

TELL HIM "WELL DONE"

It isn't enough to say it in our hearts that we like a man for his ways. It isn't enough to fill our minds with praise of silent praise.

Health Service of the Canadian Medical Association

WHAT DOES IT MEAN?

This article is written because of the numerous enquiries received by the Health Service, asking the meaning and significance of certain tests.

During the past years, as a result of research in medicine and in science, certain tests have been made available for physicians.

It seems necessary to point this out, as so many people seem to think that the diagnosis of certain diseases is now made in a machine-like manner.

We are not minimizing in any way the value of these tests; we merely point out their limitations.

In using modern tests, the physician brings all available means to his aid so that he may make a correct diagnosis.

TWENTY YEARS AGO

From the issue of the Free Press, Thursday, February 11, 1910

The wheels and the runners are frequently intermittent this winter.

Yes, the bear was able to see his shadow.

Longboat's stock went up considerably here at midnight last Friday when the news of his victory over Shurab, at New York, reached town.

Mr. James Mills, who had the misfortune to fracture his ankle, was the heel of his right foot by jumping out of a rig on the frozen ground about New Year, had a very bad cold and is now unable to get about with the aid of a cane.

Knex Church Choir was very highly entertained at the home of Dr. and Mrs. Gray when they had been invited to hold their weekly practice there on Friday evening.

On Monday afternoon while skating on Anderson's pond, Miss Hazel Mason inadvertently skated on a thin coating of ice over one of the places where the ice cutters had been removing ice.

Members of the Women's Institute, to the number of twenty-eight accepted the invitation of Georgetown Institute last Wednesday, and attended the monthly meeting and prayer service.

At the close of the Georgetown ladies served dainty refreshments.

The time at the chopping mill has been repaired and strengthened and was put into commission Monday.

The municipal legislators have had a busy time the past week. When the Auditor's Report was presented it was accompanied by a letter recommending a more satisfactory plan for keeping the books of the electric plant, especially in connection with the revenues.

A special meeting was called to consider the auditor's recommendation.

After consideration had been given to the duties of Municipal Officer, and Electrician, it was moved and seconded that the clerk be instructed to advertise for applications for the office of Municipal Officer, at the salary of \$200.00 per year, the duties to be as follows:

Municipal Assessor

Collector of Taxes

Collector of Electric Light Revenue

Sanitary Inspector

Caretaker of Town Hall

Caretaker of Public Park

Caretaker of Petrius Cemetery

Commissioner of Streets and Walks

Constable

Poundkeeper

Trust Officer

and such other duties as may be required in connection with the work of the municipality.

The regulation meeting was held on Monday and applications for the position of Municipal Officer were presented by W. D. Smith, B. M. Tashy, William Hicely, William O. Lawson, H. H. Warden and George Locker.

At a special meeting on Tuesday evening W. D. Smith was appointed Municipal Officer.

Elegant sermons were preached at Knox Church Anniversary last Sunday by Rev. A. E. Mitchell, H. A. Hamilton.

The music by the Choir at both services was exceptionally fine, and the floral decorations very attractive. On Monday evening a tea-meeting and entertainment proved a great success.

The Board of Health met in the Council Chamber last Friday evening. Members present: Reeve Iwakcham, A. J. MacIntosh, W. D. Smith, B. M. Tashy, O. G. Gamble and A. Brown.

After discussion of several matters it was moved and seconded and carried that the Municipal Officer be instructed to investigate all kitchen sinks and receptacles and where any are found still connected with the street to have them cut off at once. Mr. James MacIntosh was appointed chairman for the year.

THE SUNDAY SCHOOL LESSON

FOR SUNDAY, FEBRUARY 10

REPENTANCE AND FAITH

Golden Text.—Repent ye, and believe in the gospel.—Mark 1: 15.

Lesson.—Lk. 1: 10-20; Mark 1: 20-22; Mt. 2: 1-13; Luke 3: 1-14; 11: 11-24; Acts 2: 37-39; Heb. 11: 1-10.

Sunday Preliminary

Read the seven Bible passages.

Mark in each what you think to be the central verse.

Consider the relation between faith and repentance.

