THE GRASSHOPPER'S CROQUET Four little grainhoppers one fine day

Hopped on the lawn to play croquet. "Hut we'll play a game of our own Wo'll hop through the wickets ourbol Whother I heat you or you beat mo."

ground. Till the one who was leading made Then out came Johnny and Bees And four little granshoppers hopped

He hippoty-hop they went pround

FISH NAMES AFFECT MARKET

"What's in a name?" is a modern question implying a negative answer. There are instances, however, where a name is of prime importance. For example, take such a common product writen Sandham, in his "Montreal, as figh. More than 560 species, including sub-species, of fish are found the citizens was called to a public in Canadian watern; but only a few dozen are used for human food. Home. of course, are not suitable for food, but in many cases only the name that auguration of the New Dominion. As has been given to the species prevents usual, committees were appointed them from being utilized. In such in- money subscribed, and on Monday, stances, the obvious thing to do is to July lat, the new National holiday discard the bad name and apply a was celebrated for the first time, with good one. Dogfish, for food as dog- all the aid which novelty and the finest fish was quite impossible in the United of weather could give it. The city Binten but it was re-named gray-fish wore quite a feative aspect, the public the boys get along with the box-cars and cloverly advertised and was soon buildings and principal atreets being in demand. In Canada about the only finely decorated with flags. The ships use that is made of these "ocean pests" | in the harbor, including IL M. S. Wolis to reduce them for their oil and for verine, which arrived in May, displayfortillzer. Such "trade names" have od a large amount of bunting. The long been applied to other more com- sunrise of the day was heralded by the monly used fish. Thus, ling are sold as noise of cannon and the morning was cod, and the bulk of the canned sardines sold in Canada are really, not gan's Farm, in which the whole garrisardines at all, but small herrings.

have "made names for themselves." match was played on the cricket This is one reason why such a com- ground. In the evening there was a paratively small number of species of display of fireworks on the side of the fish are used as food. Everyone knows | mountain for which the Corporation that salmon and hallbut and flounder | had voted \$1,000. There was a large have the name of being good fish and influx of visitors from the country. so everyone buys them. It would be and the celebration was pronounced to the advantage of |customers to re- to have been, on the whole, satisfacmember that dogsah or catsah, or any tory. other ill-named fish, are not necessarily objectionable as food. At the same time, dealers might profitably apply new and more attractive names to hitherto unused food fish as a step toward making them more attractive to the consumer.

Asthma Can be Cured. Its suffering is as needless as it is terrible to endure. After its many years of relief of the most stubborn cures no sufferer can doubt the perfect effectiveness of Dr. J. D. Kellogg's Anthma Remedy Comfort of body and peace of mind. return with its use and nights of sound sleep come back for good. Ask your druggists; he can supply you.

NOBLE SAYINGS

How far that little candle throws its

So shines a good deed in a naughty That is true wisdom, to know how to alter one's mind when occasion de-

He is happy whose circumstances suit his temper; but he is more excellent who can suit his temper to any circumstances.-Huma

mands it.-Terence.

The soul Is strong that trusts in goodness and shows clearly It may be trusted.

Love is inexhaustible, and if its estate is wasted, its granary emptied, still cheers and enriches.-Emerson.

The most natural beauty in the world is honesty and moral truth; for all beauty is truth; true features make the beauty of the face, and true proportions the beauty of architecture. as true measures that of barmony and music.-Earl of Shaftesbury.

Chance comes from Providence, And man must mould it to his own de-

Children Cry FOR FLETCHER'S CASTORIA

WELL EQUIPPED

"My boy," said the minister, "do enterprise? "No sir," answered Freddy, "I don'

est men in the world came to this city without a shirt to his back, and now After that it does not seem to make Freddy gazed at the clergyman in open-eyed amagement. "Millions?" he birds, and while they winter in South asked. "Why, how many of them can be wear at one time."

Recognized as the leading specific for the distruction of worms, Mother Graves' Worm Exterminator has proved a boon to suffering children everywhere, it soldom fails.

