There's nothing queer about it, We never give each other pain When we can do without it We have telled o'er many a read most

dreary. My little wife and I; But our hearts were light when ou fest were weary. I My little wife and I.

The reason why we journeyed on, flince hand in hand we started, We no'er had seen the battle won By those who were faint-hearted

Though our home be plain, that never My little wife and I:

Though a humble oot, right well it My little wife and I. The reason we are content. We do not fear to labor, And though in tall our time is upon

We envy not our neighbor. . We never dream of ill for the morrow. My little wife and 1; But take what may come, be it Joy

My little wife and I. The reason why we do not fret, And you'll do well to try it; We' ne'er have found a person That was a gainer by it.

TWENTY YEARS AGO

From the Issue of the Free Press of Thursday, November 16, 1899

Roy. J. W. Rae will lecture on "Doors" in Knox Church to-morrow Mr. John Kennedy, Church Street, of blood polsoning. Rev. Father Feeny has had the front

of the Parsonage property on John Street neatly boulevarded. There has been considerable star gazing the past two nights. Th meteoric display is blamed for it. The grain market continues some what dull. The prices here yesterday were : wheat, 66c; outs, 24c to 25c; rye, 50c; barley, 36c to 38c;

Mr. H. T. Arnold purchased the double dwelling on Main Street from the ostate of the late Archibuld Campbell at the sale last Saturday. The

price paid was \$1,700. The Rev. A. J. Mann preached Christian Endeavor anniversary dermons in Knox Church last Sunday. In the evening the members of the Christian Endeavor Society occupied the front pows.

Mr. W. P. Campbell, the builder who has already built between twenty and thirty houses here, has purchased some three ucres of land sultable for building lots, from Adam Cook, on Mount Campbell, and is dividing it into lots. A new dwelling has, already wen commenced on the lot at the corner of Brock Street and Victoria

The fall and winter series of "Nature Studies" opened in the Raptist Church on Friday evening. Interesting papers were read on the following subfects: "The Mosquito," "Aphides, or green flies," "Spiders and Moths," Wasne Nest Hullding," "Locusts and Granshoppers and Architecture of Anta." The choir sung "Three Humblebees," and the pastor, Rev. W. S. Mc-Alpine, H. A., sang "The Cricket on

the Imperial authorities stating that glorious, as he will be in heaven when no further troops would be required all the saints shall be about him. And from Canada. The offer of a second we, gazing upon his glory, shall recontingent has therefore not been ac- feet it (2 Cor. 3, 18.)

line steamer Bardinian, from Quebec ven is nirvans, a state in which perwith the Canadian contingent for sonality is lost in the divine nature. South Africa, arrived at St. Vincent. Not such is the gospel view. Each Cape Verde Islands, on Sunday, The distance from Quebec to Cape scious of his existence. Town is computed to be about 7,015 miles. The Sardinlan has now run we know each other there? The dis-3,447 miles, a little less than half the ciples recognized Moses and Elijah distance, in thirteen days.

IF YOU WANT TO RISE

must raise something else. If you cannot rise and keep down the man Father's voice. Many utterances of who raised it, any more than a man Christ point to personal communion can rise out of the water and keep with the Lord in the world to come. down the life preserver that raised

work for a dollar. When you are to accomplish at Jerusalem." They working for nothing but a dollar your knew what the disciples did not know; work will not ben out at more than that Jesus was to die and that his fifty cents. To do a dollar's worth of work, you must work for a dollar and something more. You must work for the love of the business, or for the sight, so that they knew what had love of something-for something more than the dollar. A more hireling never does more than fifty ochis worth of work for a dollar, because he has nothing to work for but the dollar. He may most the requirements as to quantity, but never as to quality Bo long as a man thinks of himself up a hireling, he will never hitch his wagon to unything but a pay envelope. A large employer said that he never distributes his pay envelopes without putting in them an inspirational leaflot-just a bit of printed matter to encourage his men, to spur their ambillon, to incite them to higher ondeavor. Men need something more than money. They need un encouraging word. They need antidotes for discouragements. They need backbone bracers. They need a friendly handshuko-a handshako with a grip in it that helps a man get a new grip on himself.-The Young Man in Rusi-

No better protection against worms can be got than Miller's Worm Powders. They consume werms and render the stomach and intestines untenable to them. They heal the surfaces that have become inflamed by the attacks of the purpattes and serve to restore the strongth of the child that has been undermined by the draughts that the worms have made upon it and that their operation is altogether

