BLESSINGS Well-blost in he who counts among his Health, and the comfort of a steadfast

A cheerful home, a heart of deep con-A sunny garden spot to dig and tend. More blest is he who adds to these the Of work that leads him to his Heart's A little child to praitle at his gate,

A dear gray head to crown his evening -Eleanor C. Hull.

#### RATS ARE BIG EATERS

Experts have estimated that one rawill consume 40 to 50 pounds of food in a year. It has also been figured that it requires the continuous work of about 165,000 mon with farms, agricultural implements, and other equipments to supply the foodstuffs dostroyed annually by rats in the United States and Canada. In addition rate destroy other property, mainly of agricultural origin, the production of which requires the work of about 55,000 men. This gives a total of 220,000 men whose economic output is devoted solely to fooding and otherwise providing for

MEDICAL WISDOM

Old Doctor-No, when your patien asks you for a tonic, what are you going to do about it? Young Doctor-Find what she really needs and prescribe it. Old Doctor-Wrong! No success in

that method. Whenever your patient has diagnosed her own case and tells you she needs a tonic, you prescribe a tonic every time. oung Doctor-Why? Old Doctor-Don't you guess why?

Because she will then have to see that you know almost, if not quite, as much about medicine as she does!-Judga.

#### THE COW BEAT THEM TO IT

An official of the board of health i a town hot far from Boston, notified a citizen that his license to keep a cow on his premises had expired. In reply to this letter, the official received the following communication: "Monsieur Bord of helt-I jus ge your notis that my licens to keep my

cow has expire. I wish to inform you, benefit your town. M'sier Bord of Helt, that my cow she beat you to it-she expire t'ree weeks is to be considered .. ago. Much oblige. Yours with res-

#### CHECKMATED BY HIS OWN MOVE

A woman journalist who was a witnear in a will suit listened intently to the severe and rather bullying crossexamination of the withesses by counsel, who frequently impressed upon his victims that they must say nothing which was merely hearsay and not actually within their own knowledge. When the journalist's turn came she was cross-examined by the same counsel whose questions she answered cheerfully until he enquired her age; then she said, "I do not know."

"Do you know when you were born?"

#### ORIGIN OF THE "BOLSHEVIK"

- Various explanations have been given farmyard is one of the best kept in of the origination of the name Bolaho- the West Country. vik. A Russian doctor gives the true explanation of how the word came to be sed. It did not arise out of the prosent Russian chaos. It seems that in 1903, at the second conference of the your Russian Social Democratic party, when The Tommy—To tell you the truth, the methods employed in regard to the I ain't quite certain. About ten minutes direction of revolutionary activities ago I was 'avin' a tete-a-tete with a were under discussion, a difference of German supper. He was a nice-lookin' opinion arose and a vote was taken. boy-ad a face like a murderer. We There was naturally a majority (bol- was crawlin' on our stummicks, when shevito) and a minority (menchinatvo). we came face to face. He says some-The two groups were thereafter named thin to me in German, an' I answer the "Bolsheviks" and the "Menche- him in just as bad language."

# HIS NURSE

A certain -soldier would not have recovered from his wound but for the devoted efforth of a certain nurse the base hospital in France. Finally he won out, and it was a happy and smilling boy in bed as his captain came in to see him.

As they were talking, in came the "Miss Blank," he said, "this is my or four weeks after you have stored captain. Captain, this is Miss Blank, them away. The wet weather this She cheated my poor family out of scales increases the tendency to ret

# A SCOTTISH WIFE

Two "kitties" from the same Scottish town met in a rest camp "somewhere in Franco" and started to exchange confidences. "Whit like a providing, of course, freezing is not Send-off did yer wuman gio ye. Bandy. when ye left fur France ?" asked Jock, presently, Sandy lit' a fresh cigarette before replying: "Says she, 'Noo, there's yer train, Bandy; in yo get, an' see an' do yer duty. By jingo, ma mannie, if I thocht ye wod shirk it out yonder I wud see ye was wounded afore ye gang off? That's the send-off she gaed me, Jock."

