And always went to bed'at ten. the left no little things behind, But stories new and gossip kind.

Health Service of the Canadian Medical Association The Open Bedroom Window

One of the striking changes in perthe bed-room window at night. It is not so many years ago sincethe windows were closed, with the coming of cold weather. Indeed, many persons stuffed the few cracks around the windows to make sure that no air came in from outside. That was the time when a sick person was protected from it would cause his death.

education. Other diseases had been dangerous struit. Putcoli-An imporfought by police measures, by comput- tant scaport on the west coast of Italy, years before Shakespeare, wrote: sion. People were forced to improve It was a great centre of commerce with living and working-placen; they were the Orient. obliged to install sanitary conveniences; 14.—Rome—The mightiest city in the

been along this line. In place of force, of Parthia (Persia). fresh air, thus lessening the chances of the occurrence of tuberculosis. It is true that fresh air, day and

open do so because they like it, when the rest of his life, we are dependent the windows are open, they sleep better, upon inferences frown from his writings they feel better and they are better, The window is, of course, opened with ecnsideration for the temperature and wind. If a fraction of an inch on a

be had simply for the effort of taking it. Keep the bed-room window open! Questions concerning health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered by letter. Questions as to diagnosis and treatment will not be answered.

TWENTY YEARS AGO

From the Issue of the Free Press, of Thursday, December 10, 1908

Sunday's anowstorm gave excellent sleighing. Work is in progress on the new flume and connections at the chopping mill. and the staff is working overtime. the Anderson Pond the past week. The Winter Pair is attracting large numbers of visitors from this vicinity. N. Patterson, butcher, is putting a steam boiler and modern outfit his abbatoir.

Officer Carnahan made a splendid seven o'clock on Monday morning. Rev. T. A. Moore delivered a very inlast Sunday afternoon. Rev. J. K. , Godden, M. A., of Cale-

of missions, in St. Alban's Church, last Thursday evening, Mr. Godden was greeted very cordially on all sides by

present a very handsome appearance. Church, Acton, was held last Sunday. Rev T. Albert Moore, of Toronto, General Secretary of the Lord's Day Alpressive sermons. The Trustee Board re- of freedom, or would we rebel? quested an offering of \$600 cash. The \$622.50. During the day the choir rendered special music, that, was much enloved by the congregation. The floral decorations of mums, ruses, carnations and similax were attractive.

RAMBAY-At Eden Mills, on Decembe December 4, John Ross, formerly

GREATLY NEEDED

aged 76 years.

An Englishwoman, who passed her girlhood in Paris, relates a touching incident of the loyality of an old lady them out painlessly. who taught her French history. The old lady's bite book was a History of Prance, which she read and reread. semetimes her pupils averted, turning over two or three pages at a time without finding the necident at all confusing. Whatever value of the theories great force is controlled by a docility loded de rodents was frien's o' de fambly. which she deducted from her historical in marvellous contrast to the huge, rough and somehow de name kind o' struck.

thought of our poor old lady, alone diderate. In Murray's Magazine, appear- don't you know, I don't never favor them laughing and sniffled them cookwith her poodle in the midst of the ed a story of Bombera, a big elephant names dat's common, and redent sounds ing, but they never even saved me terror and desolation of the city. By employed in the construction of a Cey- kind o' tony to me. Don't you lak it, bit of Welsh rabbit." the assistance of the Baroness Majer lon dam. the assistance of the Baroness Mayer lon dam.
de Rothschild I was able to send letters | Bombara drew from the guarry the "No, said Miss Lucy, "and I don't

cent events, I said, "And now I-want elephant, when one of them asked if 'Im Beelzebub. Dey'll call him 'But,' subject-I knew you would not forget mahout said quietly.

ded madame, solemifly. "Yea will be swung up the hammer as if it were gratified, I know, to learn the use to a feather and knocked the stone into which I put it. They had come round buts. to every house on the street only that "Now take your pipe and smoke it."

morning. Madame Martin was with me." continued the mahout. Here madame took a pinch of shuff very. The animal stuck the sledge-hummer striously. "She go to the banker's for in her mouth and walked off as if enme, and she took the money at once joying the morning amoke, end inscribe my name on the list."

quartier to the city of Paris." "What, all of it?" said-I. "Yes, all of it," said she, "Do you would some in Sight Bombera would suppose that I should have kept any of charge at him, prostrate herself before

cellent medicine to destroy worms.

