The Acton Free Press

THURSDAY, DECEMBER 12, 1918

DON'T STOP MY PAPER

Don't stop my paper, printer,
Don't strike my name right off yet;
You know the times are stringent,
And dollars hard to get;
But tug a little harder
In what I mean to do,
And scrape the dimes together,
Enough for me and you.

I can't afford to drop it;
I find that it doesn't pay
To do without a paper,
However others may.
I hate to ask my neighbors
To give me theirs on loan;
They don't just say but mean it,
Why don't you have your own?

You can't tell how we miss it,
If it by any fate
Should happen not to reach us,
Or come a little late;
Then all is in a hubbub
Then things go all awry,
And printer if you're married
You know the reason why.

I cannot do without it
It is no use to try;
For other people take it
And printer, so must I.
I too must keep posted,
And know what is going on,
Or feel and be accounted
A fogy simpleton.

Then take it kindly, printer,
I may be somewhat slow,
For cash is not so plenty,
And wants not few you know.
But I must have my paper,
Cost what it may to me;
I'd rather dock my sugar,
And go without my tea.

So printer, do not stop it,
Unless you want my frown
For here's the year's subscription,
And credit it right down,
And send the paper promptly
And regularly on,
And let it bring us weekly
It's welcome benison.

A ROMANCE IN EGGS

"Poultry and eggs alone could pay Canada's National War Debt," says Mr. Fred C. Elford, Superintendent of the Poultry Division of the Dominion Experimental Farm, Ottawa. And he produces the following figures to prove it.

"Canada's net national debt on October 31, 1918, was $1,247,000,000. We have adopted the slogan, "One hundred hens to every farm, ten hens to every urban lot." That would mean taking 1,000,000 as the round number of Canadian farms, 100,000,000 hens in the country, and 10,000,000 hens in the cities, towns and villages, a total of 110,000,000 hens.

Of course everybody in the city could not keep hens, and many would not even if they could. But many people in the suburban districts of the cities, and in the smaller towns, and the country villages could keep more than ten—20, 30, 40, 50, 75 perhaps. So take an average of ten. A good select hen will produce 200 eggs a year. But taking a low estimate of ten dozen eggs a year (120) for 110,000,000 hens and we would produce 1,100,000,000 dozen eggs a year.

"At the present time we consume in Canada 22 dozen eggs per head of population per annum in Canada. We could increase this allowance to 50 dozen, a total of about 350,000,000 dozen. We use less than 25,000,000 dozen of our eggs at the present time for incubation. Suppose we increase this to 50,000,000 dozen. That would total 400,000,000 dozen for Canadian consumption, a very liberal allowance. We would have left for export 700,000,000 dozen at an average price of say 40 cents per dozen. That would bring $280,000,000 per year into the country from eggs alone. This interest on our debt of $1,247,000,000 at 4½ per cent. will amount to $56,535,000. We would pay this interest and apply a balance of $213,415,000 to reducing the principal every years. In less than six years Canada's hens would wipe out the total monetary cost of the war to Canada, and our total net national debt.

"I do not say that Canada will do this. But I say that Canada might well aim to do it, for it is within the possibilities of what could be done without undue strain upon our present labor capacity."

WAS IT YOU?

"Laying down rules for women," said a cynic, "is just the same thing as giving toys to the small boy, the idea in each case being interpreted as a chance to prove how many they can break in the least possible time."

Which bright saying recurred to me as I heard a woman arguing with the floor walker in one of the departmental stores as to why there should be no refund made that particular day because she needed the articles purchased. I heard another giving the clerk at the returned goods counter a calling down that was not the clerk's but her own by natural rights. For she had kept the goods days past the allotted time.

Before women ever hope to make good soldiers of their sex they've got to learn that "rules is rules."

I've heard them argue with the telephone operators as to why the time should not be given to them when they were totally without it and the need of knowing it was urgent.

I'm not willing to admit, of course, that arguing is a peculiar feminine vice, but so long as we have the name it mightn't be a bad idea for us to cooperate to overthrow the charge.

Besides, an irate and peevish woman arguing for rights she knows deep down in her heart are hers only by her peevishness, is not a pretty creature. In fact, she comes pretty nigh being an ugly one when she succeeds in making more than herself unhappy over her refusal to observe rules these days when every bit of cooperation means a step nearer victory.—Antoinette Donnelly.

Corns cause much suffering, but Holloway's Corn Cure offers a speedy sure, and satisfactory relief.

