

The spice box is a nice box: I like to keep within.

I like to sniff each fragrant whiff, I like to sniff each fragrant whiff, I like to play I'm far away.

This cinnamon once grew upon A tree in Torrance, The inner bark, how nicely, mark!

Now, tucked and dried, 'er ocean winds They come, my dear, to you.

Oh, ginger hot, you're not forgot! I think you're from Jamaica; In dusty brown you come to town.

Yes, the spice box is a nice box! I like to sniff within. All earth, you see, sends gifts to me.

ON DUTY Ah, who was now to the army, was placed on guard. During the day all had gone smoothly, and he was gaining in self-assurance.

Time has tested it—Dr. Thomas' Electric Oil has been on the market upwards of thirty years and in that time it has proved a blessing to thousands.

Some young folks whose standards are high in the serious things of life, lower them surprisingly in their recreation.

When you play a game, do not act as if victory were a life-and-death matter. Do not criticize other people's mistakes, nor gloat over them.

It is at least suggestive that we speak of certain people as disagreeing, when we mean that they quarrel.

But there are other people to whom the fact that another disagrees with them is always a challenge. They look on their choice of a presidential candidate or a physician, their preference as to literature or diet, are of course the right ones.

Have your own opinions and have decided ones. An opinion that can be swayed like a reed by every wind that blows, is worth nothing or little less.

CHURCH "GRUMBLES" An excellent though unconscious criticism of the rapid and incoherent manner in which many congregations perform their part of the "responses" on Sunday was made by a small boy on his return from his first attendance at church.

"Mamma," he remarked, "The people don't like the minister, do they?" "Why, certainly, Harriet," said the boy, "I saw the minister when I was at school."

"Well," said Harriet, "The minister would read something, and then they'd all grumble, and then he'd read some more, and they'd all grumble again!"

Kitchener was right



when he said— "Either the civilian population must go short of many things to which it is accustomed. In times of peace or our armies must go short of munitions and other things indispensable to them."

NOW the only way we can possibly live up to that obligation is by going without in order that our soldiers may have. For the money we waste is not money at all—it is equipment, clothing, shot and shell that are urgently needed in France.

Hundreds of millions of dollars are of no use to the country if goods and services can be secured only to the extent of eighty millions of dollars. So we must do everything in our power to release both goods and labor for the purposes for which Canada needs them.

By denying ourselves, therefore, we enable Canada to procure to the fullest extent the materials and labor which she and our Allies need for the successful prosecution of the war. What happens when we fail to save? A pull on labor by the Government in one direction and a pull on labor by the people in the opposite direction.

WHETHER it be food, coal, wool, steel, leather, labor or transportation, the result in all cases is the same. Whoever competes with the nation by freely satisfying his own desires, selfishly appropriates to his own use that which is so urgently required for our fighting men in France.

For the sake of your country and the boys "over there," spend cautiously. Think of what Lord Kitchener has said, and ask yourself first, "Is this something I really need or can I do without it?"

Published under the authority of the Minister of Finance of Canada.

GOLDIER MAGOOT'S TRAVELS

Not yet fifteen years of age, but tall and strong, Frank Magoot has travelled some, and on his own hook, too.

Holding newspaper since-eight years of age, when he was struck out by a quanted Exhibition Camp and later Camp Gordon in pursuit of his trade.

His home folks got their first clue to his whereabouts when they spotted him in a moving picture show in a local theatre, showing the battalion sailing from St. John.

Less than a week after his return home, he disappeared again on "the job," and was not heard of again until recently when he returned to his home.

From Toronto he had gone to a farm for six months, then, to Winnipeg, where he got a job, and from that city he went to the States with a travelling show, winding up at a U. S. army camp in Texas, where he was adopted as mascot by a Machine Gun Battalion.

He hoped to get with the army, where he thought he might meet his father, but the officers said the army regulations would not permit of taking him on the transport, so he dropped off at Buffalo and returned home.

TAKE THE BLAME THAT BELONGS TO YOU The world admires one who is ready to take the blame which belongs to him. Don't waste strength trying to escape.

Words, by the irritation that they cause in the stomach and intestines, derive infants from food, and mal-nutrition is the result. Miller's Food is the best.

Children Cry FOR FLETCHER'S CASTORIA

WHAT YOUR EMPLOYER IS LOOKING FOR It is true interest of an employer to discover real ability. That is what your employer is looking for.

It is true interest of an employer to discover real ability. That is what your employer is looking for. It is not because he is a philanthropist, but because he is a shrewd, practical man.

