The Acton Free Press

THURSDAY, NOVEMBER 24, 1921.

CHILDREN

They come, and take, unrecking, all you give;
The mother's pains, the father's patient toil,
The love, the fears, dreams, death that they may live,
The daylong care, the weary midnight's spoil.

Now helpless beauty in your anxious arms;
Then peril-potent grown a maid or lad;
Next, while you still endure the first alarms,
They go ungreeting, grown—with all you had.

You storm mute Heaven, demanding of it why,
Except for memories, your earth is bare!
God's good is never cheap, the price is high—
And yet what child has undeserved its care?

For what you did in all this that they do,
And what they read is what yourself have given;
They came to be exactly what were you,
And, oh, they go to give what you have given?

TWENTY YEARS AGO

From the issue of the Free Press of Thursday, November 28, 1901.

Canada's National Thanksgiving Day.

The first cutter of the season was out on Monday morning. It has been laid up for a further supply of the beautiful snow, however.

Mr. Peter McNabb received last Saturday his Fenian Raid medal and clasp for service in Stewarttown Company of the 30th Battalion, 1866.

For the next few weeks when a man is preoccupied it will be safe to guess that he is wondering how to buy $100 worth of Christmas presents with a $10 bill.

Union Thanksgiving service in Knox Church this morning at 11 o'clock. The Baptist, Disciple, Methodist and Presbyterian congregations unite to give thanks.

There is good safe skating on the ponds here now. Last week one hazardous young man went through the ice and took a very chilly bath.

Messrs. Beardmore & Co. have just completed the erection of a new set of ten ton scales in the G. T. R. yard at the head of Church Street. They are covered and will be very convenient when shipping and receiving heavy freight.

The last payment of the twenty year $5,000 debenture issued by the Corporation of Acton in November 1881, for the payment of the new town hall contracts, have just been paid.

The result of the election for six new elders in Knox Church was announced last Sunday morning. The following gentlemen were elected: Messrs. Hugh Wallace, Wm. Johnstone, James Lackey, James McMillan, Robt. T. Johnston and A. T. Mann. The annual meeting of the Sunday School was held last week when officers and teachers were elected as follows: Supt., Geo. Hynds; Asst. Supt., J. R. Kennedy; Secretary, Miss Ilona Wallace; Assistant Secretary, Ed. Ryder; Treasurer, Chester Wallace; Librarian, Miss Maggie Wallace; Asst. Librarian, R. E. Holmes; Teachers, Rev. H. A. Macpherson, Mr. Foister, Miss Anderson, Mrs. J. H. Matthews, Miss Lambert, Mr. Jas. Lackey, Miss Ada Hynds, Miss Galbraith, Miss Mabel Crawford, Miss Ghrvin, Miss Maggie Russell, Mrs. C. H. Smith and Miss McClure.

Miss Eliza H. McQueen has been engaged as teacher of the school in Waterloo, near Moshorn. Miss McQueen taught for three years in Acton before securing her professional certificate.

Miss Daisy Nicklin is to be congratulated upon securing the position of teacher of Public School No. 8, Nelson, near Kilbride.

DIED

KENNEDY—At Georgetown, on Wednesday, November 30, George H. Kennedy, J. P., aged 65 years, 8 months.

DAILY HELPS

Sunday

It is a good thing to give thanks unto the Lord, and to sing praises unto Thy name, O Most High; to show forth Thy loving kindness in the morning and Thy faithfulness every night. For Thou, Lord, hast made me glad through Thy work; I will triumph in the work of Thy hands.—Ps. 92: 1-2, 4.

Monday

Would'st thou first pause to thank thy God for every pleasure. For mourning over griefs thou would'st not find the leisure.—Ruckert.

Tuesday

Memories are the treasures that changed cannot touch. The day of delight ends, the happy group breaks up, the music ceases, the wonderful experience passes, but it is a shallow nature that finds only cause for bewailing the joys that are transitory. Memory is a great artist making unfading pictures, and by its aid the pleasures we have known become a store of lasting riches. They are ours forever.

