The Acton Free Press

THURSDAY, FEBRUARY 28, 1918

TRY A CHANGE

Put your hammer in the locker,
Hide the sounding board likewise;
For anyone can be a knocker
And anyone can criticize.

Cultivate a manner winning
Though it hurts your face to smile
And seem awkward in beginning—
Be a booster for a while.

—M. Holloway.

A FEW OF NATURE'S FREAKS

An Illinois paper makes the following observation regarding a few oddities in nature:

A river of ink is formed in Algeria by the union of two streams, the water of one being impregnated with iron and the other, which drains a great swamp, with gallic acid. The combination of iron and acid forms a pure ink.

In Siberia rivers flow over ice, old and solid as rock. A tributary of the Lena River has underneath the soil which forms the bed of the river, a bed of pure ice, over nine feet thick. A freak of nature is the lost river in Kentucky. It is known as the Hidden River, because no one knows its origin, and it vanishes into a cave leading no one knows where. It flows without a ripple, and is of a pale, bluish color.

A singing well is one of the natural curiosities of Texas. In fine weather a sound like that of an Æolian harp is given out by the well. At times the sound is clear; then it recedes, as if far away; and then it reaches the ear very faintly. These changes take place every few minutes, and with great regularity.

With an east wind blowing the water in the well gets very low, and the mysterious musical sound is faint. A strong west wind causes the water to rise and the sound to increase in volume and clearness. Before a north wind the well plays its wildest pranks. The water rises nearly to the top of the well, which is about sixty feet deep, and gives out wild, weird noises.

UNIVERSITY ATTENDANCE IN ENGLAND

The depletion of higher educational institutions in England due to the big war is clearly shown by the falling off in the entry of freshmen at Oxford University since 1914. Before the beginning of the war about one thousand freshmen entered the university each year. In 1914 the number fell to five hundred and fifty; in 1915, to two hundred and thirty-eight; in 1916, to one hundred and fifty; and in 1917, to one hundred. Some of the few who have entered this year have already seen service at the front and have been discharged because of wounds or sickness. Until this year the American Rhodes scholars have helped to keep the numbers above the vanishing point, but these are now being called up for military service.

Children Cry
FOR FLETCHER'S
CASTORIA

OUR STATE RIGHTS

The fact that the liquor interests in war times fought every effort of the government to restrict the use of foodstuffs in the manufacture of liquors was not surprising. It was expected that such would be the case; for distillers, brewers, and dealers in intoxicants have never been noted for loyalty to the government and respect for the laws of State and nation. Yet these same people are greatly disturbed just now lest we sacrifice our sacred doctrine of State rights. Had they respected that doctrine in the past by obedience to State antishipping laws, perhaps nation-wide prohibition would not have come at so early a date. But it is well known that until there was Federal legislation the liquor people did not respect the sovereignty of any State that had outlawed their business.

Miller's Worm Powders destroy the worms without any inconvenience to the child, and so effectually that they pass from the body unperceived. They are not ejected in their entirety, but are ground up and pass away through the bowels with the excreta. They thoroughly cleanse the stomach and bowels and leave them in a condition not favorable to worms, and there will be no revival of the pests.

OLD FRIENDS AND NEW

Some people's partiality for the old friends extends to old ideas. They are not quite comfortable when a new one is in the company. They have an instinctive certainty that whatever they have not heard before must be untrue. Instead of making it welcome, or even examining its credentials, their impulse is to shut the door in its face.

Probably you know young people who are always ready to accept new friends as an improvement on the old. The new girl in town is always the most charming. The young man who comes from a distance has an advantage over the youths they have grown up with. And this same exaggerated hospitality extends to new ideas. They at once assume that the theory that contradicts all they have been taught to accept, must be the correct one, that the strange and fantastic is more authoritative than the familiar and tried.

Both of these extremes are unfortunate. It is a great mistake to be inhospitable to new ideas, for it is by new ideas the world progresses. And it is an equally great mistake to accept any new ideas you hear advanced without thorough investigation and careful consideration. This does not mean progress but disaster. There is sound counsel in the couplet:

"Be not the first by whom the new is tried
Nor yet the last to cast the old aside."

