

Table with columns for dates and numbers, likely a calendar or index.

The Free Press Short Story

PETICOAT-LAW AND PUMPKINS

By CHAS. M. HIBSON

Now, don't you think we look awfully demanding? ... I'll be right back.

To-day the dust and weariness of many a year encompas me. ... I'll be right back.

High prices are often imaginary. ... I'll be right back.

The average woman fails to appreciate the fact that many foods looked upon as expensive are really reasonable in price and sometimes actually cheap.

Let us take oranges and the present time to prove our point. This fruit is selling today at a price that many women look upon as rather high.

Price is merely relative. Instead of paying a high price for oranges to-day, we are really paying more than we were when the crop was much heavier and the demand not so great.

Not that is an argument by bringing up the fact that fifty cent meat is natural because it comes from the middle West and it takes a long time to grow from California to bedford.

We merely get into a rut by comparing prices when they are high with prices when they are low, and not realizing that climate, crop, rainfall, selection of quality fruit, and a dozen other things enter into the high price that may prevail at a certain time.

To a great extent we should forget price and think more of health. The minute we do this we will be able to save money on foods that we are now eating too heavily, to purchase all we need of the foods that we should eat more than we now do.

Most of us eat too heavily of carbohydrates and protein foods that contain acid reaction in the stomach and are not heavily enough of fresh fruits and green vegetables, particularly the leafy vegetable. See to it therefore that you get your carbohydrates and proteins as purchased in less quantity—and with the money saved you can purchase more liberally of the desirable balancing foods, even though they may be selling at a little higher figure than they were a month or a year ago.

See to it that you eat heavily of green vegetables and fresh fruits of all kinds. Drink milk if you like it. Drink lemonade when thirsty and help to reduce the acidity of your body. Lemons have a decided alkaline effect when taken into the system. Drink plenty of pure cold water. Eat salads, fruit cups, light desserts. Sleep Exercise.

Do these things and you need not worry about the high price of some special fruit or vegetable. You will save enough on other things to continue your use of the food that improves your health. If you don't, you'll surely save more than enough by the elimination of doctors' bills.

Food is expensive when you do not get enough of it, or when you eat it too heavily. Don't worry overmuch about the price you pay. One food, you know, is very expensive if it causes internal trouble. Expensive oranges are cheap if they counteract the acidity of the body and bring relief. Price is only relative and women should remember this when they shop.

KNOW IT WAS POSTED The confuser made a worried search through his clothes, turning all his pockets inside out, and bringing forth, among other things, a rabbit, a pig, a parrot, three Union Jacks, a drum, seven eggs, a bird in a cage, two guinea pigs and a box of goldfish. "There!" he triumphantly exclaimed to his wife, who had been watching him with grim curiosity, "I have posted your letter this morning!"

Health Service of the Canadian Medical Association MEASLES

Measles is a child-killer. This disease which so many regard as of an ordinary nature and which is thought of as a necessary evil, accompanied by certain inconveniences, is, as a matter of fact, a real menace to child life, and because of the manner of children it kills, it ranks high among those diseases that take their toll in early childhood.

In 1924, there occurred in Canada 892 deaths from measles of which 264 were children under one year of age. Most deaths from measles occur under five years of age. The disease attacks especially those under three years. The older the child the better chance he has of recovery.

Measles is a communicable disease. It is passed from the sick to the well. It is very easily spread and practically all those who are exposed contract the disease. But as it is so common, it is not generally regarded as a serious disease. It is a mistake to think that every child must have measles. It is criminal to expose children to measles, because to deal with the disease is so costly.

Measles is serious not only because it exposes children to other diseases, but because it seems to prepare the ground for other diseases, such as pneumonia following measles, which makes it so dangerous. Tuberculosis may become active because of measles. Concerning the control of measles, it must be remembered that measles is most contagious during the first three days, not only to prevent the spread of cold, but because the cold may be the first stage, the most contagious stage, of measles.

PEEL'S NEW CROWN ATTORNEY

Felicitations of Judge Moore at Sitting of Juvenile Court at Brampton. At the first sitting of the Juvenile Court at the Court House, Brampton, since the appointment of Mr. Peel to the position, and the retirement of County Crown Attorney Morphy, Judge Moore said that he was very pleased to see the change of attorneys.

When William Cullen Bryant was a very young man he was quite undecided whether to become a lawyer or a poet. He had been for a few months at Williams College, then a young man of twenty, he was called to the bar in New York. He became under his great-grandfather, Mark Hopkins.