Wednesday

"I want to meet the day with gladness and a smile;
To keep the way with hopefulness the while,
To see my task with clearness and delight
All this I come to ask, and sleep with peace at night."
—Foley.

Thursday

Be not too ready to condemn the wrong thy brother may have done;
E'en you, too harshly censure them
For human faults.—Ask: Have I none?
—D. Cook.

Friday

A good many people waste most of the enjoyment of life in getting ready to enjoy themselves. The pleasure of the things they have is crowded out by impatiently longing for the things they hope to have. The meadows beyond look so much greener that they do not pause to pick the flowers where they are.

Saturday

The happiness of your life depends upon the quality of your thought; therefore guard accordingly.—Marcus Aurelius.

BRISK BUSINESS

A countryman was paying his first visit to the seaside. He inquired of a boatman if he could have a bottle of sea water to take home with him, as his wife had heard that it was good for rheumatism.

"Certainly, sir," replied the boatman and charged him a shilling.

Later on, at low tide, he returned to the boatman for another bottle, and exclaimed, "By Jove! Haven't you done a roaring trade since I was here this morning!"

It Bids Pain Begone.—When neuralgia racks the nerves or lumbago cripples the back is the time to test the virtues of Dr. Thomas' Eclectric Oil. Well rubbed in it will still the pain and produce a sensation of ease and rest. A trial of it will establish faith in it.

THE SUNDAY SCHOOL LESSON

FOR SUNDAY, NOVEMBER 27

PAUL'S VOYAGE AND SHIPWRECK—Acts 27: 1-44.

Golden Text.—"I know Him whom I have believed, and am persuaded that he is able to guard that which I have committed unto Him against that day." —2 Tim. 1: 12.

Lesson Comments

Verse 30.—It being determined in our last lesson that Paul should be sent to Cæsar, he and other prisoners were placed on shipboard and began a dangerous, stormy journey.

Verse 31.—The ship was nearing the island now called Malta. The coast was destructive. The sailors sought to deceive the landsmen on board, but did not deceive Paul.

Verse 32.—His watchfulness saved the lives of all the passengers. Paul was a seafaring man as well as a man of remarkable intelligence, and had his wits about him. The sailors were panic-stricken, and obeyed the man of superior intelligence.

Verse 33.—In moments of terror the man who maintains complete self-possession is leaned upon by others. Paul was this man, says McGarvey.

Verse 34.—Bracing the physical helps to brace the mental man.

Verse 35.—Here is the example of the great apostle giving thanks before his meals.

Verse 36.—Paul's calmness and courage braced up all the rest, and thus saved the perilous situation.

Verse 37.—The number here mentioned is very large, but the merchant men of that day were ample.

Verse 38.—There was no use trying to save more of the food than they could eat, so they cast into the sea the heaviest of the cargo.

Verse 39.—In the storm they did not recognize the place where they were.

Verse 40.—If those on board were to be saved at all, now was the time to act.

Verse 41.—The description in verse 41 enables us to identify the locality. The little island of Salomonetta forms with the Maltese coast exactly such a place.

Verse 42.—The soldiers counselled killing the prisoners because they were answerable with their own lives for preventing the prisoners' escape.

Verse 43.—The centurion saw that Paul had saved the whole crowd, and stopped the soldiers' scheme.

Verse 44.—The vessel was evidently broken up, and the crew and passengers escaped as best they could. Paul attributes all such escapes of his own to the direct watch-care of his heavenly Father.

Illustrated Truth

In the interest of his own safety and the safety of others, the Christian sometimes finds it necessary to travel light (Acts 28: 38.)

Illustration.—Under ordinary circumstances, throwing wheat into the sea would be little short of a crime, but in the interest of saving men, it was justified. A Christian man who was making money rapidly, quietly closed his offices and went out of business. Afterward he said: "I found I was loading myself down with business at the peril of my soul. I have discovered that if I walk the upward way I must travel light."

Topics for Research and Discussion

1. Paul's Fellow Passengers (vs. 1-2). 2. Why was Paul beginning this dangerous journey on shipboard? 3. Where did the wreck take place? 3. How was Paul able to save the people on board? 4. Paul's Assurance (vs. 33-38.—4. Why was Paul better able to assume charge than the shipmasters themselves? 5. Describe the whole scene as you remember it.