THE OBLIGATION OF STRENGTH

We should prize our strength for the help it can give, not morely for the force it can exort. Some people love the sense of power for its own sake. They like to feel themselves able to dominate and to influence one of weaker will, merely because it gratifies their vanity to prove themselves ter tree. It supplies the natives not the stronger. Hut strength such as this is so identified with weakness as to be altogether contemptible. Strength is at once a blessing and a responsibility, and woe to the one who uses it without realizing his obligation to use it in the way of helpfulness.

proportics in six essential oils are con- skin that comes off easily when the contrated in every bottle of Dr. nut ripeas. This pulp is sweet and Thomas' Eclectric Oll, forming one of wholesome. Almost two-thirds of the the most beneficial liminents ever of nut is, it is reported, vegetable butter. fered to the use of main. Thousands The tree begins-to bear when it is can testify as to its power in allaying lifteen years old, and reaches its prime paint and many thousands more can when it is twenty-five years old. certify, that they owe their health to Chocolate manufacturers could easily it. Its wonderful power in not ex- utilize the product. It might be used

THE SUNDAY SCHOOL LESSON

FOR SUNDAY, NOVEMBER 16

BY JESSE L. HURLBUT WITNESSES OF CHRIST'S GLORY -Luke 9, 28-36; 2 Pet. 1, 16-18. Additional Material for Teachers-Matt. 17, 1-8; Mark 9, 2-8; Exod. 34, 29-35; Inn. 6, 1-13; 2 Cor. 12, 1-10.

Common Scripture Passage 28. And it came to pass about eight harness. days after these sayings, that he took with him Peter and John and James. and went up into the mountain to 29. And as he was praying the

fashion of his countenance was alter- alone. ed, and his raiment became white and dazzling. 30. And behold, there talked with fully up and down the crowd, and then

spake of his decease which he was about to accomplish at Jerusalem. 32. Now Poter and they that were with him were heavy with aloop; but

were parting from him, Peter said leadership;" but a gift of loadership unto Jesus, Master, it is good for us is only a disposition to do the things is intil't?" to be here; and let us make three that must be done. tabernacies; one for thee, and one for

34. And while he said these things, trusting to mutual help and suggestion there came a cloud, and overshadowed to carry it out, may be a leader, and stopped laughing long enough to ex them; and they feared as they entered his success, when the thing is done, plain that "intil't," although not to be into the cloud. 35. And a voice came out of the who have silently helped him. cloud, saying. This is my Son, my

chosen; hear yo him. peace, and told no man in those days thing to be done, that we may become the laugh, "I but my foot intil't, did any of the things which they had seen, leaders of men.-Belected. devised fables, when we made known unto you the power and coming of our Lord Jesus Christ, but we were eyewitnesses of his majesty.

Father honor and glory, when there ject by cramming for a week, but was borne such a voice to him by the what good is it going to do you, if in Majestic Glory. This is my beloved a month's time you could not pass that Son, in whom I am well pleased. heard borne out of heaven, when we wiser than when be entered it, because were with him in the hely mount. Son; hear ye him. Mark 9, 7b.

Memory Verse-lils face did shine as the sun, and his garments became white as the light. Matt. 17, 2. Junior Topic-The Glory and Majesty of Jesus.

Memory Verse.-Luke 3, 29, Intermediate and Senior Topioleter and John Witness the Glory of Young People and Adult Topio-The Inner Circle of Discipleship. Luke 9, 28-36; 2 Peter 1, 15-18; Mark 5,

35-37; Luko 22, 8; Matt. 26, 37. Blackboard OUR HEAVENLY GLORY. OUR HEAVENLY PERSONALITY. OUR HEAVENLY RECOGNITION. OUR HEAVENLY FELLOWSHIP. OUR HEAVENLY KNOWLEDGE.

Lesson Thoughts In this scene the chosen three disciples, keyed up to high spiritual state have a brief experience of that which shall yet be the happy condition of all saints. We may here learn some mountain the Saviour was infinitely and begorra he was, too."

