The Acton Free Press

THURSDAY, AUGUST 29, 1918

THE STRENGTH OF THE PACK

"Now this is the law of the jungle,
As old and as true as the sky;
And the wolf that shall keep it may prosper,
But the wolf that shall break it must die.
As the creeper that girdles the tree trunk,
The law running forward and back—
For the strength of the pack is the wolf,
And the strength of the wolf is the pack."

THE TURNING-POINT IN A LIFE

The incidents which turn the current of a life seem so trivial that it is only a chance that they are remembered. Abraham Lincoln's study of law, on which his whole career was based, began with an act of kindness to which his generous heart was always prompting him.

"One day a man who was migrating to the West," he told a friend, long after, "drove up in front of my store with a wagon which contained his family and household goods. He asked me if I would buy an old barrel for which he had no room in his wagon, and which he said contained nothing of special value. I did not want it, but, to oblige him, I bought it. Without further examination I put it away in the store, and forgot all about it.

"Some time later, in overhauling things, I came upon the barrel, and, emptying it upon the floor to see what it contained, I found, at the bottom of the rubbish, a complete edition of Blackstone's Commentaries. I began to read the famous works, and I had plenty of time, for, during the long summer days, when the farmers were busy with their crops, my customers were few and far between. The more I read, the more intensely interested I became. Never in my life was my mind so thoroughly absorbed. I read till I devoured them."

STOPPING ANOTHER WASTE

Packing houses in Canada, acting on the request of the Canada Food Board, are endeavoring to popularize certain by-products, particularly parts of the hog not generally used for general consumption in Canada. These include pigs' feet, pigs' brains, calves' brains, hogs' livers, neck-bones and neck ribs. These parts of the animal, while good for human food, have been hitherto not popular in this country among consumers, although they are perfectly healthful and nutritious and the demand far exceeds the supply in the United States.

At a recent dinner given for demonstration purposes at the Armour Canadian plant at Hamilton, the guests were served with the following menu: Pigs' tails in aspic jelly, devilled backbone, fried pigs' brains, braised oxjolats, creamed sweet breads, jellied pigs' snouts, jellied pig's feet, pickled lambs' tongues, pickled pigs' tongues, pickled ox-tongue, brain croquettes and sweet-bread rissoles.

It is estimated that sufficient pigs' livers are thrown into the waste tanks of the packing plants of Canada every week to supply all the families in the Dominion with meat for one day.

At the present time all these products of Canadian packing houses are either disposed of in the United States or thrown into the waste-tanks.

MOTHERHOOD'S ADVICE WOULD HAVE FORESTALLED WAR

In writing recently on the place due to women in public affairs Mrs. Nellie McClung said: "I cannot help but think that if there had been women in the German Reichstag, women with authority behind them, when the Kaiser began to lay his plans for war, the results might have been very different.

"I do not believe women with boys of their own would ever sit down and wilfully plan slaughter, and if there had been women there when the Kaiser and his brutal war lords discussed the way in which they would plunge all Europe in bloodshed, I believe one of those deep-bosomed motherly, blue-eyed German women would have stood upon her feet and said: 'William—forgot it.' But the German women were not there—they were at home raising children!

"So the preparations for war went on unchecked, and the resolutions passed without a dissenting voice. In German rule we have a glorious example of male statecraft, uncontaminated by any feminine foolishness."

NOBLE SAYINGS

The tongue of a fool is the key of his counsel, which, in a wise man, wisdom hath in keeping.—Socrates.

Fortune, who gives and takes away all other human blessings, has no power over courage.—Aristoto.

The heart of a good man is the sanctuary of God in this world.—Mme. Necker.

Reflect upon your present blessings—of which every man has many—not on your past misfortunes, of which all men have some.—Charles Dickens.

Whatever is best is safest; lies out of the reach of human power; can neither be given nor taken away. Such is this great and beautiful work of nature, the world. Such is the mind of man, which contemplates and admires the world whereof it makes the noblest part.—Bollingbroke.