Children Cry
FOR FLETCHER'S
CASTORIA

POWER OF FIXED ATTENTION

The power to fix the attention is in no slight degree the measure of our ability to succeed. It is characteristic of the child that his attention is easily distracted. In fact, it is impossible for an undeveloped mind to concentrate itself for long. In the lower grades of the schools there is a frequent change of program, in order to fit the needs of the little minds, flitting from one interest to another, as a butterfly flits from one flower to another.

But as we leave childhood behind, we must conquer this tendency or pay the penalty. If a sound under the window makes it impossible for you to continue your work, if you are disturbed by a slamming shutter, or a ring at the doorbell, or the sound of a band in the street, your prospects are poor indeed. Success along almost any line demands concentration. The door will not open to you till your mind is trained so as to be capable of fixed attention.

The ease with which corns and warts can be removed by Holloway's Corn Cure is its strongest recommendation. It seldom fails.

HAD THE COP GUESSING

"Officer, why did you arrest this motorist?"

"Suspicious actions, your honor. He was within the speed limit, sounding his horn properly and trying to keep on the right side of the street."

Rub it in for Lame Back.—A brisk rubbing with Dr. Thomas' Eclectric Oil will cure lame back. The skin will immediately absorb the oil and it will penetrate the tissues and bring speedy relief. Try it and be convinced. As the liniment sinks in the pain comes out and there are ample grounds for saying that its touch is magical, as it is.

Any body can be a pessimist, but it required grit and affability to be an optimist.

You never do best when you know better.

A Purely Vegetable Pill.—The chief ingredients of Parmelee's Vegetable Pills are mandrake and dandelion, sedative and purgative, but perfectly harmless in their action. They cleanse and purify and have a most healthful effect upon the secretions of the digestive organs. The dyspeptic and all who suffer from liver and kidney ailments will find in these pills the most effective medicine in concentrated form that has yet been offered to the suffering.

THE PERFECT DAY

What a day that will be when the tidings are flashed over sea and land that the Allies have won and peace has been declared! From ten thousand times ten thousand steeples what bells will ring out, as if they were human things, their wild delight at the long hoped-for event! Never in the history of the world will there have been such a day of universal joy.

HAD BOILS and PIMPLES ON FACE AND BODY.

Boils and pimples are simply evidences of bad blood that is circulating in the system coming to the surface.

The only way to rid yourself of these painful and unsightly blood diseases is to have your blood purified by Burdock Blood Bitters. It removes every particle of foul material from the blood, and the skin becomes clear and smooth, and free from all eruptions.

Mr. Roy A. Bovay, Trenton, Ont., writes:—"Two years ago I was very much troubled with boils and pimples on my face and body. A friend advised me to take Burdock Blood Bitters. I got three bottles, and before I had finished the third one, my boils and pimples had all disappeared, and my face and body were as clear and as smooth as any baby's could be."

Burdock Blood Bitters has been on the market for over 40 years. You are not experimenting when you buy it.

Manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

UP TO HIM

"Gertrude," said the practical young man, "if I were sure that you can cook, I would ask you to be my wife."

"Paul," said the matter of fact young lady, "if I were sure that at present prices you could provide things to cook, I would accept your proposal."

A Foe of Asthma. Give asthma half a chance and it gains ground rapidly. But give it repeated treatments of Dr. J. D. Kellogg's Asthma Remedy and it will fall back even faster. There is no half way measure about this remedy. It goes right to work and drives asthma out. It reaches the inmost breathing passages and leaves no place for the trouble to lurk. Have it by you for ready use.

PAT AND THE BARBER

An Irishman occupied a barber's chair and he was drowsy. His eyes could not be kept open and his head rolled about and dropped over his shoulder and down upon his chest in a way that made shaving a difficulty for the knight of lather and a dangerous one for the patient.

At last the barber said gently, but firmly:

"Look-a-here, sir. I can't possibly shave you unless you hold up your head."

To which the response was made with drowsy indifference:

"Well, thin, cut my hair."