Monday: Isaiah and Ezekiel

Isa. 1: 10.—Babylon and Gomorrah were cities beside the Dead Sea, destroyed by God because of their wickedness.

V. 14.—The day of the new moon, the Sabbath, and religious festivals.

V. 16, 17.—Religious ceremonies do not count with God, but hearts of purity and love.

V. 18-20.—No one need despair, however terrible his sins. God can make them as if they had not been.

Ezek. 18: 20.—The sad results of sin are transmitted from father to son.

V. 21.—Only by great longing for our freedom from sin, for he knows that from sin, only that which can free us, is our only hope.

V. 22.—Only by getting a new heart, and only Christ can give it to us.

Tuesday: Mark 2: 1-12

V. 5.—Palsy is a fearful disease, but Christ knew that the "disease" of sin is more fearful than any physical ailment.

V. 10.—Christ alone has authority to forgive sins, for it is against him that we have sinned.

V. 12.—The forgiveness of sin brings with it new strength and great joy; it totally transforms our life.

Wednesday: Luke 3: 1-14

V. 7. God is love, but God is also, and necessarily wrath against sin.

V. 8.—No one repents and keeps on sin, but he who repents means a changed life.

V. 10-14.—The acts that prove repentance are plain and simple. No one need be in doubt about them.

Thursday: Luke 15: 11-24

V. 12.—The younger brother would receive half what the elder brother would.

V. 13.—The elder is always in a far country—far from home and love and peace.

V. 14.—There is always a great famine in the land of selfish pleasure.

V. 15.—To a few nothing would be more shameful than to tempt their own children to sin.

Friday: Acts 2: 37-39

V. 37.—Peter's sermon, Pentecost shows the wonderful transformation wrought by Christ's resurrection, from death to life.

V. 38.—Awakened sinners are filled with alarm. They see they are on the brink of a terrible precipice.

V. 39.—The outward confession of Christ, reception of the Holy Spirit to keep the heart pure.

Saturday: Heb. 11: 1-19

V. 1.—Faith is the power back of repentance. It is not enough to turn from sin, we must turn to Christ, or we shall be lost.

V. 6.—If our repentance does not last, it is because our belief in God is feeble and wavering.

V. 7.—Faith is like an ark, saving us in the flood of worldliness, and preserving us from the deluge of sin.

V. 8.—Faith sets forth for an unknown land, but it sets forth with Christ, and he will be with us.

V. 10.—The saddest thing in this life is its changes and losses; the happiest thing is the life to come as its permanence.

THE PENALTY OF MIRTH

The First Church of Lyn, one of the organizations in the country, has lately celebrated its hundred and seventy-fifth anniversary.

The services, however interesting, contained nothing of so exciting a nature as those of a former celebration. The occurrences marking the dedication of the new Church House in 1822, are recorded by an eyewitness and quoted in "Ochadiah Oldpath's" Lyn. After the formal ceremony of dedication a treat was held.

Ye dinner was in ye great barn of the floor. While ye were at table a rooster flew to ye beam over our heads. Mr. Richardson, ye Newbury minister in a very loud voice and drolly proclaimed that the ye house was a noble temple it yet was but a fustel for ye jolly jewel of Lyn. Whereupon a most lusty crew was set up by ye old cock on ye beam, and he flopped his wings sending ye dust down into ye face.

Ye cupmate hurled apple at ye misbehaving fowl, but not being of good aim did not hit, and with a whirring noise flew to ye ground as if in disgust. Mr. Gerrish was in a merle mood. Not having much to do, he endeavored ye dangerous performance of popping and laughing at ye same time. In doing so he set his jaws open in such a wise that it was beyond his power to bring them back again. His tongue was very great and his joyful laugh was soon turned to grievous grunting.