Holloway's Corn Cure takes the corn out by the roots. Try it and prove it.

MISTAKEN IDENTITY

On an old Carlisle bridge in Dublin there used to be a fruit-stall kept by Biddy, the apple-woman, who was a well known figure to all passersby. She had a ready tongue, and never did a verbal opponent retire with all the honors. A Canadian visitor, who had heard rumors of her skill at fenct, one day took up a watermelon displayed for sale and said gravely: "You grow pretty small apples over here. In Canada we have them twice this size." Biddy looked up, coly surveyed the joker from head to heels, and replied in a tone of pity, "Ah, what for should I be wasting my breath to talk to wan that takes our gooseberries for apples?"

GERMANY'S WAR GARDENS

Dr. Alonzo E. Taylor, of the United States Food Administration, in a recent address said: "It is no exaggeration to say that the war gardens in Europe have in the case of Germany, for instance, pulled her through two summers and that she would probably not have been able to pull through if it had not been for her war gardens. In the largest cities of Germany, as much as 25 per cent. or 30 per cent. of the food consumption of those people during those months was fresh vegetables, relieving largely the cereal situation."

For years Mother Graves' Worm Exterminator has ranked as the most effective preparation manufactured, and it always maintains its reputation.

DROWSINESS AFTER LUNCH

Is anything more annoying than the resistless desire for sleep that comes over one during the hour or two that follows luncheon. It is no respecter of business or social exigencies, nor of time or place.

The remedy for these attacks is not to be found in a vestpocket apothecary's shop, in the lower drawer of your desk, nor in the medicinal cabinet at home. The best of all things is to take a brisk turn around the block in the cold, crisp air. There is a good reason for this. The nerves that have the control of certain terminals in well defined parts of the body's surface. By briskly applying cold to these places we can stimulate the organs connected with these nerves.

Thus the brain is connected with a number of such areas—as for instance, the face and forehead, the palms of the hands, and the feet. If we suddenly emerge from a hot office into the cold street, a stimulation of the nerves which end in the face passes along to the brain and thus breaks the desire to sleep.

If you cannot afford the time for a walk, wash your face and hands briefly in water as cold as you can get it and in drying rub vigorously in order to set up a good reaction.

Washing the hands and face in very hot water, as hot as you can stand, will have the same effect. This is less pleasurable treatment than the cold water, because the reaction which follows the drying does not produce the same feeling.—Exchange.

Children Cry
FOR FLETCHER'S
CASTORIA

MISGUIDED ZEAL

The colonel had ridden his horse to town in the afternoon, and it was dark when he returned to camp. Some distance outside the guard line he was challenged by a voice from the darkness:

"Halt! Who's there?"

"Colonel," he answered.

"Dismount, colonel. Advance and be recognized!"

He was certain that there was some mistake, for no guard was supposed to be posted there. But a sentry's orders are not to be disobeyed, so he grumblingly dismounted and led his horse forward, inwardly vowing vengeance against the sergeant of the guard who had caused him all this trouble.

As he approached the sentry he burst out wrathfully:

"Who in thunder posted you here?"

"No one, sir. I'm just practising!"

BREVITIES

"Canada is rapidly becoming one of the great commercial countries of the world.—Providence Journal.

"Canada has a 35,582 railway mileage."

"Canada produces over 80 per cent. of the world's nickle output."

"Canada ranks tenth among maritime nations."

"Canada has built the largest irrigation dam in America—7,000 feet long.

"Canada has one telephone for every fifteen of population."

"Canada's estimated population is now 8,000,000."

HARRY LAUDER A BAND OF HOPE BOY

The great Scotch Entertainer, Harry Lauder, has come out of a vigorous champion of wartime prohibition for Great Britain. In a recent address he said:

"I am not a crank or a fanatic, but I am fierce on everything for victory. Let the people demand from the government that, 'if drink is to postpone victory, drink must go.'" He is reported to have said at the close of the meeting:

"When I was a wee laddie I was a member of a Band of Hope away in Arbroath, on the east coast of Scotland, and that was the first thing which taught me to beware of strong drink as a danger to humanity—and I am still afraid of it."—The W. C. T. U. Champion.

