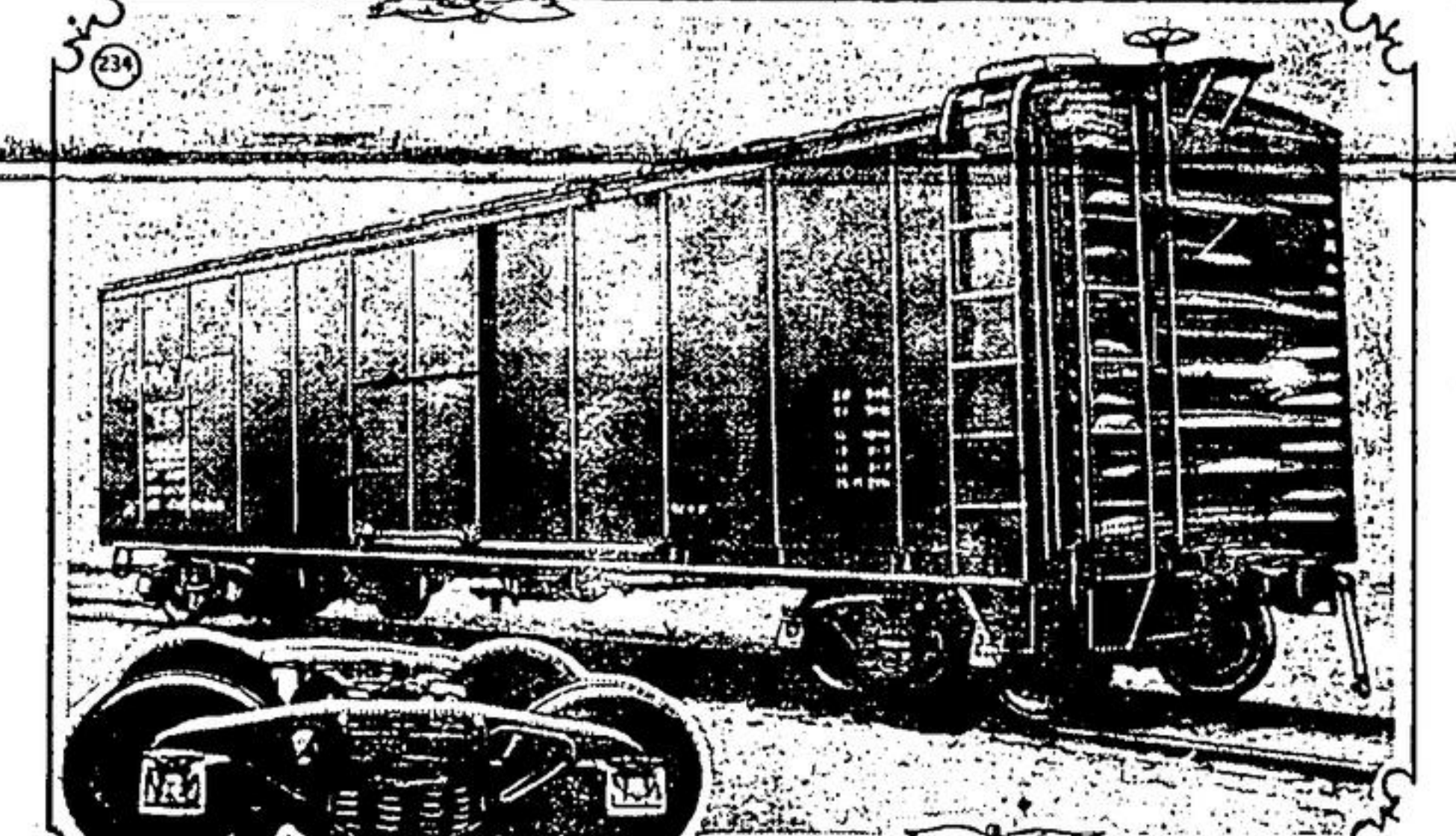
MUSHER MAD



"Quebec," says Sara Hamilton Birchall, in "Country Life," "is masher mad." It is no. Every year, and this one more than ever. On to Quebec between February 21st and 23rd. All you will hear is dot, dog, hunker, masher, Bt. God-dart, Nohun, Chovvitz, Sepplal, a zore of other names. You will look at the big board in the Chateau lobby where the odds are shown, and you will wonder what it is all about. And then, perhaps, an enthusiastic soul will tell you in a corner and tell you how on the third day of the last derby, the man who was considered in the running only for second place was held up by a freight train so long his dog shivered and began to sniff, but won the 120-mile three day grand by a short minute or so; and how he was cheered and cheered, and how they came, these masher, from all parts of the North Country with their dogs and hounds, shillabans, Alakans or just plain dogs, and before the first start had started on the first lap on the first day, the fever had caught you. You will see the first team drive panting home, the next and the next; the heroes of Nome, the trail dogs led by the Pas, fuzzy animals who know the Quebec woods trails and teams of dogs bred, reared and trained for the minute tick before the next arrival. A team of mastiffs, greyhounds or mongrels, being round a corner into sight. Their time is close. They have one minute in which to reach the goal, and win the first lap. You too, are masher mad. You watch the bulletin boards with excitement and wordily exchange the gossip of the racing stables. Then, when the great exhibition of strength and endurance is over, you can perhaps settle down to enjoy Quebec herself and whose winter sports in which you are permitted to be a personal if not more strenuous part.

