IN OCTOBER

Where some artists stayed last sum-

Just outside our attie windown

Musical celebritien.

In Last Village-in-the-Trees.

Roble Red-Breast, Wrong and

With Ben Cardinal for solon)

Now Leaf Villago is descried.

But 'tin lovely to behold:

t in like a fairy city.

Gave rare concerts from to all.

In the green-roofed Music Flall

Its green roofs are decked in crimson.

And its streets are paved with gold.

How we wish our friends were here.

"They will come again next year."

FACTS ABOUT ITS HISTORY,

PREVENTION AND ITS

TREATMENT

But Caro-Taker Sparrow twitters.

The Acton Free Press

THE ACTON FREE PRESS Is publinhed every Thursday morning at the Para Para Building, Mill Street, Acton Ontario, The subscription price is \$1.50 per year, in advance. Postage is .. charged additional to offices in the United States. The date to which subscriptions are paid is indicated on the addroff label.

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MEDICAL

THOS. GRAY, M. D. C. M., McGILL L. R. C. P. Edinburgh; L. R. F. P. & B. Glangow. Member British Mediral Association, etc. Office-Frederick Street, Acton. Ont.

the most extensively grown variety. ty for seed production. A cross made between the Dawson's Golden Chaff throughout Ontario in connection with cannot be overestimated. the co-operative experiments in each of the past three years. It has made the highest record in each of these years. It proved to be one of the past year. This new wheat should be the most beneficial liniments ever another season. It will be distributed in small lots for co-operative experiments this autumn to those who wish to test varieties of winter wheat. This new variety will be included in experi- ed by its cheapness.

ment No. 1 as given below. As long as the supply lasts, material will be distributed free of charge in the | order in which the applications are treated with Holloway's Corn Cure received from Ontario farmers wishing without leaving a scar. to experiment and to report the results of any one of the following tests: 1 Three varieties of winter wheat; 2. Freemen Buy Bonds. One variety of winter rye and one of winter wheat; 3. Spring Applications of five fertilisers with winter wheat; 4. Autumn and spring applications of Nitrate of Sods and common ealt with winter wheat; 5. Winter Emmer and winter barley; 6. Hairy vetches and winter rye as fodder crops. The size of each plot is to be one rod wide by two rods long. Fertilizers will be sent by express for number 4 this autumn and for number mail except that for number 4, which will accompany the fertilizers.

C. A. ZAVITZ.

will relieve them and restore health.

PRODICAL WASTE BY BIG

EARNERS

Side by side with a good deal of thrift, there is a good deal of thriftlessness among us, just now. In the world's market? We have seen men, writer's immediate neighborhood in and so have you, brainy men, men the East end of Toronto, and no doubt gifted with hugo powers, frittering

It is surprising that this should be the case in this neighborhood, for it is worthy of the college chair in the one in which, only the year before the monotony of the primary school; ablefirst year of the war, the people; very bodied workers behind the soda foun-many of them, experienced the pinch tains dealing out the feaming drink to of dire poverty. Work was scarce the giggling girl; the woman at bridge Many who had bought their houses whose wealth and position and culture could not keep up the instalments, or should have her in the mighty conflict pay the taxes due on them. Many who for the redamption of her kind; the lived in rented houses could not pay intellectual genius wasting golden their rent. Yet, although this was only hours and proclous days in putting between four and five years ago, many forth some trashy novel a momentary of the people who suffered most have bubble upon the ever-changing sea of already forgotten that then they went | literature; men and women created to hungry, and, in most cases, almost walk among God's heights and touch starving. They don't realize that what the borders of His almightiness, but then was may be again. They don't down in swamps and lowlands where believe it. They think that the present ideals are absent and ambition finds boom-for wages are quite abnormally no vaulting places. And thus the

man who, four or five years ago, of an insignificant task. We could lacked food and all the necessaries of almost hear it say: "I am mortified at life, is to-day making big money at the littleness of the toil assigned me. munitions. He is not putting by a This is for the yard engine, not for me cent. In the three years and more built for mountain grades." during which he has been working on muditions, he has bought himself two cars. His first car didn't last long: He gave the poor thing no rest. When it was "all in" he bought another. Yet

many women, whose husbands are making big money, are outrageously extravagant in clothes. One of them in the same locality is so in love with fine clothes that she was seen wearing a silk dress when scrubbing the floor. Until her husband got his present \$50 a week job, 410 p had never had more than \$20 a week to get along on. They have nothing saved (as she admits) and if the man was out of a job tonorrow, all they would have to show as resultant from their present prosperity would be a quantity of partlyworn fine clothes.