THE SUNDAY SCHOOL LESSON

FOR SUNDAY, DECEMBER 9 General Lesson Title, -- Paul goes to

Beripture Material .- Acts 27, 1 to 28, 31; 'Rom. 1, 8-5; Phil. 1, 12-14 (Acta 28. 11-24, 30, 31). Golden Text .- I am ashanted of the grapel; for it is the power of God unto salvation to every one that be-Reveth.-Rom. 1. 16. Devotional Reading.-Acts 3, 1-8.

The Text Explained (In chapters 27-and 28 of the Book of the Acts, we have the account of Paul's long sea voyage from Palestine to Italy, including his shipwrock on the Island of Malta. The narrative is one of the finest pieces of descriptive writing dargany language. Every person who is following this course of lessons should

rend it carefully.)

11. -After three months -- That is, three menths from the time of their shipwreck We-The use of this pronoun indicates sonal habits which hes occurred within that take was one to the strike wheat ship carrying a cargo of grain from Alexandria. the chief reaport of Egypt, to Italy, . The Twin Brothers-The ship was named "The Twin Brothers of Zeus and Leda." 12.-Syracuse-The chief city of Bielly, famous because of its prominent part in-

the Peloponnesian War. 13.-Rhegium-A port near the southcool, fresh air, as if one mouthful of ern extremity of Italy, at the opening of the Strait of Messina. Cylla and We may, forget that tuberculosis was Charybdis.) A south wind-Which was the first disease which was fought by necessary to carry them through the

Roman authorities permitted Paul to Irving in America to revive with their Crayton's heart. 30-31.—With these verses, the definite which we find memorably described in in hand a representation of "Dardle's exactly six hundred years ago. Those who sleep with bed-room windows narrative of Paul's career closes. Per

> and traditions of the early church. Lesson Themes In Rome.—Paul has travelled over Being an occasional church goer, he

preaches the gospel. In the presence his wife. Name that is above every name. It was said he, glumly. not by accident that Paul came to Rome. "Well, what is the matter?" she per- back, shyly and sunnily. He had long been wanting to come, and sisted.

Por, Jesus' Hake .- Paul was ever con- home?" persecutions, and imprisonments were mement, and then asked: It was for Jesus' sake. The jealousy; hibution-box?" prejudice, hatred, and villainy of men The glove works is crowded with orders | had comething to do with it. But Paul bore no malice against the groups that "Rather," he repeated. "Rather lib- there isn't much left to explain now had no such signal honor. Skating has been much enjoyed on opposed him. He realized that opposi- eral. Rather too liberal." proclaimed it was inevitable. In its con- this way. When the deacon started the telephone. of Chrst, was consciously the aggressor, ed if the half didn't allp out of my way home from the train. Well, now Besides the fact that there he wrote of cleaning the street crossings before And there could be no compromise. fingers and roll down the aisle. I didn't I'm going to speak into this, and my the three above mentioned books, the teresting address on his work of the prize him. He took it for granted. He "Just as he got to me the dearon send me what I ask for. Lord's Day Alliance in Knox Church submitted to the consequences without happened to look down, and of course "Hello! Give me Sanderson's grocery, March, 1837, and remained there until complaint. Personal inconvenience, perhis eye lit on the half-dollar lying in picase. Yes, Sanderson's. Hello! I'm November, 1839. It was while he lived secution, hardship, and pain did not the aisle in front of him. So he pickMrs. Vale; Mrs. Stephen Vale, 25 Locke there that he gathered round him the devotion to whom was the impelling force word. Just gat like a dummy and saw ing. You heard, Sigrid? The eggs will in the apostle's life.

