The Acton Free Press

THE CODAY, SEPTEMBER 19, 1918 Committee of the State of Committee of

- THE SPICE BOX The apico box is a aice box;
- I like to seep witain. I like to oniff each frogrant whiff, times suffling is no sin!
- I lile to play I'm far away In balmy Inlands sweet, 'Mid apley trees that woo the breeze, With apico roots at my foot,
- This chaamon once grow upon A tree in Borneo. The luner bark, how nicely, mark!
- They stripped and rolled it-so! These fragrant cloves, in Java's L' L'Toves
- An flower buda they grow! Now, plucked and dried, o'er oceans
- They come, my doar, to you O ginger hot you're not forget!
- I think you're from Jamaica; In dusty brown you come to town, An noboc as a Quaker.
- Root of a rood you were, indeed; Though bowder now we view; You love to olde, yet not in spite; Oh, no, in friendship true!
- Causin and mace find their place; Maco is the nutmer's sheath, And nutmeen grow on trees you
- The tropic pkies beneath. Sweet allupico next, I find, perplex-
- Its real name is pimento; Ito powdered seeds fulfil our noeds With aromatic scent, oh!
- Yea, the spice box is a nice box! I like to snift within
- All earth, you see, sends gifts to me, And sniffing is no sin! Then let me learn, and wisely turn
- To use each pungent apica. This very minute I'll begin it-Make mother semething nice! -Colla Cook

ON DUTY

Abc, who was now to the army, was placed on guard. During the day all had gone smoothly, and he was caining in self-assurance. Before he went out with his relief at 9 p. m., the corporal anked him if he knew his general orders and how to challenge anyone at night "Suro," said Abo; "I'll tell him in a high-pitched voice that he should stop? "That's it. 'Halt' Who is there? but suppose he doesn't stop?" "Well, I'll tell him vonce, then I tell him again, then I'll shoot him in th' head." "Fine," grinned the corporal "Look out for the officer of the day when he makes his tour of inspection. Halt him sharply. If you don't, woy! Pull in your nock!" "Ha, hal Don't worry!" Abe had been walking his post for a little more than an hour. The night was clear, and there was a moon. He was getting lonesome, and just a bit nervous. The trees and shadows made figures that moved with the leaves, and did not enswer when challenged. It was disconcerting. A step sounded, and a form came out of the shade along the path. Abo stood with open mouth. The form came into the light of the moon, and Abe recognized the officer of the day. He heaved a great breath of relief and said: "Oh, it's you, is it? By golly, you scared me somethink

Time has Tested it-Dr. Thomas Eclectric Oil has been on the market upwards of thirty years and in that time it has proved a blessing to thousands. It is in high favor throughout Canada and its excellence has carried its fame beyond the sens. It has no equal in the whole list of liniments. If it were double the price it would be a cheap liniment.

LOWERING YOUR STANDARDS BY LEISURE HOURS

Some young folks whose standards are high in the serious things of life, lower them surprisingly in their recreations. There are people who are at their worst when they play games. They lose their temper, show an inordinate lack of courtesy, render their associates uncomfortable and perhaps

When you play a game, do not not matter. Do not criticize other people's in a circle. mistakes, nor gloat over them. Rein your temper with an iron hand. If have a screen that they draw sideways ever you find yourself tempted to take across their eyes to shut out the light, an unfair advantage, you may be sure for they sleep in the daytime.-Selected that you are putting too much stress on victory. Good manners which fail In such a crisis are a very superficial sort. See that yours are equal to the demands of your leisure hours as well as those when you are busy. .

A WORD FOR MOTHERS their sches and pains and suffer in flence—this leads to chronic sickness

and often shortens life. If your work is tiring: ffyour nerves or depressed, Scott's Emulsion over-

It possesses in concentrated form the very elements to invigorate the servant. blood, strengthen the tissues, nourish the nerves and build up your strength. Scott & Bouna, Toronto, Out.

comes just such conditions.

