But of the gentler graces low If you can dance without a craze for dancing. Play without giving too atrong

Enjoy the love of friends romancing. Care for the weak, the friendless and, the old. If you can master English, Spanish,

And not acquire, an well, a priggials If you can feel the touch of silk If you can ply a hammer. Can do a man's work

Can ...lng when asked, without excuso or stammer, aluru: If you can make good bread us an fudgen. Can new with skill and for dust .

If you can be a blend grudges, A girl whom all will they must: If cometime you should meet and another And make a home with faith and ... page enshrined. You'll work out pretty nearly to my

the auch. And why the best that life can in atore: You'll be, my airy a A woman whom the world will bow

TWENTY YEARS AGO From the Issue of The Free Press of Thursday, July 25, 1907

Mr. Adam Stewart's new cottage on Brock Street in up and esseloued. Dr. Ault's new tenements on Hope Hill, Prederick Street, are about comploted. The tenants are moving in this wook.

the tenants

Owing to the Daptlet Church being his residence on Main Street by the addition of a new porch and balcony at the north side entrance. . New cement walks are also being laid.

of the Epworth Loague, will be held strength before his cowering focul His at the residence of Mr. Joseph Cole- sturdy armor-bearer is bowed beneath man, Main Street, on Monday. The the weight of the massy shield and the programme will be an enjoyable one. mighty spear which none but Goliath Refreshments will be served. Admis- can wield. It seems almost as if the sion, including refreshments, 10 cents | earth should shake beneath his giant ates and the rate of 20 mills on the that issues from his bearded lips, as he dollar was decided on at the regular challenges all comers to the test of meeting on Monday evening.

sot awhile, and then I went to sleep. alarm clock was goin' off.

his head, when out o' the brush of and steam, officioney and the power fifty yards or so comes a door. I concluded a club would fix the rattler, critter acted as if he'd seen a ghost. they fled before him. There are many I looked where he was a lookin', and people in the Christian Church who out of the brush on tother side comes are victims of an inferiority complex. a bear. A bear akin is wuth more'n a They are always afraid of the power deer's, and I'd ruther have a dead bear for evil. They are convinced that the round than a live one, so I drew a great days of Christianity are in the bend an' fired.

the muzzle o' my gun had been h-dig- answered. They are ready to sound gin' in the ground, an' when I fired retreat before the battle begins. Here she busted. I didn't know much for was a whole army placed in condition the next few minutes. When I came of "funk" by the arrogant beauting of too I was pretty nigh standin' on my one oversite man. All of them claimed head some fwenty foot back in the to believe in Jehovali, but for all brush. While I was straightening my- practical intents and purposes their beself out I felt somethin' soft under me lief might as well have been disbelief. un' found 'twas a pair o' rabbits; I'd Does your trust in God give you polse "this ain't so bad; I'm-still livin', and hero's my suppor!" .When I got out to where the mine

a big coon with his head stove in. Jest incident of this lesson? What parts beyond him the cattler was stretched did faith and preparedness play in out dead as a nail. I looked out where David's victory over Goliath? What there he was-dead! I looked over tother side, an' there was the deer a-layin' on his back! I begun to think we'd all been struck by lightnin', but finally figgered it out. My bullet had got the bear all right, square through the heart. The end of the gun harrel, which blew off, fixed the deer. The coon was on a limb over my head, and the stock of the gun brought him down. What kinged the rattler? Well, 21. air, the bunch o' dirt that bust the gun fell in his mouth an' he checked to douth. His ile come in right handy to limber up my stiff Jinte after that experience, an me a-luggin' meat to camp for two days after it.

Complete in itself, Mother Graves' Worm Exterminator does not require than to auddenly he selzed with paroxthe kasistance of any other medicine to make it offective. It does not fall threaten the existence of life itself. "Do you think," asked Mrs. Cart- The following advice, which he gives

THE ONLY THING BAVED

A fire had destroyed the new hall in every section of this broad land. in Plainfield, which had been built by an enterprising citizen of the place. The walls and a part of the roof were still standing, but the interior was a total wreck. The local insurance adjuster went round the next day to inspect the ruins. He found the proprictor sitting disconsolately on a pile of debris just inside the deerway. "Well, Hymer," he said, "you seein to have been having all kinds of had luck ?"

