THURRDAY, OCTOBER 3, 1918

THERE ION'T There was a man who fancled that by driving good and fant He'd got his car across the track before the train came past; Ho'd mins the engine by an inch, and make the train hunds sore. There was a man that fancled this;

there lan't any more.

THE FACTORS OF HAPPINESS Mont people have to discover for themselves the truth that happiness in not the fruit of the unusual, but of the everyday. Most of us have a long-Ing for something undreamed of to happen. We have an idea that in fame, and riches and novel experiences, and in seeing far countries we would find the joy of life. But the wonderful temples of India, though they may stir the beholder to awed admiration, cannot altogether give so much bappiness as the cottage we call home. Wealth without love means dying for water at the entrace of a treasure-cave. If

boy, a raw turr ip id delicious. country newspaper in which her first desirable than their action. poem is printed, and sees the pride in her eyes, knows more jet than fame will ever bring her, though her name is known in hemispheres. And the boy. who takes his first carnings to buy nomething necessary for the comfort of

All Night with Asthma. Everyone keep their victim awake the whole night long. Morning finds him wholly unfitted for a day of business, and yet one dollar a year. A white star pasted business must still be carried through, on the wind shield of an automobilie All this night auffering and lack of rest can be avoided by the prompt use of service of convalescent men in uni-Dr. J. D. Kellogn'a Asthma Remedy, free to ank for a ride. which positively does drive away the

### Children Cry FOR FLETCHER'S

CANADIAN PATRIOTISM AND

Canadian patriotism demands the practice of thrift by all her sons. The men who are holding the lines at home are they who are making it easy for the business of the country to go on with little jar to its mechanism The steady pulling together of all citizens in the production of goods and in the conservation of all field crops marks the thrifty nation. Saving on the part of our citizens is going to be the greatest insurance we will have in Canada against a period of depression after the war. The combined capital of the individuals who make the country will form a fund of sumcient power to drive business along in a most satisfying way in spite of the prevailing hard times of such a period. The saving man is therefore a real patriot. He has Canada's interests fundamentally at heart. May his tribe increase in these days when wealth is piling up under the spur of war-time efforts. Save because it hits both ways. It is a blub form of patriotism. And it gives one's country a leg up in a critical time. Put by that extra dollar now. The long procession of thrifty dollars will make a line that will not waver-Hindenburg or no Hin-

HARRY LAUDER'S THRIFT

1. Behave toward your purse as you would to your best friend. 2. View the reckless money spender as a criminal, and shun his company. 3. Dress neatly, not lavishly. bank pays a higher rate of interest than your back. 4. Take your amusements judiclounly. You would enjoy them better.

5. Don't throw away your crusts; cat them. They are as strengthening -0. It is more exhibitanting to feel money in your pocket than beer in 7. Remember it takes only twenty

shillings to make a pound, and twelve pennica to make a shilling 8. You can sloop better after a hard day's work than after a day's idlenous. 9. Always get good value from tradesmen. They watch they get good money from you.

10. There is as much pleasure in reading a good bank-account as a

Oil for Toothache.-There is no pain so acute and distressing as toothacha. When you have so unwelcome a visitor apply Dr. Thomas' Eclectric Oil according to directions and you will find immediate relief. It couches the nerve and soothing effect and the pain departs at once. That it will case toothache is another Ane quality of this Oil, showing the many uses it

#### Children Org FOR FLETCHER'S CASTORIA

BOYS' AND GIRLS' PIG CLUB POPULAR

Of all the movements that are making farm life, more interesting to the children, none are more popular than plg clubs. With the co-operation of the banks and the government officials many of these clubs have been farmed through the three prairie provinces of Canada. Sometimes the children are financed by their parents, in other cases the original capital outlay is furnished by the banks on the children's notes. Feed costs them little or nothing. With ordinary luck it does not take them long to take up their note from the bank, and soon they have a balance of cash to their credit. besides a fine lot of pige in the pas-

Worms feed upon the vitality of children and endanger their lives. simple and effective cure is Mother Graves' Worm Exterminator.

#### WAITING FOR A CHANCE

A good many people, rome young and some older, spend a large part of their lives waiting for things to change. They take it for grunted that if they have done nothing for a year but fall and make mintakes, the next year is bound to be successful. Things do not change for waiting.