WHEN YOUR IDEAL IS YOURSELF

The girl whose ideal is herself is the girl who never grows, never progresses, never overcomes a fault, never shows improvement. Many a girl says smilingly when some fault is pointed out, "Oh, that's just my way," and her manner shows that in her opinion, her way is the best way. Do not make your faulty self your ideal. Do not allow yourself to settle down into the complacency which stifles aspiration. If your ideal is no higher than what you are yourself, you have lost the incentive to grow.

A RICH ENVIRONMENT

"Is Grisby unhappily married?"

"I'm afraid so."

"But when he married his wife he called her his 'jewel.'"

"So he did, but he discovered later that he couldn't afford the kind of setting she demanded." — Birmingham Age-Herald.

CHEERFULNESS AS AN OCCUPATION

Make cheerfulness an occupation. Keep busy being happy and making other people happy. Too many people look upon cheerfulness as a diversion intended for our leisure hours, rather than as part of the business of life. But, as a matter of fact, we are making a failure unless we are meeting all that comes with a brave heart.

THE QUALITY OF BEING RELIABLE

One of the finest qualities we can possess, either as individuals or as a class, is the quality of being able to be depended upon. As a class of young men it is our earnest desire to be reliable; which means that we would rather make few promises and keep them, than to make a number and be faithful in a few. Whenever a class fails in an agreement it causes those with whom such agreement is made to lose faith. It happens with us now and then that, through unpreventable causes, we cannot meet an obligation as soon as we had hoped; but the honorable way out of such a difficulty is to get an extension, a few days or weeks grace, in which we have the opportunity to make good. But this grace is offered, not to dodge an obligation, but merely to give us a chance. We are not "dodgers," but meet every obligation squarely.

By having the reputation of being reliable we are given greater responsibilities. We accept these, or such of these as we can handle, fully believing them to be given us as a special favor. The superintendent asks us to perform special tasks for the Sunday School, or for departments of the Sunday School because, as he frankly tells us, he believes us to be reliable. We cannot do everything we would like to do, or that we are asked to do; and rather than fail, we take only such tasks as we can successfully do.

A pleasant medicine for children is Mother Graves' Worm Exterminator, and there is nothing better for driving worms from the system.

IMPROVE THE SMALL OPPORTUNITIES

The little chances to serve go begging oftentimes, while those who might have seized them are looking for chances to do greater things. It was said once of the army of a certain very small republic that the trouble with it was that every man wanted to be a general. And many of us ignore the little opportunities for kindness and helpfulness, because our hearts are set on doing something which will be really worthy of us.

Every berry-picker knows that the one who sticks to his bush and picks it clean comes out better than another who wanders about the field looking for the finest fruit. The helpful life is the one which improves each little opportunity as it comes, not the one which reserves itself for great occasions which perhaps never arrive.

PLANKS OF CONCRETE

Every day and almost every hour brings us knowledge of things that can be done with the all-powerful concrete. When the board walk at an ocean port was repaired recently, some twenty feet of it was laid with concrete, not spread as are pavements, in one continuous sheet but laid in planks, re-enforced with steel rods. They are about the size of ordinary wooden plants. Of course, it is an experiment as to how these planks are going to stand the washing of the tides. They are not likely to be very popular with pedestrians as they are much more wearisome to promenade on, than the old board walks.

Strong Men

The Nation needs strong men and the right time to begin to build up strong manhood is during the growing period of childhood. Many mothers remember, with keen satisfaction, the days when

SCOTT'S EMULSION

was one of the determining factors in building up the strength of their children. *Scott's* is a source of nourishment and strength that ought never be overlooked by the mother of today who is anxious about her fast-growing boy or girl.

Scott & Bowne, Toronto, Ont. 18-9

Vegetables
Promptly Delivered

POTATOES
CABBAGES
ONIONS
CARROTS
RADISHES
BEETS
CELERY

A. BISHOP
Market Gardener
FAIRVIEW AVE - ACTON

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THIS WEEK

Children's School Dresses, from 4 to 6 years
at $1.15

Women's Flanelette Kimonos
at $2.25

Women's Flanelette Underskirts
at $1.25

Women's Fleece-lined Underskirts
at $2.00

L. STARKMAN
MILL STREET - ACTON

THE MAKING OF A FAMOUS MEDICINE

How Lydia E. Pinkham's Vegetable Compound Is Prepared For Woman's Use.

A visit to the laboratory where this successful remedy is made impresses even the casual looker-on with the reliability, accuracy, skill and cleanliness which attends the making of this great medicine for woman's ills.

Over 350,000 pounds of various herbs are used annually and all have to be gathered at the season of the year when their natural juices and medicinal substances are at their best.

The most successful solvents are used to extract the medicinal properties from these herbs.