FIRE WASTE AND HOW TO PRE-

Curtailment of fire waste is one Canada's greatest problems. Over \$25,000,000 in property values were burned last year. Neglect of aimple procautions was responsible for three-quarters of this

Stove pipes, should not pass through Electric wiring about be installed by competent men and should be

regularly inspected. lubbish should not be permitted to accumulate in attice and bose-

Vigilance in regard to these seemingly trivial matters will eliminate one-

half of our fires. Abolish the "strike anywhere" match and hundreds of children's 'lives will be saved. Trained fire departments may extin-

guigh fires, but they are helpless to prevent them. insurance partially indemnifies individual losses, but cannot restore the property-destroyed.

Only individual carefulness can materhally reduce Canada's fire waste. do your part ?

WIT AND WISDOM nor grit can mover make much of a

The man who is fulthful in his moral nit will not go far wrong in his

. What people think about they will talk about. The heat method of promoting religious conversation is to get a little religion into people's hearts

Hannah More know how to manage scandal-mongers. Just whenever she heard anything derogatory to the charactor of another person, she would say. Come, we will go and ask if this be true." The informant usually wilted

en the spot.

THE IMPRINT OF PERSONALITY

It is important to cultivate characteristics of our own. People who always say the conventional thing in a the boys of Westminster School atconventional way, are tiresome and uninteresting. We almostd put bur individuality into all we do, big things and little ones. Instead of trying to initate some one we admire, it is our 'We can't use mallets and balla," one privilege to develop a perfonality of our own. The people who make their mark have, us a rule, so "marked" an individuality that they leave its imprint on every accomplishment.

The Pill That Leads Them all-Through all the wickets upon the Pills are the most portable and compact of all medicines, and when cany to take are the most acceptable of preparations. But they must attest their power to be popular. As Parmelee's Vegetable Pills arp, the most popular of all pills they must fully meet all requirements. Accurately compounded and composed of ingredients proven to be effective in regulating the digestive organs, there is no

aurer medicine to be had anywhere.

THE FIRST CONFEDERATION DAY Early in the month of June, 1867, l'aut and l'resent," the attendance of meeting, to be held for the purpose of considering the most appropriate manner in which to colebrate the 'lason, regulara, and volunteers took Again, there are certain fish that part. In the afternoon a lacrosse

THE MINATURE FARMS AND

VINEYARDS OF FRANCE

near La Rochelle, France, are found

the smallest farms in the world. Some

of them are only one or two square

yards in area, yet these tiny domains

are carefully planted with a variety

of crops, even including vineyards,

The soil is extremely fertile. The re-

peated subdivision of estates among

heirs and the dense population of the

islands explain the existence of these

Children Cry

FOR FLETCHER'S

CASTORIA

WHAT BIRDS CAN DO

"I picked over eight bushels of pears

from this tree with not'n worm hole

in one of them, and notwithstanding

the fact that the tree has never been

sprayed. The hird house has been occupled by a pair of great crested fly-

catchers for three years," writes Jos-

eph H. Dodson, of the State of Illinois.

"A pair of flycatchers is a cheaper and

better investment than spraying." And

Another interesting bit of informa-

tion is given by Mr. Dodson. "Birds

may be surprised to know that I have

side of the compartments of even the

edge of the doorway leading thereto

until the house has once been occupied.

any difference. I know this to be true

because I band my martins and blue-

America, Cuba and the Isle of Pinco

they always come back to my home

where I have a colony of over 300 mar-

ting four pair of bluebirds, five pairs

of wrenz a pair of great created fly:

catchers, six pair of flickers neating in

my houses and three pair of robins.

two pair of cathirds, four pair of

brown thrashers and five pair of red

shelves (or invitations to nest)."

tardinals nesting on my sheltared

to be very careful not to paint the in-

far less trouble.

Lilliputian properties. .