# SHOULD LET 'EM GROW

Mrs. Bridley was doing her morn ing marketing, and she was determined that the grocer should not take advantage of her youth and inexperi-

"These eggs are dreadfully small "That's the kind the farmer brings me," answered the grocer. "They are just fresh from the country this morn-

"Yes," said the bride, "and that's the trouble with those farmers. They are so anxious to get their eggs sold that they take them off the nest too

# HE KNEW BETTER

Last summer little Johnny paid his first visit to a farm. All his life he had lived in the heart of a great city. and when he suddenly came in sight Ta Laystack he stopped and gazed carnestly at what appealed to him as a new brand of architecture. "Boy, Mr. Hmith," he remarked the farmer, pointing to the haystack, "Why don't they have doors and windows in it?" "Doors and windows!" smiled the

farmer. "That ain't a house Johnny, "Don't try to josh me, Mr. Bmith!" was the scornful rejoinder of the city say them the next night an' nothin' boy. "Don't you suppose that I know happened, 'n so I decided I wouldn't that they don't grow hay in lumps like ever say 'em again if nothin' never

# IMPEDIMENTA

A battallon was being instructed on "how to take a convoy through open country." One company was told off to represent horses, cows and wag-

After a short halt the advance order was given and the convoy moved onall except one man, who did not budge, gentleman replied: "Frank, there's the "Here, you!" called the major. "Why dictionary." A great many people in don't you advance?"

"You can't. What do you mean?" "I'm a waggon and I've got a wheel nothing less than. Do it yourself.-

ENGLISH AS SHE IS WROTE

(Extracts from letters received in Allotment Branch.) "Ain't got no book lurning and I writing for inflammation.

"Just a line to let you know . widow and four children." "He was deducted into the purface." he is my only support."

"Alone woman and parcety depen-"When you took my hunband you took the best man I had." "As .I need his ansistance to keep

me inclosed." "Caring to my conditions which haven't walked in 2 months from broken leg which is No. 75." "Your calationable to him? Answer am utill his believed wife."

"Your kind Bir or She."

sumed name.

"I enclose levingly yours." "In service in the U. S. Armory." "And he was my best supporter." "Please send me a wife's form." "We have another war baby in our house. How much more do I get." "Please correct my Tame and I could not go and would not go under a con-

"If I don't get nome money soon will have to lead an immortal life." thing for three days."

one from you I am going to write to logwood is the standard against which Uncle Sam himself." "You have changed my little boy to girt. Will it make any difference." "You asked for my allotment num-

ber. I have 4 boys and 2 girla." "I am his wife and his only air."-United States' paper.

HOW TO TREAT YOUR TOWN Praise it. Improve IL Talk about it. Trade at home. Be public spirited. Take a home pride. Tell of its business men.

Remember it is your home.

Tell of its natural advantages. Trade and induce others to trade When strangers come to town usa

them well. Don't call your best citizens frauds and imposters. Support your local institutions

Look about of solf when all the tos Help your public -officers to do most good for the most people. Don't forget you live off the people here, and you should help others a Don't advertise in the local paper "to help the editor," but advertise help yourself.

#### AN ALL-WOMEN FARM

A year ago the West Deven Executive Committee took over Great Bidlake Farm, Bridestowe, England, which is being used as a training centre for women. The farm, which consists of 134 acres, was formerly all in grass, but 73 acres hvae been ploughed up and are now carrying good crops o "No, sir," replied the witness, "I corn, roots and potatoes. All the work have only hearsay tevidence as to on the farm, with the exception of a Being a rich food and tonic, it little ploughing last autumn, has bee done by women. The Food Production Department state that the buildings are in excellent condition and that the

### RESULTS COUNT

The American-"What happened to "What happened then?" "Well I 'ates to brag; but I'm 'ere

an' 'o hain't!" No man or woman should hobble painfully about because of corns when so certain a relief is at hand as Hot-

#### loway's Corn Cure. TO PREVENT POTATO ROT

Pick over your potatoes about three and united the discused potatoes are at once esparated from the healthy. there will be heavy loss. Many potatoes that look good when harvested will docay after being in storage a fow wecks.