Many families are literally cating up their big earnings. One that I know will give \$9.50 for a leg of lamb for Bunday dinner. The father takes to work for his lunch, allced ham bought cooked at a store, for which a big price is paid. The butcher who serves them says he could not begin to afford the expensive food they consume in

War-time prosperity is just giving them a good time-for a time. What of the "lean years" that may be shead? headaches disappeared. I gained in In the cases mentioned, and they are weight and feel line, so I can honestly typical of very many in this one recommend Lydia E. Pinkham's Vegeneighborhood, no provision whatever is being made for them.

IN A REAL BENSE

"Father," sald vivacious Vivian as she lay to the hammock on Palm Women in this condition should not greatly be dearest spot on this continuo to drag along without help, but profit by Mrs. Lynch's experience, and fry this famous root and herb remedy, Lydin J. Pinkham's Vegetable Compound—and for special advice write to Lydia E. Pinkham Med.Co., Lynn, Mass.

Wedding Cakes A Specialty

Wedding Cakes A Specialty

Wedding Cakes A Specialty

Lydia E. Pinkham Med.Co., Lynn, Mass.

M. EDWARDS & CO. Beach Hotel Bearra, "this place seems

Farmers-Bank Here

By Mail

Just mail your cheques to us— we deposit them to your credit and send you a prompt acknow. ledgment.

If you need cash we cash your cheques by mail too, sending you the money in a registered letter.

We understand the farmer's problems and gladly assist him in every way possible. We will welcome your account.

Bank the Bank receives much other Voluntary pervice. The Canadi-DR. J. Memiers in the different counties in an Bankers' Association has expressed Ontario, eighty-one per cent. report its approval of the institution and its that the Dawson's Golden Chaff is still desire to help. Local branch managers without cost, lake charge of the lbdgers With the object of orginating better in the schools. One bank gives its varieties than those already in Fulti- services free in 60 schools in six comvation, crosses have been made at the munities. Some 2,600 school teachers Outario Agricultural College between also render service free, receiving dethe Dawson's Golden Chaff and some of posits from children. every Monday

the varieties of particularly high quali-for seed production. A cross made. The Penny Bank has been a strong feeder to the savings departments of and the Bulgarian has furnished a new chartered banks, hundreds of accounts wheat which in six years has surpass- being transferred to the latter every ed both its parents in average yield per year as the children pass out of the acre and is almost equal to the Bul- schools. This is evidence that habits garian in bread production. This of thrift formed in school continue variety has been given the name "O. through life. The Bank is doing a A. C. No. 104" and has been distributed good work, the importance of which

-A-Powerful Medicine-The healing properties in six essential oils are concentrated in every bottle of Dr. hardiest varieties in the tests of the Thomas' Eclectric Oil, forming one of available in fairly large quantities by offered to the use of man. Thousands can testify as to its power in allaying pain, and many thousands more can certify that they owe their health to it. Its wonderful power is not express-

Corns and warts disappear when

Slaves Wear Them!

JUST AN OBSERVATION

It was a freight engine, a great, massive Mogul. We watched it a few days ago as upon one of our leading rallway systems as it approached the city. Built to draw fifty to seventy-five beavily laden cars, its burden was two empties and a caboose. At least they appeared to us as empties. The whole a next spring. All seed will be sent by of it seemed so incredulous, pitiful, a waste. It was as a giant of mountain quarries at child's play, powers for herculean tasks set to blowing soap Agricultural College, Guelph, Ont. | bubbles. It was coming from somewhere with its tiny tonnage to a city throbbing with life and industrial skill Pecvish, pale, restless, and sickly and commercial progress and financial children owe their condition to worms. bigness. Why was greatness mis-Mother Graves' Worm Exterminator spending time in the application of its superb abilities to a duty seemingly out of all proportion in contrast with the splender and might of the working agency, a battleship towing a cance, a Niagara called upon to extinguish a candle's flame?