"You saved some of the furniture,

didn't you?" "Not a scrap." "None of the fixtures?"

"Not a . fixture." "Was all the inside property

Miller's Worm Powders act midly and without injury to the child, and there can be no doubt of their deadly proportion in six comential oils are has promised you something if you effect upon worms. They have been in concentrated in every bottle of Dr. clean up the room?" successful use for a long time and are Thomas' Eclectric Oll, forming one of "If I don't!" he corrected. recognized as a leading preparation for the most beneficial liniments ever ofthe purpose. They have proved their fered to the use of man. Many can power in numberious cases and have testify us to its power in allaying pain. given relief to many children, who, but and many more can certify that they in your future bushand, wealth, ability | often, if possible, for the good offices of this compound, owe their health to it. Its wonder- or appearance? would have continued weak and en- ful power is not expressed by the Old Maid Appearance, my dear, office at night. Talk over the big small price at which it sells.

. THE SUNDAY SCHOOL

FOR BUNDAY, JULY 24

General Legson: Title, David Herlpture Lesson .-- 1 Hain. 17.

Golden Text--: schovah is the strength of my life Of whom shall I be ufcald? Devotional Reading .- Pag. 46: 8-

"The Yout Explained 31. - The wordst. . . which David spoke-Ilis declaration that those who trusted in the Living God should not be afraid of the Phillstine champler Gollath.

32 .- Thy bervanf -- Typical Oriental manner of speech, when addressing one's aliperior. Phillatine-The Phil-Without despialing thes valled and latines were comparatively recent arrivals in the country. They were searoyers from Crete, who had taken passession of the Southern portion of the chastland of Paleutine, and had rapidly pushed their conquests inland. They may well be compared to the Norse-Can rise above unfriendly snishs and men of the early Christian ega, who came down in their black ships from Beandinavia, settled on the Northern

coast of Franco and made themselves masters of Normandy. The Phillstines were a brave and warlike people; and were well organized under their-"Flvo Lords"-the kings of their five great cities-Ashkelon, Ashdod, Ekron, Gath and Cara. For many generations they seriously threatened the very existence | B. C. of the Israelite nation.

34.-A lion-The Syrian lion, which in ancient times was common in Palcetine, is now extinct. We know, how-The plan that's been developed through ever, from bones that have been Yound and from numerous pictures made by the Assyrians, that it was much smaller than the African Jion-but novertheless an exceeding formidable an-

that "God helps those who help themhouse, which he located on Willow skin and plung over the shoulder.

In the hands of the painters for co- hand struggle. He had not yet taken year. novation there was no preaching sor- his shield or drawn the visor of the 'Stop! Before You Go, See that esparated through the use of the scout saving of Canadian natural wealth. came within range of David's eling. 5L-Cut off his head-As a trophy.

Lesson Thomas The Materialist.—Rehold a Philin-The wild raspberry season is at tine champion, his body encased in bronze armor, his head encaged in A lawn social, under the auspices the heavy believt, striding in pride of The Council has prepared the estim- tread. And hark to the lion-like growl strength! He has proven his brutal power on many a field, He has per-SPORTSMEN, HERE'S ANOTHER fect confidence in his mass and muselo. as well us in his experience and skill. I was out fer meat one mornin' dish't All material advantages are his; and, at the foot of a tree and ate by lunch; men. He feels secure, knowing that there is no bigger brute to come don't know how long I slept, but I against him. He has never learned waked up mighty sudden, thinkin' the that there is such a thing as spiritual nower. He typifies the materialist of Bout six feet in front of me was a all ages, who of old worshipped weight nice fat rattlemake with his tail goin and muscle, the height of stone walls like a 'lectric buxer. I drew the old and the crushing power of battering gun up slow an' easy, 'tkinkin' to clip rams, and who now worships steel

The Faint-Hearted .- When the men pervided he didn't acoot when I shot of largal heard the giant's bombastic Jest as I was sightin' the deer the challenge, their courage left them and past. They pray but with no real Wal, it seems while I was sleepin' expectation that their prayers will be

na confidence in the face of danger For Study and Discussion In what sense is the word Philistine bad exploded, so to speak, there laid has its present-day meaning with the are the arguments for and against national preparedness for war? Can the cultivation of international friendship through mational sympathy, generosity and helpfulness be relied upon to make military proparedness unnecessary?

