

WHAT? HOW?

THERE WAS a sign. A restaurant sign. AND IT SAID: THAT ALL OF THE PATRONS WOULD BE glad to know THAT WITH a little help THE RESTAURANT had saved A TON OF SUGAR. SINCE IT started to save, BUT IT stopped to eat. WHAT THE restaurant man HAD DONE with the money, HE HADN'T said. FOR THE ton of sugar.

ELLEN MAY'S PRAYER

Ellen May was a salesman's wife. Her last name was Smith, but that doesn't matter really, for every one called her Ellen May instead of Mrs. Smith. Ellen May's husband was a tall, thin, worried-looking man. He was trying awfully hard to make good in a difficult territory, and he wasn't at home very often. "My dear," he said to Ellen May once as he hurried stationward after a flying visit, "it seems as if I'm always going away from you." And his worried mouth twitched, and he winked his eyes as if he wanted to keep back the well-torn tears.

Are Your Lungs Strong?

Do colds go down to your throat? Are your bronchial tubes easily affected? Above all, do colds settle on your chest? Then your lungs may not be as strong as you expected—consumption often follows.

SCOTT'S EMULSION

Because its Pure Cod Liver Oil is Famous for strengthening delicate throats and weak lungs while its glycerine soothes the tender linings and alleviates the cough.

more Soap

Premiums are not good value now. We've given them up—until after the war anyhow. There is a far better way to give you value for your money and we've done it—we've made the Comfort Soap bar much bigger.

New bigger Comfort bar is better value

Many of the Premiums—books, glassware, toys, jewelry, etc., used to come from Europe. These cannot be shipped now on account of the war, and the premiums we can still get are either so poorly made or so expensive that the value simply isn't there.

Children Cry FOR FLETCHER'S CASTORIA

No matter how deep-rooted the cough or how long it has been, it must yield to Fletcher's Castoria if used as directed.

Middle Aged Women

Are Here Told the Best Remedy for Their Troubles.

Freemont, O.—"I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change—heat flashes, nervousness, and was in a general run-down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared."—Mrs. M. Gordon, 976 Napoleon St., Freemont, Ohio.

North Haven, Conn.—"Lydia E. Pinkham's Vegetable Compound restored my health after everything else had failed when passing through change of life. There is nothing like it to overcome the trying symptoms."—Mrs. Florence Legala, Box 187, North Haven, Conn.

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

has the greatest record for the greatest good



In Such Cases

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

has the greatest record for the greatest good

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.

Children Cry FOR FLETCHER'S CASTORIA

Miller's Worm Powders are par excellence the medicine for children who are found suffering from the ravages of worms. They immediately alter the stomachic conditions under which the worms subsist and drive them from the system, and at the same time, they are tonic in their effect upon the digestive organs, restoring them to healthy operation and expiring immunity from further disorders from such a cause.

WHERE LOST GOLD GOES

Within the last 500 years one thousand million pounds' worth of gold has vanished. Where have the missing millions gone? About one-third lies at the bottom of the sea. The treasure of lost vessels which anchors the route from England to India alone has been estimated at eight million sterling.

AN INTERESTING CLAIM

It is claimed by Mexican historians that the first printing done on the American continent was in the City of Mexico, and the building in which the press stood is still standing. A hundred years before first printing was done in the United States, considerable was done in Mexico, for the dates of the first printing are: In Mexico 1629 and in New England 1639.

THE DOASTER BEATEN

In a railway carriage the conversation turned upon gardening. "I guess," said an American, "none of you ever saw such parsnips as I grew out in the States last year. Why, I had to hire a steam derrick to get them out of the ground!"

HIS HUCKLEBERRY

A great comedian was once served by a grocer named Jerry. On one occasion the latter had sent his bill when it was due. The comedian remarked: "You have sent in your bill, Jerry, before it is due. Jerry, your father, the elder Jerry, would not have been such a goose, Jerry; but you needn't look so black, Jerry, for I don't care a straw, Jerry, and shan't pay your bill till due, Jerry."

CASTORIA

For Infants and Children In Use For Over 30 Years Always bears the Signature of Dr. J. C. Fletchering

CHILDREN CRY FOR FLETCHER'S CASTORIA

Miller's Worm Powders are par excellence the medicine for children who are found suffering from the ravages of worms. They immediately alter the stomachic conditions under which the worms subsist and drive them from the system, and at the same time, they are tonic in their effect upon the digestive organs, restoring them to healthy operation and expiring immunity from further disorders from such a cause.

WHERE LOST GOLD GOES

Within the last 500 years one thousand million pounds' worth of gold has vanished. Where have the missing millions gone? About one-third lies at the bottom of the sea. The treasure of lost vessels which anchors the route from England to India alone has been estimated at eight million sterling.

AN INTERESTING CLAIM

It is claimed by Mexican historians that the first printing done on the American continent was in the City of Mexico, and the building in which the press stood is still standing. A hundred years before first printing was done in the United States, considerable was done in Mexico, for the dates of the first printing are: In Mexico 1629 and in New England 1639.