He wished to go to Yale, where his friend, John Avery, was a student. Mr. Avery himself became an eminent lawyer in the neighborhood of Bryant's home and in the South after 1816.

Bryant's letters show plainly the humanity of his mind and are remarkable for their beauty of diction, considering that they were written when he was only nineteen. One of the letters concludes with this paragraph, which will be understood if it is explained that it was an epidemic of typhus fever in the neighborhood of Bryant's home and that the United States was then in the midst of a war with England.

It is with much pleasure that I congratulate Mr. Peel on his appointment to this important position, upon his appointment to the position of County Attorney of Peel County, Ontario, and I have always admired his presence as a lawyer, and counsel for the defence in such cases as have come before this court in which he was interested, for his father, his treatment of witnesses, and his conduct in the courtroom, and his address as a member of the bar have commanded the attention of the honorable and distinguished judges of the court, and the result has culminated in his appointment to the high office he now holds. It is with much pleasure that I congratulate you together will be mutually beneficial to the community and to the justice will be able to prosecute and defend the wayward and unfortunate children of the county, and the court will be dealt with in the best interests of their future.

This Summer's Weather Do you think that the weather has been hotter or colder, drier or wetter than the normal weather for this time of the year? ... asked a scientist in one of the magazines of the month. Well, take the change in the weather and the numbers and write down what they read. It isn't so. The weather hasn't changed. The change is in us. Six months hence we'll be talking about the mildness or the severity of February, and the weather will have changed since the good old days.

A Motor Tourist's Experience A motorist just home from a 500-mile outing told related an item of his experience to the Free Press the other day. "Yes, it finally came. Driving late one night, trying to make the next town, I saw a light on the road. Box of matches didn't last long. Well, the wife and three kiddies walked four miles to the next town. I spent the night in the car. The next morning, flashlight was a part of our equipment. I had a flashlight, and there's no more in the side pocket of our car. I'm sure, and I'll see that there always is one there hereafter, when I go touring."

Improving Roads to Bellefontaine At the June meeting of the Peel County Council, Reeve W. J. Wilson, of Caledon, asked the Council to take over, as a county road, that road which runs from the Centre Road to the Forks of the Caledon River, Caledon and Bellefontaine, one of the loveliest scenic drives through the Caledon Mountains. The motion for this consideration was lost by one vote, and feeling that something should be done to accommodate the thousands of tourists who visit Bellefontaine during the summer, Reeve Wilson went to work on the road as a township undertaking. He has achieved a splendid success in his undertaking, and was warmly congratulated on Sunday by those who frequented the magnificent drive.

FALL FAIR DATES Acton September 18-19 Arthur October 2-3 Bolton October 2-3 Brampton September 22-26 Burlington September 20-26 Caledon September 14-15 Cooksville October 2-3 Erin October 2-3 Fergus September 27-28 Georgetown September 21-22 Grand Valley September 27-28 Ingersoll September 20-22 Mississauga August 24-26

FORESIGHT Mrs. Alden just now cooks Mattilda's food, and she said she would be glad to see what she would be doing. Mattilda Oh, I usually leave that at the station the first week.

UNFORTUNATE CITY FOLK

From this moment on the city dweller has "been" to "be" a "city" dweller. ... Henry says: "Let's do it now and not later."