Every utensil and tank that comes in contact with the medicine is sterilized and as a final precaution in cleanliness the medicine is pasteurized and sealed in sterile bottles.

It is the wonderful combination of roots and herbs, together with the skill and care used in its preparation which has made this famous medicine so successful in the treatment of female ills.

The letters from women who have been restored to health by the use of Lydia E. Pinkham's Vegetable Compound which we are continually publishing attest to its virtue.

Guelph Business College

What You Get Out of Life Tomorrow Depends on How you Prepare for It To-day

Our course of training will prepare you to meet any emergency in the business world.

MAKE ALL YOUR ARRANGEMENTS NOW—TO-DAY

The Guelph Business College
Herald Bldg. Guelph, Ont.

ICE CREAM

We have our Parlor open every day now and we intend to give as good service as possible.

Ice Cream bulk, 30c. a pint
Ice Cream Bricks, 30c. each

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RIGHT PRICES
TOOTHSOME VARIETIES
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MILL STREET - ACTON

ALL KINDS OF
Poultry Wanted
ALIVE OR DRESSED

GEESE, TURKEYS, FOWL AND CHICKENS
NEW-LAID EGGS
HIDES AND TALLOW

Farmers having poultry to sell we advise them to call on us for quotations.

R. Milligan
Corner Young and Mill Sts., Acton
or to P. O. Box 341

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MONTREAL — TORONTO
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Sleeping cars on night trains and Parlor Cars on principal day trains.

Full information from any Grand Trunk ticket agent or C. E. Horning, District Passenger Agent, Toronto.

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ACTON, ONT. Phone 13

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S. J. STAUFFER

Has opened a Dining Room in connection with his Fish Store where

FISH AND CHIPS AND OYSTERS

are served in all styles, day or night. Having had large experience in some of the best restaurants in the United States I am prepared to serve all customers to their entire satisfaction.

Farmers, their wives and families, will be served with lunch, hot tea or coffee any time they may be in town.

Have a hot cup of tea or coffee and some crisp fish and chips or tasty oysters before you go home.

Everything clean and sanitary

Try it once and you'll come again.

Full line of Fish always on hand.

S. J. STAUFFER
Fish Specialist and Restaurantor
Canada Food Board License No. 8-10435

License No. 16-15114
PHONE 40 - ACTON, ONT.

"MY NEPHEW, JOHNNY"

A little bent-over woman in an Old Ladies' Home, was telling a visitor some of her troubles. "It's an awful trial to be so short of money," she said in a high pitched, quavering voice. "I wouldn't be so hard up if I hadn't lent my nephew Johnny that money."

The visitor tried to look interested. But even without that encouragement, the old lady would have gone on with her story.

"I lent Johnny fifty dollars that spring. He didn't have enough money to finish up his year in college. He said he'd pay me back in the summer vacation. But he got typhoid somewhere, and died. So I never got my money. Fifty dollars it was."

The visitor supposing the nephew's death was a recent affliction, attempted some consolatory remarks. It soon came out that Johnny had died thirty years before. For thirty years the loss of that fifty dollars had rasped the old lady's nerves. For thirty years she had grudged it.

"She always tells a new visitor about the fifty dollars," said another old lady. "And she tells us, too, for all we've heard it no many times. Seems as if she couldn't get over it." And then she added quaintly. "I've often thought Johnny was spared a good deal, dying just when he did."

The people who do a favor and never let the one who has benefitted hear the last of it, are not real benefactors. Those who make a sacrifice and apparently regret it to their dying day, never find out that it is more blessed to give than receive. The only beautiful sacrifice is that which is given gladly, and is soon forgotten, as far as the giver is concerned.

Hope for the Chronic Dyspeptic.—Through lack of consideration of the body's needs many persons allow disorders of the digestive apparatus to endure until they become chronic, filling days and nights with suffering. To these a course of Parmelee's Vegetable Pills is recommended as a sure and speedy way to regain health. These pills are specially compounded to combat dyspepsia and the many ills that follow in its train and they are successful always.

AN ACCOMMODATING TROLLEY SYSTEM

In Mombasa, the principal British port on the eastern coast of the Dark Continent, will be found one of the strongest trolley systems in the world. This street railway is to Mombasa what the gondola is to Venice. The cars are nothing more or less than four-wheeled trucks provided with an awning and a seat for two. In place of the invisible electric current which silently moves our trolley cars, the motive power is furnished by the smiling ebony-faced gentleman who pushes the car along. It might be called an Afromobile, from the nationality of this gentleman. The rails of the trolley system wander everywhere over the town with no apparent purpose. The larger and finer homes of the white population have a private track running clear up to the front door. This is certainly very convenient for the person who desires to save himself or herself from any unnecessary exertion. The indications are these cars to make their calls, to go shopping, and for every other purpose for which other people usually employ a carriage or an automobile. A trip to Mombasa is never complete without at least one trip over this curious and yet rather convenient street railway, the like of which I have never seen in any other town, although it may possibly exist elsewhere.