If Miller's Worm Powders needed the support of testimonials they could be got by the thousands from mothers who know the great virtue of this excellent medicine. But the powders will speak for themselves and in such a way that there can be no question of them. They act speedily and very thoroughly, and the child to whom they are administered will show improvement from the first dose.

CASTORIA
For Infants and Children
In Use For Over 30 Years
Always bears the Signature of Chas. H. Fletcher

WHEN EXPERTS DISAGREE

The conversation turned to the subject of damage-suits, and this anecdote was recalled by Senator George Sutherland, of Utah:

A man in a Western town was hurt in a railroad accident, and after being confined to his home for several weeks he appeared on the street walking with the aid of crutches.

"Hello, old fellow," greeted an acquaintance, rushing up to shake his hand. "I am certainly glad to see you around again."

"Thanks," responded the injured one. "I am glad to be around again."

"I see you are hanging fast to your crutches," observed the acquaintance. "Can't you do without them?"

"My doctor says I can," answered the injured party, "but my lawyer says I can't."

The Man With Asthma, almost longs for death to end his suffering. He sees ahead only years of endless torment with intervals of rest which are themselves fraught with never ceasing fear of renewed attacks. Let him turn to Dr. J. D. Kellogg's Asthma Remedy and know what complete relief it can give. Let him but use it faithfully and he will find his asthma a thing of the past.

ENORMOUS LAND VALUES

There is an amazing price set upon the land of London. In the centre of the English metropolis tiny lots have been sold for fortunes.

An acre there is the dearest in the world. Many a transaction over ground in the heart of the city has set the figure of $16,250,000 per acre. One square mile of London is valued at $750,000,000. The land beneath the Bank of England at low estimate is worth $35,000,000, and there are only three acres in that tract, too.

There are places on Queen Victoria, Upper Thames, St. Mary-at-Hill and Cannon Streets where one square inch is worth $4,356. In Lombard Street and King William street prices have ranged from $200 and $250 to $350 per square foot.—National Real Estate.

PROVED HIS POINT

The old Scotch professor was trying to impress upon his students the value of observation.

"No," he complained, "ye dinna use your faculties of observation. Ye dinna use 'em. For instance——"

Picking up a pot of chemicals of horrible odor, he stuck his finger into it and then into his mouth.

"Taste of it, gentleman," he commanded as he passed the pot from student to student.

After each had licked a finger and had felt a rebellion through his whole soul, the old professor laughed in triumph.

"I told ye so!" he shouted. "Ye dinna use your faculties of observation! For if ye had observed ye would ha' seen that the finger which I stuck into the pot was no the finger I stuck into my mouth!"—The Saturday Journal.

Children Cry
FOR FLETCHER'S
CASTORIA

ADVANCED NATURE STUDENTS

A nature-study and biology teacher somewhere in America sends to The Nature Study Review the following casket of jewels culled from her pupils regarding their observations and conclusions in the domain of nature:

"Organic matter is when you have something the matter with your organs."

"Five devices by which seeds are scattered are wind, water, explosion, torn up, taken out, and thrown away."

"The peculiars of an insect are some of them bring diseases, others destroy food, suck the blood, spoil the flowers, lay eggs and kill babies."

"The grasshopper, when he walks, he either jumps or hops."

"The jaws of a grasshopper move east and west."

"A larva is an unfinished animal."

"The flower is to show what the plant can do."

