LITTLE THINGS A anowilake is no very small We acarcely think of it at all.

And yet enough of them will make A barrier we cannot break. A drop of water is so light That an it falls it fades from sight, And yet enough of them will be

A torrent or a raging son. A word to but a breath of air. "Tis heard or spoken without care. Yet words in florce profusion hurled Upact the history of the world.

ALWAYS DESTRUCTIVE

One has well stated the case agains the liquer traffic in summing up the

"The law: That the liquor traffic has 'no inherent right' to exist. "The courts: That drink is the chief cause of crime and pauperism. "Physicians: That drink is the chief cause of disease.

"Business: That drink produces incompetency and inefficiency. "The home: That drink destroys bappiness and prosperity. The Church: That drink

foe of religion. "The school: That drink is greatest enemy of education. "Motherhood: That drink polsons the fountains of life.

"Economy: That drink wasten food and robs labor. "Conservation: That drink is always destructive, never constructive. "Patriotism: That drink has qualified a large percentage of the young men called to the colors and, as sufferer be unacquainted with them. Gen. Leonard Wood says, 'is the sol-

dier's worst enemy." worms in the stomach and bowels of certainly be traced to their use where children sap their vitality and retard other pills have proven ineffective. physical development. They keep the chile in a constant state of unrest and if not attended to, endanger life. The child can be spared much suffering and the mother much anxiety by the best worm remody that can be got Miller's Worm Powders, which are a sure death to worms in any shape.

BLIGHTLY CURIOUS The little Siona boy across the street is forever asking questions. "You'd better keep still or something will happen to you," his mother finally of string to his sister, or if he has n told him one night. "Curiosity once sister to his mother or another of his killed a cat, you know."

This made so deep an impression that the boy was quiet for three minutes. Then: "Say, Mother, what was If the man thinks he would like to It that cat wanted to know?"

Children Cry FOR FLETCHER'S CASTORIA

SPLINTERS IN THE FINGERS When you get a splinter in your fin-

it, but unless you have deft fingers or her bethrothed a pair of tweezers you may not be able to pull it out even then. A new pen nib is a very good substitute for a pair of twocrers. Lay the nib over the splinter so as to hide it. Then press down hard enough to separate the nibs. If you now let the pen down level with the splinter and allow the nibs to close again they will take hold and you can draw the splinter out. Remember that any metal thing that is to be applied to a wound, such as a needle, penknife or pen, should be passed lightly through a flame first, so as to disinfect it. A gas jet or a match will do.

A NEW USE FOR WOOD

The very latest wrinkle at soda fountains is the use of wooden dishes as well as cure all sickness arising from for serving ice cream and sundaes, re- a disordered condition of the stomach placing the cheap looking and filmsy liver and bowels. paper cups that came into use a few years ago in response to the demand for a more sanitary individual service These wooden dishes are pressed out of very thin shoets of clear maple, shaped to slip readily into silver holders. They are tasteless, odorless and hygienic. The clean appearance of the cups seems to add an appetizing flavor to the frozen delicacy contained therein, and they are making a hit with the patrons of high grade sods

He's a fake philosopher who won's revise his own judgments. When no suct is at hand, and a is required for puddings, etc., chop some dripping finely and use. It will answer the purpose quite well.

Worts are unsightly blemishes, and figures: corns are painful growths. Holloway's Corn Cure will remove them.

When Islants go to seed, they dry up; when people go to seed, they break

Children Ory FOR FLETCHER'S CASTORIA

Mother Graves' Worm Exterminator will drive worms from the system without injury to the child, because its action, while fully effective, is mile

LOVE THEM THAT HATE YOU Senator Simmons was discussing the proposed war tax on automobile owners. "Micking war taxes," said he, "ian't pleasant work. It puts one in the position of the facetique minister at OOcean Grove who took a little gir on his knee and said: 'I don't love you, Nellie. All the ladies on the breeze-swept veranda laughed, but little Nellie frowned and said: You've got to love me. You've got to.' 'Got

to? How sor laughed the divine. Because, said Nellie stoutly, 'you've got to love them that hate you, and, goodness knows, I hate you."-Wash-THE EIFFEL TOWER AT PARIS

For nearly thirty years the Eiffe Tower was considered one of the world's prize white elephants. Thousands of artistic temperaments have been worried into frenzies because of the unartistic uselessness of the tower. But since the war began the French Government has taken control of it and put if to invaluable use us a great wireless station, and it has paid for its existence over and over again. Now the great structure is to be blessed with a coat of paint. The job will require three months of labor and forty thousand pounds of paint.