And thus we meditated. Was that all it was called upon to bring to the it is the same in other places, unthrift away time and opportunity and posespable of ministering to the hundreds freight engine came in the seeming Here is a concrete case. A certain lassitude and humiliated consciousness

Are you saving for Victory Bonds?

this man will called for clothes for his children, and send his children to the school dentist. **BACKACHE AND** NERVOUSNESS

Told by Mrs. Lynch From Own Experience.

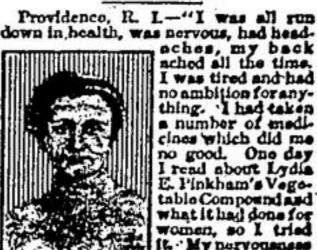


table Compound to any woman who le auffering on I was."- Mrs. ADELINE B. Lyncu, 100 Plain St., Providence, R. I. Buckache and nervousness are symp-toms or nature's warnings, which in-dicate a functional disturbance or an unhealthy condition which often develope into a more serious allment. Women in this condition should not

SOME DINGS AT BINGEN

(Bince Bingen on the Rhine has beer ombed the old McCluffey's fourth reader has got into the war, together with other classical poems -Ex.)

to looked devold of worry, a grin wan Ills commades ran to most him-they unw him loop the loopand then they grabbed his flyer, and

Come tell us what you've been and done, they said with one necord, Oh, well, I will if you incist, he said. though looking bored, come back feeling fine. Blugen on the Rhine, .

surface two hundred feet below. In Don't send it to the papers; 'twill scare the home folks so: And I'm not finished going back, you know. and French towns by the score. load lots and more.

Until they're more there's the strength of the child murder frant has been undermined by the altogother health-giving. day now and we intend to give

ice Cream Bricks, 80c. each CANDIES RIGHT PRICES TOOTHSOME VARIETIES

DEST QUALITIES Harold Wiles Canada Food Board License No. 8-13595

MILL STREET - ACTON

We have our Parlor open every

as good service as possible.

los Cream bulk, 30c. a pint

Turnips Wanted

Farries & Mullin

Are again purchasing turnips for shipment at Acton, Rockwood and other points. We are paying Highest Prices for Choice Stock.

Farries & Mullin

A GOOD INVESTMENT Ordering Your Fall Suit Now

See our Genuine Pure Wool Guaranteed Cloths in

Also Fancy Suitings in browns, fancy checks and stripes, all wool, guaranteed

Made to Your Order

Step in and See Our Values

R. E. Nelson

Che ACTON BAKERY

M. EDWARDS & CO.

MILL STREET . ACTON'

To facilitate the handling of the products of our Bakery and to make it more convenient for our customers we have secured the shop next to Wiles' Confectionery, where supplies of our

War Bread Brown Bread Tea Biscuits Cakes, Buns and Scones -

May Always he Seenred

held the wires apart. The carriage moved away, leaving it awaying. Handful after handful of gream Norman accoped from the pall, and rubbed it conscientionaly in between

the wire strands. He was determined not to slight-an inch. Polished and dry and black the cable alld between his foot, and passed from his hands smooth and dripping. Two more "turkeys" stuck on their respective buttons, and he was now

out above the working bottom of the quarry. Buddenly a gust blow off his hat. How hot the nun was on his unprotected head! I've been off on a journey, and I've The put panned quickly, and once more the air grow thick and breathless. For I've been bombing Bingen, Norman could not his shadow moving slowly 'across the blue, chip-strewn

a corner the steam drill equatted with it-I'm inlently; its gray hose trailed across to the pipe from the engine house. The Huns have bombed old London The men, shrunk to pigmies, were cating dinner by twos and throcs. He And trouble's coming to them in car- heard they voices and Lilliputian laughter. Occasionally a face mianced I'm going back to Hunland; to-morrow parasites and serve stove while one burner was going.

> draughts that the worms have made upon it, and that their operation is "GETTING AWAY WITH IT"

Getting away with it" is an ex pression which describes a very ancient human weakness. In plain English, this weakness is pretense. It is putting on an appearance without having the reality behind it.