DISAGREEING HARMONIOUSLY

As a matter of fact no two people of with alarm. agree in everything. The best and most loyal differ in opinions, and the very difference may be a bond of

But there are other people to whom the fact that another disagrees with them is always a challenge. They look on their choice of a presidential candidate or a physician, their preference as to. literature or diet, are of course the right once. Whoever disagrees with them is wrong, and must be made to are that he is wrong. It is the process After Being Relieved of Orof convincing the other mistaken individual which has resulted in making disagreement a synonym for hos-

Have your own opinions and have decided ones. An opinion that can be swayed like a reed by every wind that blows, in worth nothing or little lenn. But do not expect every one to agree with you. Do not even wish them to. Differences of opinion help to keep things moving, just an differences in the temperature of various strata of the atmosphere help to make the air currents on which our comfort depends. Bet yourself to demonstrate the fact that people may disagree har-

CHURCH "GRUMBLES"

An excellent though criticism of the rapid and incoherent manner in which too many congregations perform their part of the "rusponses' 'on Sunday was made by a small boy on his return from his first attendance at church.

"Mamma, ' he remarked, "The peop don't like the minister, do they?" "Why, certainly, Harold; what made you ask such a question?" was the



"Either the civillan population must go short of many things to which it is accustomed. In times of peace or our armies must go short of munitions and other things indispensable to them."

NOW the only way we can possibly live up to that obligation is by going without in order that our soldiers may have. For the money we waste is not money atall-it is equipment, clothing, shot and shell that are urgently needed in France. ·

By denying ourselves, therefore, we enable Canada to procure to the fullest extent the materials and labor which she and our Allies need for the successful prosecution of the war.

What happens when we fail to save?

A pull on labor by the Government in one direction and a pull on labor by the people in the opposite direction.

Hundreds of millions of dollars are of no use to the country if goods and services can be secured only to the extent of eighty millions of dollars. So we must do everything in our power to release both goods and labor for the purposes for which Canada needs them.

WHETHER it be food coal, wool, steel, leather, labor or transportation, the result in all cases is the same. Whoever competes with the nation by freely satisfying his own desires, selfishly appropriates to his own use that which is so urgently required for our fighting men in France.

For the sake of your country and the boys "over there," spend cautiously. Think of ,what Lord Kitchener has said, and ask yourself first, "Is this something I really need or can I do without it?"

> Published under the authority of the Minister of Vinence of Canada

HOW BIRDS SLEEP

的时候,但是是我们的"一些是的人"。

Birds generally sleep with their heads turned tailward over the back and the beak thrust beneath the wing Storks, gulls, and other long-legged birds sleep standing on one leg. Ducks sleep in open water. To avoid drifting unbore, they keep paddling as if victory were a life-and-death with one foot, thus making them move

Owla, in addition to their eyelida,

Children Cry FOR FLETCHER'S CASTORIA

walking a torture, yet sure relief in the shape of Hollowny's Corn Curo is withn, reach of all. .

A SURPRISED DINNER PARTY

In a recently published book Sir Henry Lucy has a charming story of late Canon Ainger. The canon was very fond of culturen, and set out one night to attend a party given "by children for children." "Don't announce me," he said to the

Leaving his coat and hat downstairs, he quietly opened the drawing-room door, where the buzz of yolces announced the presence of company. Dropping, on his hands and knees he entered, making strange noises distinctly resembling the reighing of a It is at least suggestive that we looked up, and found the guests asspeak of certain people as disagree- sembled for an eight-o'clock dinner ing, when we mean that they quarrel, regarding him with disgust not untaix-

The children's party was next door,

600 CHICKENS

ganic Trouble by Lydia E. Pinkham's Vogetable

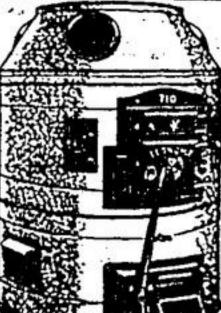
Compound. Oregon, Ill.—"I took Lydla E. Pink. Flour and Feed Store ham's Vegetable Compound for an organic trouble which



til I could not put my foot to the floor and could scarcely do my work, and as I live on a small farm and raise six bundred it made it very bard SHORTS "I saw the Com-

our paper, and tried my health so I can do all my work and I am so prateful that I am recommending it to my friends. — Mrs. D. M. ALTERS, R. R. 4, Oregon, Ill. Only women who have suffered the tertures of such troubles and have dragged along from day to day can realize the relief which this famous root and herb remedy, Lydis E. Pinkham's Vegetable Compound, brought to Mrs. Alters. Women everywhere in Mrs. Alters'