2. It is a state of conscious person-London, November 13-The Allan ality. The Hindu conception of heasoul exists as an individual and con-2. It is a state of recognition. Shall

with Jesus; and from the fact that the three were talking together we may infer that they knew each other. And if they knew each other, may not we in the heavenly state? 4. It is a state of fellowship. The want to rise in business, raise the glorified saints are not only engaged business you are in. Don't imagine in adoration, casting their crowns bethat when you have given your life to fore the feet of the Lamb; they have the lifting up of a business, the house social fellowship with their Saviour: will try to keep you down. A house they talk with him and hear his

5. It is a state of knowledge. The two glorious ones spoke with Christ death was an essential part of his redemptive work. Life in the heavenly world had clarified their spiritual in-

Readings for Next Week Monday-Jesus Corrects John's Nar rowness, Luke 9, 45-56. Tuesday-The Value of the Little Ones, Matt. 18, 1-6, 10-14. Wednesday-Doing Good in Jesus Nume, Murk 9, 38-60. Thursday-Of Such is the Kingdon

Mark 10, 13-16. Friday-The Centurion's Bervant Icalcd, Matt. 8, 5-13. . Haturday-God's Fellow-Workers, Hunday-Fellow-Citizens with the Saints, Eph. 2, 11-22.

THREE THINGS

Three things to love-courage, gentleness and affection. Three things to admire-intellect dignity and gracefulness. Three things to hate-cruelty, arro-

gunce and ingratitude. Three things to delight in-beauty runkness und freedom. Three things to wish for-health riends and a contented spirit. Three things to like -- curdiality, good songr and cheerfulness.

Three things to avoid-idlenous loquacity and flippant jesting. Three things to cultivate-good woke, good friends and good humor. Three things to contend for-honor country and friends.

Three things to govern-temper Three things to cherish-virtue, goodposs and wisdom. Three things to do-think, live, act Three things to think of-life, death

THE BUTTER TREE OF SENEGAL

There flourishes in Benegal a wonderful tree, known as the shee, or butonly with nuts, which they highly prise, but with a butter that may become an article of commercial import ance. It is already exported to Europe

where makers of artificial butter find On the outs which this tree produces there is a soft covering of pulp, A Powerful Medicine. - The healing which in turn is covered with a smooth

DO IT YOURSELF

One of the commonest traits of hu-"everylandy's business."

other people for not taking it! city, a .- poor, overworked cab-horne, fell on the payement. Upuble to move, he lay there on his side, motioniess A crowd gathered quickly, and en-

circled the fatien horse. The cabman Frenchman suffed the appetizing arestood helplessly by; he would have ma und peered with interest late the been powerland, even if he had not bot been stupld, to release the horse! in his pockets. He glanced scorn-

him two men, who were Moses and said. Min! Not a solitary one of you that'll lend a hand to help the poor 31. Who appeared in glory, and beast!" Ho saying, with a shrug of and carrots intil't, and -" his shoulder and his hands still in his pockets, he walked away... In all such situations, however, presently, the right person in found to when they were fully awake, they saw come forward, assume the direction. his glory, and the two men that stood and see that the proper thing is done. ness: People, who step forward in such an 33. And it came to pass, as they emergency are said to have a "gift of intil'td-"

Each one who says to another, in a with a gesture of helpless day air. Mozen, and one for Elliah; not know- hearty and honest way. "Lend me a argues no special gift above the others found in the dictionary, was a per-

It was in the thought that the leaderable lay; and it is by doing things ingredient. 36. And when the voice came, Jesus ourselves, and not in waiting for "In your so-expressive idiom, then." was found alone. And they held their others to do the perfectly obvious said the amiable Franchman, foining LEARNED JUST FOR NOW

not really learned at all. You may 17. For he received from God the pass a brilliant examination on a subexamination to save your life? Many 18. And this voice we ourselves a student comes out of school little getting through an imminent exafti-Departmental Topics and References make any impression. The habit of writers. learning a thing just for now, has gained such a hold that he seems un-

The old motto, "not for school, but for life, we learn," can hardly be imlearn one thing so it will stick by you in after life, is worth a hundred know all about Billy's ways. learned "just for now."

