

The Acton Free Press

THURSDAY, AUGUST 2, 1928

THE TWO TEMPLES

A builder built a temple. He wrought with skill and care. Pillars and groins and arches. None saw the increasing effort. And men said when they saw its wall. "It shall never know decay. Great is thy skill, oh builder. Thy time shall endure for aye."

A teacher built a temple. He wrought with skill and care. Poring each pillar with care. Laying each stone with care. None saw the increasing effort. None knew of the marvelous plan. For the temple the teacher built. Shall endure while all ages roll. For the beautiful, unseen temple. Was a child's immortal soul.

Health Service of the Canadian Medical Association

The Future Race

A frequent criticism of public health work is that the saving of infant lives is not desirable, because it results in the preservation of the unfit.

Public health work is not carried on with the idea of preserving the unfit. The best really is to consider of what has occurred.

In England and Wales, a great deal of public health work has been done and accurate vital statistics have been kept for many years. From these vital statistics we find that, during the past fifty years, the infant deaths have been reduced by one-half. In 1870, there were 152 infant deaths amongst every 7000 infants born; in the year 1920, the infant deaths amounted to only 70,000 births.

If such results mean the preservation of the unfit, of weaklings, it would be reasonable to expect an increase in the number of children from one to five years of age. What actually results from the proper care of infants is that not only are many infant deaths prevented, but also a great deal of sickness in this age group.

That the prevention of sickness amongst infants means healthier children is proven by the fact that the death rate amongst children, from one to five years, has decreased as the infant death rate has decreased. In England and Wales, their vital statistics show that the death rate of children from one to five years of age is only 1.5 per cent.

Questions concerning Health, addressed to the Canadian Medical Association, 184 College Street, Toronto, will be answered by letter. Questions as to diagnosis and treatment will not be answered.

Table—England and Wales

Period	Infant	Per 1,000 survivors
1871-75	152	28
1876-80	145	27
1881-85	138	26
1886-90	132	25
1891-95	125	24
1896-00	118	23
1901-05	112	22
1906-10	105	21
1911-15	98	20
1916-20	92	19

THE SUNDAY SCHOOL LESSON

NELSON'S UNLUCKY LOVE ADVENTURE

Writing in the London "Evening News," Max Pemberton, well-known English critic, says:

"I read in an American journal a description of a man who is the most beautiful in the world; and I am not surprised that a writer names Quebec, and names it with enthusiasm."

"We cannot wonder at the literary enthusiasm Quebec has provoked. The majestic appearance of Cape Diamond," says one writer, "the fortifications, the cupolas, and minarets, like those of an Eastern city, blinding and sparkling in the sun, the noble basin-like sheet of purest silver, in which might ride with safety the navies of the world, the graceful, verdant, verdant of the River St. Lawrence, the fertile valley dotted with picturesque habitations, the distant falls of Montmorency, the grim purple mountains, the barriers to the North, put a picture which it is no exaggeration to say is unsurpassed in any part of the world."

It is easy to applaud such chauvinism, when one has set foot in Quebec and seen received with that courtly hospitality for which his people are famous.

Naturally, romance is never far away from such a picture. There is a story told of the Lord Nelson and of one Miles Frigate, who served under Wolfe and subsequently served here. This fellow opened an inn to which the soldiers and sailors resorted, and among them in

the year 1783 came the Captain Nelson, then commanding H. M. S. Albemarle, of 26 guns.

"Miles Frigate" says a writer, "had a niece, Mrs. Thompson, daughter of Bandy carried the amorous captain on board his vessel."

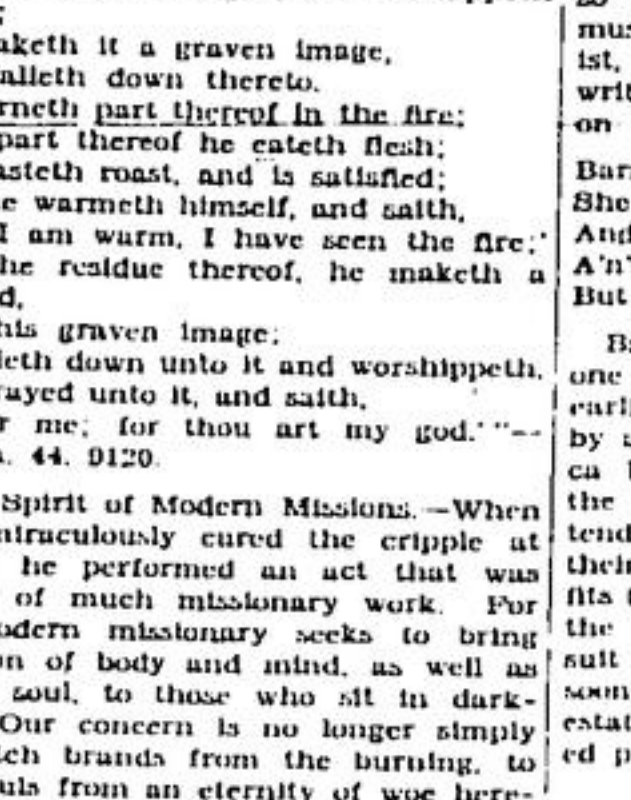
"This seems a glorious romantic treatment, hardly likely to be popular in our time, when captains adhere to, marry other people's brides to buy comfort. But Quebec ever was and ever will be a city of the aristocrat proprietors."

