

The Sun Free Press

THURSDAY, APRIL 14, 1921

THE SUNDAY SCHOOL LESSON

FOR SUNDAY, APRIL 10, 1921

JESUS TEACHING ABOUT WORK
—Mark 6: 1-2; John 6: 17; 2 Thess. 3: 12.

Golden Text—"In diligence and self-restraint, fervent in spirit; serving the Lord" (1 Cor. 12: 11).

Lesson Comments

Mark 6: 1.—During the winter of A.D. 28 or 29 Jesus was in Capernaum. In this lesson, after raising the daughter of Jairus, Jesus left Galilee and camped "in his native country" to Nazareth. This had been the home of His childhood, youth and early manhood, and seemed like old, good method to Jesus. He worked at the carpenter's bench with Joseph and filled a useful place in the community. The distance to Nazareth was a walking journey of about seven hours.

On Sunday morning, after a seven-hour day of public worship and teaching, our Sabbath was the principal day of quiet, rest, and devotion.

The synagogue, purring quiet, with a strain of meditation in your eyes, if he's watching, by dear.

And don't fail to see on his buttons, And mend all his clothing with care; Don't tell him for money for shopping.

Don't know when he acts like a hour, And when he has often, my deary,

That your head is aching with pain, Let us whisper way down in life.

"Oh, I wish you would wash!"

Don't tell him that Mother the house maid.

And Ann, the old, infirm cook, Don't let her have any sugar-sugar.

With even so much as a look;

Don't tell him how very annoying.

He's got it in his bones, To be told to "get out of the kitchen."

And don't come a botherin' of me!

But, always seem cheerful and happy,

And always look pleasant and gay;

That a frown there is nothing more.

—Driving you's husband away.

And then you think you know strivin'.

But whatever you do, dear, remember,

That your husband is only man.

TWENTY YEARS AGO

From the issue of the Free Press of Thursday, April 16, 1901

Fine warm spring-like weather the past week.

The buds are bursting on the small fruit bushes. The maple sugar season is about over. It was an unusually sweet one.

Our park is alive with the youthful population—importing themselves in various games those fine spring evenings.

The municipal officer is having the streets sanded and cleaned of rubbish of all kinds. His annual cleaning gives Action a tidy appearance.

The Junior League invites all their friends to a tea to be given by themselves in the Methodist schoolroom to-night.

The Little Society Collectors in town have made their return to the A.T. & T. Building. Their collection amount to \$32 which is considerable in advance of last year.

Mrs. F. E. Moore, of "Lakefield Farms," presented a dairy to the school. Mrs. J. Pynn and her two sons are taking a great interest in other people's business that have no time to work.

Verse 12.—The apostle considered that he had the authority of Christ for commanding people to earn their own bread.

Verse 13.—By now we set the example of laboriously working for his own maintenance.

Verse 14.—All men rich or poor, simple enough to be called "fools."

Verse 15.—Individuals who take too much interest in other people's business that have no time to work.

Verse 16.—The park is alive with the youthful population—importing themselves in various games those fine spring evenings.

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Topic for Research and Discussion.

L. Jesus Showed His Wisdom by His Works (Mark 6: 1-3).—Where did Jesus spend the years 28 and 29 A.D.?—What evidence have we of Jesus' later career?—What is to follow away and die?—It is the same with the parasite in society and in the church. It is useless, but he is not harmless. 16 weeks there who must do double to support himself and his family.

BORN.—In Ashton, on Thursday, April 4, 1921, to Councillor and Mrs. George Hynde, a son.

CLEANLINESS

We approach a delicate subject. We must be cautious for fear we make some of our readers mad. The world needs more careful ablation. Taking our nose for a witness in the case, we judge that many people do very well in this regard.

In city houses, with bath-rooms and water-pipes running every whither, there is no shade of excuse for lack of cleanliness.

On the roadsides, there is no place where there is more abomination.

You answer that you wash your face and hands every morning. What of that? Your hands and face could get along without water, but the rest of your body, for the dirt would rub off by contact with fresh air and the implements of your occupation. You need frequent application of water to the skin, but the rest of the body, once a week will do.

God washes the flowers every night with dew, and you are certainly not purer than them.

Three-fourths of the world does not wash often enough, either, for health or decency, and could apply in physical sense what Paul said in a spiritual sense: "Cleanse yourselves that ye may deliver me from this body of sin and death!" If only one-half of the world had been watered, the divine meaning might be better understood.

It is to be hoped that frequent purification ought to be every way adopted and acted upon. The tarrying of so many people in your room for half an hour after fumigation—Dr. T. DeWitt Talmage.

Choked for All—Hills Imperial becomes languid in the bronchial tubes, others gather, and the awful choking of asthma results. Quick and positive relief is afforded by using Dr. J. D. Kellogg's Asthma Remedy. The inhalation of smoke of water-pipes, tobacco, cigars and cigarettes causes the lungs to contract, clear the passages and give untold relief. It has stood the test of years of success. It is the sure remedy for every sufferer.

CEDARS VICTIMS OF WAR.

During the war the hand of destruction heavily used the cedar trees.

Lebanon cedar trees, which date back to ancient history, were famous during the wars of Hammurabi, 600 B.C.—The Roman historians Pliny, Caesar, and Tacitus all speak of the durability and strength of these trees.

The Arabs are said to have believed the trees had exalted for all time.