> Daily Readings for Next Week Monday July 25 .- 1 Sam. 18: 1-9. Tuesday, July 26 .- Gen. 44: 25-34. Wednesday, July 27 .- 1 Sam. 18- 12-

services of Charles, Marchand and his lation among his friends mentioned enabling a faithful interpretation of Witereday, July 28.-1 Sam. 20: 12-23 Friday, July 20 .- 2 Sam. 9: 1-13. Baturday, July 30,-1 Cor. 13: 1-13. Sunday, July 31 .- John 15: 9-17.

Authma Victims. The man or man subject to asthma is indeed a victim. What can be more terrifying yams of choking which seein to fairly From such a condition Dr. J. D. Kellogg's Authma Remedy has brought many to completely costored health and happiness. It is known and prized

PAT'S GOOD POINT

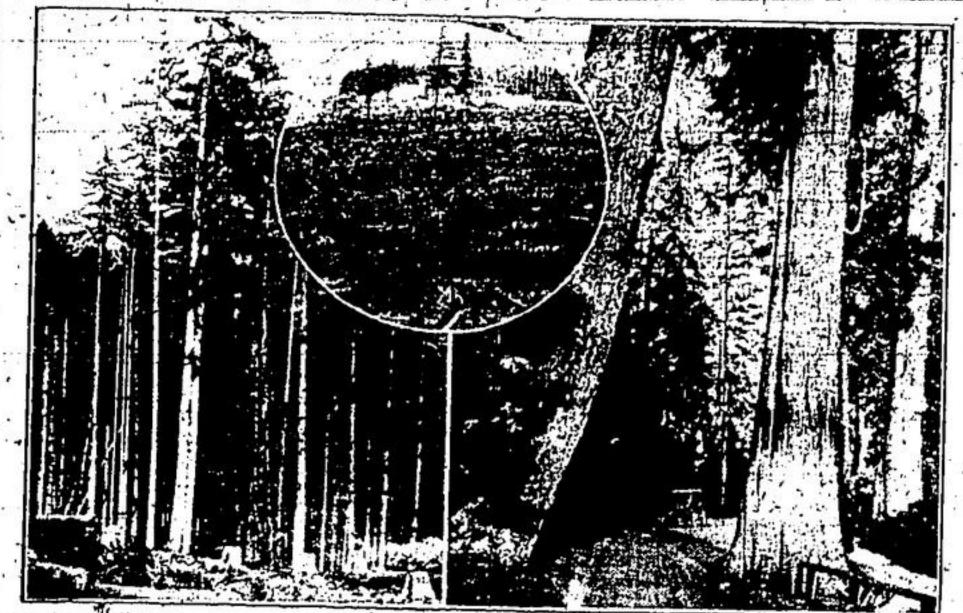
I'at was a good husabad, but occastenally 'two would' go on a surce while his family got along us best they can I do done up-high ceiling, done

When he died auddenly, the neighather, dose sky-serape. Me. I 'ave bors were shocked, and a kindly hon ma two foot too great of dewoman, chatting over the fence with shake. Benef! Already, madame, me, husband . It is your duty to improve Pat's wife, tried to comfort her by I 'ave' telling of Pat's good points. "He was such a man of principle,"

"And am I not the one to know it?" Saturday night from the first day we were married didn't he come home and he place his pay envelope in front of me werend : as regularly us a clock? Not once | First Steller - Dar bearing did he miss all the time we were mar- ways thought sixty minutes was too left," said the proprietor, with a glance ried. Of course, the pay envelops was long." at the bare interior, "but that's all." always empty, but look at the principle of the thing."

or, as little Bobby picked up his scat- There is no torture like one that lasts Powerful Medicine. - The healing tered toys. "I suppose your mother for years.