YOUR WAY.

"She oughtn't to have minded," said wirl who had offended unother by tery but-spoken criticiant "It" only my way." And it nid not even coour. to her that the way that was so cortain to hurt and offend her acquaintances, needed to be changed. We have to put up with the color of eyes, we are born with, and if a girl han a pus nose when she prefers a Grecian, it is no use to make a fuss. But faults wrapper; 3 pine trans the trade mark; of manner can be altered and they price 25c, and 50c.; manufactured only should be, as soon as they are discoving by The T. Milburn Co., Limited, Toronto, prod. If, your way is an unpleasant Ont. cna change it for a better.

FACE DIBAPPOINTMENTS CHEER. FULLY ...

When disappointments come, face them cheerfully. There are people who brood over their fullure, as if it were exceptional instead of inevitable. Refuse to let disappointment shadow your heart or your face. Roop smiling and keep hoping. Most disappointments pluckily."

does not do to give up because one

cherished plan has made shipwrock.

If all the world followed that course

of action, progress would soon come

to a standstill. Disappointments and failures are like the morning mist back of which the sun is shining. Meet disappointments with faith This is not a world of chance. There io a watchful Providence that rules and overrules. The disappointment that wrings our heart may be the best thing for us, and many a time, as we look back over the way we have come, we see that God knew better than we. testimonics of various witnesses as It is never well to lose sight of the beautiful truth that our disappointments may be Ilis appointments.

Children Cry FOR FLETCHER'S CASTORIA

Home dreams come true, but the are apt to be the nightmares. When a politician begins to notice the you and try to please you it is a sign that election time approaches and you live in his precinct.

Trial is Inexpensive-To those who suffer from dyspopsia, indigestion or rhoumatism or any ailment arising we must preach twice on Sunday,from derangement of the digustive system, a trial of Parmelee's Vegetable Pills is recommended, should the The trial will be inexpensive and the result will be another customer for Internal parasites in the shape of is their action that many cures can this excellent medicine. Bo effective

WHERE WOMEN PROPOSE

So far as proposals of marriage are concerned, in New Guinea it is always leap year. There, according to an English writer, the men consider it beneath their dignity to notice women

much less to make overtures of marringe. Consequently the proposing is left for the women to do. When a woman of New Guinea falls in love with a man she sends a pleclady relatives. Then the lady who re ceives the string tells the man that the particular damsel is in love with him wed the lady he meets her alone and they decide straight away whether to marry or drop the idea. In the former case the betrothal is announced. The man is branded on the back with char-50c. per box at all dealers or mailed direct coal, while a mark is cut into the

woman's skin. No breach of promise actions are possible in New Guinea, though if the lady is jilted her friends may hunt her lover up and "go" for him. On the ger it is sometimes possible to get at it other hand, if the woman proves to be by pressing the point of a needle under faithless she is liable to be beaten by

Daughter, SOUR STOMACH FLOATING SPECKS BEFORE EYES BOTH CURED BY

MILBURN'S LAXA-LIVER PILLS

They stimulate the sluggish liver, clean the coated tongue, sweeten the breath, clean away all waste and poisonons matter from the system, and prevent

Mrs. Joseph H. Thericau, Sanlnerville, N.S., writes:-"I was troubled with a sour stomach, and took five vials of Milburn's Laza-Liver Pills, and they My mother also used them for floating

specks before the eyes. They cured her also after having taken four viale. We both highly recommend them to all sufferers from liver troubles." Milburn's Laxa-Liver Pills are 25c.

per vial at all dealers or mailed direct on receipt of price by The T. Milburs Co. Limited, Toronto, Ont.

BRITISH WOMEN AND THE WAR Some ideas of the huge and important part British women are playing

One and a quarter million women doing work formarly done by men. Eight hundred thousand women in munition planta. Two hundred and fifty-eight thou sand women on the land. Eighty three thousand women in government offices. Forty thousand women somewhere in France working at military bases.

Sixty thousand women voluntary

ospital workers. Between six and seven hundred wo-That is only part if it. There are also great numbers of home women who give part of their time to war

NEVER NEGLECT BRONCHITIS IT, MAY TURN TO

PNEUMONIA.