HAD PROVED IT

A good story was told at an elec-Irishman obtained permission from his employer to attend a wedding. He turned up next day with his urm in a sling and a black eye.

with a swallow-tailed coat and a white walstooat. 'And who might you be,' 1. It is a state of glory. On the said I. 'I'm the best mun,' sex he,

NOT IN THE DICTIONARY

A French officer who since the outmanity, taking it in general, is a dis- break of war has pursued the study is his own worst enemy, and perhaps position to wait for someone cise, to of English with such arder that he that is commoner than most of us take a step that everyone seen is was at last beginning to feel able to suppose. It is certain that comparaneeded, but which no one makes it his converse freely with the British at tively few of us treat ourselves as own business to take, because it is lies of his country, recently, so a we would treat a friend. We overcorrespondent déclures, received a dis-Then there are so many people who, couraging check to his innocent selfwhile not making a movement to take satisfaction. He had forgotten that this step themselves, severely blame where Tommy, Tammus and Pat are of a beloved human being. We together under arms it is not always let ourselves lose sight of future bene-Once, in a crowded street of a great | dictionary English that is spoken. With a friend, an English officer, he chanced to visit a company kitchen belonging to a Highland regiment just under the weight of the shafts and as the cook was compounding a savory stew of the sort known in his native land as hodgopdige. The

> "'Odgepodge, sir," was the reply. "'Odgepodge? 'Odgepodge? I know it not. Tell me, then, how it is made?" "Why," said Tammas readily, "there mutton intil't, and turnipe intil't. "But you, po I see," assented the

Frenchman, puzzled, "The vegetables you; but what is intil't?" "There's Button Intlift, and turnips

"Oul certainemnt! But intlit-what Tammas flourished his long spoor "Am I na tellin' ye, sir, what's hand, and we will get the thing done," | intlit? There's mutton intiit, and-" Hut just there the English officer feetly good Scottish abbreviation for

hend fully the English language!"

"KNEW HOW TO MANAGE BILLY

all his studying has been done with a slways to listen to advisers and then Golden Text.—This is my beloved view to making a good, recitation, or sift the advice. Those who have been ination. He is the young man whose best course. So the young can learn Primary Toplo-With Jesus on the employer tells him the same thing, from the old. A laughable result of day in and day out, month in and disregarding advice occurred in month out, and yet hever seems to stuble near the home of one of our Charlie was very ambitious to har-

ness the horse, Billy. The lad is a

plucky little fellow, and his father sent him to the stable one day to put the horse to the express-wagen. ."Shut the door before you take of Itilly's hulter," said the father, who Charlle was confident that he knew "how to manage Hilly" without advice so he put on the harness in the stable after he had cleaned the animal down; then he took the halter off, but he left the door open. He had climbed upon a box to put the bridle on. Billy had watched his chance, and whirled around, upset Charlie in the stall, ran into the yard and took a good, roll in "Hello, what is the mutter." said the mud. The crestfallen boy had the

but left him to learn his own fesson

teacher than experior:co."

"Good advice is a more, agreeable

TREAT YOURSELF AS A FRIEND

We often hear it said that a man work officelves, sometimes as we would be ashamed to overwork a dumb animal, to may nothing fits in our absorption in present pleanure, when if we were responsible for a child, we would refuse to allow ourneives to be so shortsighted. Instead of treating ourselves as a friend, many people adopt the attitude of an enemy and seem bent on getting as much as possible out of the self at the moment, regardless of future weal or woe.

Home of you young people need t

change your tactics in this matter

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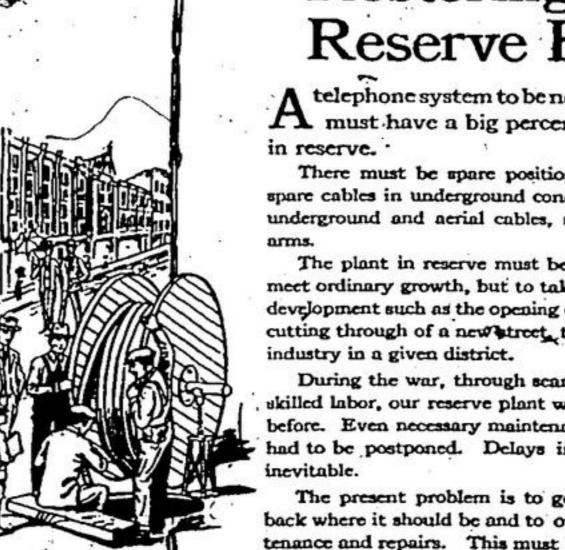
During the war, through scarcity of material and skilled labor, our reserve plant was depleted as never before. Even necessary maintenance and repair work had to be postponed. Delays in installations were

The present problem is to get our reserve plant back where it should be and to overtake vital maintenance and repairs. This must be done while meeting pressing demands for new telephones. These in' turn call for new buildings, new switchboards, new conduits, aerial and underground cable, new local and long distance lines.

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9.56 p. m. Bunday only

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