

The Acton Free Press
PUBLISHED WEEKLY
ONLY ONE DIME
The only newspaper in the district which is published weekly.
In Spain they chatter Spanish as they please.
In Holland it is Dutch.
The custom is to speak Dutch.
While the famous youngsters talk the German way.
In Paris little children do their lessons all in French.
In Athens even lady talk is Greek.
It makes me feel quite blue
And rather stupid too.
For English is the only tongue I speak.
—The Child's Hour.

PRAYER.
Communication with his Maker by prayer is the most exalted function in which man can be engaged because it exercises the highest faculties of the intellect and the will. It is the channel of heaven's choicest blessings. It excludes no one. It is the privilege of the circle of his beneficence. It gives us access to our Heavenly Father at all times, in all places and under all circumstances. In a word, prayer renders us co-operators with our Creator in the moral government of the world.
—Cardinal Gibbons.

KINDNESS
The world is starving for the milk of human kindness—that gentle, tender, soothing, benign, and sympathetic feeling which makes all mankind kin. The thirst is insatiable, the hunger intolerable; and if they will, may suppose that such a morsel as kindness is all that is needed to save some one's fortune life, becoming themselves the richer in love while enriching others.

THE ROYAL HOUSE
A very common error is to assume that it is the house of God which rules over the British Empire. The royal family were Guelfs from the accession of George I, to the accession of Edward VII, who was the first King of the house of Saxe-Coburg-Gotha. All informed persons are rather apt to dwell on the German connections of the royal house of Britain, to the exclusion of all considerations of its British elements. The King, for instance, is a descendant of Alfred the Great, of Edgar Atheling, of William the Conqueror and of Robert Bruce, to mention but a few of his illustrious ancestors.

NEAT FLASHES, DIZZY, NERVOUS
Mrs. Wynn Tells How Lydia E. Pinkham's Vegetable Compound Helped Her During Change of Life.
Richmond, Va.—"After taking seven bottles of Lydia E. Pinkham's Compound I feel like a new woman. I always had headache during the Change of Life and was troubled with other bad feelings common to that time—dizziness, nervous feelings and heat in the head. Now I am in better health than I ever was and recommend your remedies to all my friends."—Mrs. LINA WYNN, 2315 E. O Street, Richmond, Va. While Change of Life is a most critical period of a woman's existence, the annoying symptoms which accompany it may be controlled, and normal health restored by the timely use of Lydia E. Pinkham's Vegetable Compound.

Children Cry for FLETCHER'S CASTORIA
Some men would soon get rid of their self-respect if they had to pay taxes on it. Almost every merchant has a customer whose name his bill is turned, he calls "Old Tight Wad." Quick temper is an illumination in honor of wounded self esteem. An excuse is the only thing that is easy to find when you're looking for it. People who haven't anything else they can spare, can usually give advice. The man who pays as he goes usually has enough to purchase a return ticket. Lots of people are worrying over the Rhine cathedrals who never go to church.

HAD WORST CASE OF CONSTIPATION DOCTOR EVER KNEW.
Although generally described as a disease, constipation can never exist unless some of the organs are deranged, which is generally found to be the liver. It consists of an inability to regularly evacuate the bowels, and as a regular action of the bowels is absolutely essential to general health, the least irregularity should never be neglected. Milburn's Lax-Liver Pills have no equal for relieving and curing constipation and all its allied troubles.

Protecting Your Children
The long, hard school term drains the vitality of growing children and you wonder why they are listless, puny and pale. Every school child will show marked improvement in health and growth if given

SCOTT'S EMULSION
Its rich, uniform cod liver oil gets into their blood and gives them vim, snap and zest. It creates strength to resist school sicknesses, overcome pinched faces, pallid complexions and dull eyes. High authorities have established again and again that cod liver oil promotes growth and energizes the body and brain.

ASSAM Teas for Economy
Assam teas are the strongest and richest grown. It is of these teas that Red Rose Tea chiefly consists. That is why it yields the very large number of 250 cups to the pound—at the cost of about a cent for five cups, and every cup is as strong, delicious tea.
Kept Good by the Sealed Package



THE FRENCH SOLDIER
One of the most striking characteristics of the French soldier, remarks a recent writer, is the way he has of getting to work again as his trade as soon as he goes home, if it is only for a few days' leave. Thus, the farmer will pick up his daily work at his little farm almost at the hour he arrives, and the soldier will get him his hat, saddle and gun as if he were his old customer who may serve during his stay at home. A famous aviator, on four days' leave, donned his white apron, just soon as ever he could—he was a restaurant keeper—and was glad to spend his short holiday serving the little coterie of guests whom his wife had kept together.