WEALTH GOES UP IN SMOKE



Inset-Farm clearing on Vancouver leland.

The forest fire simuation in Canada during 1926 again proved a very seri-(Urous - Syriacus) - (a - still - common - in forces - meant a - total - tosa - and - ground the region of Mount Hormon and the damage to Canada last year estimated Lebanons; but has become scarce in of Canadian forests first began it is fire that doesn't look as though it could ed most up-to-date fire fighting ap-37.—Jehovah skall be with thee—The same that from four to nye times the amount of timber actually used has been burned through forest fires. When it is realized that the forests are the second greatest nource of the second greatest nource of the best proved that some of the such as long grants and underbrush.

'41.-The man that bare the shield- when forest fires are often most seri- against this country. Dobbie. Mr. Fraser and family are shield and other heavy weapons to an months are a great army of tourists country. The great advance that has home.

1-Pierro Gauthier.

3-Charles Marchand.

4-Emile Boucher.

5-Miville Belleau.

2-Fortunat Champagne.

good old French-Canadian

MUCH BROKEN BY MISFORTUNE

Mrs. Cartwright, in mearch of

side walls of my kitchen?"

& blate."

painter to touch up her kitchen walls.

"But yes, madam," returned Napol-

con, "cef dose apartment ect ces not

of a too large highness. Est you lave

som w'at you call baw-down job, me,

I can do been de mos' bes' of hanny-

"But-madame! Helas! No more

steep roof, dose so-elevate church

"That's a nice boy," said the vielt-

but he's got to appear protty soon. -

was directed to Napoleon Lamere. thousends of complaints each year,

wright, eyeing tottering Napoleon to those who appear before him, is

I large inisfertune to broke your disposition by relief from drud-

Young Miss - Which would you prefer | domestic confine. Take her to a play

gery now and then.

husband, and he will be

more loving companion.

troubles with your wife.

doubtfully, "that you could paint the said to work wonders:

The Raftmen .

tagonist. A bear—The Syrian bear carelessness, and other malevolent rangers merely to point out a good quarters for help-

stimated that from four to five times do a bit of harm in the world, are the paratus. In order, to eliminate fires or two and thrown a few pails of water eliminating the danger of fires.

and campers which fayades the woods then made in-favor-fire falting to 48 -00. Confair expected a fland-to- from the Pacific to the Atlantic every day in through the fact that Hre-de- railway-with the various provincial tection and fire-suppression have been prevented, resulting in an enormous

THE BYTOWN TROUBADOURS

colksong and Handicraft Festival held jasm in interpreting the songs indigent

This quartette was founded at Ot- The programme rendered at the Pen-

tawa in 1926 by Mr. Marchand and tival by the Bylown Troubadours, con-

the friends who seconded him in bring- sisted of songs by Amodee Tremblay.

ing there songs before the general Oscar O'Brien, Paul Larose, Alfred

public are: Fortunat Chanpagne, so- Laliberte and Maurice Moreset, Pierre

cond fenor; Emile Boucher, tenor, and Gautter has arranged these songs for

The leader and founder of the quar- skill that even greater charm has been

several voices, doing so with such

How to make

Raspberry Jam

keep the color and flavor

of the fresh berries

Here is an easy new way to make

perfect ramberry jam without cooking

away the luscious, frosh flavor of

your barries and their beautiful bright

"boil your fruit down." One or

two minutes' boiling in enough to

give a perfect, tender jell. You

cannot have a failure and you get

half again more jam from your

fruit because you save the juice in-

Crush thoroughly about 2 quarts

ripo berriez. Mossuro 4 lovel cums

(2 lbs.) crushed burries into a large

kettle, add 634 level cops (25; lbs.)

augar and mix well. Use hottost

fire and stir constantly before and

while boiling. Hring to a full rolling boil and boil hard for I minute,

remove from fire and stir in 14 cup

Certo. Skim and stir repeatedly for

just 5 minutes after taking from lire, to cool slightly. Then pour

quickly and cover hot jam ut once

A back of nearly 100 recipes for

all sorts of delicious jams and jel-

Sand for this now (free) booklet.