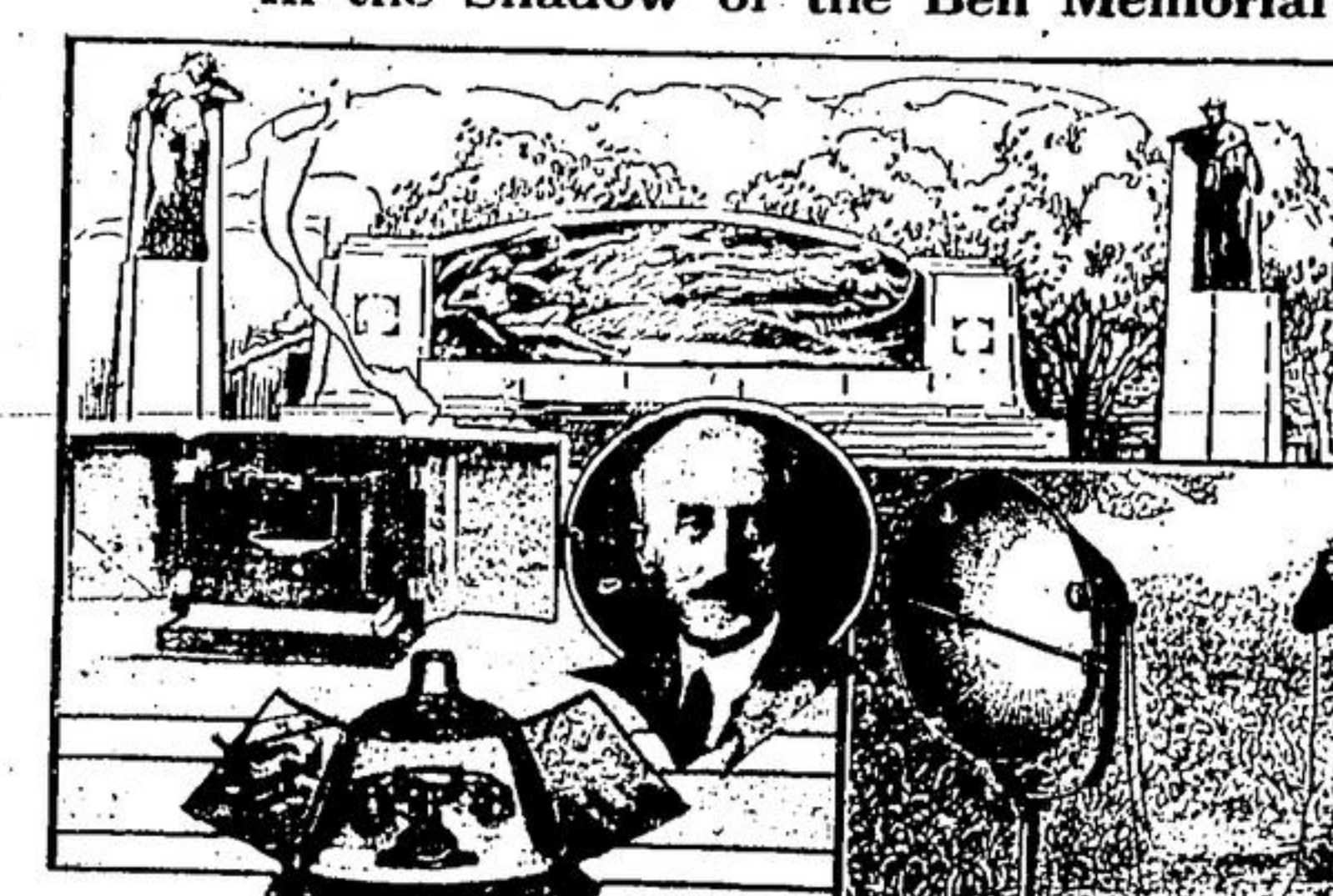
Ye did our utmost to say the anguished of Mr. Gerrish, but could make out but little till Mr. Rogers, who knoweth something of anatomy, did bid ye suffer to sit down on ye floor, and taking his head between his legs, turning ye face upward as much as possible, gave ye loud laugh, and sudden press which brought ye jaws again into working order. But Mr. Gerrish did not give up laughing much longer, neither did he talk much for that matter.

FOR SCALDS OR BURNS.—Dr. Thomas' Electric Oil is a standard remedy for the treatment of scalds and burns.

Water, Walter's Ointment, quick; send for the manager, there'll be a terrible mistake. "What is it, Walter?" gravely demanded the water.