Had Heart Trouble For 5 Years.
WOULD GO INTO FITS.

Through one cause or another a large majority of the people are troubled, more or less with some form of heart trouble.

Little attention is paid to the slight weakness until the heart starts to beat irregularly, and they suddenly feel faint and dizzy, and feel as if they were smothering.

On the first sign of any weakness of the heart Milburn's Heart and Nerve Pills should be taken, and thus secure prompt and permanent relief.

Mrs. W. H. Ferrier, Kilbride, Ont., writes:—"I was troubled with my heart for five years, and was so bad it would send me into fits and smothering. I could not do any work while I was affected, but after taking three boxes of Milburn's Heart and Nerve Pills, I have regained my health."

Milburn's Heart and Nerve Pills are 50c. per box at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

WEEKLY VISIT HOME

Love's young dream is indeed a beautiful thing. Sweet Angelina and Henry thought it hardly possible such bliss could be theirs as they sat on the river bank in the cool of an August evening.

They only met at week-ends, for he was a toiler in the city, and he found it cheaper to lodge near his work.

And now the blessed week-end was here, and he could see nothing but uninterrupted happiness until Monday morning. He slipped his arm around his sweetheart's waist.

"Dearest," he said.

Her gaze was fixed on the water.

"Darling," he murmured once again, drawing her toward him, "can you guess why I come every Saturday?"

"Yes," was the scarcely whispered answer.

"Why is it, dearest?" he asked, anxiously waiting for the sweet reply that he felt sure must be hovering on those pretty lips.

"It's—it's for your clean clothes, isn't it?" she queried softly.

OBTRACIZED

"He filled his coal bin last summer."

"That's wise."

"Yes, I suppose so, and yet he says it has resulted in his neighbors calling him an enemy of the republic and a coal hoarder."

FORTUNATE MAN

Hobo—"Say, mister, would youse mind stakin' a poor man wot ain't got no home, ter a few pennies?"

Enpeck—"What! You ain't got no home? Say, old chap, you are playing in great luck. Why, you can stay out all night every night if you want to—and never get a call-down.

CASTORIA
For Infants and Children
In Use For Over 30 Years
Always bears the Signature of Chas. H. Fletcher

TRUE BRAVERY

In the heat of passion Robert had done something he was ashamed of and sorry for after the excitement had passed away.

"I wish I hadn't let my temper get away with my good sense," he said; "but it's done, and what's done can't be undone."

"But isn't there a way to overcome the effect of wrong-doing to a great extent?" asked a voice in his heart.

"How?" asked Robert.

"By owning to one's blame in the matter," answered the voice. "Confessing one's fault. 'I'm wrong; forgive me,' is a hard thing to say. But the more he thought of the matter, the more he felt he ought to say just that.

"It's the right thing to do," he told himself. "If I know what's right, and don't do it, I'm a moral coward. I'll do it."

So he went to the one he had wronged, and confessed his fault frankly, and the result was that the two boys were better friends than before, and his comrade had a greater respect for him because he had been brave enough to do a disagreeable thing when it was presented to him in the light of a duty.

There's quite as much bravery in doing right for right's sake, as there is in the performance of grand, and heroic deeds the world will hear about.—New York Observer.

NEVER NEGLECT
BRONCHITIS
IT MAY TURN TO PNEUMONIA.

Bronchitis comes from a neglected cold, and starts with a short, painful, dry cough, accompanied with rapid wheezing, and a feeling of oppression or tightness through the chest.

You have, no doubt, wakened up in the morning and have had to cough several times to raise the phlegm from the bronchial tubes, and have found it of a yellowish or gray, greenish color, and you have received relief right away.

This is a form of bronchitis, which if not cured immediately may turn into pneumonia or some more serious trouble.

Cure the cold with Dr. Wood's Norway Pine Syrup and thereby prevent bronchitis and pneumonia taking hold on your system.