There are boys who do very little studying, but who manage to get away with recitations that allow them to read, "Yea, the light of the wicked pass. Other boys are selfish at heart, shall be put out," when immediately but they give one an impression of the church was in total darkness. generosity and get away with it. A diligent reading of newspapers and a scarcely a moment's pause, "In view of glib tongue will enable a boy to create the sudden and startling fulfillment of the opinion that he is a Sir Oracle and this prophecy we will spend a few get away with it. A boy may act and minutes in silent prayer for the electalk as if he were very much at home tric light company." in the woods, and get away with it as may boast of his prowess on the baseball diamond and get away with it as long as the ground is covered with

This boy who is always pretending to be something finer or wiser or better than he is may get away with his pretense for a time, but after a while his "bluff" will be found out, and he who went up like a rocket will come down like a stick. In the long run a boy comes to be rated by those who know him best for just what he is. A reputation which is not built on solid worth will collapse at last like a toy balloon.

Poor direction and assimilation mean a poorly nourished body and low vitality. Poor elimination means closed bowels, fermentation putrifaction and the formation of poisonous gases which are absorbed by the blood and carried through the body.

The result is weakness, headaches, dixiness, coated tongue, inactive liver, bilious attacks, less of energy, nary-ousness, poor appetite, impoverished blood, sallow complexion, pimples, skin disease, and often times serious ill-"Strive to be rather than to seem to be," is a good maxim for every boy to adopt. Oak and mahogany will take an enduring rollah that no amount of rubbing will give to cheaper woods. Emerson has in mind those who try Ordinary laxatives, purges and ca-Ordinary laratives, purges and cathartics—salts, oils, calomel and the like—may relieve for a few hours, but real, lasting benefit can only come through use of medicine that tones up and strengthens the digestive as well as the eliminative organs.

Get a 150 box of Natures Remedy (NR Tablets) and take one tablet each night, for a week. Hellef will follow the very first dose, but a few days will elapse before you feel and realize the fullest benefit. When you get straightened out and feel just right again you need not take medicine every day—an occasional NR Tablet will then keep your system in good—condition—and—you—will_always_feel your best. Remember, keeping well is casier and cheaper than getting well. Nature's Remedy (NR Tablets) are sold, guaranteed and recommended by your druggist.

E. J. HASSARD—ACTON. ONT. to get away with things when he says. "What you are speaks so loud that ! cannot hear what you say."

GOT ONE AT HOME!

Capt. Anderson Dana, who has just got married at Plattsburg, is a grandson of the journalist, C. A. Dana, and in an interview he said: "My grandfather believed in mar riage. He thought it steadled a man I remember a story he used to tell It's a story about a chap who naked

"Have you ever heard anything bout a machine for telling when man is lying?" "Sura," said the man. "Have you over seen one?" said the

It is Wise to Prevent Disorder -- Many causes lead to disorders of the stomach and few are free from them. At the first manifestation that the atomach and liver are not performing their-functions, a course of Parmeleo's Vegetable Pills should be tried, and it will be found that the digestive organwill speedily resume healthy action. Laxatives and sodatives are so blended in these pills that no other prepara-

GIRL AMBULANCE DRIVERS There are about 300 girl ambulance

drivers in the Red Cross service in France. The only other women ambulance drivers in France belong to the First Aid Nursing Yeomanry Corps. There is a friendly rivalry among the Red Cross girls in the matter of keeping their "bua" spick and span. Whenever a trainload of wounded arrives the Red Cross girls must be on hand, and this means constant duty, day and night. Exceptionally good driving is a characteriatio of each girl, and before undertaking this dangerous and arduous work a girl is required to pass a severe test at Devonshire House. Among other things she must know how to attain speed without joiting the wounded, as a bit of rough driving might prove fatal to the poor lad. Tenderness linked with courage of the finost and highest kind is always found the girl ambulance driver. Ton shillings a week with expenses is the pay. Those who have time to think of uniforms consider that of the ambulance girl the smartest and most becoming of any war uniform for women-provided it is well cut and

Your Asthma, too The efficacy of Dr. J. D. Kellogg's Asthma Remedy is not something that is merely to be hoped for; it is to be expected .- It never falls to bring relief, and in your own individual case it will do the name. He universal has been the success of this far-famed bure that every one afflicted with this disease owen it to himself to try it.