Steel is replacing wood in freight service and seventy-five hundred of the new freight cars now on order for the Canadian Pacific will set a new standard. These cars are not in replacement but in addition to the wood-car already in use, and will furnish a greater margin of safety, more speed and longer service while eliminating leakage.

STEEL CARS NOW FOR FREIGHT SERVICE



The cost of the car will be steel as well as the whole structure, but sides will be wood inside. Additional safety will be provided by new type of truck having cast steel frame. These truck side frames which represent a new standard of Canadian Pacific equipment, are one integral casting. Elimination of parts in the car proper is another noteworthy feature. They will have a capacity of 2,000 bushels of wheat and will considerably speed up the movement of grain. Riving of all joints and connections will reduce to a minimum possibility of loss of grain and the car itself will be more solid and will possess greater rigidity. The new cars represent an important advance in railway freight transportation on this continent and they have been developed more directly to keep pace with the development of the west. In recent years crop acreage has increased. Car loadings have increased in like measure. Improved harvesting machinery has been speeded up delivery to the rails and necessitated still more efficient handling on the part of the railway companies. Delivery of the new cars will be made in ample time for the harvest of 1929 and the Canadian Pacific may be expected to again break the record crop handling.

A COWBOY'S FUNERAL

A little adobe schoolhouse, fenced in from the surrounding ranges with barbed wire, a wide expanse of semiarid land with small areas under cultivation, and a large herd of cattle roaming over extended tracts of nearly sterile country—this was the setting for a funeral. Within a little Massachusetts school-teacher, "not bigger than a pint of cider," as her admirers in the neighborhood called her, was the primary school all their days. This was the funeral of a missionary school with half a dozen pupils.

There was need of the work. There was no place of worship, and gradually other pupils entered that the very little ones who had constituted the first half-dozen. But there was a wide disparity between the ages of even the oldest pupil and that of one who arrived one morning after the school had been in operation about a month. He was a tall young man, with spurs lariat and sombrero, and he sat on his Indian pony as if he had been a cowboy. He had his horse to the barbed-wire fence, he came inside without knocking, and took his seat without removing his hat.

"Would you like to become a member of the school?" asked Miss Selby.

"Well, I don't know," said he. "I'll see how I like it."

His investigation continued that day and the next. He took no part in the school beyond the occasional throwing of paper wads. This disconcerted the school a little at first, but later attracted no attention, for the teacher herself disregarded it, and found means to suggest quietly to the younger children that they show their visitor a model school. When the school was dismissed at the close of the second day, he approached the teacher with his sombrero in hand and said:

"I know I haven't behaved decent. I haven't been to school since I was a little shaver, and I don't know how to act, but I know better. I've done, and if you'll forgive me I'll settle down to study. I'd like to come and learn."

The teacher had been waiting for this capitulation, and she improved the opportunity by telling him the obligations he must assume in the way of conduct if he became a member of the school; and by this time he was ready to promise anything.

With great diligence he applied himself to his books and with ever greater interest in the reading of the papers and magazines which friends in the East were sending to the teacher.

The little school-teacher also had a Sunday school, and although at first the cowboy pupil thought little of this institution, he attended that he might, as the teacher, in the arrangement of the seats. He soon became most attentive pupil, and for long an earnest teacher after a better life.

"I keep under my body," said St. Paul, and expressed in one form or another, this is the motto of every who man. If men are to make the most of themselves, the hubber part must bring the lower part into subjection.

The surgeon of Stonewall Jackson described his habits of life as very simple. He prefers plain, simple food, and generally ate right heartily of it. Corn-bread and butter and milk always sat on his table, and he rarely drank whiskey or wine.

One bitter cold night, on the Potomac river, when no fire could be lighted because of the proximity of the enemy, the surgeon gave General Jackson a drink of whiskey. He drank it with a wary face.

"What's the matter?" asked the surgeon. "Isn't the whiskey good?"

"Yes, very," answered Jackson; "I like it, and that's the reason I don't drink it."

PHRENESELY "How would you classify a telephone girl? Is she a business or a profession?"

"Neither. It's a calling!"

Protect Your Health and Your Pocketbook

SHREDDED WHEAT

Gives cold weather health at low cost full size biscuits of warmth and energy Crisp in oven and serve with warm milk Made by The Canadian Shredded Wheat Company, Ltd.