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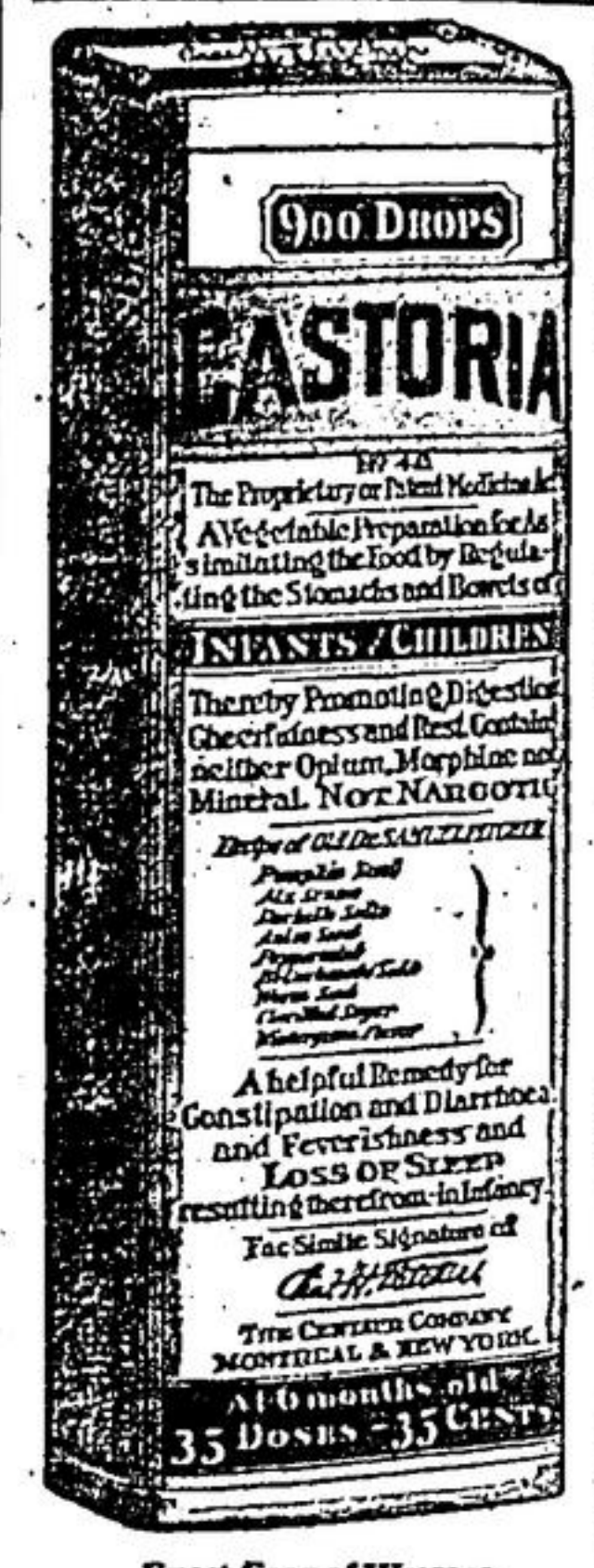
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CASTORIA

For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Williams.

Fall Fair Prize List—(Concluded)

SEC.	CLASS 23—FINE ARTS—(Continued)	1.00	2.50
7	Picture, Water Color	1.00	2.50
8	Animal, Water Color	1.00	2.50
9	Flower or Fruit, Water Color	1.00	2.50
10	Any other subject in Water Color	1.00	2.50
11	Painting on China	1.00	2.50
12	Painting on Silk or Satin	1.00	2.50
13	Portrait, any subject	1.00	2.50
14	Scenic, any subject	1.00	2.50
15	Pen and Ink Sketch	1.00	2.50
16	Collection Kodak Views, Acton and vicinity	1.00	2.50
17	Penmanship (The Letter Writer) Public School Scholar	75	50
18	Drawing by Public School Scholar	75	50
19	Collection of not less than 25 varieties of Woods, pressed, mounted and named	75	50
20	Collection of Photographs	1.50	1.00