Potatoes should be stored in a cool dry place. The cooler the atmosphere permitted, the better they will keep.

Miller's Worm Powders not only exerminate intestinal and other worms but they are a remedy for many other allments of children. They strengthen the young stomach against billousness and are tonical in their effects where the child suffers from loss of appetite In feverish conditions they will be found theful and they will serve to allay pain and griping in the stomach from which children so often auffer.

WATER DAMAGE TO FLOUR

It is a well-known fact among satiors that flour will not only float after immerator in sea water, but suffers very little damage. To ascertain the actual damage, says the Northwestern Miller, a baker in New South Wales submerged a 160-lb, bag of flour in the ocean and left it in the water 67 hours. A 98-pound weight was necessary to sink the bug, which would have supported about 75 pounds, or half its own weight, on top of the water. When lifted and weighed, the bag scaled 165 pounds. It was dried for four days and yielded 120 pounds of perfectly dry flour, the bug and waste weighing 28 pounds. Haked into bread, it gave perfect results.

THEN SOMETHING DID HAPPEN While his mother was away on visit Johnny didn't say his prayers.

Upon his mother's return there was a reckoning. "Why didn't you may your prayers. "Well, you see, It was this way, mu: forgot to say them the first pigut en' nothin' happened. 'N then I didn't

And then somothing happened.

# DO IT YOURBELP

A certain editor and publisher once told his employees that one of the most effective lessons he over learned consisted of only four words. Having asked his grandfatchr to explain the meaning of a certain word, the old Canada Food Board License No. the world might be benefitted by a like firm but kindly attitude on the part

#### DYERS OF EARLIER DYES

the Quartermaster General's office- the days of coal-tar derivatives Dr. Louis J. Maton mayn that dyers were accustomed to rely upon the indigo plant for blue, inadder root for a brilam Hant (Turkey) red, nafflowers for a beautiful pink and naffron for yellow. supplemented by logwood, Prazil wood, "lac," buckthorn berries and "kermes" "I have a four-months-old baby and for crimuon. There were other kinds of tropical woods and barks; also tumeric (a plant of the ginger family) for yellow, and by no means to be for ...

gotten, cochineal. Cochineat, lac and kermes were (and are to-day) derived from tiny insects -the first-named being commonly propagated on a species of cactua their natural food plant, cultivated for the

. From the woods were derived reds and browns mostly. They were ground or rasped to a powder and sold in this shape to the dyers, who boiled them to get the colors, the infusions thus obtained being called "liquors." Those were days when the art dyelng held many secrets that werhanded down from father to son, with valuable recipes for coloring wool, cot-

ton and silk.

When the war brought a famine of coal-tar dyes, the dyers fell back on the old-time colors, which fetched "Please send back my marriage cer- fancy prices for a while. But, unfortificate soon, baby hasn't caten any- tunately, they did not know how to use them. The ancient recipes were "Both sides of our parents are old lost and the craftsmen who understood them were lung dend. "Dear Mr. Wilson: I have already No artificial dye quite equals indige written to Mr. Headquarters and ro for blue or madder for red. The same ceived no reply and now if I don't get is true of logwood for black. To-day

#### OVERDOING A COMPLIMENT

artificial blacks are judged.

Lady Randolph Churchill's marriage (her third) recalls an amusing story when aho was just plain Miss Jennie Jerome, of New York. Like her father, she was a keer politician, and on one occasion she dollvered a rousing speech in favor of General Grant, then standing for the Presidency for the second time. When she had finished speaking. some enthusiast in the audience shouted: "Miss Jerome, forever!"

She stepped forward. "Sir, I thank you," aho said, "but do not wish to be Miss Jerome forever."-Washington Times.