INSTAL A "ECONOMY" FURNACE



PAYS FOR ITSELF BY THE COAL IT SAVES. MOREHEAT LESS COAL

MOST DURABLE MOST ECONOMICAL COSTS LEAST FOR REPAIRS.

Elizatrated Literature Chatly Mattes. Ask for Folder No. 18. MANUFACTURED SY

PEASE FOUNDRY COMPANY TORONTO, HAMILTON WINNIPED, VANCOUVER



MILL STREET - ACTON

· Acton We have a supply of the following The well-known Brands of .. King's supplies of our

Choice, Norval and National Flour-OAT CHOP CRACKED CORN ROLLED OATS CORN MEAL . and Barrels.

BPECIAL LINE IN CHICKEN FEED GIVE OUR CALF MEAL A TRIAL

DOMESTIC ROLLED OATH THIS HIGHT Canada Food Board License No. 10

Che ACTON BAKERY

M. EDWARDS & CO. Canada Food Board License No. 0-013

To facilitate the handling of, the products of our Bakery and to make it more convenient for our customers we have secured the shop next to Wiles' Confectionery, where

War Bread Brown Bread Ten Biscuits Cakes, Buns and Scones

May Always be Secured

Wedding Cakes A Specialty

COLDIER MACCOT'S TRAVELS

Not yet Officen yours of age, but tall and strong, Frank Bokins has travelled some, and on his own book, too. He is now back in Toronto, satisfied that he's seen all he wants to see of the world for some time to come, and

charge paper, showing that hierconduct while with the corps was good. he went to the States with a travelling as mascot by a Machine Gun Battalion. He hoped to go with them to France, where he thought he might meet his father, but the officers said the army regulations would not permit of taking him on the transport, so he dropod with the 12th Liaitalion overseas but was invalided home and discharged six months ago.

The world admires one who is read to take the blame which belongs to him. Don't waste strength trying to escape censure. You may seem to succeed in foisting off the responsibility; onto somebody or something, but you: lose the respect of those whom you are trying to convince. You cannot do a manller thing than to stand up and declare, "The fault was mine. I am the only one to blame."

Worms, by the irritation that they cause in the stomach and intestines. deprive infants of the nourishment that they should derive from food, and mal-nutrition is the result. Miller's Worm Powders destroy worms and correct the morbid conditions in the stomach and bowels that are favorable to worms, sa that the full nutriment of the child is assured and development in every way encouraged.

WHAT YOUR EMPLOYER IS LOOK-

It is true interest of an employer to discover real ability. That is what your employer is looking for. It is not because he is a philanthropist, but because he is a shrewd, practical man, alive to his own interests, that he is ready to promote the worker who shows himself fit for better work than that which he is doing. If you have the ability you are no more anxious to have it recognized than he is to

Your employer is looking for integrity, for trustworthiness. It is folly to tell yourself that it is the unscrupulous fellows who get ahead. The honesty which does not need watching has a money value to every business man. If you are a worker who can be trusted everywhere, you are just the

CASTORIA

For Infants and Children In Use For Over 30 Years

most allments the first care of the medical man is to see that the bowels are open and fully performing their functions. Parmeleo's Vegetable Pills are so compounded that certain ingredients in them act on the bowels solely and they are the very best medicine available to produce healthy action of the bowels. Indeed, there is no other specific so serviceable in keeping the digestive organs in health-

BE CHEERFUL!

No one prefers to give their atten tion to a grouch. No one chooses to do business with a soro-head A smile removes obstacles, overcomes objections, inspires faith, and paves the way for business. Cheer spells confidence. Confidence

spells success. Men who succeed are cheerful mon who are solvent.

