The Acton Free Press

THURSDAY, JANUARY 23, 1919

GOOD THINGS TO DO

What can a little chap do
For his country and for you?

He can fight like a knight
For the truth and the right,
That's one good thing he can do.

He can show all that's mean,
He can keep himself clean
Both within and without—
That's another good thing he can do.

His soul he can brace
Against everything base,
And the trace will be seen
All his life in his face—
That's a very fine thing he can do.

He can look to the Light,
He can keep his thought's white,
He can fight the great fight,
He can do with his might
What is good in God's sight—
These are excellent things he can do.
—Oxenham.

CHILDREN'S CORNER

Tommy—"I don't think auntie will stay long, she didn't bring any baggage."

Johnny—"Huh! look how long the baby stayed, and he didn't bring anything."

Father—"Everything I say to you goes in at one ear and out the other."

Little Son (thoughtfully)—"Is that what little boys have two ears for, papa?"

"I don't see how you get that boy to take the castor oil."

"Easy enough. I told him to try some first and see how he liked it, and if he didn't like it he needn't take it."

A few days after a farmer had sold a pig to a neighbor, he chanced to pass his place and saw his little boy sitting on the edge of the pen, watching its new occupant.

"How-d'ye do, Johnny?" said he. "How's your pig to-day?"

"Oh, pretty well, thank you," replied the boy. "How's all your folks?"

Three things there are I'll never do—
I'll never drink, nor smoke, nor chew,
I ne'er shall grow an appetite
For whiskey, beer, cider or pipe;
No alcohol or nicotine,
Around my person shall be seen.

GOOD RESOLUTIONS

I will not speak evil of any one.

I will not criticise any person against whom I am prejudiced.

I will restrain my tongue when I am angry.

I will be silent when I know there is danger of being misunderstood.

I will withhold my words, when I have a doubt as to my motive in speaking.

I will not be a "talebearer." I will not tell or repeat anything that will make unkind feelings between people, or that will create prejudice.

I will try not to hear unkind or wrong things, and will do all in my power to discourage those who indulge in unkind words.

I will cultivate a habit of placing a charitable construction upon the words and conduct of my fellows.

I will cultivate kindliness of thought and expression, in all my relations in life.

I will be clean in my words.

Believing that every one has some good quality or qualities, I will look for the good and emulate it, and when I find evil I will pray that its possessor may be delivered from its power.—Selected.

TO INCREASE THE SPONGE SUPPLY

The supply of sponges threatens to be exhausted within a few years, unless some means are taken to increase the natural yield. Government experts have been making experiments with the result that they have learned the most successful ways of bringing about the increase. An Englishman living in Florida, having familiarized himself with these methods, started a sponge farm off the Florida coast some time ago. Now he has about 600,000 sponges growing which by subdividing, will increase ten-fold every three years.

A company has been formed to boost the enterprise, and the aim is to keep the number already started multiplying at least three years, before putting any of them on the market. The owners claim that at the end of the three years, an annual yield of about 2,000,000 sponges can be had.

MAINTAIN SOIL FERTILITY

Fertile land is the first need in farming for profit, the only kind of farming we wish to encourage. Poor farms mean poor farmers, receiving little for their hard work—and poor farmers mean poor merchants, poor bankers and poor country. Bringing back and maintaining soil fertility is therefore not only a farmer's problem but it is a community problem in which everyone should be interested.—Indiana Farmer's Guide.

BIRDS IN DANGER OF EXTINCTION

According to Louis Agassis Fuertes, a widely known naturalist and painter of animals, more than twenty-five species of American birds and animals have become extinct within the memory of persons now alive. The extinction of the wood duck, he says, is seriously threatened. This is a tree nesting species and reputed to be the most beautiful of the many American species of wild duck. The woodcock also is in danger, with many other shore birds that once were plentiful, even the well known killdeer plover, or killdee, being on the list of doubtful survivors.

ADAM'S APPLE CIDER

A judge was questioning an Irishman at a recent trial. "He took you by the throat and choked you, did he?" asked the judge.

"He did, sir," said Pat. "Sure, he squeezed me throat till I thought he would make cider out of me Adam's apple."—Intermoghain Catholic.