Mr. E. Jarvi, New Finland, Sask., writes:—"I was troubled, for years, with bronchitis and could not find any relief. I was especially bad on a damp day. I went to a druggist, and asked him for something to stop the cough and constant tickling in my throat. He gave me a bottle of Dr. Wood's Norway Pine Syrup, which I found gave me instant relief. I think it is the best medicine for bronchitis I know of. Now I take care I always have a bottle of it on hand."

Do not accept a substitute for "Dr. Wood's." It is put up in a yellow wrapper; 3 pine trees the trade mark; price 25c. and 50c.; manufactured only by The T. Milburn Co., Limited, Toronto, Ont.

IN LOVE WITH YOUR WORK

The work that lives is done joyfully. It is not enough to hold yourself doggedly to the grind day after day. The effort that is eager, spontaneous, and glad, is very unlike that which has to be flogged to its task by a relentless will. Fall in love with your work. Look on every day's duties not as much wearisome routine to be dispatched somehow or other, but as stepping-stones leading to the desire of your heart. No one ever made a lasting success who thought of his occupation as drudgery.

PALMS THE WAITERS HAVE

"I'm sure I don't know why they call this hotel the Palms. Do you? I've never seen a palm anywhere near the place?"

"You'll see them before you go. It's a pleasant little surprise the waiters keep for the guests on the last day of their stay."—London Tit-Bits.

TO TEST A THERMOMETER

Every man wants to know if his thermometer is correct. This is easy to find out. Fill a basin with snow, then pour in cold water. Then plunge the thermometer in the mixture, face up, and leave till the mercury has settled. It it marks freezing or 32 degrees, you are assured of correctness at that point, and it will not be wrong to any material degree elsewhere, says an exchange. The freezing point is where snow and water are mixed. If you want to get zero, make a mixture of snow, water and salt, and put your thermometer in it. This was in an early period in scientific study thought to be the lowest possible temperature and so called zero. The actual zero is now stated to be 459.4 degrees lower than this.

Daughter, SOUR STOMACH
Mother, FLOATING SPECKS BEFORE EYES
BOTH CURED BY
MILBURN'S LAXA-LIVER PILLS.

They stimulate the sluggish liver, clean the coated tongue, sweeten the breath, clean away all waste and poisonous matter from the system, and prevent as well as cure all sickness arising from a disordered condition of the stomach, liver and bowels.

Mrs. Joseph H. Therieau, Saulnerville, N.S., writes:—"I was troubled with a sour stomach, and took five vials of Milburn's Laxa-Liver Pills, and they cured me.

My mother also used them for floating specks before the eyes. They cured her also after having taken four vials. We both highly recommend them to all sufferers from liver troubles."

Milburn's Laxa-Liver Pills are 25c. per vial at all dealers or mailed direct on receipt of price by The T. Milburn Co. Limited, Toronto, Ont.

The best way to punish your enemies is to have a good time.

Time killing is such an absorbing occupation that the killer never accomplishes anything else.

Children Cry
FOR FLETCHER'S
CASTORIA

FAMOUS BOYS

A woman fell on the dock in Italy. She was fat and frightened. No one of the crowd of men dared to jump in after her; but a boy struck the water almost as soon as she did and managed to keep her up until stronger arms got hold of her. Everybody said the boy was very daring, very kind, very quick, but also very reckless, for he might have been drowned. The boy was Garibaldi, and, if you will read his life, you will find these were just his traits all through—that he was so alert that nobody could tell when he would make an attack with his red-shirted soldiers, so indiscreet sometimes as to make his fellow patriots wish he was in Guinea, but also so brave and magnanimous that all the world, except tyrants, loved to hear and talk about him.

A boy used to crush the flowers to get their color, and painted the white side of his father's cottage in Tyrol with all sorts of pictures, which the mountaineer gazed at as wonderful. He was the great artist Titian.

An old painter watched a little fellow who amused himself by making drawings of his pot and brushes, easel and stool, and said, "That boy will beat me some day." So he did, for he was Michelangelo.

A good way to get what you want is to stop wanting it.

Try to take things coolly in August. It won't be necessary this month.

Take care of your quarters and the porter will let you take care of yourself.