Mothers can easily know when their they lose no time in applying the best

FOR FLETCHER'S

quaint character he met white on: a hunting trip in Canada last summer. This man was of French extraction and proud of a friend of his in New York, one Chaten Leapingase, of whom he talked constantly. "You live in New York?" he at once

"You know Claston Lospinasso?" "No. I don't think I ever heard of The Canadian seemed disappointed as well as nonplussed. Then he began

"You live in New York?" "You." "You do not know Caston Leapin-

The Canuck grinned incredulously. another out of his own mouth, he

Relieves Asthma at Little Expense. Thousands of dollars have been vataly "Well," and Harold, sturdily, "the minister would read something, and the there are any complication with Lydia E. Pinkham's then they'd all grumble, and then he'd read some more, and they'd all grumble and then he'd respectable.

Robert Noble, Limited M. EDWARDS & CO.

Specialty

Wedding Cakes A Specialty

Wedding C

The Proprietury or Patent Medicine le

AVecetable Preparation beds

similating the food by Regula-

A helpful Remedy In

LOSS OF SIZED

Fac Simile Signature of

det Hittorick

THE CENTER CONCUR

MONTREAL & NEW YORK

At 0 months old"

The 35 Dosas -35 Cests

ready to settle down. Solling newpopers since-cight-years of age, when war broke out he frequented Exhibition Camp and later Camp Borden in pursuit of his trade, Then, 12 years of age, without soquainting his parents of his intention, he departed for England as official masent of 180th (Hportman's) Hattallon. Illa home folka got their first clue to his whereabouts when they spotted him in a moving picture shown in a local theatre, showing the battalion sailing from Ht. John. Because of his tender age, Frunk was sent back from England, arriving February 28, 1917, and he has the regular C. E. F. dis-Loss than a week after lils return home, he disapticared again on March s, and was not heard of again until recently when he returned to his home. From Toronto he had gone to a farm for six months, then, to Winnipeg. where he got a job, and from that city show, winding up at a U. B. army camp in Toxas, where he was scopted ped off at Buffalo and returned home. His father, Thomas Jenkins, serv-

TAKE THE BLAME THAT BELONGS TO YOU

Children Cry CASTORIA

recognize it.

The Bowele Must Act Healthy-In

Gloom spells trouble. Trouble spells failure. Men who fall are gloomy. Cheer is an asset. Gloom a liability It is good business to associate with Be cheerful-as a business proposi

hildren are troubled with worms, and of remodice-Mother Graves' Worm Exterminator.

Ohildren Cry CASTORIA

DIDN'T KNOW GASTON A New York, clubinan tells of a

asked when the Cothamite appeared

"Never heard of him."

Then with an air of one convincing "Caston is the cook at the hotel."--Chicago Nows.

spent upon remodice for asthma and soldom, if ever, with any roller. Dr. J. D. Kellogu's Asthma Itemedy, des-

Mothers Know That Genuine Castoria Always Bears - the

ting the Stonads and Borets a INFANTS / CHILDREN Signature Thereby Promoting Dicestice Checrisiness and Rest Contain heither Opium, Morphine no. Mineral, NOT NARGOTIU Proper of Old De SUNITIONE Use Constinution and Diarrhoes and Feverishness and For Over resulting therefrom inlating

Exact Copy of Wrapper.

Fall Fair Prize List—(Concluded)

CLASS 28-FINE ARTS-(Continued) 7. Figure, Water Color 8 Animal, Water Color _____ 11 Painting on China ______ 1 00 12 Painting on Silk or Satin _____ 1 00 13 Pastel any subject _____ 1 00 14 Sepla, any subject _____ 1 00 17 Penmanship (The Lord's Prayer) by Public Echool 18 Drawing by Public School Scholar 19 Collection of not less than '25 varieties of Woods.