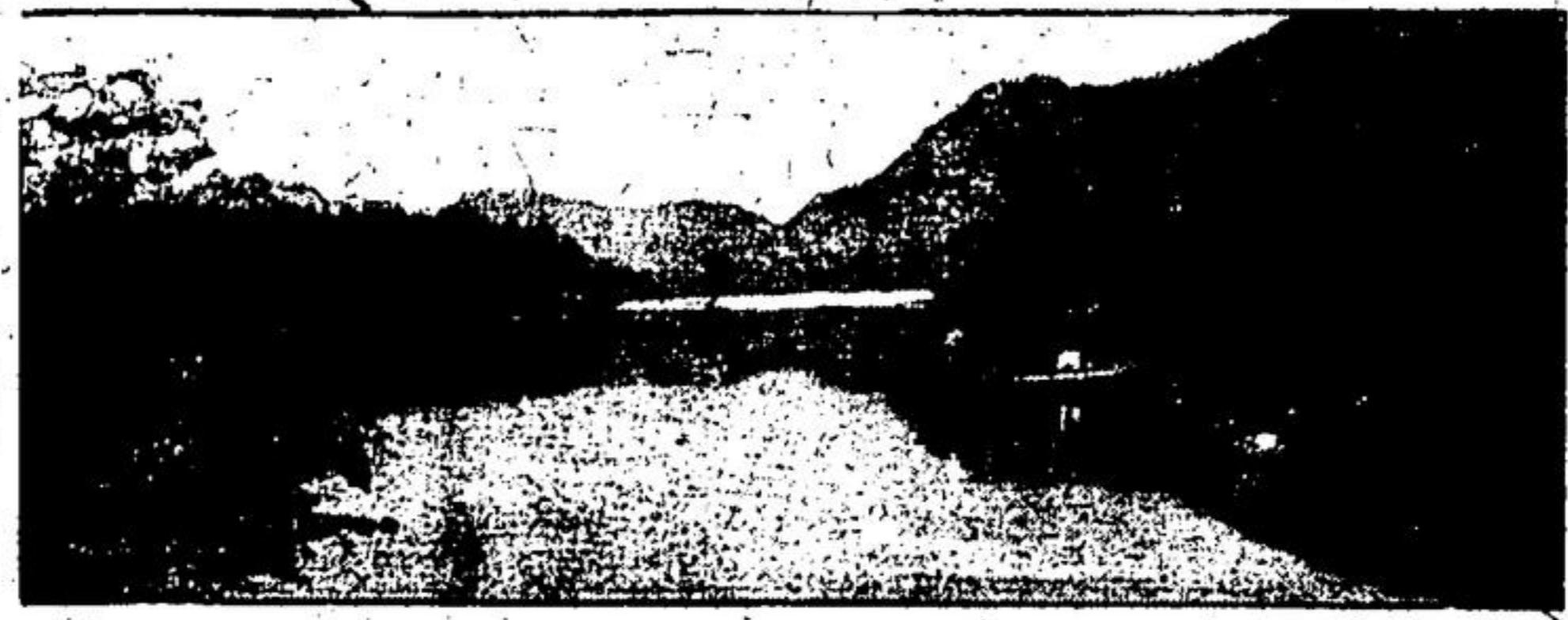
After 2,000 years the timber in the cedar forests of Lebanon were found unchanged. In remote times oil from the cedar was used as a cure for leprosy. It was also used by the Romans for preserving the bodies of their heroes, who were often 60 feet in height and 42 feet in circumference.

During the world war the Turks cut down many of them to obtain fuel for their ships and the opening of the Suez Canal continued the work of destruction for military purposes.

Many infants are infested by worms which cause great suffering, and if not promptly treated may cause constitutional weaknesses, difficult to remedy. Miller's Worm Powders will clean the intestines and the worms will not be able to recur.

They will so act on the system that there will be no recurrence of the trouble. And not only this, but they will repair the injuries to the organs that worms cause and restore them to soundness.

CANADA'S FARDEST WEST



Cloquoy Sound, one of the delightful spots of the West Coast, Vancouver Islands.

on east corner of the island between the head of Kyuquot Sound and the south-east arm of Quadra, round about the headwaters of the Nimpkish Nimpkish.

Port McNeill, however, they are protected for four years to come.

At Sandfield, there is the Domionton Government Fish Having Station and Imperial Government Cable Station; it is the landing point for the Canadian Pacific and New Zealand, the nearest forwarding point being Panama Island, 200 miles away. A staff of thirty-five officials here.

There is a large settlement about one hundred whites and twenty-five Oriskans and Indians. Here the Wallack Indians have a large plant with two lines of machinery for canning salmon two for working salmon and one for the curing of salmon.

Away up the "Albert" Canal, some twenty miles inland from Port McNeill, is the largest cannery in Canada.

Port McNeill is a good place to live.

Trout and Silverfish, in the streams and lakes inland, salmon, perch, trout, eels, and other fish are plentiful.

Walrus, seals, otters, fox, marten, bear, otter, mink and marten.

Out into the Harlay Sound again,

through the islands of the "Broken Group," to Heceta, Tofino and so to Juan de Fuca and the Juan de Fuca Sound.

There are about one thousand Indians here, mostly of the Nimpkish.

It is here that a certain Indian

fisherman roamed as being the first—if not still the only—rhododendron nursery in North America.

Canadian Indians and it is the custom for them to migrate with their entire families every year to Rivers Inlet on the mainland for the salmon harvest and intermix with the Indians there.

They are landed from the ship into their dug-outs with their children, their dogs and all the junk appertaining thereto, stoves, stove-pipes, old hats, oilcloth, tempos, dried skins and weapons of war.—H. G. W.

Out into the open Pacific again, then turning north east through Broken Channel we come to Tofino where the

old cannery turned over to us.

They are here to stay.

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