WHAT "PLAIN MEN ON THE STREET" WANT

A London newspaper correspondent reports an interview with President Wilson in which he asked the President what, in his mind, was the great goal toward which the delegates should strive. President Wilson replied: "I think the plain man on the street could answer that question as well as I. The plain people of all nations are now looking with anxious expectations toward Versailles, and I am sure they are asking themselves this one question: 'Will there be found enough wisdom among the statesmen there assembled to create safeguards against future wars?'"

THE SPOON TOLD

Three little girls each had received a silver spoon as a Christmas gift.

"Mine has 'From your papa' on the handle" said Georgia.

"Mine says 'To my loving daughter'," chimed in Margaret.

"And mine," said Mabel, proudly, "says 'Hotel Auditorium.'"—Puck.

LEARN ACCURACY, FOR ONE THING

Every boy and girl, says Words of Cheer, should be determined to be accurate. In studying lessons, be sure to get the exact meaning; in talking state the truth of the thing; in working, do everything just right.

There were two boys who worked in a store. They were named John and James. Their duties were alike, and they were required to be at the store at half-past seven in the morning. John was always there to the minute, or a few minutes before time; James came the same number of minutes after time. When John arranged the goods in the window, they were accurately priced; James forgot to put the number on, or priced them incorrectly.

These are only two of the things which indicated the distinction between the two boys. But every lay in the week they grew farther apart—John doing his work accurately and therefore well, James slighting all he conveniently could.

It was not long before John was promoted for carefulness in his duties; James was warned to alter his manner, and finally discharged. The accurate boy grew up to be a wealthy, self-made man. Men liked to deal with him; they were sure of being treated fairly. James tried several positions, but lost them on account of his inaccuracy in little details; and, though he got through the world somehow, he had not the happiness and success that John achieved with the same opportunities.

There are many things which tend to make a noble character. Place accuracy high in the list.

A Pill That is Prized. There have been many pills put upon the market and pressed upon public attention, but none has endured so long or met with so much favor as Parmelee's Vegetable Pills. Widespread use of them has attested their great value, and they need no further advertisement than this. Having firmly established themselves in public esteem, they now rank without a peer in the list of standard vegetable preparations.

THE UNIVERSITY OF HARD KNOCKS

The young people who are this month receiving the diplomas which stand for years of hard work must not look upon their education as finished. Indeed, for those whose pathway has been made easy, there is a certain kind of post-graduate work necessary for their full development. No one is altogether fitted to play his part in life who has not received his degree from the University of Hard Knocks. Obstacles, discouragements, difficulties, are all valuable as educators. Don't expect or even hope that from now on everything will be plain sailing. Take it for granted that there will be some hard things to meet, and brace yourself to meet and conquer them. No one ever made a success in life who was not at some time of other enrolled as a student in the University of Hard Knocks.

Internal parasites in the shape of worms in the stomach and bowels of children sap their vitality and retard physical development. They keep the child in a constant state of unrest and, if not attended to, endanger life. The child can be spared much suffering and the mother much anxiety by the best worm remedy that can be got, Miller's Worm Powders, which are sure death to worms in any shape.

THE BANANA FAMILY

To the most persons in the temperate zones a banana is a banana. But the truth is that there are over sixty known varieties of the fruit, with as great, or greater, variation in character as the different kinds of apples. Hawaii is said to have something over forty distinct varieties of the fruit, most of which have been introduced by the whites. Some of these are of extremely delicate and delicious flavor, while other kinds are used, if at all, only when cooked in various ways. There is scarcely a city house lot or country "kulcana" or homestead which does not have a clump or two of bananas, which grow with practically no care, new plants or suckers shooting out to replace the ones which have fruited and been removed.

Protect the child from the ravages of worms by using Mother Graves' Worm Exterminator. It is a standard remedy, and years of use have enhanced its reputation.

BIRTH MAKERS

"Pietro," said Jacob Ellis one day to a sad-faced little Italian boy, "Do you ever laugh?" And the answer came, "I did wonst." Undoubtedly the little fellow's lot was an unusually hard one, but such an answer as that sends the chills over us. Childhood is the time of laughter. We can hardly imagine a child under ten who is not laughing most of the time. And yet this little lad remembered one episode standing out vividly in the somber years, when he laughed. Oh, the unutterable pathos of it. "I did wonst."

Making people laugh is not always recognized as a Christian duty but some good people spend much time on that which is not half so commendable.

If you are one of the mirth makers of the world you are doing no small service to your kind. Be sure that your fun is clean, and that it is kindly, and that the more laughter you make, the better reason you have to be satisfied. Charles Kingsley said, "I sometimes wonder if there is as much laughing done in any home in England as in our parsonage."