Bronchitis comes from a neglected cold and starts with a short, painful, dry cough, accompanied with rapid wheesing, and a feeling of oppression or tightness through the chest.

You have, no doubt, wakened up in the morning and have had to cough several times to raise the phicem from the bronchial tubes, and have found it of a yellowish or gray, greenish color, and you have received relief right away. This is a form of bronchitis, which if not cured immediately may turn into pneumonia or some more serious trouble. Cure the cold with Dr. Wood's Norway Pine Syrup and thereby prevent bronchitis and pneumonia taking hold on

Mr. E. Jarvi, New Pinland, Bask, writes:—"I was troubled, for years, with bronchitis and could not find any relief. I was especially bad on a damp day. I went to a druggist, and asked him for something to stop the cough and constant tickling in my throat. He gave me a bottle of Dr. Wood's Norway Pine Byrup, which I found save me instant Byrup, which I found gave me instant relief. I think it is the best medicine for bronchitis I know of. Now I take care I always have a bottle of it on hand."

A DAY AT A TIME

There is no more important truth to impress on our minds than that we shall never achieve anything or enjoy pet of the family. Every one made anything except to-day. That future much of her, but when there was a of our dreams is as unreal as a mirage. | new buby she felt rather neglected. Everything depends on the now. We "How are you, Mary?" a visitor cannot hope to make a successful life asked of her one afternoon. out of a series of failures. If to-day we shirk and to-morrow we gurrender, that I think there is too much comthose two will detract from our future; petition in this world." success. The question of final success need occupy our attention very little. To-day is the day of days. We should

live it as if the success or fallure of our earthly existence depended on its record. We should most its trials with courage, accept its duties with enthusiasm, and when we bave done our best, fearlessly leave the result with God. Buch glorious to-days fitted together make the mosale of a glorious

Internally and Externally it is Good -The most crowning property of Dr. Thomas' Eclectric Oil is that it can be used internally for many complaints as well as externally. For sore throat, croup, whooping cough, pains in the chest, colio and many kindred allments it has curative qualities that are unsurpassed. A bottle of it costs little and there is no loss in always having it at hand

Some sermons are born from the inward impulse, some are born from reading and study, some are born from observing the world about us and the needs of the people we minister to: but most sermons are born out of the consciousness on Saturday night that An honest Preacher.

Had Heart Trouble For 5 Years. WOULD GO INTO FITS.

Through one cause or another a large majority of the people are troubled, more or less with some form of beart trouble. Little attention is paid to the slight weakness until the heart starts to beat irregularly, and they suddenly feel faint and dirry, and feel as if they were smother-

On the first sign of any weakness of the heart Milburn's Heart and Nerve Pills should be taken, and thus secure prompt and permanent relief. Mrs. W. H. Ferrier, Kilbride, Ont. writes .- "I was troubled with my bears for five years, and was so bad it would send me into fits and smothering. I could not do any work while I was affected, but after taking three boxes of Milburn's Heart and Nerve Pills, I have regained my health."

Milburn's Heart and Nerve Pills are

on receipt of price by The T. Milham Co., Limited, Toronto, Ont. young pastor in his first charge an-

"I will take for my text the words, 'And they fed five men with five thousand loaves of bread and two thou-At this misquotation an old parishioner from his seat in the amen cor-

nouced nervously:

ner said audibly: "That's no miracle-I could do that The young preacher said nothing at the time, but the next Sunday he announced the same text again. This time he got it right:

"And they fed five thousand men or five loaves and two fishes." He waited a moment and then, leaning over the pulpit and looking at the amen corner, he said; "And could you do that, too, Mr. Smith ?" "Of course I could." Mr. Smith replied. "And how would you do it?" said the preacher.

"With what was left over from last

Sunday," said Mr. Smith.

TOO MUCH FOR HER

A new baby arrived at a house. little mirl-new Aftern - had been the "Oh, I'm all right," she said, "except

and PIMPLES ON FACE AND BODY. Boils and pimples are simply evidences of bad blood that is circulating in the system coming to the surface. The only way to rid yourself of these painful and unsightly blood discases is to have your blood purified by Burdock Blood Bitters. It removes every par-

ticle of foul material from the blood, and

the skin becomes clear and smooth, and ree from all cruptions. Mr. Roy A. Bovay, Trenton, Ont. writes: I'wo years ago I was very much troubled with boils and pimples on my face and body. A friend advised me to take Burdock Blood Bitters, got three bottles, and before I had finished the third one, my boils and pimples had all disappeared, and my face and body were as clear and smooth as any baby's could be." Burdock Blood Bitters has been on the market for over 40 years. You are not experimenting when you buy it. Manufactured only by The T. Milourn Co., Limited, Toronto, Ont.