SPECIAL PRIZES MISCELLANEOUS

33	Best Acton Baby, from six months to twelve months old, sent by Wm. Cameron, Toronto, cash \$3.00; 2nd by Wm. Gowdy, cash \$2.00	8.00
34	Judging will take place in front of the Grand Stand at 4 p.m. sharp	
35	Best two loaves Bread and one dozen Plain Buns, made out of Noble's King Choice Flour, by the Hubt. Noble Co., Limited, Ltd. 25 lbs. King's Choice Flour, value \$4.00; 2nd, 25 lbs. King's Choice Flour, value \$3.00; 3rd, 25 lbs. King's Choice Flour, value \$1.50; 4th, 12 lbs. King's Choice Flour, value 75c.	9.75
36	Best two Loaves Bread and one dozen Buns, 1st 50 The Family Flour, value \$2.00; 2nd, 25 lbs. Family Flour, value \$1.50, donor to receive same, by W. Horton, prize winners apply to Nelson & Co. for four	4.50
37	Best Map of Dominion of Canada, eleven inches or more long. Open to Public School pupils of Acton, Banbrook, Dublin and Lorne districts, let by A. W. Brown, a Waterman self-filling fountain pen, value \$3.00; 2nd by John L. Charles, Toronto, cash \$1.00	4.00
38	Best Collection of Insects, open to all who passed the Junior Entrance Examinations in 1917 and 1918, by W. H. Stewart, 1st, cash \$1.00; 2nd, cash, 50c.	1.50
39	Best Collection of Wild Plants and Flowers, mounted in dozens, open to Boy Scouts only, to become property of Boy Scouts, by N. P. Moore, 1st, \$3.00, 2nd \$2.00 cash	5.00
40	Best 10 lbs. Strained Honey, donor to receive same, by D. A. Henderson, cash	3.50
41	Best 6 lbs. Strained Honey, donor to receive same, by D. C. Russell, cash	2.00
42	Best 10 lbs. Strained Honey, donor to receive same, delivered or evening of show, by Dr. J. M. Hill, cash	4.00
43	Best Six Dozen Fresh Eggs, donor to receive same, by Grosvenor Limited Co., Toronto, delivered to Nelson & Co., cash	6.00
44	Best Display of cut Flowers by member of Acton Horticultural Society, to include sweet peas, pansies, nasturtiums, gladiolus and asters, by H. P. Moore, Pansy Puss for one-year, value	1.50
45	Best Loaf War Bread, made from whole wheat, containing barley or corn flour, by H. P. Moore, Pansy Puss for six months, donor to receive same, value	75

N Tonight - Tomorrow feel Right Get a 25° Box

E. J. HASSARD ACTON, ONT.



Columbia Grafonola

Get the Genuine. Avoid disappointment. Refuse imitations. Only genuine Columbia Grafonolas and Records bear this trade mark. Look for it before you buy.



Columbia Grafonola

Relieves Asthma at Little Expense. Thousands of dollars have been vainly spent upon remedies for asthma and other troubles, with any relief. Dr. J. D. Kellogg's Asthma Remedy, dispensed in its assurance of benefit, costs so little that it is within reach of all. It is the natural remedy for asthma, and is removed from the class of doubtful experimental preparations. Your dealer can supply it.

C. C. Speight, Acton, Ont.

Railway Time Tables AT ACTON

Grand Trunk Railway System	Going West	Going East
No. 29 8:17 a.m. 8:28 a.m.
No. 31 10:25 a.m. 10:36 a.m.
No. 33 12:33 p.m. 12:44 p.m.
No. 159 2:41 p.m. 2:52 p.m.
No. 37 4:49 p.m. 5:00 p.m.

Going East	
No. 28 9:28 a.m.
No. 30 11:36 a.m.
No. 32 1:44 p.m.
No. 34 3:52 p.m.
No. 36 6:00 p.m.
Holiday train pass through Acton going west at 10:16 a.m. and east at 6:15 p.m.	

Toronto Suburban Electric Railway	Going West	Going East
9:17 a.m. Daily except Sunday Daily except Sunday
9:52 a.m. Daily except Sunday Daily except Sunday
10:27 a.m. Daily except Sunday Daily except Sunday
11:02 a.m. Daily except Sunday Daily except Sunday
6:32 p.m. Daily except Sunday Daily except Sunday

ELLIOTT

Yonge & Charles Streets, Toronto. Every graduate and scores of under-graduates of this year have secured positions and out of the last one hundred and four applications for office help we filled only nine. Catalogue free. Enter, now.

Acton Livery AND BUS LINE

I solicit with confidence the patronage of the public. Comfortable rigs supplied at reasonable rates. Special attention to supplying conveyances for weddings and funerals. Motor cars furnished when required. Expressman for the Toronto Suburban Railway.