The incliniency which makes a record of failure in the past is more than likely to perpetuate itself. Do not trust too much to time. If you want things different, Ho to work to make them so. If a change is desirable effect it by working put by waiting.

WHERE IGNORANCE IS BLISS The ardent youth had taken the gir

of his dreams out to tea. "I may, who is that young man who you. Do you know him?" "Yes," said the maiden. hlm well."

"Shall I ask him to Join un?" confunion, "thin is no sudden!" "Eh? What do you mean?" he anked in surprise.

"Why, Aley, that's our minister!"

For Infants and Children In Use For Over 30 Years

Elgnature of

Miller's Worm Powders work no o fectively that no traces of worms can be found. The pents are macerated in your digestion is not good, the art of stook without being perceptible. They the French cook is an aggravation, and make an entire and clean sweep of the to the sturdy appetite of a country intentines, and nothing in the shape of a worm can find lodgement there Famo never yet made apyone happy. when these powders are in operation. The girl who brings her mother the Nothing could be more thorough or

A BEAUTIFUL SERVICE TO

MOTHERS Mothers of soldier boys, who are ill the home, has plumbed the depths of or convalencent in New York, and who is tisfaction, as far as wealth can give know nothing of the city, are at liberty to make use of the hospitality offered matter how plain, work to do and by the Institute of Applied Christian-Good health, quiet sleer, a home, no lty, 52 East Twenty-fifth Street, New willingness to do it, friends who love York. Particularly anticipating the you, these are the factors which enter need that was to come, they have cointo happiness. Novel experiences may operated with the Red Cross and other give interest, excitement and variety, organizations in securing boarding them directly to their sons, later taking mothers and sons out for automoknows how attacks of asthma often bile rides. The latter is possible through the White Star Hospitality Service, membership to which costs tells the passer that the car is at the form and their parents, and they are

OLD OAK AT WINDSOR GOES

famous tree which stood in front of Flour and Feed Store Windsor Cantle, known to William the has just come in?" he asked of his Conqueror's oak. The tree was reputfair companion. "I geo he nodded to ed to be a favorite of the Norman Duke, who protected it from deer. Old manuscripts show the oak tree existed in the year 900. Latterly the tree became unsightly, and was very "Oh, dear," murmured the girl, in rotten. After ineffectual attempts to have it reinforced with cement, the BRAN King ordered its removal. The timber is very fine grain and ROLLED OATS CORN MUAL color. One slab is used for a mantel-pieco in the small replica of a Canadian log cabin built by the Canadians in Windsor Park as a tearporn for the King. A number of nouvenira have been made of the wood. One in a carved plaque of Windsor Cantle

## Then you realize the utter weakness

background of Indians.

that robs ambition, destroys appetite and makes work a burden. the atomach and pass away in the ever equaled or compared with Scott's Emulsion; its blood-enriching properties give energy to the body while its tonlo value sharpens the appetite in a natural, permanent way. If you are run down, tired, nervous, overworked or lack strength, be sure to get Scott's Emulsion tod . v. Scott & Downe, Toronto, Uat.



Far more effective than Sticky Fly Catchers: Clean to handle. Sold by Druggists and Grocers everywhere.

LYDIA E. PINKHAM'S

VEGETABLE COMPOUND

ATTENTION!

Sick Women

To do your duty during these trying times your health should be your first

consideration. These two women

I had been treated by a physician without results, so decided to give Lydia E. Pinkham's Vegetable Compound a trial, and felt better right away. I am keeping house since last April and doing all my housework, where before I was unable to do any work. Lydia E. Pinkham's Vegetable Compound is certainly the best medicine a woman can take when in this condition. I give you permission to publish this letter."—Mrs. E. R. Chuntano, R. No. 1, Hellam, Pa.

Lowell, Mich.—"I suffered from cramps and dragging flown pains, was irregular and had female weakness and

displacement. I began to take Lydia E. Pinkham's Vege-table Compound which gave me relief at once and restored my health. I should like to recommend Lydia E. Pinkham's

remedies to all suffering women who are troubled in a simi-lar way."—Mrs. Elise Herm, R. No. 6, Box 83, Lowell, Mich.

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To navo in the content of practicesif you have the will.

Pinch your expenditure a little and you'll find it will pay. -The well-known Brands of King's A dollar 'naved is a dollar carned.

