

The Action Free Press

THURSDAY, AUGUST 1, 1918

THE THIRTY WAY

Always save a fair amount of everything that you need each day. If you're saving, say, \$1.00, it's nine cents a day. When you take the thirty way: For instance, when the sugar's pawned, take only one spoonful of tea. Around for coffee or for tea, take only one cupful. When the three; A little thing? but still a part in helping on to victory.

And when you think you simply must have a new hat or pair of shoes, just don't buy them. It's a bit. And try the thirty way to choose. And have the old ones fixed up. To help on to victory, there are two: A little thing?—Oh, yes it's not a little, daily, trifling things do. But little, daily, trifling things will help our country carry through.

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10 YOUR BOY GOING?

A writer in the August Woman's Home Companion says:

"One can't help but a man whose interests have been separated from him by more than a mere ivy-grown stone fence—to be exact by several hundred thousand dollars. One day he leaned over the fence and inquired:

"Your boy going?"

"Mine, too. Had a notion he didn't want to work for conscription. By the way, those eggplants of yours are not coming on very well. May I send some manure and some fertilizer that has helped ours?"

"The fence is still there—but not the barrier. Our boys and our country need them."

"There's bound to be a lot of such levelling from this time on. Some of us who have been too busy to get anything done, are going to have to do it now. Some who have been too absorbed in money-making and regulation-seeking to make friends will suddenly feel the need of contacts. Some of us have been so tired because our neighbors dressed better than we did, had a finer photograph, or ran a faster car, are going to have to yield ground to the fat cat of the neighborhood. We have judged ourselves and each other. We're going to like each other a great deal better and to need each other a great deal more."

NEWEST NOTES OF SCIENCE

A metal blower has been invented that can be attached to any side or end of a car to enable a photographer to take a picture much as he would night a gun.

German steel makers claim to have perfected a material for use on safes that is practically proof against the burglar's oxy-hydrogen or oxyacetylene burner.

In rearming the body without removing the head, a team of new automobile engineers used as a two-seated roadster, touring car or a light delivery wagon.

A ready weapon against pain.

There is nothing equal to Dr. Thomas' Electric Oil when well rubbed in. It

appears before it. There is no known preparation that will reach the spot

quicker than this magic oil. In

consequence ranks first among find-

ers now offered to the public and is

accorded first place among all its

competitors.

WHY I BUY AT HOME

Because this is the place where I

make my money and it is the place to

spend it.

Because my interests are here.

Because I am in touch with business and friends.

Because the community is so good enough for me to live in so good a place.

Because I want to see the goods.

Because I want to get what I pay for.

Because every dollar spent at home stays at home to work for the development of the town.

Because the man I buy from stands back of the goods.

Because I sell what I produce here at home.

Because the man I buy from pays his part in the expenses of the town and country.

Because the man I buy from helps support my school, my church, my Lodge and my home.

NODAL SAYINGS

God has given us wit, and flavor,

and brightness, and laughter, and per-

functio to unweary the days of man's pilgrimage.—Sydney Smith.

He that is poor in spirit, despises and rebukes him with an humble joy, in a holy delight, and an obedient love, is a child of God.—J. Wesley.

Be active first thyself, then seek the aid of heaven; for God helps him who helps himself.—Euripides.

Let us be the spirit of the front. Creeds at barriers no longer stand, and whom service has become the supreme ideal. Shall they separate us at home when we can help by reaching hands across them?

A HOME WRECKER

I understand Mrs. Gabson has left Mr. Gabson and gone home to her mother.

You are a softie, she charges him with excessive cruelty.

You suppose me, Gabson doesn't like me who would beat his wife?

"Oh, he didn't do anything of that."

He got hold of a gas mask somewhere and the Gabsons have put on drinking beer and having beer bread held up their hands. The chairman won hands down!

"Now," said the chairman, "I'll put the resolution to a vote. All these men and women in the room who are in favor of drinking beer and having beer bread held up their hands! The chairman won hands down!"

ARTICLE TOO GOOD

A correspondent of the London Daily News forwards to the editor the following: "I am in the habit of reading a contribution which has been received from a Peckin journal:

"We have just read your manuscript with infinite delight. We have never seen a better or more interesting place. If we printed it in the author's name, it would obtain us to take it as a model, and henceforth never to print another article. We are compelled to print it in full, as it is impossible for us to get it published elsewhere."

For over forty years it has been

correcting such ailments. If you have

mysterious complications write for

advice to Lydia E. Pinkham Medicines Co., Lynn, Mass.

WHAT ANNOYED HIM

A story is being told in France of a certain colonel, a quiet, dignified man, who has decided whose instrument the other day he sent for the chief of his regimental band and delivered this stern criticism: "I notice a lack of uniformity of tone in the instruments which must be regulated." Yesterday morning they were out on parade, and the last man in the band was playing a little bit off key—duty or something of the kind, I suppose, but the big drum played by a small man. This sort of thing doesn't go well, and I wanted to—I want the small men to play all instruments. And, another thing, I want the fife-bone players to slide their instruments in and out in unison. It annoys me to see them all out of step with their hands."

DO NOT SEND TO SOLDIERS WHAT THEY CAN BUY CHEAPER IN FRANCE

It is impugned upon the friends of soldiers that they are buying things which could be bought in France, that the soldiers and fathers are trying to get through from here to their boys. Here is a list of things which can be found in the Quartermaster Corps. It will be seen that the prices are lower here than in France.

1. FURNISHED TO EACH COMPANY

Half-penny package chocolates.....41

Can of cherries.....34

Potato chips.....36

Shaving brushes.....17

Toothbrushes.....17

Candy sticks.....20

Can piano pencils.....13

Standard safety razors.....13

Plastic shaver.....13

Round box of hair sugar.....42

Round cotton balls.....21

Hand soap.....21

Shaving soap.....25

Linen handkerchiefs.....16

Can green peas.....10

Small tin of bacon.....10

Food board flushed for the FEMININE FOLK

It is an old old saying that Union is strength. Why not buy to emphasize the truth of it.

Organized women can do more than unorganized women. This is why it is important to cultivate the community spirit, political and civic.

A dozen working men can accomplish infinitely more than twelve unorganized men. This is why it is important to cultivate the community spirit, political and civic.

It does not matter whether it is Red Cross work or canning or knitting or gardening or reforming—it can be done in the community.

Bolton's new organization is an incentive to work. Instead of criticizing freely wouldn't it be a good idea to belong to some organization and do things for the community? All we are doing when we consider best for the national cause.

Children Cry FOR FLETCHER'S CASTORIA

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WHEN USING WILSON'S FLY PADS READ DIRECTIONS CAREFULLY AND FOLLOW THEM EXACTLY

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THE WOMEN OF FRANCE

In France recently figures showed that there were nearly 4,000,000 women workers in munitions factories at \$250 per month plus 20 cents from the Government, with 25c additional for each child. In the land of the free it is interesting to note that the French are not so good as we are.

It is estimated that only twelve per cent of Canadian women belong to organized bodies. This is a small percentage.

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BRINGING REPROACH

A young man who had been forced to go in the way of severe temptation said to his pastor: "I have yielded, but for one thing."

"What?" asked the pastor.

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