# During Convalescence

the aftermath of acute disease, when physical | Corner Young and IMII Sta. Acton strength is at low ebb, the body needs particular, effective nourishment to hasten restoration of strength and vim. There is no better time to utilize the peculiar nutrient qualities of

# SCOTTS

of the depleted vitality and improves the blood quality up the body by Nature's best medium-nourishment. Scott & Downe, Toronto, Ont. 13-7

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will be served with lunch, het ton or coffee any time they may be in Have a hot cup of tea or coffee and some crisp fish and chips or tasty cynters before you go home. Everything clean and sanitary

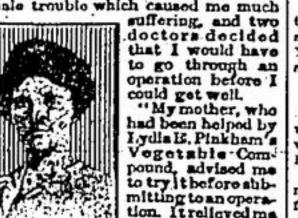
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# What did people do for dyea before HOW MRS. BOYD AVOIDED AN

Canton, "Ohio,-"I suffered from omale trouble which caused me much



Vegetable Com pound, advised me to try thefore submitting to an operation. Itraligued me from my troubles so I can do my house work without any difficulty. I advisorany woman who is afflicted with female troubles to give Lydis E. Pinkham's Vegetable Compound a trial and it will do as much for them."-Mrs. MARIE BOYD, 1421 5th

St. N. E., Canton, Ohio. Sometimes there are serious condifair trial before submitting to such a him on." trying ordeal

If complications exist, write to Lydia E. Plakham Medicine Co., Lynn, Mass., for sivice. The result of many years experience is at your service.

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Children's School Dresses, from 4 to 6 years at \$1.15

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skirts

at \$1.25 Women's Fleece-lined Underskirts at \$2.00

L. STARKMAN MILL STREET - ACTON

# Che

M. EDWARDS & CO. MILL STREET - ACTON'

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> War Bread **Brown Bread** Tea Biscuits Cakes, Buns

and Scones May Always bo Secured

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Wedding Cakes A Specialty

AS IF HE WERE A PARTNER

The boy was trudging homeward, his cap pulled low over his cars, libs hands in hin pockets, and a woollon tippet wanted around his neck, in lieu of an overcoat. But for all his chilly look, he seemed to good spirits. He whistled continually, the same strain, a portion of a popular melody, so modified that it is possible its author might have had difficulty in recognizing it. The munical performance was in-

terrupted when a boy not far from the doctors decided same age joined him. "Hello, Tom. that I would have You working town at Pratt and Gibto go through an | son's yet?" "flure I am." "How are things going?" "Fine. Why, do you know, Nelson,

we did double the business this month we did the same month last year. How's that for growing?" As the two lade passed on, a gentleman who stood standing on the corner for his car glanced after the pair. "I wish I could get hold of A few boys of that stamp," he told his friend. The friend looked astonished. "Why, didn't see anything so unusual about

"It is unusual, though. That boy is probably an office boy carning three dollars a week, or possibly four. But he feels as interested in the affairs of tions where a hospital operation is the the firm as if he were a partner. They only alternative, but on the other hand | are doing "fine," not because his salary so many women have been cared by this is raised, but because the concern is famous root and herb remedy, Lydia E. doing double the business that it did Finkham's Vegetable Compound, after a year ago." He looked through the docters have said that an operation was dark at the disappearing figures of the necessary - every woman who wants two boys. "If that youngster should to avoid an operation should give it a come to me applying for a job, I'd take

> Mothers Value This. Oil .- Mothers who know how suddenly croup may stize their children and how necessary prompt action is in applying relief, always keep on hand a supply of Dr. Thomas' Eclectric Oil, because experionce has taught them that there is no better preparation to be had for the are wise, for its various uses render it a valuable medicine.

#### "BONNIE ANNIE LAURIE"

Annie Laurie, was no myth. Over 200 years ago Sir Robert Lauria of Dumfrieshire, wrote these quaint words in his family register: "At the pleasure of Almighty God, my daughter, Annie Laurie, was born on the 16th day of December, 1681." Mr. William Douglas, who wrote the song to celebrate the wondrous beauty of this maid, wood but did not win the far-famed Annie. Instead, she preferred a richer suitor, Mr. Alexander Ferguson. Annie died in 1764, but her name, no doubt, will be passed down to many more ages, by means of the immortal ballad by Douglas.