Miller's Worm Powders will purge the stomach and intestines of worms so effectively and so easily and painlessly that the most delicate stomach will not feel any inconvenience from their action. They recommend themselves to mothers as a preparation that will restore strength and vigor to their children and protect them from the debilitating effects which result from the depredations of worms.

A SALT FOR HEALING BONE

Dr. Frederick D. Fridham, a U. S. medical student for four years at work on bone diseases, has discovered that double nitro oxide salt applied to sections of the bone causes absorption of diseased marrow and healing of the bone disease from the inside toward the surface results. He reports eighty-three cases of various bone and joint diseases cured in from three weeks to seven months.

Don't Submit to Asthma. If you suffer without hope of breaking the chain which bind you do not put off another day the purchase of Dr. J. D. Kellogg's Remedy. A trial will drive away all doubt as to its efficiency. The sure relief that comes will convince you more than anything that can be written. When help is so sure, why suffer? This matchless remedy is sold by dealers everywhere.

KNEW HIS DESTINATION

"Going to France?" asked the travelling man at the station of a negro soldier.

"No, sah! I'se not going to France," replied the dusky soldier. "I'se goin' to Berlin, but Ah may stop in France for a shawt time on de way."—New York Telegram.

It Bids Pain Begone.—When neuralgia racks the nerves or lumbago cripples the back is the time to test the virtues of Dr. Thomas' Eclectric Oil. Well rubbed in it will still the pain and produce a sensation of ease and rest. There is nothing like it as a liniment for its curative properties are great. A trial of it will establish faith in it.

PATRIOTISM.

"Breathes there a man with soul so dead
Who never to himself hath said,
'This is my own, my native land.'"

Thousands upon thousands of men have met untimely deaths during the past four years; never has the love of home and country called for such a sacrifice. Patriotism does not begin nor end with war. We cannot all serve on the battlefield—but we can be as truly patriotic in looking after the welfare of our countrymen here at home.

There is an enemy in our midst—consumption. Lurking in unsuspected places, it seeks but a foothold to drag its victims down to death. Surely it is a true test of love of country to devote our energies and our means towards exterminating such a foe.

We have just learned of a family, once quite comfortable, now in the grip of poverty and misery. The father developed consumption; after a lingering illness that exhausted their savings, he died, leaving the mother and four little ones penniless. Worse still, all the children have contracted the same disease. This case is not exceptional, family after family is suffering a similar fate.

The Muskoka Free Hospital for Consumptives — the pioneer in the war against the Great White Plague —needs your active help to carry on its work. Consumption can be cured if taken in time. Must the fight be lost for lack of funds?

Gifts may be sent to Sir William J. Gage, 84 Spadina avenue, Toronto, or to George A. Reid, Secretary-Treasurer, Gage Institute, 223 College street, Toronto.

JAPAN'S AID

The Japanese ambassador in Rome has handed to the prime minister of Italy the sum of £62,268 to be applied to the benefit of wounded soldiers and refugees from the invaded provinces. The money was collected by a Japanese society of which the head is Prince Tokugawa, president of the chamber of peers, and among the promoters of the movement was the Japanese prime minister.

The Hospital for Sick Children

TORONTO

War Laid Heavy Hand on Children's Charity.

Dear Mr. Editor:—

The annual report of the Hospital for Sick Children, Toronto, marks a new record, despite the heavy handicap the war placed upon its work.

The task of ministering to the suffering youngsters of this province was no light one in view of the Hospital's splendid response to the national call 25 doctors and 42 nurses from its forces have seen service overseas.

Yet the number of patients treated is 5,048, or 1,308 more than last year. Of these in-patients, 759 were from 256 places outside of Toronto.

The tireless efforts of the staff made possible also a reduction in the average length of stay necessary for the little patients from 24 days in 1914 to 14 this year.

These results show that the Hospital has again paid to the children rich dividends of health upon the invested kindness of its supporters.

There has been careful stewardship of the funds entrusted to the Hospital. There has been saving—almost scrimping—in every direction except where it would prevent the Hospital's soothing the suffering or shortening the sickness of one child. The daily cost of operation was held at the lowest point which would still allow the children entrusted to the Hospital to get the best medicine and the best of care.