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146

lies comes with each bottle of Certo.

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ared booklet on Jame and Jellies.

Cobourg, Ontario.

stoad of cooking it away.

With Corto you do not have to

at the Chateau Frontenac this opring, of the Province of Quepec.

Miville Belleau, basso,

songs, richly harmonized and inter- tette was a former chorister of the drawn from the old harmonizations.

proted with taste, have always met Basilique at Ottawa. He is an ardent Mr. Gautter came to Ottawa in 1920,

with great success, but one has to interpreter of the old French songs after a brilliant career in France, as

to enjoy their fullness of poetry and His profound knowledge of the thyme | The Bytown Troubadours is a unique

music. In order to present such songs characterizing the old country songs organization in musical circles on the

in their most artistic setting the Can- venables him to render them faithfully, continent. Every member is imbued

adian Pacific Railway obtained the This has resulted in an inspiring emu- with the true spirit of French-Canada,

SHORT CUTS TO BLISS

In the course of his duties in

To Wives

In an argument it softens the hus-

band to tell him you were wrong-

especially when you know you were

Don't go to sleep at night with at

sching heart. Ask forgiveness, Wo-

men do that much easter than men

Arguments are distasteful and des-

ructive. Men have too many at work

Don't refuse to no out with your

to enjoy them when they get home,

1 Don't bother your husband with

prity household annoyances at night

Tell him he's the world's greatest

To Husbapda

he wrong to is a matter of small

Make it a thie in your home never

Don't heattate to admit you are

importance, and the roward is great,

to let the day glose unhappily. Wipe

out the score before you go to sleep.

Indulge liberally in compliments

They raise a wife's spirits, make her

Give your wife a diversion from

Lock petly business troubles in your

a better cook, a finer mother, and a

Prolonged arguments are horrible.

Domestic Relations Court. Judge

hear them rendered by several voices and is the very-soul of the quartette. professor of plane and harmony,

famous liytown Troubadours for the above, who have entered with enthus!- the songs of their forefather !.

Your Fire is Out." Warnings worded | planes. Formerly there could scarce something to that effect have been ly be a division of labor. Rangers posted generously throughout the were assigned to long, beats which northern woods, especially in Ontario, might take a fortnight to cover, who and of the thousands of campers there patrolled these singly or in two as cirare none who are not familiar with cumstances warranted. It will thus the bright yellow placard and its be seen how limited would be the prowarning. Yet a deplorable number of tection thus afforded for if the ranger tourists who call themselves good discovered a fire too large for one campers apparently chink that such man to handle it might take a week ous bue. Indifference, iknorance and signs have been posted by the fire for him to communicate with head-The Canadlan Pacific Rallway Com-

40.—His staff—The weapon that a wealth, agriculture being first, the worst forest fires have been started During the passage of the company's shopherd has ever with him, and uses waste from forest fires each year can by some apparently petty carelessness trains through the mountain regions meat readily. Five smooth stones— only be likehed to the damage done of a camper, and could have been pre- where the forests are heavy, oll-burn-Water-worn pobbles. He took plenty if four-fifths of Canada's great field vented had he stopped for a minute ing engines are used, thus entirely Mr. W. Johnstone has the Adams selves." Bhepherd's bag — Made of Scar in Canada from April 25 to 30, camper who falls to take this slight thined at convenient points by the Forest week has been observed this on the smouldering embers. The The mechanical equipment maincoming in the middle of the season precaution is guilty of a great crime C. P. R. constate of a number of tank It was customary to cave the strongth oun. Perhaps the greatest offenders The introduction of aeroplanes into sists of two cars with a capacity of Thomas France has sold his house of the champion until the actual against the national wealth of the fire patrol work in the north is 7,000 gallons each, equipped with and lot on Agnes Street to James moment of conflict, by committing the country during the summer and fall proving of Incationable value to the powerful pumps and about a mile of

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