HAD A VERY BAD GOLD and COUGH
DR. WOOD'S NORWAY PINE SYRUP CURED HER.
Mrs. C. Dresner, Bayfield, Ont., writes:—"I want to tell you of the benefit I got from your medicine. Last winter I had a very bad cold and cough, but after taking two bottles of Dr. Wood's Norway Pine Syrup I was cured. I think it is about one of the best cough syrups that I know of. I always keep a bottle of it in the house so I can have it when I want it. The other week I told an old lady about Dr. Wood's. She had been sick for three weeks with bronchitis, but after getting medicine from the doctor, but did not seem to be getting much better. She got one bottle of Dr. Wood's Norway Pine Syrup, and she says it did her more good than all the doctor's medicine she had been taking. Dr. Wood's Norway Pine Syrup is rich in the lung healing virtues of the Norway pine tree, and this makes it the best remedy for coughs and colds. The syrup is put up in a yellow wrapper; 3 pine trees the trade mark; price 25c. and 50c.; manufactured only by The T. Milburn Co., Limited, Toronto, Ont."

THE SUCCESS OF PERSONALITY
We need to take into account that success comes to those who are quiet as much as we do. Some men make money, and become so absorbed in the process that they are little more than pecuniary machines. They have no real friends. In the community, they stand for nothing but a dollar sign. It is absurd to think of such men as men who have achieved success, for as far as their personalities are concerned, they are dismal failures. The successful man is the real man, the man who has developed heart and soul and built all together, the man whose opinion counts, the man whose neighbors and associates trust him, and whose family love him. He may never earn more than a small salary, he may never make an important invention, or write a popular book, or paint a wonderful picture, or do any of the other things the world reckons great, but he has done one big thing, and that is himself. To possess a lovable, trustworthy personality is to possess a success of life.

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STILL UNBETTER.
The sergeant-major had the reputation of never being at a loss for a answer. A young officer made a bet with another officer that he would in less than twenty hours ask the sergeant-major a question he could not answer. The sergeant-major accompanied the young officer on his rounds, in the course of which the cook house was inspected. Pointing to a large copper of water just commencing to boil, the officer said:—"Why does that water only boil round the edge of the copper and not in the center?" "The water around the edge, sir," replied the sergeant-major, "is for the reason that they have their breakfast half an hour before the remainder of the company."—Tit-Bits.

PROSE VERSE
It was a pitiful mistake, an error and a grin. I walked for the railway train to the light was low and dim. It came at last, and from a car there stepped a dainty dame, and looking up and down the place, she straight up to me came. "Oh, Jack!" she cried, "oh, dear old Jack!" and blood me as she spoke, she looked again and, frightened, she cried:—"Oh, what a bad mistake!" I said, "My wife's name is Annie, for I am not your Jack, and as regards the kiss you gave, I'll straightway give it back." And since that night I've often stood upon that platform dim, but only once in a man's whole life do such things come to me.

TUBERCULOSIS SUNDAY
Last year, as in years past, nearly every housewife and school teacher in Ontario helped to spread the Gospel of Good Health on Tuberculosis Sunday and Tuberculosis Day in the Schools. This year, under the auspices of the National Sanitarium Association, endorsed by the leading Clergy and of all Denominations and by the Department of Education, Sunday, November 24th, and Monday, November 25th, have been appointed for the annual observance of these days. At no time in the history of the world has the necessity for physical fitness been so great as it is to-day. One has but to realize the reports of the statistics for active service abroad to note the many that are unfit. "You have tuberculosis" has been the pronouncement to thousands of young men in Canada and the United States during the past few months. A thorough physical examination a year ago might have exposed the weakness and prevented the development of this dread disease, and yet in spite of such a warning, thousands of men and women will continue to every day to die and that they will have become victims of Consumption. If you would avoid this disease, watch your health, avoid needless worry and over-work; see that your food is nourishing and that it is served at regular intervals. Above all—get out in the sunshine every minute you can spare; see that the windows in your place of business and in your home are open so that day and night you may be assured of a plentiful supply of pure, fresh air.