CURIOUS RUSTIC BELIEFS

Superstition dies hard, and still in the out-of-the-way rural districts of England the people have a firm belief in herbs and charms as a cure for their various ills. In Cheshire, perhaps, such superstitions are most numerous, and a native will tell you that hedge-hogs are useful in the cure of epilepsy, that ointment should never be applied with the first finger, as that one is venomous, and that a child's nails should never be cut during the first year of its life, or it will grow up light-fingered.

Most curious however, are the cures recommended in Cheshire for whooping cough, an illness which few children escape. A lock of hair should be cut from the sufferer's head and put into a hole bored in the bark of a mountain ash, after which the hole should be closed. The whoop will vanish in three days under this treatment.

Many strange cures are suggested for ague. In Lincolnshire, for instance, the method is very elaborate. The sufferer should get up at sunrise on the first day of the month, making sure his pockets are empty, take a carving-knife that he has bought and always used himself, plunge it into an anthill, and twist the knife as many times as he has had fits. Then, lying flat on the face with head pointing to the sun, he should breathe as many times as he has suffered into the hole in the anthill, and then return home, speaking no word until he has broken his fast.

For years Mother Graves' Worm Exterminator has ranked as the most effective preparation manufactured, and it always maintains its reputation.

FEARS NO DANGER

Lighting regulations which have been enforced as a war measure in Newfoundland for several months have been abrogated. The authorities believe that the near approach of winter, with its frequent storms along the coast of the colony makes improbable any visit from enemy war vessels for the next six months. Under the recent regulations lighthouse service has been suspended at various points and shipping has been excluded from certain harbors between dark and daylight.

The man who has time for philosophy has no time to borrow trouble.

MOTHERS TO BE
Should Read Mrs. Monyhan's Letter Published by Her Permission.

Mitchell, Ind.—"Lydia E. Pinkham's Vegetable Compound helped me so much during the time I was looking forward to the coming of my little one that I am recommending it to other expectant mothers. Before taking it, some days I suffered with neuralgia so badly that I thought I could not live, but after taking three bottles of Lydia E. Pinkham's Vegetable Compound I was entirely relieved of neuralgia. I had gained in strength and was able to go around and do all my housework. My baby when seven months old weighed 19 pounds and I feel better than I have for a long time. I never had any medicine do me so much good."—Mrs. Pearl Monyhan, Mitchell, Ind.

Good health during maternity is a most important factor to both mother and child, and many letters have been received by the Lydia E. Pinkham Medicine Co., Lynn, Mass., telling of health restored during this trying period by the use of Lydia E. Pinkham's Vegetable Compound.

Protecting Your Children

The long, hard school term drains the vitality of growing children and you wonder why they are listless, puny and pale.

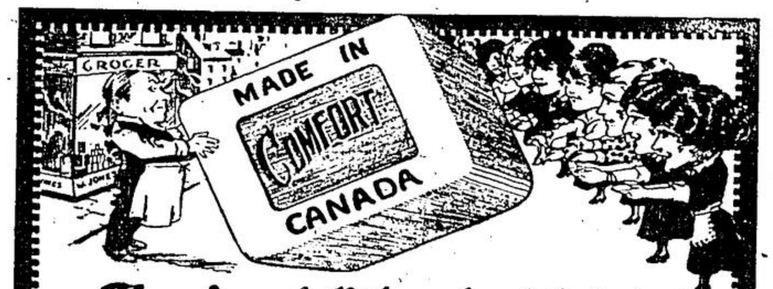
Every school child will show marked improvement in health and growth if given

SCOTT'S EMULSION

Its rich, uniform cod liver oil gets into their blood and gives them vim, snap and zest. It creates strength to resist school sicknesses, overcome pinched faces, sallow complexions and dull eyes.

High authorities have established again and again that cod liver oil promotes growth and energizes the body and brain.

Scott & Bowne, Toronto, Ont. 12-15



They're delighted with it!

Our war-time plan of giving a bigger Comfort bar without premiums has made a big "hit". The new Comfort Soap bar is rejoicing the hearts of womenkind all over the country.