THE JOY OF MOTHERHOOD

Came to this Woman after Taking Lydia E. Pinkham's Vegetable Compound to Restore Her Health

Ellensburg, Wash.—"After I was married I was not well for a long time and a good deal of the time I was not able to go about. Our greatest desire was to have a child in our home and one day my husband came back from town with a bottle of Lydia E. Pinkham's Vegetable Compound and wanted me to try it. It brought relief from my troubles. I improved in health so I could do my housework; we now have a little one, all of which I owe to Lydia E. Pinkham's Vegetable Compound."—Mrs. O. S. Johnson, R. No. 3, Ellensburg, Wash.

There are women everywhere who long for children in their homes yet are denied this happiness on account of some functional disorder which in most cases would readily yield to Lydia E. Pinkham's Vegetable Compound.

Such women should not give up hope until they have given this wonderful medicine a trial, and for special advice write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of 40 years experience is at your service.

ROSE TO THE OCCASION

The captain and his family were returning to their quarters a little late, and were stopped by a sentry on duty for the first time.

"Who goes there?"

"Captain J., Company C, and family," was the response.

The rookie was slightly puzzled as to procedure, but rose nobly to the occasion: "Advance, Captain, and be recognized, rest of family mark time."

For Burns and Scalds.—Dr. Thomas' Eclectric Oil will take the fire out of a burn or scald more rapidly than any other preparation. It should be at hand in every kitchen so that it may be available at any time. There is no preparation required. Just apply the oil to the burn or scald and the pain will abate and in a short time cease altogether.

A HOT SHOT

The secretary of a bar association on the coast was very busy and very cross one afternoon, when his telephone bell rang.

"Well, what is it?" he snapped.

"Is this the City Gas Works?" asked a woman's soft voice.

"No, madam," roared the secretary. "This is the Bar Association of the City of San Francisco."

"Ah," came from the lady's end in the sweetest of tones, "I didn't miss it so far, after all, did I?"

WHAT GENERAL PERSHING SAYS

The man who lives a clean life regardless of what others do or think is the man who inspires confidence in his fellowman.

There was a time when it was a natural part of a soldier's existence to drink and carouse. That day is past with the soldier sworn to defend his country's flag and representing the power and dignity of the nation.

Strong muscles, clear brains, high ideals in the soldier, increase the fighting efficiency of the army, and these qualities of the citizen insure the permanency of our institutions.

The army is looked upon as representing the common people from which it springs, and the people here watch our conduct and study the character of every one of us. This thought should be an inspiration to patriotism, to manliness and to righteousness.—The American Issue.

Children Cry
FOR FLETCHER'S
CASTORIA

UNFAIR COMPETITION

From a pier a couple of Irishmen were fishing one afternoon. McIntyre wagered McGuire the sum of five dollars that he would catch the first fish, and the two continued earnestly to fish until late in the day.

It was a warm afternoon, and McGuire, overcome by drowsiness, fell into the water, which accident aroused McIntyre, who had also been dozing.

Whereupon he jumped to his feet and called down to McGuire:

"See here, Mike; if you're goin' to dive afther thim, the bet's off!"

SUMMER COLDS
rapidly reduce human strength and illness is easily contracted, but Scott's Emulsion will promptly relieve the cold and upbuild your strength to prevent sickness.
SCOTT & BOWNE, TORONTO, ONTARIO

Small but Potent—Parmelee's Vegetable Pills are small, but they are effective in action. Their fine qualities as a corrector of stomach troubles are known to thousands and they are in constant demand everywhere by those who know what a safe and simple remedy they are. They need no introduction to those acquainted with them, but to those who may not know them they are presented as the best preparation on the market for disorders of the stomach.

REPLACING THE HORSE

Mrs. Overwate had a deadly gleam in her eyes as she entered her butcher's and said in a withering voice:

"Mr. Aichbon, how do you account for the fact that there was a piece of rubber tire in the sausage I bought here yesterday?"

"Ah, my dear madam," responded the butcher, rising to the occasion, "that just serves as an illustration of how the motor car is replacing the horse everywhere nowadays."

This Is Better Than Laxatives

One NR Tablet Each Night For A Week Will Correct Your Constipation and Make Constant Dosing Unnecessary. Try it.