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PROHIBITION IN SEATTLE
Prohibition does not prohibit "when the authorities in the States make a serious and persistent effort to enforce the law." Seattle's presence in connection with the adoption of prohibition has been so favorable that one of its daily papers, "The Chronicle," which opposed the proposal to make the State dry, is very emphatically proclaiming the happy results of the adoption of a policy which it opposed. It quoted as saying:—"This paper is ready at ten seconds notice to fight its best against any serious effort to repeal or cripple the prohibition law. For many months now Seattle has honestly tried prohibition; and it has prohibited. Not perfectly, but better than any law prohibits fast driving, or larceny laws prohibit theft. The county jail has 100 cells to let that had tenants a year ago, and the Poor Farm has lost one-fourth of its boarders. "Add to this unemployment is less, destitution is less, poverty is less than twelve months ago. Divorces are fewer. Collections are easier, drives have closed, white slaves are not to be found, burglaries and hold-ups have dwindled, the parkland has been planted, grocers, clothing merchants, and also dealers report gains in business. The city is more cheerful, the banks hold millions more in deposits, than they held last year, and hotel men who at that time were near panic over the coming of the new law are wearing smiles as they stare at the figures. If prohibition can be enforced in such cities as Seattle or Kansas City, Kansas, it can be enforced anywhere, and yet some people pretend that it can't be enforced in large cities in Ontario. The fact is that where business men find the great increase in business that follows prohibition they will not stand to be robbed of their property any longer by the beer and whiskey vendors."—H. Arnold, M. B., M. C. P. B.

MOTHERS VALUE THIS OIL
Mothers Value This Oil—Mothers who know how suddenly quiet may seize their children and how necessary prompt action is in applying relief, always keep at hand a bottle of Dr. Wood's Norway Pine Syrup. It has cured many a case of whooping cough, and has taught them that there is no preparation to be had for the treatment of this ailment. And they are wise, for its various uses render it a valuable medicine.

CHILDREN CRY FOR FLETCHER'S CASTORIA
FOR INFANTS AND CHILDREN
In Use For Over 30 Years
Always bears the Signature of *Chas. H. Fletcher*

THE DAY HAS COME
There are, it may be, many months of frost and snow in the winter of us. It is a fearful thing to lead this great, powerful people into war, into the most terrible and disastrous of all wars, civilization itself seeming to be in the balance. But the right is more precious than peace, and we shall fight for the things which we have always carried nearest our hearts—for democracy, for the right of those who submit to authority to have a voice in their own governments, for the rights and liberties of small states, for a universal dominion of right by such a peace as will give to each man his chance to live out his life in peace and safety so all nations and make the world itself at last free. To such a task we can dedicate our lives and our fortunes, everything that we are and everything that we have, with the pride of those who know that the day has come when America is privileged to speed her blood and her might for the principles that gave her birth and happiness and the peace which she has treasured. God helping her, she can do no other.—Woodrow Wilson.

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FIVE FUNERALS IN THREE YEARS
Family Almost Wiped Out By Consumption.
From a hotel in the rear of more pretentious than a garage, a splendid tale, one that in this fair Province of ours seems almost incredible, yet, to those who know the ravages of consumption, is but a typical case. Grief-stricken, the mother tells us of her five small children buried from this lonely home during the past three years, of her only remaining child, suffering from a tuberculous hip, and then as though in mockery of their misery, the father, too, was stricken. He is now a patient at the Muskoka Free Hospital, where every endeavor is being made to save his life. The Muskoka Free Hospital for Consumption is appealing for help to carry on this fight against the Great White Plague. The money you give will help with the purchase of medicine, and give them a fighting chance for their lives. Contributions may be sent to W. J. Gage, Chairman, 24 St. James Avenue, Toronto, or Geo. A. Reid, Secretary-Treasurer, 223 College St. Toronto.

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THE KING'S BREAD
During his recent tour in the North the King very nearly became the victim of the very thing he is now so anxious to see. The baker's shop after closing hours and asked for bread. The baker's wife refused to give him any. "But it is for the King," said the official, "and there isn't a bit of bread on the train." "I don't care if it is for the Queen," was the reply. "I dare not serve you." "But I demand it." "I am sorry," persisted the official, "but I must refuse to serve you." "What can I do?" asked the woman. "You might see the police," was the suggestion. This was done and the King got his bread, though even so the consciousness of the baker's wife still persistently troubled her. The cheapness of Mother Graves' Worm Expeller puts it within reach of all, and it can be got at any drug-gist's. A man's worst enemy is his feet.