When a girl is really in love with a young man she exhibits almost maternal luterest in the way he spends his ter worse. If the lamp explodes or

CASTORIA

For Infants and Children In Use For Over 30 Years Always bears Elgnature of

Of course any man can quit drinking who wants to, but he has a dreadful time in getting himself to want to.

Asthma No Longer Dreaded .- The dread of renewed attacks from authme has no hold upon those who have learned to rely upon Dr. J. D. Kellogg's Asthma Remedy. He safe do they feel that complete reliance is placed on this trus specific with the certainty that it will always do all that its makers claim. If you have not yet learned how safe you are with

Boda water season makes even effervescing youth realize that the high cost of living is a genuine hardship.

DO IT NOW

Little Boy Blue, come blow your horn;

If you don't it won't be blown,

To buy your stock

If you never make it known.

So Little Boy Blue come, blow your horn;

Is to blow it through this paper.

The Acton Free Press

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To make it pay

The people won't flock

And the very best way

STOPPING HOUSEHOLD FIRES

perty on woll an lives.

JACK FROST OUTWITTED BY

er the flames and protect the face.

FACULTY It has been proved that the faculty and students of Park College, are willing to roll up their sleeves and go at "the next thing." whenever a real need is presented. On an afternoon, at four o'clock word came by telegraph from Kansas City, foretelling a killing frost during the night. There were apples enough on the trees for 1,800 barrels. this preparation at hand get it to-day At once President Hawley summoned the faculty and 150 students. At four in the morning they ceased work. All night they had toiled in the orchard. The apples were harvested and bar-

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Early in the world war experience proved the extraordinary value of cod liver oil for strengthening soldiers against colds, pneumonia and lung troubles.

Thousands of Our Soldiers are Taking

Because it Guarantees the Purest Norwegian Cod Liver Oil high in food value and rich in blood-making properties. Soott's will strengthen you against winter sickness. Beware of Alcoholic Substitutes. Scott & Downe, Toronto, Ont.

The New York Pire Department has haued the following bints that every woman should commit to memory, for they are so carry to carry out that if universally known and put in practice they would save much valuable pro-A wet broom forms an effective fire

extingulator for all small household fires. If the curtain blows over the gas let or lamp and blazes up use a broom, Wet it in pall of water or at a faucet. One can throw a solid sheet of water or just as a spray with this from s ball. It is almost as good as a hose. it is possible to beat out a fire with wet broom or pull down a blazing curtain or portiere. On discovering flamen in any room close the door and window, also, if possible, to stop the draught, and then run for the broom and pall. If the bed catches fire, beat out the

spreads to the mattress get the man of the family to roll it up and firow It out of the window. If this cannot be done make him upset the bed and throw the mattress on the floor It will burn slower there and the broom and water can be used to advantage. Never try to extinguish burning greams by throwing water on the blace as it only spreads it. Such fires must to smothered. Put flour, salt, sand or even baking powder on the flames. If in often best to let a pan of greans burn itself out and simply see that it note nothing clas on fire. Don't throw the flour or salt on it, as this will make the burning fat splash in all directions. Use a long stick or poker to mix the flour or other substance with the burning grease. This will quickly put out the fire. If a lamp or oil heater taken fire

fire with a wet broom. If the fire

handle it very quickly or let it alone Your a rue or heavy blanket over it or empty salt or flour on it, but not nugar, or it will only make a bad matupacts the best thing to do is to close

Never pass close to a fire. Do not go above a fire, for flames travel upward. Do not go back for valuables after reaching a place of safety. Lose no time in getting every one out of If your clothing catches fire don't run out of doors, but lie down on the floor and roll over, throwing a rug around the bady, if possible, to smoth-

relied and placed beneath tarpaulina

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ing NEW varieties controlled by us. Handsome up-to-date selling equipment and a splendid Canadiangrown stock to offer customers. We are not jobbers. Write now for agency terms to

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