Bave to lend to your country when

Saving will provide both an umbrella and, a mackintonh for the "rainy day." Having money is often the expression of saving grace.

Save to make Canada secure, A man who is hovering on the verge of want is not his own master.

Save to save-both yourself- and Live within your means and your

means will be increased.

If you don't live within your means you must live on the means of others. The first dollar saved is often the first step on the road to affluence, Heaven helps those who help themselves. Moral-Save!

Don't be a victim of circumstances: help to shape circumstances by saving. Bacrifico a present pleasure for future good-Save.

Save, remembering that to him that hath shall be given.

Baving carries its own reward-with

Carnegie's Chief asset in beginning life was his "maving" quality.

Always Serviceable.-Most pills lose their properties with age. Not so with Parmelec's Vegetable Pills. The pill mass is so compounded that: their strength and effectiveness is preserved and the pills can be carried anywhere without fear of losing their potency. This is a quality that few pills possess. Some pills lose their power, but not so with Parmeleo's. They will maintain their freshness and potency for a long

#### Children Cry FOR FLETCHER'S CASTORIA

WHICH BHALL BE IN CONTROL

You have your choice between controlling your impulses and letting them control you. Every one knows the result of being at the mercy of his own moods. One who works when he feels like it and at no other time, who is cheery and courteous if the whim takes him, and gloomy and uncivil as soon as his mood changes, is not to be depended upon by his em-ployer or friend. Learn to control your impulses. Force them to yield to your judgment and your will. For if you do not master them, they will take control of your life and the chances are that they will wreck it.

THE WRONG IMPRESSION

Would you seriously object to landng me \$50, for a few days?"

"Really! That sounds encouraging." "You misunderstood me. I meant that I wouldn't entertain such a pro-

### Quit Laxatives, Purges; Try NR

HB Tonight -- Tomorrow Feel Right

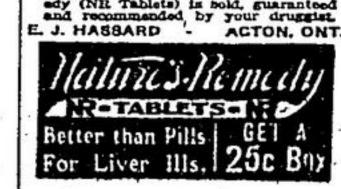
It is a mistake to continually dose yourself with so-called laxative pills, calomel, oil, purges and cathartics and force bowel action. It weakens the bowels and liver and makes conthe bowels and liver and makes constant dosing necessary.

Why don't you begin right today to overcome your consilipation and get your system in such shape that daily purging will be unnecessary? You can do so if you get a 25c box of Nature's Remedy (NR Tablets) and take one each night for a week or so.

NR Tablets do much more than merely cause pleasant easy bowel action. This medicina acts upon the directive as well as aliminative or an digestive as well as eliminative organs promotes good digestion, causes the the food you cat, gives you a good, hearty appetite, strengthens the liver, overcomes billousness, regulates kidney and bowel action and gives the whole body a thorough cleaning out. This accomplished you will not have to take medicine every day. An occasional NR tablet will keep your body in condition and you can always feel your best.

Try Nature's Remedy (Nit Tablets) and prove this. It is the best bowel medicine that you can use and costs only 15c per box, containing enough to last twenty-five days. Nature's Remedy (Nit Tablets) is bold, guaranteed and recommended by your druggist.

E. J. HASSARD - ACTON, ONT.



#### Che ACTON BAKERY

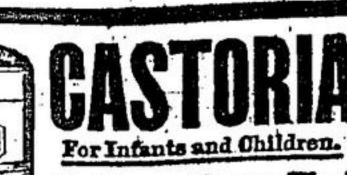
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Railway Time Tables AT ACTON

---Grand Trunk Railway System Going West No. 29 ..... 8 13 n. m. No. 33 ...... 2.15 p in. No. 182 ..... 5.53 p. m. Going East No. 28 ...... 9.23 a. ir No. 32 ..... 3.38 p.m No. 34 ...... 6.15 p. m. No. 38 ...... 8.17 p.m.

6.15 b. m. Toronto, Buburban Electric Railway Going West 9.17 a. m. Dally except Bunday 3.32 p. m. ...........Daily except flunday 11.02 a. m. ..... Sunday only

'Himday trains pass through Acton going west at 10.16 a. m and cast at

6.32 p. m. ..... Sunday only Going East 7.48 a.m. \_\_\_\_Dally except Bunday 2.02 pm. ......Dally except Sunday 0.58 a. m. \_\_\_\_ Hunday only 5.48 p. m. ---- Sunday only

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