III. The Wreck and the Rescue (vs. 39-44).—6. What was the exact locality of this wreck? 7. Why did not Paul claim all credit for this rescue and boast about it? 8. Why do people usually give themselves all glory and God none?

Daily Readings for Next Week

Monday, November 28.—Paul in Melita and in Rome (Acts 28: 1-16.)

Tuesday, November 29.—Paul's Ministry in Rome (Acts 28: 17-31.)

Wednesday, November 30.—Paul's Interest in the Romans (Rom. 1: 8-17).

Thursday, December 1.—A Message to Nineveh (Jonah 3: 1-10).

Friday, December 2.—"Good Tidings" (Isa. 52: 1-10).

Saturday, December 3.—The Angel Messenger (Luke 2: 8-15).

Sunday, December 4.—Jehovah Our Rescuer (Ps. 124: 1-8).

AUTHOR AS MARRIAGE BROKER

The amusing experiences of Mr. Allen Upward, the famous author, as legal assessor in Northern Nigeria, are told in "Some Personalities."

"It comforts me to remember that my first official act was to visit the Freed Slaves' Home, and to hand the poor superintendent a cheque on my own bank, telling her to get whatever was wanted, and let me know when it was spent.

"I told her to look on me as her assistant rather than her official superior; and she thoroughly deserved my confidence. The Home contained women as well as children, all rescued from slave caravans.

"The women were usually disposed of in marriage, and I acted as marriage broker. A Hausa soldier would come to me with a note from his commanding officer certifying him to be a man of good character and able to support a wife.

"I then turned over a corner of the note and scribbled: 'To Lady Superintendent, Freed Slaves' Home.—Please let bearer have one wife.'"

Makes Breathing Easy.—The constriction of the air passages and the struggle for breath, too familiar evidence of asthmatic trouble, cannot daunt Dr. J. D. Kellogg's Asthma Remedy. This is the famous remedy which is known far and wide for its complete effectiveness even under very severe conditions. It is no untried, experimental preparation, but one with many years of strong service behind it. Buy it from your nearest dealer.

BARE KNEES AND BLUSHES

An absent-minded professor invited a number of learned Scotsmen to visit some neighboring ruins in his neighborhood, and to do honor to his guests he donned Highland dress for the occasion.

There was to be a luncheon in a large marquee on the lawn, and when the master of the house appeared in all the glory of a kilt, the astonishment of Jane, the housemaid, was great.

Thinking her master was in one of his vacant moods, she rushed upstairs, and in a few minutes reappeared on the lawn with a pair of the professor's best trousers.

She blushed as she said, pointing to the bare knees of the astonished Scot: "Please sir, you've forgotten these."

The worms that infest children from their birth are of two kinds, those that find lodgment in the stomach and those that are found in the intestines. The latter are the most destructive, as they cling to the walls of the intestines and if not interfered with work havoc there. Miller's Worm Powders dislodge both kinds and while expelling them from the system serve to repair the damage they have caused.

CANADIAN ROCKIES ABOUND IN LEGENDARY LORE

The countless peaks that cover vast stretches of western Canada are wrapped in Indian legends as well as clouds of snow. Many of these are locally familiar, some are widely known, but a rich field awaits the delver into the Indian lore concerning this region. Perhaps another Canadian woman with a strain of Indian blood in her veins will do for the Canadian Rockies what Pauline Johnson did for Vancouver by collecting the Siwash legends.

Banff and its environs are particularly rich in legendary atmosphere. It is safe to say that ninety per cent. of the thousands who stop at Banff annually enjoy a boat ride across Lake Minnewanka, a beautiful sheet of water rimmed in by forbidding mountains. The Indians had many legends concerning this lake, the most popular hinging on its name, which means Spirit Waters. The legend runs that an Indian chief was crossing the lake in a canoe when an evil spirit arose from the waters, wrecked the frail craft and carried the chief down into the depths of the lake, from which the body never rose again. Firm belief in this story caused the Indians to skun the lake, but white men laugh at the tale and find these waters attractive for boating, fishing and camping.