HE TOOK HOLD OF HIS HAND

We shall never know until the Other Side is reached, how much the personal touch of love has stood for with those who have found the way of life full of slippery places.

A cabman once signed the pledge at the appeals of the Rev. Charles Garrett, but soon after fell into his old habits, and did his best thereupon to keep out of the minister's way. But Mr. Garrett would not let him go like that. Going to him one day he said, "John, when the road is slippery, and your horse falls down, what do you do with him?"

"I help him up again," said John.

"Well," said Mr. Garrett, affectionately, "I have come to do the same. The road was slippery, I know, John, and you fell, but there's my hand to help you up again."

The cabman's hand was out in an instant. "God bless you, sir," he said. "You'll never have cause to regret this. I'll do my best never to fall again." And to the last he kept his word.

AN EYE ON THE FUTURE

Maggie had a new baby brother, which everybody agreed was such a baby as had never been seen before. One day the baby was being weighed, and Maggie asked what that was for.

"Oh," said her father, "Uncle Tom has taken a great fancy to the baby, and he's offered to buy him for a shilling an ounce."

Maggie looked startled. "You're not going to sell him, are you, daddy?"

"Of course not, precious," answered daddy, proud to see his little girl loved her brother so.

"No. Keep him till he gets a bit bigger," the child went on; "he'll fetch more money then."

A FAMOUS CHINESE FISHERMAN

China is a curious country in many ways. They do love to fish there and the good angler is respected and talked about as a great man. It is said that the students go to the rivers and fish and think, for the fishing helps them to become learned. Many of the best known diplomats of China fished continually when off duty and many of the mandarins who have made their reputations, return and spend the remainder of their days at ease and fishing.

Each section has its great fishermen about whom marvelous tales are told, but China's greatest fisherman and one who has lived longest in the memories of men, was Yen-Taen-Ling who lived about fifty years ago. He loved his fishing rod above everything else and lived upon the fish he caught, frying them over a fire of bamboo sticks and eating them with a little rice, served upon the green leaves of the nenuphar tree. Curious as it may seem, this noted angler was a man of great wisdom and had gained such a reputation that the Emperor offered him office after office, each greater than the last, if he would give up his sport and accept such duty. Yen-Taen-Ling declined all honors and continued to live very simply, clothed in a sheepskin garment, and fishing to his heart's content. After his death a temple was erected to his memory on the Foo-Thoon River, his portrait was placed within it and an ode, which has become a classic of China, was written about his skill as a fisherman.

Freedom from Asthma. Asthma is one of the most distressing troubles, sudden in its attacks and prolonged in its agonies. Frequently many things are tried, but nothing seems to give hope of relief. Dr. J. D. Kellogg's Asthma Remedy is the one help which can be relied upon. If you have tried other remedies without success, do not fail to get at once a package of this uniformly successful preparation.

THE FAITHFUL NURSE

The husband arrived home much later than usual from the "office." He took off his boots and stole into the bedroom. His wife began to stir. Quickly the panic-stricken man went to the cradle of his first-born and began to rock it vigorously.

"What are you doing there, Robert?" queried his wife.

"I've been sitting here for nearly two hours trying to get this baby to sleep," he growled.

"Why, Robert, I've got him here in bed with me," replied his wife.

After a short silence, there were words.

Stop the Cough. Coughing is caused by irritation in the respiratory passages and is by the effort to dislodge obstructions that come from inflammation of the mucous membrane. Treatment with Dr. Thomas' Eclectric Oil will allay the inflammation and in consequence the cough will cease. Try it, and you will use no other preparation for a cold.

SOMETIMES IT IS

"Henry," said Mrs. Peck, reading a magazine article on marriage customs in remote lands, "what does monogamy mean?"

"Er," without looking up from the first page news. "Er, oh, sure! Why, er, it comes from the Greek, 'monocle,' meaning 'one,' and the Latin, 'angus,' meaning 'agony,'—therefore 'one agony.'"

"Oh, yes, thank you, Henry," breathed Mrs. Peck doubtfully, as she turned to the dictionary.

If one be troubled with corns and warts, he will find in Holloway's Corn Cure an application that will entirely relieve suffering.