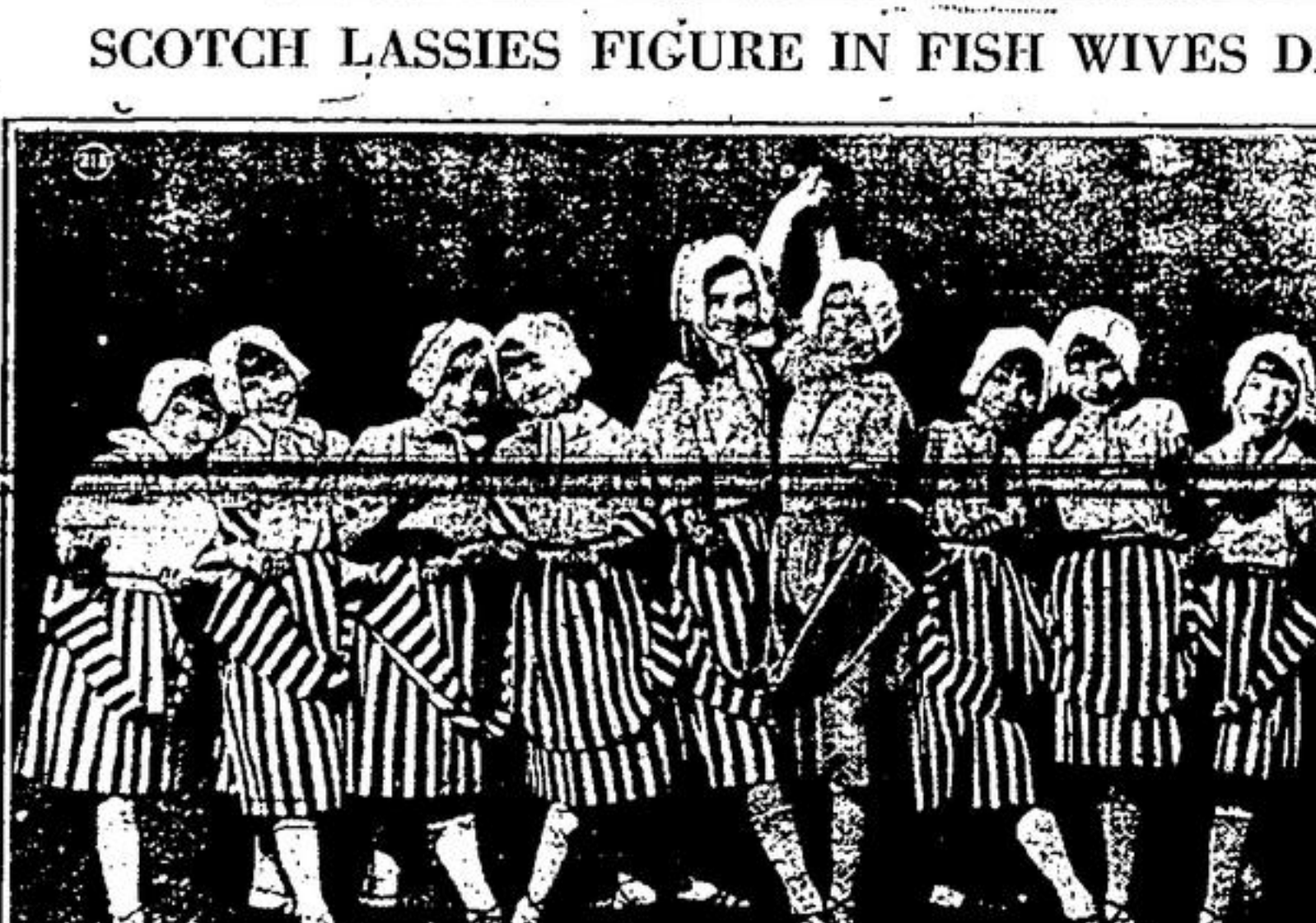
"It's a terrible mistake," shouted the drunk, sliding wading the man, "those darn fool printers have printed thish thing upside down!"

In the Shadow of the Bell Memorial



The presentation to Lord Willington at Bramford the other day of a model of Bell's first telephone together with the latest cradle type instrument and the great contribution that Dr. Bell made to the art of electric communication. It serves also to remind us that Dr. Bell was the first to project sound waves by means of light.