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KIDNEYS SO BAD WOULD FAINT AWAY THAT WAY FOR TWO YEARS.
Those who have never been troubled with kidney trouble do not know the suffering and misery which those afflicted undergo. The dull pains, sharp pains, and quick twinges, all point to the fact that the kidneys require attention. Doan's Kidney Pills are a specific for all kidney troubles. Mrs. Albert Williams, Edam, Ont., writes:—"I have the greatest pleasure in telling you what Doan's Kidney Pills did for me. Ten years ago I was so bad with my kidneys that I could hardly get up, and I could not stand to do anything. I had been that way for two years, and had done all I could, but did not get any better until one day some one put a little book in my hand, and I saw how was there so I thought I would try them, and I am glad to say that after taking four boxes I have never since had any trouble again. Thanks to 'Doan's.'" When asking for "Doan's Pills" see that you get the thing every line with the trade mark of Dr. J. C. Doan, Ltd., Price 50c. put up by The T. Milburn Co., Limited, Toronto, Ont.

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Children Cry for Fletcher's CASTORIA
The Kind You Have Always Bought, and which has been in use for over thirty years, has borne the signature of the most eminent medical authorities, and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA?
Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrup. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS
Bears the Signature of *Chas. H. Fletcher*
In Use For Over 30 Years
The Kind You Have Always Bought

SHARP PAINS SHOT THROUGH HEART.
Thousands of people go about their daily work on the verge of death and yet don't know it. Every once in a while a pain will shoot through the heart, but little attention is paid to it at the time, and it is only when a violent shock comes that the weakness of the heart is apparent. There is only one cure for the weak heart and that is Milburn's Heart and Nerve Pills. Mr. H. A. Young, 83 Hayer St., Toronto, Ont., writes:—"I used to have sharp pains shoot through my heart, suffered from shortness of breath, and was so nervous I could not sleep at night. A friend advised me to try Milburn's Heart and Nerve Pills, and after one box I found great relief. Three boxes completely cured me." Milburn's Heart and Nerve Pills are 50c. per box at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.

THE MERCHANTS BANK OF CANADA
Save and Serve—Buy Victory Bonds
Victory Bonds Save Soldiers
Have You Saved Your Soldier?
Buy Your Share in Victory
Buy Victory Bonds
ACTON BRANCH
L. B. Shorey - Manager

On terms to suit Any Style COLUMBIA GRAFONOLA
You don't have to wait until you get fifty, seventy-five or even twenty-five dollars together. Just select the instrument you want, make a small first payment, and have it delivered to your home at once. Payments so small you will never miss them—and the pleasure so great that you will wonder how you could have been without a Columbia Grafonola before. Come in today and make your selection. We can arrange convenient terms.

C. C. SPEIGHT ACTON, ONT.

When You Need BOOTS SHOES At Any Time
BUY FROM **W. WILLIAMS**
ACTON ONTARIO
FAMOUS FOR **Satisfactory Footwear**
REASONABLE PRICES

GRAND TRUNK RAILWAY SYSTEM
TABLE OF RATES
The following rates are in effect at the date of publication.
For full particulars see the General Tariff and Rules.
In Effect April 26th, 1917.

Class	Rate
First	...
Second	...
Third	...

VICTORY BONDS
Buy Bond of loyalty for the honor of your country
Victory bonds save soldiers, have you saved your soldier?
Buy Victory bonds
Kenney Bros.
Acton Ontario

We want Now
A Reliable Agent in Halton County to sell Pelham's Peerless Fruit and Ornamental Trees during Fall and Winter months. Good pay, exclusive territory, free selling equipment.
OVER 600 ACRES
Of the choicest Nursery stock including NEW varieties controlled by us. Handsome up-to-date selling equipment and a splendid Canadian-grown stock to offer customers. We are not jobbers. Write now for agency terms to
PELHAM NURSERY CO.
TORONTO ONTARIO
N. B.—Catalogue sent on request to applicants for agencies or purchasers of Nursery stock.

ACTON LIVERY AND BUS LINE
Having purchased the livery and goodwill of the business from Mr. A. McCann, I solicit with confidence the patronage of the public. Comfortable rigs supplied at reasonable rates. Special attention to supplying conveyances for weddings and funerals. Motor Cars furnished when required.
BUS MEETS ALL TRAINS
L. E. ATKINSON
Acton Ont

Grain Chopping
Well Done and Quickly at only 5 cents per bag.
HARRIS & CO., Limited
ROCKWOOD ONT

When You Need BOOTS SHOES At Any Time
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