Lake Minnewanka is some 15 miles long and between two and three miles wide. A comfortable launch makes the 22-mile trip regularly. At the southern end a stop is made to allow passengers to inspect the scenic marvels, one of which is a gigantic "Hoodoo," which rises like a monument from the back of a rushing torrent, and bears a balanced rock upon its apex. Nearby is an excellent camping site and another is on the north shore opposite the entrance to Aylmer's Canyon, from which it is comparatively easy to reach 10,365 foot Mt. Aylmer.

Lake trout of great size inhabit Minnewanka and prove a magnet sufficient to counter-balance the fears of any superstitious fishermen, as attested by the numbers who stop at the Chalet beside the lake.

PLAN FOR SYSTEMATIC ENTERTAINMENT

The girl who is earning needs to plan as systematically for her entertainment as she plans for her wardrobe for the coming season, or there will be danger of her running all to one kind of amusement, or not getting the recreation she needs and so losing the freshness of mind which is such an invaluable possession to the worker. A number of things must be taken into account, the expense, the demands on the strength, the needs of the nature, due to the environment during working hours.

The girl who is shut up in an office or a factory all day should choose pleasures that will give her as much outdoor air as possible. The girl who sits at a typewriter should try to cultivate a fondness for walking and for outdoor sports. If a girl has to stand at her work, it is unlikely that she will feel much like walking at the close of the day, and she must get her quota of fresh air more quietly.

The girl wage-earner should not overlook the pleasure of reading, the cheapest, the most satisfying and the most lasting of all pleasures. Some girls read as they go to and from their work, and this is an excellent way of using the time that would otherwise be wasted, provided the strain on the eyes is not too great. Keep a book handy for picking up in the odd minutes when you are waiting for a friend or to go out to an entertainment. It is astonishing how much reading one can accomplish at odd times, if something worth reading is always kept at hand.

Try to hear good music every now and then. Unless a girl makes a special effort in this direction, it is hardly possible for her to acquire the appreciation of good music, for ragtime we have always with us, and jazz, alas, is painfully popular. If you live in a city where such privileges are open to you, save your pennies and attend some good concert once a month through the winter.

Meeting in a social way with other young people is one of the pleasures which contribute much to a girl's happiness. If she is fortunate enough to live at home, the way for her to secure such enjoyment is simplified.

Worms in children, if they be not attended to, cause convulsions, and often death. Mother Graves' Worm Exterminator will protect the children from these distressing afflictions.

SUNDAY, DAY OF BATTLES

Sunday has always been a favorite day of battles. History abounds with battles fought on this day, but just take note of the more prominent victories. Ramillies was fought on Sunday, May 23, 1706; Oudenarde on July 11, 1708; Malplaquet on September 11, 1709; Vienna, August 21, 1808; Orthez, February 27, 1814; and Toulouse on April 10, 1814—all Sundays, the latter being fought on an Easter Sunday. Perhaps the greatest and most decisive battle ever fought on a Sunday was the famous victory of Britain at Waterloo on June 18, 1815, when Napoleon's power was broken up for ever. Ferozeshah was won on a Sabbath day; Rangoon was stormed on a Sabbath day and Pegu also was taken on a Sunday; whilst the battle of Inkerman during the Crimean war took place on Sunday, November 5, 1854.

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Men's and Boys' Heavy Boots
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Ladies give us a trial for footwear.

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DANGER IN HOME-MADE WINES

The British English Church Temperance Society has published a leaflet dealing with the dangers of home-made wine. The article is as follows:

I remember once reading something about open evil having this good about it, that it keeps good on the alert; that it is when there is no likelihood of an enemy's approach that the garrison sleeps. That is just the position of affairs as regards our subject. With ordinary beer, wines and spirits, the abstainer is on his guard, and knows just what to do; but in home-made wines the evil is nearly always hidden by the remark: "Oh, it's my own make, and I know there is no alcohol in it." "But, my dear madam," one is tempted to ask, "are you quite sure that there is no alcohol in it? How is your wine made?" "Oh, simply fruit, sugar, boiling water, and a little yeast." Just so; a little yeast, sugar and fruit. Do you know—but of course you do not—that you have made as great a percentage of alcohol in your wine as there is in strong ale? You would hold up your hands in horror if you saw me giving your little daughter a wine-glass of ale; yet you hesitate not a moment in giving her as much of your wine. Let me tell you that as soon as you add that little yeast you set up a tremendous fermentation, and part of your sugar soon becomes alcohol. You have watched the fermentation setting up, and have thought nothing of it; you have taken great care that the bottles have been properly stoppered so that the corks should not drop out, and you little dreamed that

The Evil of Alcohol

was in your deliciously flavored, innocently-made compound, and that you had in reality added a poison to the drink. It's the same with all those wines: currant, gooseberry, raspberry, elderberry, parsnip, rhubarb and other wines. And the same sort of thing applies to

Cider

You crush the apples into a pulp, press it through your hair-cloth bags, then you leave it for a time. Why? To ferment. But you should know that yeast plants are always floating in the air to attack such fermentation; and soon, when the cider is snugly put into its casks, and ready to drink, out comes a liquid stronger in alcohol than ale, for it generally contains six parts of alcohol, sometimes more; whereas ale—mild ale—contains usually only five parts. The same with perry.

Stronger than Champagne

It is rather a startling fact, you know, when you come to think of it, that many kinds of cider and perry and most home-made wines have from 5 to 10 per cent. of alcohol in them, whereas ordinary beer only contains from 4 to 5 per cent.; hock, claret and champagne from 8 to 11 per cent.; all of which are usually weaker and less dangerous than orange and raspberry wines, which contain as much as from 10 to 12 per cent. of alcohol. But there, I won't frighten you with much more. I see you have had a surprise. Without the yeast and sugar the wines might have been harmless, but the drink would not be so lively and palatable.

Yeast

Sir Victor Horsley tells us that this yeast grows and multiplies very rapidly when placed in a warm sugary solution, and ferments the sugar, breaking up into alcohol, water, and carbonic-acid gas. Alcohol can be made in many sorts of ways, but what I want to impress upon you is that it is usually obtained from the simple fermentation of sugar. So don't think please, that because you did not actually add alcohol, that it is not in the wine. No; be upon

The Safe Side of the Hedge

and let alone all these hidden evils and dangers. I know it's very nice, but you wouldn't like your children to 'get the taste for drink' from your wine, I'm sure; and I am also sure that you would be the last person to revive the craving in one who has been a victim in the past, but who has been given strength so far to fight a successful battle against alcoholic liquors. So, remember that—

Our dangers and delights are near allied;
From the same stem the rose and prickle rise."

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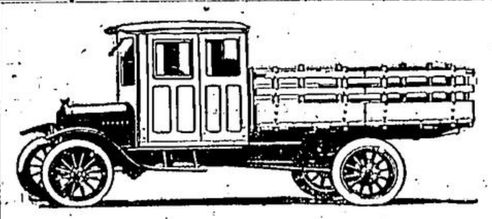

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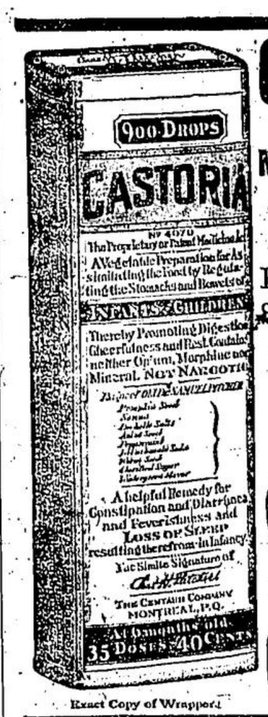

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No. 31	10.34 a.m.
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No. 39	9.35 p.m.
No. 36 Sunday	10.34 a.m.

Going East

No. 30	7.08 a.m.
No. 30	11.18 a.m.
No. 34	3.35 p.m.
No. 36	6.17 p.m.
No. 38	8.04 p.m.
No. 34 Sunday	6.58 p.m.

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9.56 p.m.	Sunday only

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