the half go with the quarter. How hard it is to emulate such an "Boventy-five cents gone, and me with- understand?" his former parishioners and friends in example in these modern days! How out another cent in my clother, having Sigrid, her blue eyes wide, signified The luncheon or dinner table filled easy to see only the faults and per- to walk home instead of taking the trol- that she did, and Mrs. Vale departed, with color is invariably a table that versities of these who oppose, us per- ley." . sonally or the things we are striving for! Then he chuckled, and said: The anniversary of the Methodist its triumph that we are striving? Has five cents or just for the quarter." selfishness been entirely eliminated? "You won't get credit for any of it," with soft folded cloths. liance of Canada preached able and im- Would we submit patiently to the loss wicked feelings when you saw the half- she yingle, I yump!" dollar go, too."

Trace Paul's journey from Caesarea to Rome. How was the city of Rome governed in the time of Paul? Who was the Itoman Emperor? What special Mrs. Zuba Creel, a young colored privileges did Paul enjoy over the other woman who did housework by the day, helpers were with him at Romo? What out how Zuba was gotting onletters did he write during tils sojourn "What are you going to name in Rome? "What ground is there for sup- | baby, Zuba?" asked Miss Lucy, after inposing that he was set free, and later specting the tiny newcomer with due was again imprisoned and was excented?

Soft corns are difficult to erudicate, I 'spec' I'll name him Rodent." but Holloway's Corn Remover will draw ever made you think of that?"

BOMBERA

Behind the gray forehead of the ele- redents was a-coming. phant lies a whe brain. The creature's "I didn't hear no mo'n dat, bu: I studies, her patriotism was of the finest bulk. No wonder the masters are fond me. I kep' saying it over and over till a little Boston girl announced the other mality.

During the slege of Paris I often though brute, are intelligent and con- laid it up for a time o' need, 'cause but they wouldn't let me. I could hear

to her, and a draft on the bank of stone to be used, unfastened the chain, think you will, either, when I tell you high. "It kan't really rabbit, you know." Paris, with which, as I hoped, she would rolled the block with her forehead along that she spoke of todents. I neverbe able to obtain the necessaries of which the narrow embankment, and fitted it heard of a person named that, but any lot," respended the little girl with diginto its place. If it were not just even, small animal that grave is called a fitty. "Welsh rabbit is grown-up slang Dear old madame did not look in the she would straighten it until it was rodent." least surprised to see me, when, after right, and all more quickly than a stone- "Hush!" cried Zuba, in astonishment. | She was not right, certainly; but was the slege was raised and I had returned mason would have done it, and nearly "Ef dat pin't de cap-sheaft Weli, I less mixed than mayor of New England to Paris, I walked into her little room. as accourately, shore sin't goin name dis no little lamb fown whose bill of fare for the enter-After considerable conversation about re- Once some visitors were watching the after no varmit. I reckon I'll name tulmment of a visiting fire company made

to ask you, madame, did you receive the Bembers could break a large stone with anyway, no matter what I names 'im." money from Measts. Rothschild' bank?" a heavy sledge-hammer which lay near. "I thank you, my dear child. I re- by. The rest of the party exclaimed ceived it-I was about to mention the that was too much to ask, but the Herbs That Heal When "Bombera can do anything." He give a command, and the elephant

The way to Bombera's heart was "The list!" said I, much bewildered. : through her stomach. By timely at-

One of his many prescriptions-for folk subject to Bronchitis or timilar illa "I subscribe it," said madame, "to tentions in the shape of catables, one the cannon which was presented by our of the English officers stationed at the works won the elaphant's undivided atfection. the adored him. When he blm, rub her head in the dust and Unless worms be expelled from the up softly behind him, and he, feeling system, no child can be healthy. Mother comething like a leaf-touch on his car, Craves' Worm Exterminator is an ex- would know that Bombera was holding gently in her trunk a token of her love.