CANADA'S EFFORT APPRECIATED

History holds no parallel to the record being made by Canada. For removed from the present status of a self-sustaining, not dependent nation, she has voluntarily poured forth a wealth of resources, while her sturdy sons have of their own volition formed a force of great nations, and of a quality never surpassed. The chagrins felt by Germany on account of Britain entering the war, and expressed in hatred, has found peculiar vent against Canada. The strongest forces that could be mustered have been hurled against the Canadian. Orders often went out to "take no Canadian prisoners." Every devilish device in the whole category of outlawed and inhuman German practices has been employed against them, but they have withstood the fiercest attacks any soldiers were ever subjected to, and have repeatedly stormed and conquered apparently impregnable positions over the most resolute defenses. They are the glory of France, and the glory of the most resolute defense. They are the glory of France, and the glory of the most resolute defense.

Children Cry FOR FLETCHER'S CASTORIA

Miller's Worm Powders are par excellence the medicine for children who are found suffering from the ravages of worms. They immediately alter the stomachic conditions under which the worms subsist and drive them from the system, and at the same time, they are tonic in their effect upon the digestive organs, restoring them to healthy operation and expiring immunity from further disorders from such a cause.

WHERE LOST GOLD GOES

Within the last 500 years one thousand million pounds' worth of gold has vanished. Where have the missing millions gone? About one-third lies at the bottom of the sea. The treasure of lost vessels which anchors the route from England to India alone has been estimated at eight million sterling.

AN INTERESTING CLAIM

It is claimed by Mexican historians that the first printing done on the American continent was in the City of Mexico, and the building in which the press stood is still standing. A hundred years before first printing was done in the United States, considerable was done in Mexico, for the dates of the first printing are: In Mexico 1629 and in New England 1639.

Advertisement for Castoria, featuring an image of the product box and text: "CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Fletchering. In Use For Over Thirty Years CASTORIA"

Advertisement for Columbia Grafonola records, featuring an image of a record and text: "Columbia Grafonola. Get the Genuine Grafonola. Avoid disappointment. Refuse imitations. Only genuine Columbia Grafonolas and Records bear this trade mark. Look for it before you buy."

Advertisement for Columbia Grafonola records, featuring an image of a record and text: "Columbia Grafonola. Get the Genuine Grafonola. Avoid disappointment. Refuse imitations. Only genuine Columbia Grafonolas and Records bear this trade mark. Look for it before you buy."

Advertisement for The Ford Saves the Hay and Oats the Horses Eat, featuring an image of a Ford car and text: "The Ford Saves the Hay and Oats the Horses Eat. It has been estimated that five acres of land are required to maintain one horse for a year, and that the same five acres would produce nearly enough food for two people. If 50,000 Canadian farmers each replaced one horse with a Ford, 250,000 acres would be added to the Nation's source of food supply and enough extra food made available to feed 100,000 people."

Advertisement for Boots Shoes, featuring text: "When You Need BOOTS SHOES At Any Time BUY FROM W. WILLIAMS ACTON - ONTARIO. FAMOUS FOR Satisfactory Footwear REASONABLE PRICES."

Advertisement for Patents, featuring text: "PATENTS PROMPTLY SECURED. In all countries. Ask for our INVENTION DIVISION, which will give you the best results. 604 University Ave., MONTREAL."

Railway Time Tables

Table with columns for Railway Name, Direction, and Time. Includes Grand Trunk Railway System, Toronto Suburban Electric Railway, and others.

DO YOU REALIZE that the Central Appeal Judge's decision re Bank, Clerks means that the positions vacated must be filled by young ladies and the younger men. OUR COMMERCIAL COURSE gives the necessary training for "Banking positions." NOW is the time to prepare. Classes start on Monday starting March 18 and April 1.

FRUIT TREES AND PLANTS FOR SPRING PLANTING. We need no further introduction than the fact that we have been in the Nursery business Sixty-one Years and are now prepared to meet existing conditions by offering our high grade trees and plants direct to customers. Rock Bottom Prices. Send for our illustrated circular of hardy varieties which you can order direct and save the agent's commission, of which you can be sure to interest you and all stores in absolutely first-class and true to name. The Chase Brothers Co. OF ONTARIO, LIMITED Nurseriesman ESTABLISHED 1857 COLBORNE ONT.

ACTON LIVERY AND BUS LING. Having purchased the livery and goods of the business from Mr. A. McCann, I solicit with confidence the patronage of the public. Comfortable rigs supplied at reasonable rates. Special attention to supplying conveyances for weddings and funerals. Motor Cars furnished when required. BUS MEETS ALL TRAINS. L. E. ATKINSON Ont.

Grain Chopping. Well Done and Quickly at only 5 cents per bag. HARRIS & CO., Limited ROCKWOOD ONT.

When You Need BOOTS SHOES At Any Time BUY FROM W. WILLIAMS ACTON - ONTARIO. FAMOUS FOR Satisfactory Footwear REASONABLE PRICES.

PATENTS PROMPTLY SECURED. In all countries. Ask for our INVENTION DIVISION, which will give you the best results. 604 University Ave., MONTREAL.