Poor digestion and assimilation mean a poorly nourished body and low vitality. Poor elimination means clogged bowels, fermentation, putrifaction and the formation of poisonous gases which are absorbed by the blood and carried through the body.

The result is weakness, headaches, dizziness, coated tongue, inactive liver, bilious attacks, loss of energy, nervousness, poor appetite, impoverished blood, sallow complexion, pimples, skin disease, and often times serious illness.

Ordinary laxatives, purges and cathartics—salts, oils, calomel and the like—may relieve for a few hours, but real, lasting benefit can only come through use of medicine that tones up and strengthens the digestive as well as the eliminative organs.

Get a 25c box of Nature's Remedy (NR Tablets) and take one tablet each night for a week. Relief will follow the very first dose, but a few days will elapse before you feel and realize the fullest benefit. When you get straightened out and feel just right again you need not take medicine every day—an occasional NR Tablet will then keep your system in good condition and you will always feel your best. Remember, keeping well is easier and cheaper than getting well. Nature's Remedy (NR Tablets) are sold, guaranteed and recommended by your druggist.

E. J. HASSARD - ACTON, ONT.

Nature's Remedy NR TABLETS NR
Better than Pills For Liver, Ills. GET A 25c BOX

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Get the Genuine
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Avoid disappointment. Refuse imitations. Only genuine Columbia Grafonolas and Records bear this trade mark. Look for it before you buy.

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For Infants and Children.
Mothers Know That Genuine Castoria Always Bears the Signature of Chas. H. Fletcher
In Use For Over Thirty Years
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900 DROPS
CASTORIA
A Vegetable Preparation for Assimilating the Food by Regulating the Stomachs and Bowels of
INFANTS CHILDREN
A helpful Remedy for Constipation and Diarrhoea and Feverishness and Loss of Sleep resulting therefrom. Infantcy
Fac Simile Signature of
THE CENTAUR COMPANY
MONTREAL & NEW YORK
At 6 months old
35 DOSES—35 CENTS

Exact Copy of Wrapper.
THE CENTAUR COMPANY, NEW YORK CITY.

LOGICAL CONCLUSION

"Odd how one's clothes react on one's mentality. Now when I'm wearing a business suit I'm all business; when I'm in evening dress social matters occupy my attention and when I'm in golf togs I don't think of anything but the game."

"And I suppose when you take a bath your mind's an utter blank."

WHEN USING WILSON'S FLY PADS
READ DIRECTIONS CAREFULLY AND FOLLOW THEM EXACTLY
Far more effective than Sticky Fly Catchers. Clean to handle. Sold by Druggists and Grocers everywhere.

WAS HE REALLY STUPID?

A young foreigner was being tried in court, and the questioning by the lawyers on the opposite side began.

"Now, Laszky, what do you do?"

"Ven?" asked Laszky.

"When you work, of course," said the lawyer.

"Vy, work——"

"I know," said the lawyer, "but just what at?"

"At a bench."

"Oh!" groaned the lawyer. "Where do you work at a bench?"

"In a factory."

"What kind of a factory?"

"Brick."

"You make bricks?"

"No, de factory is made uv bricks."

"Now, Laszky, listen. What do you make in that factory?"

"Eight dollars a week."

"No, no! What does the factory make?"

"I dunno; a lot uv money, I think."

"Now, listen! What kind of goods does the factory produce?"

"Oh," said Laszky, "good goods."

"I know, but what kind of good goods?"

"The best."

"The best of what?"

"The best there is."

"Of what?"

"Of dose goods."

"Your honor," said the lawyer, "I give up."—Current Opinion.

ENTIRELY UNNECESSARY

The town council of a small Scottish community met to inspect a site for a new hall. They assembled at a chapel, and as it was a warm day one of the members suggested that they leave their coats there.

"Some one can stay behind and watch them," suggested another.