WAITING FOR IT

Having an Important engagement with a client an oil morehant was obliged to leave his office in "Now, my good woman," he said, hour the bell attached to that little 'Hello, who are your and wait for a

The merchant had been gone about half an hour when the telephone bell tang furlausty. The woman rushed to the tube, simpled out the speckanty query, and put the receiver to her car. "I'm Dobam from Dublin," come the anatyer. "that a but of oil for you, and wish to send it at ones. He roady to H BY ana

Presently the merchant coturned, and

to file billarement, naw the chat woman midles an empty hucket under the "What an earth are you doing with "Well, wir," she bepilled, "as soon as brough empoply of ell, and nelect someone to

For Foch and Freedom L. Buy Victory Bonds!

One Hundred Dollar

Victory Bond will:

Pay 80 men for 1 day, or," Buy 3 rifles and their bayonets, or, 110 bushels of oats, or,

Main Street, Acton

The comedies have turned to

tragedies; many of the somes of action

are in ashes and too many of the

actors are malmed or dead, more will

follow, no doubt, as they are prone

to ignore the advice and experience of

others instead of profiting by their

Are you saving for Victory Bonds?

QUICK WITTED

Book of Job, and the minister had just

"Brethren," said the minister, with

Than Laxatives

Will Correct Your Constinution and

Make Constant Dosing Unneces-

E. J. HASSARD - ACTON, ONT.

R-TABLETS- RD

Better than Pills | GE | A For Liver IIIs. 25c Bny

This Is Better

The evening lesson was from the

errors and sufferings.

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Grafonola

Avoid disappointment. Refuse imitations. Only

genuine Columbia Grafonolas and Records bear

this trade mark. Look for it before you buy.

_olumbia

Grafonola

8 75 mm. field gun shell, or

Get the Genuine

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Choice, Norval and National Flour-BRAN OAT CHOP CRACKED CORN ROLLED OATS CORN MEAL

-Mildred Evana

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Balt in Bolb, 100th and 200th Hags

DOMESTIC ROLLED OATS

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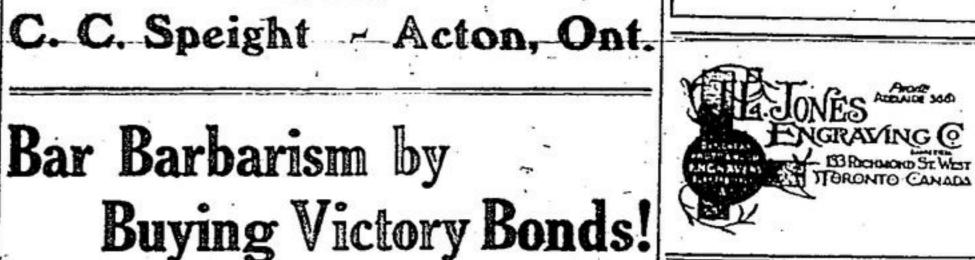
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I solicit with confidence the patronage of the public. Comfortable rige supplied at reasonable rates. Special attention to supplying conveyances for weddings and funerals.

Motor cars furnished when Expressman for the Toronto Suburban Railway. **BUS MEETS ALL TRAINS**

L. E. Atkinson



THE ADVERTISER

Halines Remedy Bar Barbarism by

I am an Advertiser! I think pretty well of myself! I have Ambition! I have Ability! I have Friends! I have Experience! I have Honor! I have Ingenuity! I-have Ideas!

All these things I am using every day for the betterment of myself and of my business to the end that I may be able to say in future years: "I have Prosperity, and a Well-established Business, one that I am proud of," and yet that I can say, as now, "I have Friends! I have Honor! I have still my own Self-respect! An opinion of Myself that must demand recognition in this World of Business.

I am an Advertiser! Because of this I am known to stand for the things that I believe in; that I do; that I believe others should do; and the things that will always be done so long as there remains in the World One Man who is strong enough to say, "I believe in Myself and in my future !"--By William M. Adrian.

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W. WILLIAMS

Satisfactory Footwear

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Up-to-Date Goods AT C. C. SPEIGHTS

Silverware in Tableware--Fine Also Fine Cutlery.

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