I would add that my first visit to this incomparable height was made during the first considerable snowfall of the year. I believe some feet of snow were down in relatively a few hours, and anything more bewitching than the whitened domes and minarets and the fairy-like scenes beyond the walls it is difficult to imagine.

But Quebec is the home of superb spectacles and in the Chateau Frontenac possesses one of the most dominating hotels in the world. Here is a great holiday resort like to no other one can name—majestic in the fashion of a medieval fortress, yet as up-to-date as any hotel in America and more comfortable than most. From its terraces a glorious panorama of the river and villages and blue hills beyond is unfolded... and it is no surprise to hear that many thousands of Americans seek this holiday height every year and succumb to its enticement.

"See Canada and then die!" "See Quebec and then die!" "See Quebec and then die!" "See Quebec and then die!"

Science Has Found a Way



It was only a short time ago that science found a way of putting long distance telephone lines in cables. Already the first big job of erecting telephone cable (106 miles from Toronto to Buffalo) is nearing completion. Eighteen miles of this cable are underground, and the latest type of motor-driven trench-digging machines complete about 1,600 feet of trench per day. The job will cost over \$1,500,000, but cables rest assured storm so much better than open wire that in the long run a substantial saving will be effected, with a more assured service.

ON THE ATHABASCA TRAIL

The Athabasca River, from its birthplace over a cliff at the foot of Mount Kerkelind, and here at Athabasca Falls is one of the beauty spots of the famed Athabasca Trail.

At the conclusion of their 1928 campaign which is to be held at the Macdonald Hotel, Edmonton this year, the members of the Canadian "Waddy" Newspaper Association will visit Jasper National Park, and will spend a short holiday amid the beauties of this largest and finest of Canada's national playgrounds. Canadian National Railways photograph.

CHILDREN CRY FOR CASTORIA

MOTHER—Fletcher's Castoria is especially prepared to relieve infants in arms and children all ages of Constipation Wind Colic To Sweeten Stomach Flatulency Diarrhea Regulate Bowels Aids in the assimilation of Food, promoting Cheerfulness, Rest, and Natural Sleep without Opium.

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I am now buying Cream and Eggs for the Erin Creamery and am prepared to pay highest prices.

This Week's Prices

Cream 38c
or 39c if delivered to us
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Children Cry for CASTORIA

MOTHER—Fletcher's Castoria is especially prepared to relieve infants in arms and children all ages of Constipation Wind Colic To Sweeten Stomach Flatulency Diarrhea Regulate Bowels Aids in the assimilation of Food, promoting Cheerfulness, Rest, and Natural Sleep without Opium.

To avoid imitations, always look for the signature of A. S. REEVE. Proven directions on each package. Physicians everywhere recommend it.

TIME TABLES AT ACTON

CANADIAN NATIONAL RAILWAYS

Going West

Sunday Only	10:11 a.m.
Daily except Sunday	10:12 a.m.
Daily except Sunday	10:12 a.m.
Daily except Sunday	10:12 a.m.
Daily except Sunday	10:12 a.m.
Daily except Sunday	6:17 p.m.

Going East

Sunday Only	7:08 p.m.
Daily except Sunday	7:08 p.m.
Daily except Sunday	11:57 a.m.
Daily except Sunday	11:57 a.m.
Daily except Sunday	6:17 p.m.
Daily except Sunday	6:17 p.m.

CANADIAN NATIONAL ELECTRIC RAILWAYS

Effective April 29

Westbound

Daily	7:55 a.m.
Daily	8:55 a.m.
Daily	1:25 p.m.
Daily	3:55 p.m.
Daily	5:55 p.m.
Daily	7:55 p.m.
Daily	8:55 p.m.
Daily	11:25 p.m.

Eastbound

Daily except Sunday	6:58 a.m.
Daily	6:58 a.m.
Daily	9:37 a.m.
Daily	11:37 a.m.
Daily	3:37 p.m.
Daily	5:37 p.m.
Daily	7:37 p.m.
Daily	9:37 p.m.
Daily	11:35 p.m.

Toronto Terminal

Keefe Street and St. Clair Avenue. Freight delivered by special express freight. Freight picked up at any address in Toronto.

TRAVEL BY BUS

Leave Acton for the West 8:25 a.m., 10:10 a.m., 11:40 a.m., 1:10 p.m., 4:10 p.m., 6:10 p.m., 8:10 p.m., and 12:10 p.m.

Leave Acton for Georgetown, Narsal, Brampton, Toronto—8:20 a.m., 10:05 a.m., 11:25 a.m., 1:05 p.m., 3:35 p.m., and 10:05 p.m.

ARROW

During August examinations for places on Thursday, Friday and Saturday (only) of each week. Write in or phone 10917 for application and save waiting. Leave Georgetown and Quick Repair Department operating as usual. Examinations in the Evening may be arranged by appointment.

A. D. SAVAGE

Ophthalmologist and Manufacturer of Spectacles. Savage Building, Guelph.

Mark Every Grave

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