NOT THAT SORT

Negro troops from Louisianna have a linguistic advantage over other American soldiers. Many of them living in sections where French still is spoken, are more or less familiar with the language when they get to France. But they have their difficulties nevertheless. "It's dis way," explained one. "Ah, talk French purfectly, but not do kind dey talk in dis country. You see, Ah learned French from ma father—de pure, chastical, ole New Orleans French—and dey don't speak dat kind ovah heah."

DUNITE FURNISHING PLATINUM

Dunite, a conglomerate rock found in Siberia in large quantities, is now furnishing platinum. It is extracted from the chrome-iron ore contained in the rock by the grinding and washing processes, a recent experiment securing 200 ounces of platinum out of 9,720 pounds of the dunite. When pure platinum is white like silver and is highly malleable and ductile. Heat expands it less than any other metal and for this reason it is easy to fuse a platinum wire into a glass globe, as in the manufacture of incandescent light bulbs.

GIANT CHERRY TREE

Planted when General U. S. Grant was a lieutenant stationed at Fort Vancouver, a cherry tree on the farm of Grant Farmer, on Ford's Prairie, Washington, is still bearing at the age of eighty-four years, says the American Forestry Magazine of Washington. It has a spread of sixty-five feet and its trunk measures ten feet eleven inches in circumference.

THE BAROMETER OF THE SAVINGS BANK

Richard Spillane, in an article published in Commerce and Finance, states that "a few a days before the armistice was signed, the lines of depositors in all the savings banks in New York began to lengthen. Day by day they grew longer. In various banks the November deposits were the largest for that month in six years. One bank had an increase of $1,000,000 in the month. The Emigrant Industrial had an increase of approximately $700,000. A small bank on the west side the total deposits of which are $5,000,000 had an increase of $80,000. Every savings bank in Brooklyn is reported to have shown large increases. If any bank in the whole city did not have an increase the fact is not known. December, too, has been remarkable for large deposits. One savings bank manager says that every day showed an increase. The savings bank managers say there were tens of thousands of timid persons—principally foreign-born—who had doubts about the result of the war and who clung to their money until they were sure Germany was defeated. Then they dug into their hoards and transferred the money to the banks.

A SLOW TRAIN

I happened recently to be travelling on a local train which was a marvel of slowness. The engine wheezed and puffed and pulled, but evidently the load was too much for it, and the delays were very numerous. The passengers were not in the best of humor, and the conductor came in for a great deal of criticism. One man on the train, a drummer, was especially indignant, and taunted and gibed the conductor unmercifully:

"This train is just about the limit. Why, it couldn't beat molasses in the winter," etc., etc.

Finally the conductor's patience became exhausted. "Say," he said to the drummer, "if you don't like this train, why don't you get out and walk?"

"I would," responded the drummer, "only my wife don't expect me until the train gets in."

THE BIBLE AND THE WAR

A New York Bible student finds that the armistice was signed at the eleventh hour of the eleventh day of the eleventh month of the year; and that the eleventh verse of the eleventh chapter of the eleventh book of the Bible reads thus concerning an ancient king:

"Forasmuch as this is done of thee, and thou hast not kept my covenant and my statutes, which I have commanded thee, I will surely rend the kingdom from thee, and will give it to my servant."

The passage has a present-day application.

IN 1920

"Oh, mamma, I'm frightened!" came from little Tommie, in bed.

"What are you frightened about, my son?"

"I hear somebody on the roof."

"Oh, well, go to sleep, my boy; it's only your father taking off his shoes before he sneaks through the scuttle. He's just got home from the club in his airship."

HIS PROPER RANK

"Don't keep calling me 'general.' I'm only a colonel."

"Scuse me, boss. I ain't disputin' yo' word, but any military gen'man dat gives dis old niggah a dollar tip is jes' natcherly a 'gen'ral.'"

HUSBAND SAVES WIFE

From Suffering by Getting Her Lydia E. Pinkham's Vegetable Compound.

Pittsburgh, Pa.—"For many months I was not able to do my work owing to a weakness which caused backache and headache. A friend called my attention to one of your newspaper advertisements and immediately my husband bought three bottles of Lydia E. Pinkham's Vegetable Compound for me. After taking two bottles I felt fine and my troubles caused by that weakness are a thing of the past. All women who suffer as I did should try Lydia E. Pinkham's Vegetable Compound."—Mrs. Jas. Romanzo, 620 Knapp St., N. S., Pittsburgh, Pa.