SCOTCH LASSIES FIGURE IN FISH WIVES DANCE



This was one of the outstanding features of the first Sea Musical Festival held at Vancouver, January 23-26, under the auspices of the Canadian Pacific Railway. It featured the finest vocal and instrumentalists and well trained artists, under the musical direction of Harold Gustave Ekey.

HE HONEST

A merchant required an additional clerk and advertised for a boy. The first boy that answered was ushered into a vacant room, and told to sit in a particular chair and wait.

ARTIFICIAL PRECIOUS STONES DEVELOPE EXPERTS

A little over a decade ago a French chemist and scientist started the world with the announcement that he had discovered the lost art of the alchemist.

HE DID NOT TELEPHONE

Ellen Reed's bright face showed signs of excitement as he rushed into his uncle's office one morning. "May I use your telephone, Uncle Jim?" he asked breathlessly.

EASILY SATISFIED

A manufacturer of tombstones in a flourishing Western town one day received a call from a countryman who wished to buy a stone for his mother's grave.

CONCEITED

There is an old and perhaps familiar story of a man who was asked why he was so conceited.

TERRIBLE MISTAKE

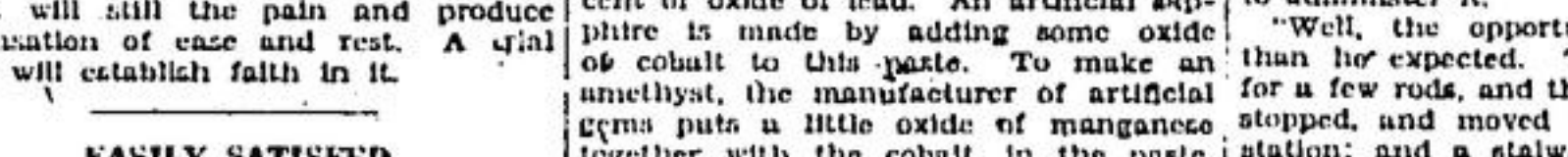
A slightly inebriated gentleman hurried into a safe late one night and sat down at one of the tables. Holding the front card upside down, he gravely inquired if he were in the safe.

HERBS THAT HEAL WHEN LUNGS AND BRONCHIAL TUBES SEEM ALL ON FIRE

Fifty years ago, a quiet-going soul, James Gallagher, came to Peterborough, Ontario. He was a marvelous skill in commanding the lungs.

CHILDREN CRY FOR

Fletcher's Castoria is a pleasant, harmless substitute for Castor Oil, Purgative, Teething Drops and Soothing Syrup, prepared for Infants in Arms and Children all ages.



MAIL INQUIRIES RECEIVE PROMPT ATTENTION

Lower Wyndham St. GUELPH

Subscriptions for All Magazines Taken at The Free Press Office

Famous for Economy and Healthfulness



Full size biscuits thoroughly baked With hot milk... a bowlful of warming energy for cold days.

Made by The Canadian Shredded Wheat Company, Ltd.

Highest Prices Paid For Butter Fat

GIVE US A TRIAL—PHONE 53

Halton Cream & Butter Co.

MILTON AND ACTON

Chas. Thompson, Manager Acton Branch

J. Cadesky OF TORONTO EYESIGHT SPECIALIST

WILL BE AT A. T. BROWNE'S DRUG STORE, ACTON Monday, March 4th

Anyone suffering from Eye-strain, Dizziness, Headache should not miss the opportunity of consulting this specialist.

Appointments may be made with Mr. A. T. Browne, Druggist.

CONSULTATION FREE

W. B. BROWNE & Co.

Millers and Grain Merchants—Norval, Ontario

NATIONAL NORVAL For Pastry

KING'S CHOICE CANADIAN WONDER For Bread

BRAN SHORTS MIDDINGS

Chopped Wheat Barley, and Chicken Feed At the Mill

Agents for WHEAT POOL WHEAT OATS BARLEY Here—Take FEED Back—We Will Truck if Preferred

CONSULT OUR NEAREST DEALER

If you have PILES

Many sufferers from piles believe that their particular case is a peculiar one and can only be relieved by an operation. These people have never tried NATURE'S PILE REMEDY.

