

THE SUNDAY SCHOOL  
LESSON

FOR SUNDAY, AUGUST 2

THE EPISTLE OF JAMES: James 1: 19-27; Read James 1: 1-18; 2: 4-20. Golden Text—Be ye doers of the word, and not hearers only. James 1: 22. Time—A. D. 69. Place—Jerusalem.

The Lesson Explained  
19. "Be swift to hear, slow to speak."

Almost all men, professed Christians included, talk too much and therefore do little. Many things that ought to be done have not been done because men should be "swift to hear," but "slow to speak."

What we should do especially is to listen to what we hear. It is not sufficient to hear the word; it is necessary to do it. The word is not given us for nothing. It is given us for our good.

Verse 21 sets forth the wonderful power of the word of God (its power to give us wisdom; to give us knowledge; to give us strength; to give us peace; to give us joy; to give us life).

Verse 22 sets forth the power of the word of God (its power to give us wisdom; to give us knowledge; to give us strength; to give us peace; to give us joy; to give us life).

Verse 23 sets forth the power of the word of God (its power to give us wisdom; to give us knowledge; to give us strength; to give us peace; to give us joy; to give us life).

Verse 24 sets forth the power of the word of God (its power to give us wisdom; to give us knowledge; to give us strength; to give us peace; to give us joy; to give us life).

Verse 25 sets forth the power of the word of God (its power to give us wisdom; to give us knowledge; to give us strength; to give us peace; to give us joy; to give us life).

Verse 26 sets forth the power of the word of God (its power to give us wisdom; to give us knowledge; to give us strength; to give us peace; to give us joy; to give us life).

Verse 27 sets forth the power of the word of God (its power to give us wisdom; to give us knowledge; to give us strength; to give us peace; to give us joy; to give us life).

MODERN HEROES EMULATE OLD-TIME INDIAN BRAVES



Fearless New Yorker, one of the few white men to shoot the rapids in a birch canoe.

C. S. L. "Rapids Prince" Shooting Lacine Rapids.  
It is the Lacine Rapids, most spectacular and deadly of all the shallows in the long course of the St. Lawrence River. The river is beaten into a maze of eddies and whirlpools, and the rapids are a series of jagged teeth just flush with the surface of the stream which rush with a speed of 15 miles an hour. Looked at from the river, the rapids are a series of jagged teeth just flush with the surface of the stream which rush with a speed of 15 miles an hour.

POISON IVY

Year after year an ivy leaf is found to be a camp or summer cottage. It is a common sight to see a man or woman who has been bitten by poison ivy. The symptoms are itching, swelling, and sometimes blisters. The best treatment is to wash the affected area with a strong solution of potassium permanganate.

ETIQUETTE

Proper Things to Do While Travelling  
Dress inconspicuously, and do not attract attention. Do not talk loudly to other passengers. Do not smoke in public places unless permitted. Do not drink alcohol in public places unless permitted.

THE CARE OF CREAM ON THE FARM

Grading cream and paying for it on a farm is a matter of some importance. The cream should be kept in a cool place and should be churned as soon as possible. The butter should be washed and salted properly.

Relieve Asthma At Once—If you could read the thousands of letters that have been received by the makers from grateful users, you would realize the value of the Asthma Remedy. It is a simple, natural, and effective remedy for all cases of asthma, whether acute or chronic.

LIVING AS IF YOU WERE POOR

Recently an old man died in a New York hospital, largely, the doctors said, from malnutrition. When received as a patient, he was clothed in rags. He had been taken from a wretched tenement house and put in a comfortable one. Yet when he died, his clothes were found to be the same as when he was admitted. This man who had been given the best of food and the best of care, died because he had not learned to live as if he were poor.

NOTHING UNUSUAL

Two neighbors were conferring their troubles to each other over the back fence that separated their premises. "You know," said Mrs. Higgins, "my husband is a carpenter?" "Yes," replied Mr. Higgins. "Well, I give you my word that all carpenters are alike. They are unfeeling and the roof leaks whenever it rains, and I can't get Henry to do a thing to 'em."

HER CONDITION

"Say that you will be mine, dearest Augustus." "I will, upon one condition." "Name it, my adored, and if it were to get you the moon—?" "I'll be kinder than that; that you will invite me to spend a month in your father's home—without my mother."

MIGHT HAVE SAILED HIM OFF

A man noted throughout a wide stretch of country as being a "light-wad," having lost his only brother, went to town to put a notice in the paper. "What's no charge, is there?" "Oh, yes, our rates are a dollar an inch," replied the newspaperman. "What's the other charged?" "Hick! Bill was six-foot-two!"

Cleans Like China  
When you use SMP Enamelled Ware, Utensils, you never need to scrape, scour, and scrub the way some wares demand. Hot water, soap, a cloth—that's all you need to clean them. It washes like china, has the cleanliness and surface of china, but wears like steel. Don't be the slave of your cooking ware; equip with clean, pure sanitary, lasting.

James Symon Mill St., Acton

Spend Your Money in Your Own Town

You can now get Partridge "Quality" Tires in your own town cheaper than other makes by mail. They are the best tire value you can find, anywhere. Buy them here at this low price. You can reap the benefits of local service and inspect your tires before you pay your money.

The PARTRIDGE "QUALITY" Tire-Shop  
H. A. Coxe's Garage

Internal and External Pains are promptly relieved by DR. THOMAS' ECLECTIC OIL

J. Cadesky OF TORONTO EYESIGHT SPECIALIST  
Monday, August 3

Children Cry for  
Fletcher's CASTORIA

Does Your Watch Keep Time  
Savage & Co. Jewelers

Free Press Job Printing is Always Neatly Done

Railway Time Tables  
CANADIAN NATIONAL RAILWAYS  
AT ACTON  
Going West  
No. 29 8:09 a.m.  
No. 31 10:45 a.m.  
No. 33 1:30 p.m.  
No. 35 4:15 p.m.  
No. 37 7:00 p.m.  
No. 39 9:45 p.m.  
No. 26 Sunday 10:41 a.m.

Westbound  
Daily (Except Sunday) 7:43 a.m.  
Daily 9:28 a.m.  
Daily 11:13 a.m.  
Daily 1:43 p.m.  
Daily 3:28 p.m.  
Daily 5:13 p.m.  
Daily 7:43 p.m.  
Daily 9:28 p.m.  
Daily 11:13 p.m.

J. A. SMITH INSURANCE AND REAL ESTATE  
Agent for Confederation Life Association, London & Lancashire Fire Insurance, London & Lancashire Guarantee and Accident, Dominion of Canada Guarantee and Accident Insurance Company.

LADIES' Blue Bird Beauty Parlor  
MARCELLING, CURLING, CUTTING, SINGING, MASSAGING, etc.

JONES ENGRAVING CO.  
130 RICHMOND ST. WEST  
TORONTO CANADA

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PROMPT ATTENTION TO ORDERS LEFT

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The FREE PRESS is anxious to serve you. We can give your advertisement better attention and therefore make it more attractive if the copy is supplied to us on Monday or Tuesday.

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Savage & Co. Jewelers

Free Press Job Printing is Always Neatly Done