L. E. Atkinson ACTON ONTARIO

When You Need BOOTS SHOES

At any Time BUY FROM W. WILLIAMS ACTON ONTARIO

FAMOUS FOR Satisfactory Footwear REASONABLE PRICES

Grain Chopping

Well Done and Quickly at only 5 cents per bag. HARRIS & CO., Limited ROCKWOOD ONTARIO

LOCAL Agent Wanted

For the "Old Reliable" Fonthill Nurseries. Thousands of Orchard trees need replanting. War Gardens call for small fruits, early bearing fruit trees, raspberries, currant bushes, etc. The demand for Ornamental Stock in towns and villages is large. Secure a paying agency with liberal commissions. Experience not necessary. STONE & WELLINGTON (Established 1837) TORONTO ONTARIO

PATENTS PROMPTLY SECURED. 114 University Ave., MONTREAL.

LOWERING YOUR STANDARDS BY LEISURE HOURS

Some young folks whose standards are high in the serious things of life, lower them surprisingly in their recreation. There are people who are as good as their word when they play games. They lose their temper, show an indignant lack of courtesy, render their associates uncomfortable and perhaps indignant.

A WORD FOR MOTHERS

It is wrong for mothers to neglect their children and pains and suffer in silence. This leads to chronic sickness and often shortens life. If your work is tiring, if your nerves are exhausted, if you feel languid, weary or depressed, Scott's Emulsion overcomes just such conditions.

DISAGREEING HARMONIOUSLY

It is at least suggestive that we speak of certain people as disagreeing, when we mean that they quarrel. As a matter of fact no two people agree in everything. The best and most loyal differ in opinions, and the very difference may be a bond of closer union.

CHURCH "GRUMBLES"

An excellent though unconscious criticism of the rapid and incoherent manner in which many congregations perform their part of the "responses" on Sunday was made by a small boy on his return from his first attendance at church.

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HOW BIRDS SLEEP

Birds generally sleep with their heads turned tailward over the back and the back thrust beneath the wing. Hawks, gulls, and other long-legged birds sleep standing on one leg.

Children Cry FOR FLETCHER'S CASTORIA

Corns-cripple the feet and make walking a torture, yet sure relief in the shape of HULLMAN'S Corn Cure is within reach of all.

A SURPRISED DINNER PARTY

In a recently published book Sir Henry Lucy has a charming story of late Canon Atter. "The canon was very fond of children, and set out one night to attend a party given by children for children."

NOW RAISES 600 CHICKENS

After Being Relieved of Organic Trouble by Lydia E. Pinkham's Vegetable Compound.

Oregon, Ill.—"I took Lydia E. Pinkham's Vegetable Compound for an organic trouble which I could not get any relief from. I had been suffering for some time with a very bad case of organic trouble, and I had tried many remedies, but I could not get any relief from them. I saw the Compound advertised in your paper, and I tried it. It has restored my health so I can do all my work and I am so grateful that I am recommending it to my friends."—Mrs. D. M. Altman, R. R. 4, Oregon, Ill.

Robert Noble, Limited HENRY AWREY - MANAGER

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PAYS FOR ITSELF BY THE COAL IT SAVES. MORE HEAT LESS COAL. MOST DURABLE. MOST ECONOMICAL. COSTS LEAST FOR REPAIRS.

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The ACTON BAKERY

M. EDWARDS & CO. Canada Food Board License No. 10-013 MILL STREET ACTON

To facilitate the handling of the products of our Bakery and to make it more convenient for our customers we have secured the shop next to Wiles' Confectionery, where supplies of our

War Bread Brown Bread Tea Biscuits Cakes, Buns and Scones

May Always be Secured Wedding Cakes A Specialty M. EDWARDS & CO.

CASTORIA

For Infants and Children. In Use For Over 30 Years. Always bears the Signature of Dr. J. C. Williams.

The "Dowry Must Act Healthy."—In most ailments the best care of the medical man is not to touch the bowels and open up fully performing their functions. Parmelee's Vegetable Pills are so compounded that certain ingredients in them act on the bowels solely and they are the very best medicine available to produce healthy action of the bowels. There is no other specific so serviceable in keeping the digestive organs in healthful action.

BE CHEERFUL! No one prefers to give their attention to a grinch. No one chooses to do business with a sore-head.

Children Cry FOR FLETCHER'S CASTORIA

DIDN'T KNOW GASTON A New York, clubman tells of a quaint character he met while on a hunting trip in Canada last summer.

"I don't know Gaston Leashina?" "No, I don't think I've heard of him."

"You live in New York?" "Yes, I do not know Gaston Leashina?" "Never heard of him."

Relieves Asthma at Little Expense. Thousands of dollars have been vainly spent upon remedies for asthma and other troubles, with any relief. Dr. J. D. Kellogg's Asthma Remedy, dispensed in its assurance of benefit, costs so little that it is within reach of all. It is the natural remedy for asthma, and is removed from the class of doubtful experimental preparations. Your dealer can supply it.