And yet so high has risen the cost of every item in the Hospital's budget—in labor, in fuel, in food, and, above all, in medical supplies—that the minimum expense of taking care of one child for one day has risen from $2.24 back in 1914 to $3.31¾ in 1918. Of that, $1.66¾—the amount per patient per day that the official Government grants do not cover—must come from voluntary contributions.

During the past four years debts were incurred to the extent of $100,000, which the Trustees felt assured would be wiped out by the public as soon as the war drew to its close, and those heavy demands cease which have been made upon the generosity of the loyal people of this province. The time has now come when it is necessary to make known the Hospital's dire need of financial assistance.

If this 43rd Christmas appeal fails to rally the friends of the Charity to its support, it will be necessary to mortgage its land, buildings and plant. By the bounty of the late John Ross Robertson that property has just been cleared of debt for the first time since it began its ministry of healing mercy.

Little children have lost a big-hearted friend, and the province a noble benefactor. It is for the public to decide whether his life-work shall be shadowed with a mortgage within less than a year of his passing.

What think you?

Send your answer as soon as possible to the Secretary-Treasurer, Hospital for Sick Children, College Street, Toronto. Meanwhile the Charity will "Carry on," trusting in your support.

IRVING E. ROBERTSON,
Chairman of Appeal Committee

NR Tonight — Tomorrow Feel Right
Get a 25c Box
25-TABLETS-25
E. J. HASSARD - - - - ACTON, ONT.

New Machine Shop
FRED BLOW, Machinist

Is moving to the newly-arranged premises, the Ross Bowling Alley on Main Street, where he will be prepared to handle all repairs of machinery promptly and satisfactorily.

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Having experience with all makes of motors repairs will be efficiently executed.

VULCANIZING TIRES

Having installed a vulcanizing outfit, satisfactory repairs will be made to outer cases as well as inner tubes. This department is managed by Mr. D. Ross.

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Conducted in conformity with the highest and best newspaper traditions, never forgetting its principles for the sake of money making, the Acton Free Press gives thorough and efficient service.

It will surely bring you good results in advertising. The Free Press covers the community thoroughly and is steadily gaining in circulation. Its policy has been to cover its own field and reach every home. The result is that the majority of its subscribers are home folks.

The Acton Free Press is a home paper for the home advertiser, and for the home readers, containing as it does all the more important merchants' announcements from week to week, together with an abundance of news from the district. The Free Press is always pleased to publish any legitimate news items of interest sent by its readers.

Our Job Printing Department

Is an important branch of the business--always busy. No job too large or too small for this department. From the finest society printing to the largest of posters or catalogues this office is at your service. Samples of work shown on application.

Bring Your Work to the Free Press

Railway Time Tables
AT ACTON

Grand Trunk Railway System

Going West

No. 29	8.13 a.m.
No. 31	10.29 a.m.
No. 33	2.19 p.m.
No. 189	5.53 p.m.
No. 37	8.12 p.m.

Going East

No. 28	9.28 a.m.
No. 32	3.28 p.m.
No. 54	6.15 p.m.
No. 38	8.12 p.m.

Sunday trains pass through Acton going west at 10.16 a.m. and east at 6.15 p.m.

Toronto Suburban Electric Railway

Going West

9.17 a.m.	Daily except Sunday
3.32 p.m.	Daily except Sunday
8.09 p.m.	Daily except Sunday
11.02 a.m.	Sunday only
6.32 p.m.	Sunday only

Going East

7.48 a.m.	Daily except Sunday
2.02 p.m.	Daily except Sunday
6.18 p.m.	Daily except Sunday
9.58 a.m.	Sunday only
5.48 p.m.	Sunday only

Acton Livery
—AND—
BUS LINE

I solicit with confidence the patronage of the public.

Comfortable rigs supplied at reasonable rates.

Special attention to supplying conveyances for weddings and funerals.

Motor cars furnished when required.

Expressman for the Toronto Suburban Railway.

BUS MEETS ALL TRAINS

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We have a supply of the following now on hand:—

The well-known Brands of King's Choice, Norval and National Flour—nothing better.

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ROLLED OATS
OAT CHOP
CRACKED CORN
CORN MEAL

Salt in 50lb, 100lb and 200lb Bags and Barrels.

SPECIAL LINE IN CHICKEN FEED

GIVE OUR CALF MEAL A TRIAL

DOMESTIC ROLLED OATS
THE BEST
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AT C. C. SPEIGHT'S

Silverware in Tableware—Fine Variety.
Also Fine Cutlery.
Hardware, Tinware and Graniteware—Big Assortment.
Pandora Stoves and Ranges.
Famous Heaters.
Small Stoves.—Oil Stoves.

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BOOTS SHOES
At any Time

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