On the Islands of Ro and Oleron,

Relieve Your Rheumatism For 25c.

hilariously and quite comfortably,

NR does it by improving

NR Today-Relief or No Pay

rood, the extraction of hourishment from it and the elimination of the waste.

Let anything interfere with these processes,—let them be interrupted or improperly carried on, and sickness of some kind follows.

Poor digestion and assimilation means failure to derive the follows.

Poor digestion and assimilation means failure to derive the follows.

Poor digestion and assimilation of the waste of Nature's Remedy (Nit Tablets), containing enough to last twenty-full pourishment from food and Extess Poor direction and assimilation means failure to derive full pourishment from food and that in turn often means impoverished blood, weakness, anemia, etc. Poor elimination means an accumulation of waste matter which poisons the body, lowers witality, decreases the power of resistance to disease and leads to the disvelopment of many serious ills.

The system of the follows.

The system as much for uncertain things? A 250 box of Nature's Remedy (Nit Tablets), containing enough to last twenty-five days,—must help you, must give you prompt relief and satisfactory benefit or cost you nothing.

And Nature's Remedy is not only for the relief of rheumatism. It improves direction, tones the liver, regulates kidney and bowel action, improves the blood and cleaness the proves the blood and the proves the blood and the proves the blood and the proves the p Rheumatism—due to some interference with the process of elimination, failure to get rid of certain body poisons—cannot be expected to yield to any medicine that fails to correct the condition responsible for it. Could any reasonable person, expect to rid himself of rheumatic pain as long as



New Machine Shop

ing Alley on Main Street, where he will be prepared to handle all repairs of machinery promptly and satisfactorily. MOTOR REPAIRS—A SPECIALTY

be efficiently executed.

BRING ALL YOUR REPAIRS HERE

Main Street, Acton

Acton Flour and Feed Store ROBERT NOBLE, Limited

SEEDS SEEDS SEEDS

RED CLOVER

SWEET CLOVER

Middle Aged Women Are Here Tolithe Best Remedy

for Their Troubles.

Processont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change — heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remed y for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disap-peared.—Mrs. M. Gonney, 525 Napolson St., Fremont.

North Haven, Conn.—'Lydia E Pinkham's Vegeta-ble Compound restored my health after everything else had failed when pessing through change of life. There is nothing like it to evercome the trying symptoms." —Mrs. Frommes Ineria, Box 197, North Haven, Conn.



LYDIA E. PINKHAM'S VEGETABLE COMPOUND

has the greatest record for the greatest good DIBIA E POIXHAN NEDICINE CO. UNN. MASS.

IT IBNT THE RULES THAT ARE

breaking of them. But there is some-

the vane, If you deliberately over-

rtep the rules laid down for your daily

conduct at school, no one will suffer

periously but yourself. The rules will

stand on the books just as they were

before, but the good record which

your name will have to be crased.

inight have been allowed to stand after

It is a wholesome thing for us to

look at this matter from a new angle.

It ought to holp us to get entirely

away from the notion that .. there is

anything clover in trying to outwit

those in authority. Sooner or litter,

if we are to make a success of our

lives, we must get into the right rela-

tion toward law and the established

order of things. And happy in that

with Browning's Saul:-

person who in his early years can say

"I report, as a man may of God's

If we can bring our daily lives into

harmony with God's plan for the world

of love and law, side by side, we shall

spare ourselves, as we go through the

needless regret and many a setback

along the road which leads to success.

BIQ MAN IN POLITICS

very influential man in politics."

Friend-"You don't say."

Mrn. Youngwife-"My husband is a

Mrs. Youngwife .- "Yes, George has

both times it has gone the way George

Miller's Worm Powders' being in

lemand overywhere, can be got at

any chemist's or drug shop, at very

small cost. They are a standard rem-

edy for worm troubles and can be

fully relied upon to expel worms from

the system and abate the sufferings

that worms cause. There are many

mothers that rejoice that they found

available so effective a remedy for the

A CONUNDRUM

"Dad." began the son of a physician

The doctor-kild down his paper and said: "What do you want to know,

The father frowned and picked up

"I didn't know you wanted to ask

"No, he hasn't," the youngster fairly

chuckled. "A pig has four legs, and

me a silly question of that kind," he

anid, irritably. "One pig, of course."