Victoria to Have an Old English Yuletide Festival



For Christmas comes but once a year.

At Christmas, play and make good cheer. iish tradition will come alive as never tivities hallowed by six centuries of Engif they suffered from a communicable world in Paul's day. Here sway cover- he made certain the success of "the have the city of Victoria. B. C., which disease, they were isolated whether they ed the civilized portion of Europe, all Farmer's Daily Dict," a grandparent of has been called "a corner of England on wished to be or not. "Poor Richard's Almanae" filled with the Pacific coast," Here, in the Em-The fight against tuberculosis has not and extended into Asia to the boundaries sober agricultural lore and sober max- mess Hotel, an Old English Yuletide Dickens-in the Pickwick Papers. This is ims of thrift and honesty. Englishmen Pestival is to open on December 22. to have a constant of

15.—The market of Applus-Appli have needed no urging to follow Trus- The helly and toy and resemany, cele- tide music to set off the charming follows used. The educational work has not Porum. A town on the Appian Way, ser's welcome advice, and have celebrat- brated in English song all flourish in of its lovely ludicrous characters. Dr. been limited to those suffering from tub- 43 miles south of Rome. Its modern ed Joyously the "Twelve Days of Christ- Victoria, and will furnish the traditional Healy Willam, of Toronto Conservatory erculosis, but has extended to all. From name is Poro Applo. The Three Taverus mas," except during the Reformation and retting for the carolling, the wassalling, of music has correspond for the occasion -Tres Tabernae, a town on the Applan under the regime of the Ironsides when the mumming, the Twelfth Night merry- incidental muste to "The Chester Mys-'stressed and we were advised to open Way some ten miles north of Appli such festivities were frowned upon. But making, the Yule log, the mistletoe, and teles," a Christmas play selected from Porum. The exact site is unknown. The it remained for Dickens and Washington c.her, delights that warmed Geoffrey a group of mediaeval pageants which magic pens the old Yuletide spirit. | Harold Eustace Key, director of Can- of Chester, England, dealing with the 17-24.—This speech is another illustra- We on this continent have long ada's major music festivals, is arranging timeless theme of the shepherds and tion of Paul's tactful method of intro- fashloned our Christmas celebrations on the musical programmes for the nightly the Babe of Bethlehem. The first pernight, is good. We know that the old ducing and presenting his message. | the model of the old English Christman, concerts at the Empress Hotel. He has formance of these Mysteries was in 1328,

THE EXTRA HALF

"Seventy-five cents."

"Wasn't that rather liberal?"

CHANGED HER MIND

"Well'm, one day las' spring, when

heard Miss Alice tell her may the seen

some signs that made her think 'de

Tubes Seem all on Fire

Fifty years ago, a quiet-going soul,

James Gallagher, came to Peterborough

County. His was a marvelous skill in

and nasty coughs and colds was his

Indian Lung Remedy, full of the health-

giving power drawn from Mother

Nature, herself. Wonderfully healing to

inflamed tiasues. A builder of good,

red blood. Make the acquaintance of

this tried, reliable remedy, 'keep well

this Winter. Together with the other

fine Gallagher Herbal Household

A. T. BROWN, ACTON

Remedies, now obtainable from

compounding herbal medicine.

SIGRID AND THE TELEPHONE

is strategic cities. Now he is in Rome. family was therefore comewhat curious, pleasant blue eyes, fresh complexion and Lendon, and will preserve it as a me-He has come to the centre of the world's cays a writer in the Providence Journal, smooth, silver-gold hair of her new ac- merial to the great novelist. Welcome life and the fountainhead of political when he returned from church one Sun- qualtion from Sweden, Sigrid ought to news indeed to all who have read the power. He is in the world's capital city. day noon with a most disconsolate air. | do. She was green, of course; but she Fickwick Papers, Oliver Twist and Nicho-Here too, and quite unabashed, he "Didn't you like the sermon?" asked was clean, modest and willing. It would has blockleby, for it was there that those be the mistress's fault if there were a books were written! The purchase, says