#### ENJOYED A CHANGE

front captured a German major. On his way back to headquarters to report his charge the soldier made his captive carry his trappings and baggage, prodding him along gently with

"Why were you so anxious to put him to work?" said an officer to him." "Well you see," explained the negro, "it made me feel good to see him toting that equipment. Befo' the war Ah was a po'tah."

The Proven Asthma Remedy. Since asthma existed there has been no lack of much horalded remedies, but they have proved short lived and worthless The ever-growing reputation of Dr. J. D. Kellogg's Asthma Remedy has given t a place in the field of medicine which no other can approach. It has never been pushed by sensational methods, but has simply gone on effecting relief and making new converts.

AMIABLE PERSONS, THESE She had a tremendously big mouth, out no one would have called her attention to it if she had been trained in the ways of keeping it closed en certain topics. Her young brother called her attention to the fact. "I was born with a eliver spoon in my mouth,"- she said to him.

"Are you sure it wasn't a soup ladle?" he wanted to know. "Ray! What do you seem to think f my mouth?" "Well, taken as a whole-"

#### But that's as far as he got. WORDS TO LEAVE UNBAID

naddeat words ever spoken, that is a C. C. Speight very good reason for not saying them. Moreover, any estimate of what might have been is so uncertain whether what might have been would be a bit bother about those words the better.

To Men Who Live Inactive Lives-Exercise in the open air is the best tonic for the stomach and system generally; but there are those who are compelled to follow sedentary occupations and the inactivity tends to restrict the healthy action of the digestive organs and sickness follows, Parmeleo's Vegetable Pills regulate the stomach and liver and restore healthy action. It is wise to have a packet

#### of the pills always on hand. ENGLAND'S COAL CELLAR

It is often said that Britain owes her commercial supremacy to her coal measures. For her size she has more and better coul than any other country in the world, and for steam purposes South Water practically supplies the world. Where did the coal come from? The coal scame, lying one below another to an unknown depth, and not infrequently cropping out at the nurface, are sure proof that tropical conditions once prevailed in the latitude

of the British Inles. In primeval times, a period whose remoteness is measured by millions of years, the district which is now Britain was connected with the conthant, and the coal of England doubt-Canada Food Board License No. 5-012 leas runs under the Channel and the southern part of the North Bea, and is continued in the coal fields of Northern France, Belgium and Flanders All this region was covered thick with great tree-form, growing to a gigantic height, of exceedingly rapid growth, in the damp, steaming heat of a tropical climate which exceeds the heat of the equatorial regions of Africa today. Growth succeeded growth, and in the course of ages probably seas flowed over it and deposited the sand

which is now rock. Then came another period of growth and the pressure carbonized the fallen vegetation and formed layers of coal, pieces of which still bear imprinted upon their flat surface the beautiful tracery of the original fronds of the

THE IRISH MIND

tree-ferns.

"Foyther," said little Mickey, "wasn't It Putrick Henry that said, 'Let us have punce'r" "Niver," said old Mickey. "Nobody by the name of Patrick iver said anything like thot"

Mike was walking through a come-

tory with his friend l'at and reading

the cultupha. "Where do you think! doy bury do acoundrels? These air de best set d' fellows that Ol ever read about in me luife."-Exchange. The cheapness of Mother Alluves' Worm Exterminator puts it within the

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6.15 p. m. Toronto Suburban Electric Railway Going West 9.17 a. m. Daily except Bunday 233 p. m. ........... Daily except flunday 8.00 p. m. ..........Dally except Bunday 11.02 a. m. ..... Hunday only 6.32 p. m. ..... Hunday only

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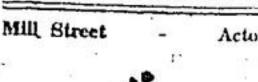
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