Children Cry

FOR FLETCHER'S

CASTORIA

TO WEIGH WITHOUT SCALES

Soft butter aixe of egg-one ounce.

One pint brown sugar-13 ounces.

Two teacupfuls (level) granulated

Two teacupfuls (well heaped) A

Two tencupfuls of soft butter-one

One pint chopped meat-one pound

Cheapest of all oils-Considering the

curative qualities of Dr. Thomas' Ec-

loctric Oil"it is the cheapest of all

preparations offered to the public. It

is to be found in every drug store in

Canada from count to coast and all country merchants keep it for sale.

So, being easily procurable and ex-

tremely moderate in price, no one

should be without a bottle of it.

One pint A sugar-12 ounces.

One pint liquid-one pound.

no pig has six legs. Scor

Ten eggs-one pound.

ugar-one pound.

ugar-one pound.

the other day ... "I want to ask you

relief of their children.

momething."

my bon?"

no pig."

"Which

his paper again.

work-all'a love, yet all's law."

If Prohibition hurts business, why is business lining up in favor of Probl-

If Probibition is disastrous to a state, why do dry states remain dry? If the use of liquor to beneficial, why do employers oppose its use by employees?

"Well, just about twenty minutes, should say. But why?" from entering 117 "Because the boys said they would thrash mo if you are more than half

CASTORIA For Infants and Children In Uso For Over 30 Years Always bears

WHY HE WAS SOLICITOUS

Canon Curcton was to preach at the

Abbey on a certain paint's day when

tended service and afterwards had the

rest of the day for a holiday. Mr.

Cureton was looking over his sermon

when his son asked anxiously:

"No. Jimmy, not very."

"Hut how long?"

an hour."

"Father, In your sermon long?"

Signature of Geal St Pletchery Only the uninformed endure the

agony of corns. The knowl g ones apply Holloway's Corn Cure and get

DO NOT GRUMBLE AS TO FEWER Do not grumble too much because there are not so many passenger trains as there used to be, or because they come along any time that day. Oven in France our boys who are at the front often travel in box-cars, regular hobo "nide-door Pullmans," which are thoughtfully marked for the carrying of forty men-or eight horses! And * PERTINENT POINTS

Did it over occur to you that we make a afeat mistake in carelessly speaking about breaking rules? If we stop just a moment to consider, we munt readily see that it inn't the rules that are broken over. The rules remain the name-just as fixed and firm an they were before our so-called

thing broken neverthelens, and this is If a saloon in a good thing, why our own good record. nact laws probibiting boys and girls You can no more break a rule than you can break the law of gravity. It If intexicants are essential to the you drop a precious vase out of a welfare of men, why has the governthird-story window, it won't be the ment barred them from all military law of gravity that breaks, it will be

If the nale of liquor is casential to the welfare of the btate, why has 28 of the 48 states outliwed the traffle? If safety -zones are found necessary o protect soldiers in cantonmenta from drink why should not young nen who are not soldiers be protected? -Temperatice Cause.

WHAT CATARRH IS

It has been said that every third person has catarrh in some form. Science has shown that nasal catarrh often indicates a general weakness of the whole system, and snuffs and

vapors do little, if any good. To correct catarrh you should enrich your blood with the oil-food in Scott's Emulsion which is a medicinal-food and a building-tonic, free from any years, many a heartache, many a harmful druga Try it-YOU! Scott & Bowne, Toronto, Oak,

digestion, assimilation

and eliminationthe logical way.

proves direction, tones the liver, regulates kidney and bowel action, improves the blood and cleanses the whole system. You'll feel like a new person when you've taken Nit Tablets a week. You've tried the expensive medicines and doctors, now make the real test. You'll get results this time. Nature's Remedy (Nit Tablets) is real systematical and recommended by poid guaranteed and recommended by ACTON, ONT.