it was God's plan for him to come. For "Nothing's the matter," he retorted, her husband the next day, "and with of England. Christianity I: in its nature imperial, sharply, "Can't a man look sober when time she'll be a treasure. She comes Dickens was not a Londoner born, but It would conqueror every stronghold, he gets back from a solemn religious from a little farm in a little village, at he was a Londoner bred. He loved service without causing a riot in his the little, last end of a lost inlet of a the great city as few others have loved sclous of the fact that his suffering, . This wife looked at him anxiously a city kitchen a bit, overpowering at first, had been able to write before or has Some of the modern conveniences she's succeeded in writing since. Dr. Johnbecause of his teachings of the gospel. "How much did you put into the con- as eager over as a child with a new som's house is preserved in Gough toy, and, some, like gas and electricity, ... quare. Caryle's is maintained in introduce her to things gradually, but greatest of all English novelists, has

extept the telephone." flict with paganism and with narrow down for the contribution I felt for "Now, Bigrid," she began, "you re- and picture gallery. Of all the London Pharislaism it took the initiative. In some change, and I found I had two member the grocery store near the rail- houses that Dickens lived in perhaps the realm of moral and intellectual con- pieces a quarter and a half. While I was way station, dont you? We stopped there that in Doughty Street is the most aptroversy Paul, as the ambassahor of thinking which one I'd put in I'm bless- for lemons the day you came, on the propriate and fitting for such a purpose. Therefore, the bitter opposition of nar- want to scramble for it then, and figured voice will go over a long wire to the house was the first that he occupied row, evil, and selfish men did not sur- I could get it at the close of the service, man at the counter, and presently he'll after his marriage; he moved into it

deter him. All his toll and labor were ed it up and dropped it into the bix. Street, I want a dozen eggs as soon leading lights in literature and in the not for himself. They were for Christ, I didn't have the nerve to breathe a as possible. That will be all this morn- arts. come in about twenty minutes. You

Returning zome twenty minutes later centains a well-balanced meal. This through the little hall where the tele- does not refer to the color of the table-Are we as sure of our purpose as was, "What I'm wondering now is whether phone was placed, she found Sigrid cloth or of the dishes, but of the foods Paul? Is it wholly for the truth and I get credit for giving the whole seventy- scated in front of it, tensely watching, themselves. Serve plain whites and On her knee was a backet neatly lined browns (bread, potatoes and meat) and Could we endure hardships and suffering observed his wife. "The credit for the "Not yet haf they come, Mrs. Wale," one. Let us see the green of the lettuce, without resentment and bitterness? quarter will be checked off to cover your the explained, eagerly, "but yust so soon the red of the radish, the orange of the

wire and drop one by one from the healthful one. mouth of the receiver, and she was! See that a fruit cup or fruit salad ready to catch them as they came, if is served at least once a day. Oranges, possible, holding the padded basket below pineapples, apples, pears-dozens of fruits to receive any that she missed. Dis- may be blended in various ways, placed privileges did Paul enjoy over the other woman who did house to devote her-prisoners? How did he utilize these ad- was for a time obliged to devote her-learn that they were then arriving, in sauce, to form such a salad. appointed and momentarily abashed to upon lettuce leaves, covered with a tasty whom did he first address himself, and the family. Miss Lucy West, one of her whistle could be heard at the kitchen tables—raw as often as possible—and door, even before he had delivered them you need not worry over the rest of Sigrid's smile had returned, and she the foods served. the admitted gleefully:

"I guesa it is a yoke on me, Mrs. Walt

"Well'm," returned Zuba, "I been lively that no traces of worms can be studying over a new name I heard, and found. The pests pass away in the stools without being perceptible. They make "Rodent!" gasped Miss Lucy. "What- an ontire and clean sweep of the intestines, and nothing in the shape of I a worm can find lodgement there when was I'ning clo'es at Mis' Parlin's I these powders are in operation. Nothing could be more thorough or desirable than

mirth for his fellow citizens nearly half a century ago. Mr. L. M. Ingram has recently retold the story: "A meeting of the city council was called, and the mayor presided. His ideas as to the hospitality properly to be offered where definite, and included a collation. One of the aldermen inquired, 'And what do you propose to provide for a collation, Mr. Mayor?" "'Hot coffee and sardines,' replied the mayor promptly; but there were murmurs from the council, and a member suggested that the menu might be considered rather unsatisfactory. His Honor was ruffled. 'I know better?' he asserted angetty. Bardires are hearty. and will be just what hungry men need. "'Hearty!' echoed the remonstrant. "Scereely very hearty for hungry men!

Perhaps His Honor does not know what saidines are?"I know that sardines are in well as you, or any other member of this b and? cheuled the trate mayor. 'I'm state I've eaten enough of them in my life. They are easily prepared-that's am har nelvantage. Just take two pieces of bread and put a slice of ham between them, and there's your sardine, all made!"

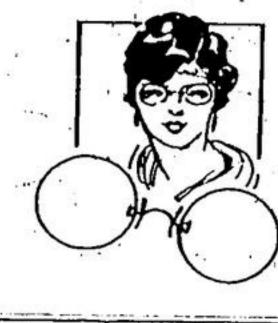
of Rome's great names he uplifts the "Oh, the sermon was all right, I guess," failure this time; a little patience, morely hir. B. W. Matz in the London Graphic -she smiled at Sigrid, and Sigrid smiled shows how inseparable are two of the "She's a dear anyhow," Mrs. Vale told of Charles Dickens and the capital city

lonely bay; and, naturally, she finds a it, and wrote of it in a way no one she's rather afraid of. I'm trying to Cheyne Row, Chesles. Yet Dickins, the The intention of the Fellowship is to tion to the gospel and to those who Then he went on: "You see, it was The next morning she led Sigrid to endow the house in Doughty Street and

MAKE THE TABLE COLORFUL

the meal is by no means a well-balanced orange slices in the salad and the dell-She was, it proved, expected the eggs cate tint of the string bean, and we





J. Cadesky OF TORONTO

EYESIGHT SPECIALIST WILL BE AT A. T. BROWN'S

DRUG STORE, ACTON Monday, January Anyone suffering from Eyestrain. Defective Vision or Headnshe should not miss the opportunity of consulting this eyeslight specialist. Appointments may be made with Mr. A. T. Brown, Druggist. CONSULTATION PREE Office Hours D a. m. till 4 p. m.



TN THE TELEPHONE BUSINESS this I man is called a "trouble-shooter',' which may sound like sport but it isn't for him.

Any hour of the night he may be roused from sleep. Somewhere the line is down and it is up to him to fix it. Right away.

Usually the line is down because there has been a storm. It isn't much fun to cling to the top of a pole with a zero gale taking your breath away. .

INDING THE BREAK in the line is not as bad as it used to be. It used to mean that men had to trudge along through the storm, perhaps for miles, until the bad-spot was found. Today there are delicate instruments which can locate the spot within a few rods from an office many miles away.

They are so accurate that if there is a break in the 180 miles of line between Toronto and Sarnia, a min An sit in a building in Townty so. Or a man can sit in a building in Montreal

Quebec. He can tell the trouble-shooter almost the very pole to go to because every pole now is num-

and find a break anywhere between there and

BUT THE TROUBLE-SHOOTER has to do the actual job and it means more than losing sleep or braving bad weather. It calls for very high technical skill.

Big cables are simply lead containers holding hundreds of tightly packed wires, each fine as a hair. When the cable is burnt out for a stretch, or is opened, there is a fine looking mess. It looks like the stuffing of a hair mat-

Each of these hundreds of fine wires has to be connected again to its mate in the other half of the cable. If you can imagine you elf fingering those wires at two o'clock of a stormy wintry morning you will realize how good the trouble-shooter has to be at his job.