COMFORT SOAP

The factories who made premiums are nearly all making war supplies and the premiums we could still buy would not be good enough for you. But we are giving you full value in the bigger Comfort bar.

Use Comfort Soap—the bigger, economical, high-quality bar.

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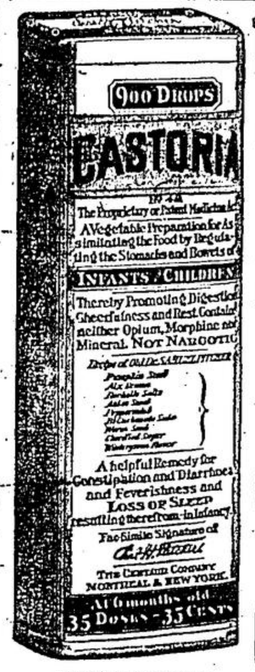
The sunshine of COMFORT



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Mothers Know That Genuine Castoria
Always Bears the Signature of Chas. H. Fletcher
In Use For Over Thirty Years
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Avoid disappointment. Refuse imitations. Only genuine Columbia Grafonolas and Records bear this trade mark. Look for it before you buy.

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J. C. Speight - Acton, Ont.

—The—
Acton Free Press

When the Judicious business man buys space in a newspaper in which to advertise his business he buys it in the paper from which he will receive the greatest value for his money.

The Free Press has the largest local circulation, it is the home paper, it contains the local news, and is therefore the paper in which the judicious business man here should advertise his business. This is straight business talk to wide-awake business men

—The—
Acton Free Press

Railway Time Tables
AT ACTON

Grand Trunk Railway System

Going West

No. 29	8.13	a.m.
No. 31	10.29	a.m.
No. 33	2.21	p.m.
No. 189	6.53	p.m.
No. 37	8.12	a.m.
No. 35 (Mundays Only)	10.26	a.m.

Going East

No. 28	9.06	a.m.
No. 30	11.24	a.m.
No. 32	3.28	p.m.
No. 34	7.05	p.m.
No. 30 (Mundays Only)	6.19	p.m.

Toronto Suburban Electric Railway

Going West

9.17 a.m.	Daily except Sunday
3.17 p.m.	Daily except Sunday
8.09 p.m.	Daily except Sunday
11.02 a.m.	Sunday only
6.32 p.m.	Sunday only

Going East

7.48 a.m.	Daily except Sunday
1.58 p.m.	Daily except Sunday
6.18 p.m.	Daily except Sunday
9.58 a.m.	Sunday only
5.48 p.m.	Sunday only

"What of To-morrow?" Is the Problem of every Thinking Man and Woman

The proper business education chooses and teaches those facts essential and useful to the daily life of those who acquire it.

It will profit YOU to secure a practical business training in this practical and successful school of business.

Students may enter at any time at the

GUELPH BUSINESS COLLEGE
GUELPH - ONTARIO
and receive individual instruction
A. L. BOUCK Prin.-Prop.

We want Now

A Reliable Agent in Halton County to sell Pelham's Peerless Fruit and Ornamental Trees during Fall and Winter months. Good pay, exclusive territory, free selling equipment.

OVER 600 ACRES

Of the choicest Nursery stock including NEW varieties controlled by us. Handsome up-to-date selling equipment and a splendid Canadian-grown stock to offer customers. We are not jobbers. Write now for agency terms to

PELHAM NURSERY CO.
TORONTO - ONTARIO

N. B.—Catalogue sent on request to applicants for agencies or purchasers of Nursery stock

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LIVERY
—AND—
BUS LINE

Having purchased the livery and goodwill of the business from Mr. A. McCann, I solicit with confidence the patronage of the public.

Comfortable rigs supplied at reasonable rates.

Special attention to supplying conveyances for weddings and funerals.

Motor Cars furnished when required.

BUS MEETS ALL TRAINS

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Acton Ont

Grain Chopping

Well Done and Quickly at only 5 cents per bag.

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ROCKWOOD - ONT

When You Need
BOOTS SHOES
At Any Time

BUY FROM
W. WILLIAMS
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Satisfactory Footwear
REASONABLE PRICES

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