This old herbal preparation not only relieves the sufferer, but it acts upon the cause of the disease and effects a much more lasting relief than any other form of treatment in the past 20 years.

NATURE'S PILE REMEDY None genuine without the name A. W. Merrill

A. T. BROWN, Druggist

Savage & Company

JEWELLERY, WATCHES, SILVERWARE, CHINAWARE

Silver Tableware Noted for Quality Moderately Priced

MAIL INQUIRIES RECEIVE PROMPT ATTENTION

Lower Wyndham St. GUELPH

Subscriptions for All Magazines Taken at The Free Press Office

TIME TABLES

AT ACTON

CANADIAN NATIONAL RAILWAYS

Going West

Daily—except Sunday 10:41 a.m.

Daily—except Sunday 7:55 p.m.

Daily—except Sunday 10:43 p.m.

Daily—except Sunday 7:59 p.m.

Daily—except Sunday 5:00 p.m.

Daily—except Sunday 6:17 p.m.

Going East

Daily—except Sunday 7:08 p.m.

Daily—except Sunday 11:29 a.m.

Daily—except Sunday 6:17 p.m.

Daily—except Sunday 6:17 p.m.

Daily—except Sunday 6:17 p.m.

Daily—except Sunday 6:17 p.m.

Daily—except Sunday 6:17 p.m.

Daily—except Sunday 6:17 p.m.

Daily—except Sunday 6:17 p.m.

Keefe Street and St. Clair Avenue

Freight delivered by special express freight. Freight picked up at any address in Toronto.

TRAVEL BY

Leave Acton for the West—10:10 a.m.; 4:10 p.m.; 7:00 p.m.; and on Saturdays, Sundays and Holidays, 11:00 p.m.

Leave Acton for Georgetown, Norval, Brampton, Toronto—8:30 a.m.; 11:35 a.m.; 7:35 p.m.; and on Saturdays, Sundays and Holidays, 10:35 p.m.

Painting and House Decoration

Graining a Speciality

Prompt Attention Satisfaction Guaranteed Estimates Given

TELEPHONE 179 RICHARD H. BLANCH Box 350, Acton

Notice to Creditors

The Creditors of Jessie Isabella Denny, late of the Township of Erin, Ontario, formerly of Acton, who died on or about the Thirtieth day of December, 1928, and other parties having claims against her estate are required to send to the undersigned solicitor their full names, addresses and descriptions, full particulars of their claims and the nature of the securities, if any, held by them.

This notice being given in pursuance of Section 51 of the Trustee Act, R. S. O. 1927, Chapter 152, notice is hereby given that on and after the Twenty-fifth day of February, A. D. 1929, the Executors will proceed to distribute the assets of the said Jessie Isabella Denny among the parties legally entitled thereto; and they will not be responsible for any claims of which they have not then received notice.

Dated at Acton, Ont., this 24th day of January, A. D. 1929.

FREDERICK NORMAN DENNY, WILLIAM SEVERETT DENNY, ARTHUR DWAGHLEIGH, Executors. By H. N. Farmer, Acton, Ont., their solicitor. 30-3

Notice to Creditors

The Creditors of John H. Allan, late of Lot Seven, Concession Three, of the Township of Erin, Ontario, who died on or about the Eighteenth day of November, A. D. 1928, and all other parties having claims against his estate are required to send to the undersigned solicitor their full names, addresses and descriptions, full particulars of their claims and the nature of the securities, if any, held by them.

This notice being given in pursuance of Section 51 of the Trustee Act, R. S. O. 1927, Chapter 152, notice is hereby given that on and after the Twenty-fifth day of February, A. D. 1929, the Executors will proceed to distribute the assets of the said John H. Allan among the parties legally entitled thereto; and they will not be responsible for any claims of which they have not then received notice.

Dated at Acton, Ont., this 24th day of January, A. D. 1929.

JOHN ALLAN and GIBBERT EDWIN ALLAN, Executors. By H. N. Farmer, Acton, Ont., their solicitor. 30-3