C TORMS COST MONEY as well as discomfort. The telephone system has over 675,000 miles of wire strung on poles stretching across 23,000 miles of country and every storm hits some part of the system. A big storm can do a great deal of damage. Sleet has cost the telephone company as much

as a million dollars in one year. Sometimes one storm means spending more than \$100,000 without delay. There is no time to call the directors together.

The job has to be done and the money must be spent. The money is ready because the telephone company has followed a policy of making

definite provision for such emergencies. And the job is done because the telephone business has men and women, like the troubleshooter, alive to the meaning of service and eager to keep the

telephone in the front rank of

Published by The Bell Telephone Company of Canada to tell you something about the telephone business and the people in it.

Canadian progress.



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Aids in the assimilation of Food, promoting Cheerfulness, Rest, and - Natural Sleep without Opiates To avoid imitations, always look for the signature of Chart Heteker Proven directions on each parlane. Physicians everywhere recommend it.

Fres Press Ads Will Self Your Goods order we emplo Let Us Convince You

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CANADIAN NATIONAL RA	
Sunday Only	10.41 a.m
Daily-except tiunday	7.55 p.m
Daily-except flunday	10,42 p.nt
Daily—except flunday	3.20 p.m.
Daily-except Bunday	5.00 p.m.
Daily-except Bunday	6.17 p.m.
Golor East	\$2000 Table
Sunday Only	7.08 p.m.
Dally-except Bunday ;	7.08 m.ml.
Dally-except Bunday	11.57 a.m.
Daily-except Bunday	3.47 p.m.
Daily-except Bunday	6.17 p.m.
Daily-except Bunday	8.13 p.m.

CANADIAN NATIONAL ELECTRIC MAILWAYS Westbound hally—except Sunday 7.55 a.m. 0.55 p.m. Dally 12.24 a.m. Eastbound Oally—except Sunday 6.58 p.in. Daily 9.37 a.m. Taily 1.37 p.m.

Toronto Terminal Keele Street and St-Clair Avenue Preight delivered by special express reight. Preight picked up at any ad-

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Duly _____ 7.37 p.m.

BIRAVEL BY

iress in Toronto.

10.10 a. m.; 4.10 p. m.; 700 p. m.; and on Baturdays, Sundays and Holldays, 11.00 p. in. -Leave Acton - for Georgetown, Norval, Brampton, Toronto-8.20 a. mi.: 11.35 a. m.: 7.35 p. m.; and on Saturdays, Sundays and Holl-

days, 10.35 p. m.

Amazing Results

and quick relief. Use Mrs. Bybilla Spahr's Tonsilitis for Whooping Cough. Cough, Croup, Bronchitis, Quinty, Head Colds, Catarrh, Tonsil Ills and Bore Throats. Try it. E. J. Hassard. 21-2

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Graining a Speciality Prompt Attention Satisfaction Guaranteed

Estimates Given TELEPHONE 179 RICHARD H. BLANCH Box 350, Acton

School Teacher Attacked

Not so very long ago, Henry was very anxious to go into one of the professions, so in order to make enough money to keep up with his expanses, he took up school teaching. Well, teaching isn't so easy now-adays as it used to be, and Henry had to work doubly hard to do his days work and also keep up with his private studies.—More than that, he had to spare some of his slender earnings to help keep his widowed mother life father died some fifteen years and fong before his goal was reached, if sty, too, had outworn his slender reserve of strength. Now he has had to kive up his position as a teacher, and his life's ambition, and enter the Muskoka Hospital for Consumptive, where a long light is before him. It may be many months before the experienced medical attention and hursing he is getting at this institution, the last hope of so many unfortusting he is getting at this institution, the last hope of so many unfortusting he is getting at this lastitution, the last hope of so many unfortusting he is getting at this work? I subscription would be most welcome inch may be sent to Ifon W Charlton or A. E. Ames, 318 College Street, Toronto I, Ontario.

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