"What for?" demanded a third. "If we are a'gangin' out together, what need is there for anyone o' us tae watch th' clothes?"

Settle Your Heating Doubts—
Insist on a
Pease "Economy" Boiler

From coast to coast the testimonies of thousands of satisfied users prove that Pease "Economy" Boilers are most efficient, most economical and most satisfactory. Their scientific construction produces the utmost heat from the coal consumed and absolutely eliminates any waste.

Illustrated literature gladly mailed. Ask for booklet No. 13.

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Remember By Giving

At any other time than this, the heroism of the men of the *Merchant Marine* would fill the newspapers. As it is, you simply read of so many tons of shipping sunk by submarines.

Yet from the few words you read, you must picture scores of scenes like the illustration. 15,000 men of this service, not officially recognized by the governments, have suffered death in order that soldiers, munitions and food may cross the ocean. Remember their widows and orphans, dependent for life itself on your generosity.

Let Your Donation Be An Appreciation of This Sacrifice!

As each day sees new victims of the U-Boat, more and more mouths wait to be fed—widows and orphans, who cannot look to governments for relief.

"They shall not want!" Say this in the only way that counts—by your contribution.

WE MUST listen to the call that comes from the deep—"Remember the Lusitania! Remember Captain Fryatt! Remember the 176 vessels lost, together with all trace of crew and cargo! Remember the 15,000 men of the *Merchant Marine*, who have already made the supreme sacrifice! Remember the widows and orphans!"

SAILORS' WEEK
SEPTEMBER 1st TO 7th INCLUSIVE
Ontario's objective $1,000,000. Ontario has never failed!

CAMPAIGN COMMITTEE
Sir John Eaton, Chairman

THE NAVY LEAGUE OF CANADA
Commodore Aemilius Jarvis, President (Ontario Division)
34 King Street W., Toronto.

Railway Time Tables
AT ACTON

Grand Trunk Railway System

Going West

No. 29	8.13 a.m.
No. 31	10.29 a.m.
No. 33	2.19 p.m.
No. 189	5.53 p.m.
No. 37	7.12 p.m.

Going East

No. 28	9.28 a.m.
No. 32	3.22 p.m.
No. 34	6.16 p.m.
No. 38	9.12 p.m.

Sunday trains pass through Acton going west at 10.16 a.m. and east at 6.16 p.m.

Toronto Suburban Electric Railway

Going West

9.17 a.m.	Daily except Sunday
3.32 p.m.	Daily except Sunday
8.09 p.m.	Daily except Sunday
11.02 a.m.	Sunday only
6.32 p.m.	Sunday only

Going East

7.48 a.m.	Daily except Sunday
2.02 p.m.	Daily except Sunday
6.18 p.m.	Daily except Sunday
9.58 a.m.	Sunday only
5.48 p.m.	Sunday only

FALL TERM OPENS SEPT. 3RD
ELLIOTT Business College
Yonge & Charles Streets, Toronto
Gives strictly first-class training for choice business positions. Our courses are unexcelled in Canada. Demand for our graduates five times our supply. Write for Catalogue.

Acton Livery
—AND—
BUS LINE

I solicit with confidence the patronage of the public.
Comfortable rigs supplied at reasonable rates.
Special attention to supplying conveyances for weddings and funerals.
Motor cars furnished when required.
Expressman for the Toronto Suburban Railway.
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BOOTS SHOES
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W. WILLIAMS
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FAMOUS FOR
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REASONABLE PRICES

Grain Chopping
Well Done and Quickly at only
5 cents
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HARRIS & CO., Limited
ROCKWOOD - ONTARIO

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Agent Wanted
For the "Old Reliable"
Fonthill Nurseries
Thousands of Orchard trees need replacing.
War Gardens call for small fruits, early bearing fruit trees, asparagus, rhubarb plants, etc.
The demand for Ornamental Stock in towns and villages is large.
Secure a paying agency with liberal commissions. Experience not necessary.
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