Highest Prices Paid For Butter Fat GIVE US A TRIAL—PHONE 53 Halton Cream & Butter Co. MILTON AND ACTON Chas. Thompson, Manager Acton Branch

People who prize the finer things of life usually demand Red Rose Orange Pekoe Tea. A money-back guarantee with every package.

RED ROSE TEA "is good tea" RED ROSE ORANGE PEKOE is extra good

J. Cadesky OF TORONTO EYESIGHT SPECIALIST WILL BE AT A. T. BROWN'S DRUG STORE, ACTON Monday, March 4th Anyone suffering from Eye-strain, defective Vision or Headaches should not miss the opportunity of consulting the eyesight specialist. Appointments may be made with Mr. A. T. Brown, Druggist. CONSULTATION FREE. Office Hours 9 a. m. till 4 p. m.

Internal and External Pains are promptly relieved by DR. THOMAS' ELECTRIC OIL THAT IT HAS BEEN SOLD FOR NEARLY FIFTY YEARS AND HAS A GENUINE REPUTATION AS BEING A TERMINAL THAT SPEAKS FOR ITS NUMEROUS CURATIVE QUALITIES.

W. B. BROWNE & Co. Millers and Grain Merchants—Norval, Ontario

NATIONAL NORVAL For Pastry KING'S CHOICE CANADIAN WONDER For Bread SHORTS BRAN MIDDINGS Chopped Wheat Barley and Chicken Feed At the Mill CONSULT OUR NEAREST DEALER

The Natural, Herbal Goodness Of Gallagher's Clears Up Eczema. Stops Indigestion. Tones entire system.

There are no mineral drugs in Gallagher's. It is a System Builder, a treatise on herbs. Natural. Amazingly healing. By purifying the blood and gently stimulating bowels, kidneys and liver, this reliable old remedy clears up skin troubles. Perfect for Indigestion, run-down conditions, nervousness, coughs or colds. Set on your feet and keep you there. Sold as other Gallagher's Herbal Household Remedies are, by A. T. BROWN, ACTON.

Bladder Troubles Bother Many Past 40

Even out of Ten Are Victims But Writer Tells How "Uratab" Being Swift, Amazing Relief With Renewed Vital Force "No one knows better than I, the justice of joyless days and sleepless nights. There have been times when I felt hopeless and helpless—and when my weakness caused me the most intense humiliation. Only those who have gone through such torture can possibly realize my great satisfaction when Dr. J. C. Gallagher's "URATAB" brought me quick relief. "URATAB" is truly wonderful. It and I give them full praise." Such amazing evidence serves as convincing proof of the power of URATAB to relieve those distressing ailments so often a hardship to those in middle life. Overworked, sluggish kidneys, bladder weakness and Prostate Gland Trouble bring on so many distressing ailments which so often lead to serious disease. Uratab should try the amazing value of Dr. J. C. Gallagher's URATAB at once! Absolutely Harmless—No Opium. Physicians everywhere recommend it.

WHY A Merchant, to write an Advertisement, has to have something to tell about. That is why it pays to study these messages, which contain items of financial interest to you.

TIME TABLES AT ACTON

Table with columns for Train Name, Destination, and Time. Includes Canadian National Railways and Canadian National Electric Railways.

Table with columns for Train Name, Destination, and Time. Includes Canadian National Electric Railways.

Leave Acton for the West—10:10 p. m., 4:10 p. m., 7:00 p. m., and on Saturdays, Sundays and Holidays, 11:00 p. m. Leave Acton for Georgetown, Norval, Stratford, Toronto—8:20 a. m., 11:35 a. m., 1:35 p. m., and on Saturdays, Sundays and Holidays, 10:35 p. m.

Painting and House Decoration Graining a Specialty Prompt Attention Satisfaction Guaranteed Estimates Given TELEPHONE 119 RICHARD H. BLANCH Box 352, Acton

The Door of Opportunity! These Small Ads will Open the Door to Whatever You Are Seeking

Mark Every Grave Nothing is more lasting or more appropriate to commemorate the memory of loved ones who have gone before than beautiful granite, well carved. With our present equipment and facilities no plant is better prepared to offer better values or a better stock to choose from than can be secured at our plant. You owe it to yourself to see our stock and get quotations on Monuments, Markers or Corner Stones before placing an order anywhere. Special Quotations Preval on All Orders Placed Before April 15 ACTON MONUMENT WORKS Established 1912 J. NICOL PHONE 152

Savage & Company JEWELLERY, WATCHES, SILVERWARE, CHINAWARE

Silver Tableware Noted for Quality Moderately Priced MAIL INQUIRIES RECEIVE PROMPT ATTENTION Lower Wyndham St. Phone 571 GUELPH

Subscriptions for All Magazines Taken at The Free Press Office