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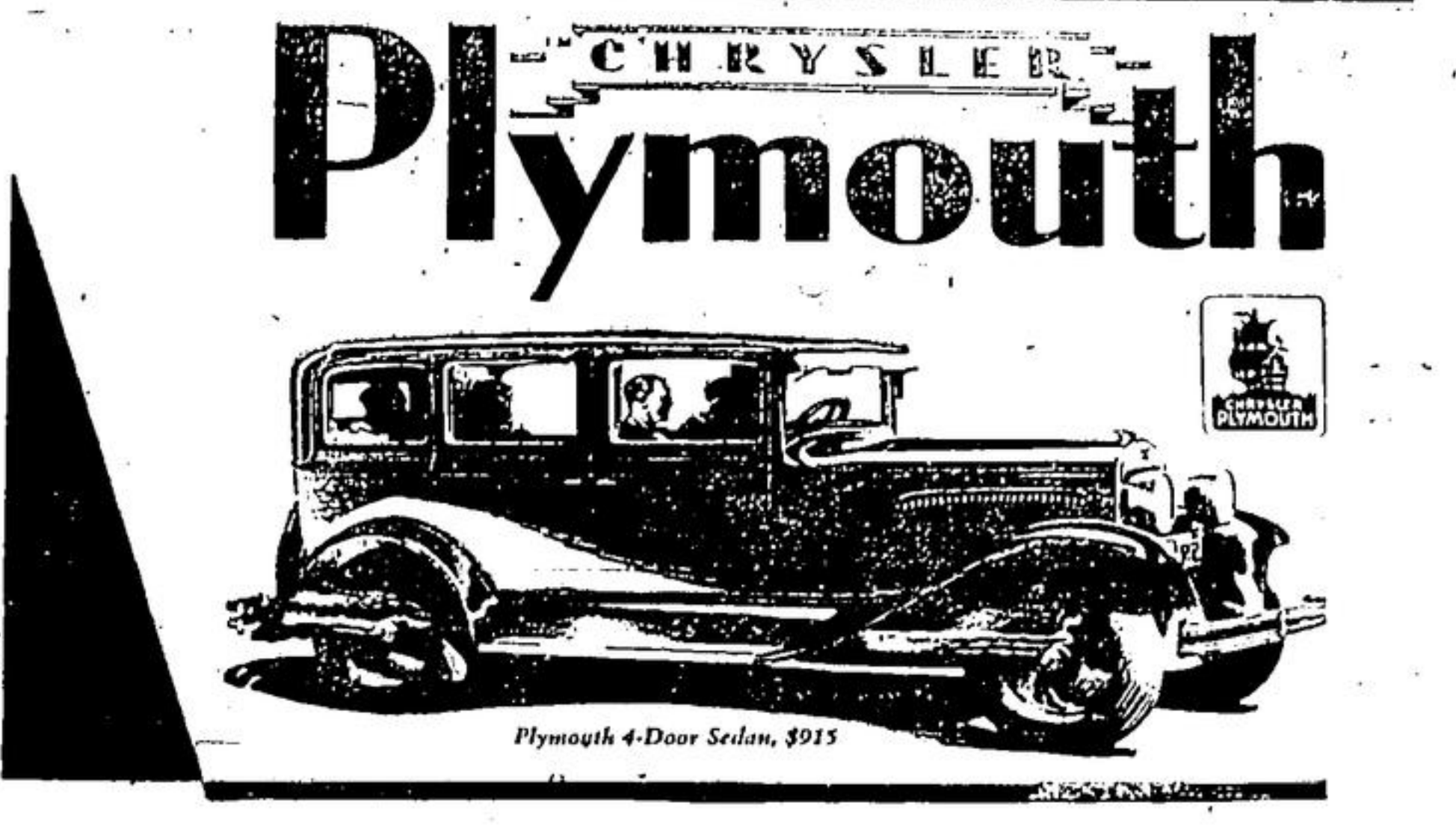
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MILLER'S WORM POWDER. RELIEVE THE UNPLEASANT CONDITION BROUGHT ON BY THE PRESENCE OF WOUNDS AND IRRITATION. THE CHILD TO NORMAL HEALTH. NO NARCOTICS—PLEASANT AS SUGAR.



... A New Standard of dollar value in the lowest priced field.

Comparison quickly shows the host of buyers who count the cost of motoring, that the new Plymouth is definitely above and beyond all other cars in the lowest-priced group in full-size, in style and luxury details and in performance. The Plymouth is Chrysler-built, assuring years of dependable service with marked freedom from mechanical trouble. The millions in the lowest-priced field find they need to invest in a car that will give them the quality to which they have long been entitled. They find that, in this field, no other automobile dollar gives as great return as the dollar invested in Plymouth.

H. A. COXE, Acton, Ontario

You Remember Goliath

Don't overlook the smaller advertisements in THE FREE PRESS. Look them over. The message which an advertisement conveys is vastly more important than the mere size of the space it fills. Some of the biggest values are often described in type no larger than ordinary newspaper type.

If you use Red Rose Orange Pekoe Tea in 1928 you will enjoy Canada's finest tea and materially reduce your tea bills. Red Rose Orange Pekoe lasts longer because its additional strength and flavor make it go further. Every package guaranteed.

Make Sure You Sample Gold Medal Coffee at the Exhibition. Every purchaser of a cup of Gold Medal Coffee will receive a coupon for the exhibition. You will enjoy a refreshing cup of Gold Medal Coffee. Experts have pronounced it the finest flavored coffee ever.

Referring Again to size—There's a Little Boy in the Movies Whose Salary Makes that of Many a man Look Like Petty Cash