FRED BLOW, Machinist

Is moving to the newly-arranged premises, the Ross Bowl-

Having experience with all makes of motors repairs will

VUILCANIZING TIRES Having installed a vulcanizing outfit, satisfactory repairs will be made to outer cases as well as inner tubes. This department is managed by Mr. D. Ross.

- - - FRED BLOW

We have a Full Supply of

TIMOTHY TARES RAPE SEED LUCERNE A consignment of Learning Seed Corn for ensilage, of choice

quality, also one car Marquis Seed Wheat just arrived. MANAGER

Advertising-An Investment

Advertising is an investment--not an expense-and should be treated as such. Because it has been the habit of some merchants to look upon it as expense, a wrong view has been gained. Perhaps the misconception arose from the fact that in -book-keeping it has been the habit to charge advertising to expense. Advertising produces new business--it swells the volume of business and profit--therefore it is an investment. Only the man who looks upon advertising as an expense, who is afraid of it, prejudiced against it, loses money in advertising. The man who treats advertising as an investment and gives it the attention an investment requires--knows that every dollar rightly invested in this direction yields compound interest--and more.

ACTON FREE PRESS AN OPPORTUNITY TO PROVE THE VALUE OF ADVERTISING TO YOUR BUSINESS

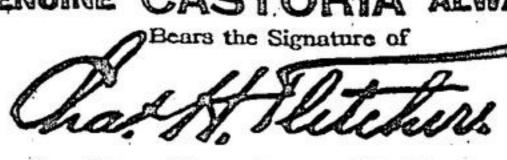
Children Cry for Fletcher's

The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the alguature of and has been made under his per-Cast fletchics conal supervision since its imancy.
Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-no-good" are but Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment.

What is CASTORIA

Castoria in a harmless substitute for Castor Oil, Paregoric, Dropa and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoca; allaying Feverishness arising "4 therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea-The Mother's Friend.

CASTORIA

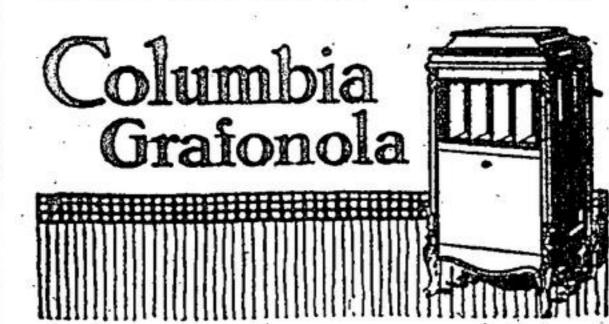


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Grafonola

Avoid disappointment. Refuse imitations. Only genuine Columbia Grafonolas and Records bear this trade mark. Look for it before you buy-



Acton Ont.

Grand Trunk Railway System Going West No. 29 f.13 a.m. No. 189 5.63 p. fl. Going East No. 28 9.28 a. m No. 32 3.28 p. m. No. 33 8.12 p.m. Sunday trains pass through Acton roing went at 10.16 a.m. and rast at 6.15 p. m. Toronto Suburban Clectric Rallway Going West 9.17 a.m.Dally except Hunday 11.02 a. m. _____ Gunday only 6.32 p. m. Sunday only Going East' 2.02 pm. Dally except Sunday 0.18 p. m. ani.........Dally except Sunday 9.53 a m Sunday only

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AT ACTON

ICE CREAM ICE CREAM

5.48 p. m. Hunday only

We have our Parler open every. as good service as possible. Ice Cream bulk, 30c. a pint Ice Cream Bricks, 30c. each

> CANDIES CANDIES

RIGHT PRICES TOOTHSOME VARIETIES BEST QUALITIES **Harold Wiles**

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funerals. Motor Cars furnished when re-

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Well Done and Quickly at only

5 cents

per bag. HARRIS & CO., Limited

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BOOTS

SHOES

At Any Time

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Satisfactory Footwear REASONABLE PRICES

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