SPECIAL PRIZES

pressed, mounted and named

20 Collection of Photographs

MISCELLANEOUS 38 Best Acton Baby, from six months to twelve months old, 1st by Wm. Cameron, Toronto, cash \$3.00; 2nd by Wm. Gowdy, cash \$2.00 _____ 5 00 Judging will take place in front of the Grand Stand at \$ p. m. sharp 29 Best two loaves Bread and one dozen Plain Runs, made out

of Noble's King Choice Flour, by the Robt. Noble Co. Limited, 1st, 72 Tos. King's Choice Plour, value \$4.50; 2nd, 48 Ibs. King's Choice Flour, value \$3.00; 3rd, 24 Ds. King's Choice Flour, value \$1.50; 4th, 12 Ds. King's Choice Flour, value 75c. 40 Best two Loaves Bread and one dozen Buns, let 60 Ibs. Family Flour, value \$3.00; 2nd, 25 Bm. Family Flour, value \$1.50, donor to receive same, by W. Hortop, prize

winners apply to Nelson & Co. for flour 41 Best Map of Dominion of Canada, eleven inches or more long. Open to Public School pupils of Acton, Bannockburn, Dublin and Lorno Schools, let by A. T. Brown. a Waterman self-filling fountain Pon, value \$3.00; 2nd by John L. Charles, Toronto, cash \$1.00 42 Best Collection of Insects, open to all who passed the Junior

Entranco Examinations in 1917 and 1918, by W. H. Stewart, 1st, cash \$1.00; 2nd cash, toc. 43 Best Collection of Wild Plants and Flowers, mounted in dozena, open to Boy Scouts only, to become property of Boy Scouts, by N. F. Moore, 1st, \$3.00, 2nd \$2.00 cash 44 Best 10 Ibs. Strained Honey, donor to receive same, by D. A. Henderson, cash Best 5 lbs. Strained Honey, donor to receive same, by D. C. Best 10 Toa. Strained Honey, donor to receive same, deliver-

47 Best Six Dozen Fresh Eggs, donor to receive same, by Grocerica Limited Co., Toronto. Deliver to Nolson & Co. cash 43 Best Display of cut Flowers by member of Acton Horticultural Society, to include awest head, panaica, nasturtlums, gladiolus and asters, by H. P. Moore, Pous Pieces -to Best Loaf War Bread, made from wheat four and eye,

barley or corn flour, by H. P. Moore, Paul Paules for six-

months, donor to receive came, value

ed evening of show, by Dr. J. M. Bell, cash



E. J. HASSARD

ACTON, ONT.



Grafonola

Avoid disappointment. Refuse imitations. Only genuine Columbia Grafonolas and Records bear this trade mark. Look for it before you buy;



Railway Time Tables

AT ACTON Grand Trunk Bailway System

Going West . 29 £ 13 a. m No. 23 2.19 p. m. No. 189 6.63 p.m. No. 37 3.12 p. 10. No. 32 3 28 p. 10. No. 38' 8.12 p. m. Builday trains pass through Acton going West at 10.16 a. t.) and cast at

Toronto Buburban Electric Railway Going West

11.07 a. m. Sunday only 6.32 p. m. Bunday only Going East 5.18 p. m.Daily except Sunday 0.68 a.m. flunday only 5.48 p. m. Sunday only

8.09 p. m.Datly except Bunday

Every graduate and acores of inder-graduates of this year have secured positions and out of the last for office help we filled only nine. Catalogue froe. Enter now.

Acton Livery BUS LINE

patronage of the public. Comfortable rigs supplied at

Special attention to supplying conveyances for weddings and Motor cars furnished when Expressman for the Toronto Buburban Rallway.

reasonable rates.

L. E. Atkinson

BUS MEETS ALL TRAINS

When You Need BOOTS SHOES

BUY FROM WILLIAMS

ACTON

ONTARIO

FAMOUS FOR Satisfactory Footwear

REASONABLE PRICES

Grain

Chopping Well Done and

> 5 cents per bag.

HARRIS & CO., Limited

LOCAL Agent Wanted

For the "Old Reliable" Fonthill Nurseries Thousands of Orchard trees need replacing. War, Gardone call for small fruits, early bearing fruit troom asparagus, thubarb plants, etc. The demand for Ornamental Block in towns and villages is

Bocure a paying agency with Uperal commissions. Experiones not necessary. STONE & WELLINGTON (Established 1837) TORONTO



Quickly at only