Women who suffer from any form of weakness, as indicated by displacements, inflammation, ulceration, irregularities, backache, headaches, nervousness or "the blues," should accept Mrs. Rohrberg's suggestion and give Lydia E. Pinkham's Vegetable Compound a thorough trial.

For over forty years it has been correcting such ailments. If you have mysterious complications write for advice to Lydia E. Pinkham Medicine Co., Lynn, Mass.

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To facilitate the handling of the products of our Bakery and to make it more convenient for our customers we have secured the shop next to Wiles' Confectionery, where supplies of our

Bread
Brown Bread
Tea Biscuits
Cakes, Buns
and Scones

May Always be Secured

Wedding Cakes A Specialty

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ACTON, ONTARIO

THE EVERYDAY BATTLE

Battles are not all fought with cannon and shell. The most vital are the everyday battles against the debilitating tendencies that invite weakness. For nearly five decades

SCOTT'S EMULSION

has been a definite help to millions in the trying battles against weakness. *Scott's* is as rich in blood-forming properties and as powerful in strength-supporting qualities *now* as of yore. Let *Scott's Emulsion* help you win your battles.

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HIRST'S PAIN EXTERMINATOR

Pain? Hirst's will stop it!

Used for 60 years to relieve rheumatism, lumbago, neuralgia, sprains, lame back, toothache, earache, swollen joints, sore throat and other painful complaints. Have a bottle in the house. All dealers or write us.

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Buy now for $4.00
Sell 1st day of 1924
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Your W-S.S. can be registered to secure you against loss by theft, fire or otherwise.

Thrift Stamps cost 25 cents each. Sixteen on a Thrift Card are exchangeable for one War-Savings Stamp.

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18

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Get a 25c Box

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FRED BLOW, Machinist

Is moving to the newly-arranged premises, the Ross Bowling Alley on Main Street, where he will be prepared to handle all repairs of machinery promptly and satisfactorily.

MOTOR REPAIRS—A SPECIALTY

Having experience with all makes of motors repairs will be efficiently executed.

VULCANIZING TIRES

Having installed a vulcanizing outfit, satisfactory repairs will be made to outer cases as well as inner tubes. This department is managed by Mr. D. Ross.

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For 25 years "Comfort" has been Canada's favorite—for 25 years the biggest seller. Remember, Comfort washes perfectly in hot or cold water, hard or soft. It reduces work. It cuts expenses. The big chunky bar fits the hand.

"It's All Right"

PUGSLEY, DINGMAN & CO., LIMITED
TORONTO, ONT.

30

Railway Time Tables

AT ACTON

Grand Trunk Railway System

Going West

No. 25	8.13 a. m.
No. 31	10.19 a. m.
No. 33	2.19 p. m.
No. 189	5.53 p. m.
No. 37	8.12 p. m.

Going East

No. 28	9.28 a. m.
No. 32	3.28 p. m.
No. 84	6.15 p. m.
No. 38	8.12 p. m.

Sunday trains pass through Acton going west at 10.16 a. m. and east at 7.00 p. m.

Toronto Suburban Electric Railway

Going West

9.17 a. m.	Daily except Sunday
3.32 p. m.	Daily except Sunday
8.09 p. m.	Daily except Sunday
11.02 a. m.	Sunday only
6.32 p. m.	Sunday only

Going East

7.48 a. m.	Daily except Sunday
2.02 p. m.	Daily except Sunday
6.18 p. m.	Daily except Sunday
9.58 a. m.	Sunday only
5.48 p. m.	Sunday only

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—AND—
BUS LINE

I solicit with confidence the patronage of the public.

Comfortable rigs supplied at reasonable rates.

Special attention to supplying conveyances for weddings and funerals.

Motor cars furnished when required.

Expressman for the Toronto Suburban Railway.

BUS MEETS ALL TRAINS

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BRAN	OAT CHOP
SHORTS	CRACKED CORN
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Salt in 50lb, 100lb and 200lb Bags and Barrels.

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are served in all styles, day or night. Having had large experience in some of the best restaurants in the United States I am prepared to serve all customers to their entire satisfaction.

Farmers, their wives and families, will be served with lunch, hot tea or coffee any time they may be in town.

Have a hot cup of tea or coffee and some crisp fish and chips or tasty oysters before you go home.

Everything clean and sanitary

Try it once and you'll come again.

Full line of Fish always on hand.

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Fish Specialist and Restaurantor
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BOOTS SHOES
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