But what have sto'done to-day ! Wa shall both kund in the after while But what have we been to day? Wo shall bring to each lonely life a smil

Hut what have we brought to-day; Woshall give to truth a grander birth, And to atcadfast faith a dooper worth, Wo shall feed the hungering souls of earth, But whom have we fed to-day?

## THE HABIT OF FAULTFINDING

We may any impatient, irritable things because we are taken by surprise, but the habit of faultfinding is more serious. As a rule it does not imply a spilden temptation, coming so swiftly that we have not time to rally our defenses, but a chronic

There are people who rarely comment.on an acquaintance without saying semething disagrecable. Hulds would be surprised to know that she belongs in this class, yet all her acquaintances could assure her on this acore. "How beautifully Lelia sang at the musical Thursday," some one says his own family, the changes are be would to her, and Hulda promptly replies, "Yes, but didn't her dress hang awfully! I uover caw Lelia look so plain and unattrac- Do not make the mistake of undervalu-

tiva" . Her first comment on a new acquaintance is always an uncomfortable one. She finds this young collegian un- stranger is more efficacious than that of pleasantly impressed with his own attain- father or mother or intimate friend. The ments. The new minister's wife impresses people who know you well are far better her as disagreeably reserved. She may able to tell you what is best for you to do later grow to like both, but the friendship, than is some stranger who answers your if it ever materializes? must overcome ber inquiry on general principles. original proljudico.

"Watch yourself for a day and see whoth, or words of approval or of criticism rise most readily to your lips. It all depends whether you are looking for good or on the watch for flaws. There is no surer formula for making yourself unpopular and un-

#### Children Cry FOR FIFTCHER'S CASTORIA

NOT TO BE CAUGHT

Doctor-You are slightly merbid my dea ndy. You should look about you and marry again.

Doctor-Allow me to remind you, marlam that a doctor prescribes medicine-but be

To have the children sound and health; is the grat care of a mother. They cannot be healthy if troubled with worms. Use Mother Graves' Worm Exterminator.

You always make more enemies that money talking politics on the street corner Let truth and falsehood grapple ; whoever know truth put to the worse in a free and

by the mots. The is and proper

Hollowayle Corn Cure takes the corn

most engaging powers of anthor are to make new things familiar and familiar things now. Trials nover weaken us. They only show ns that we are week.

### TakeGood Care Of The Colts

buy horses. But it's costly if you lose the colts. Keeps bottle of Kendall's Spavin Care handy. For thirty-five remedy for spavin, splint, curb, ring-bone, bony growths and lameness

is sold by druggists everywhere at \$1 a bottle, 6 bottles for \$5. Get a free copy of

Dr. R. J. KENDALL CO., Esosburg Falls, Va

THE COMING FALL FAIRS Dates of the Fairs in which Local Readers are Most Interested

The Department of Agriculture publish es this wook the list of fall fairs in Ontario. The following dates are given :

Acton ......... Sept. 25-26 Bolton ..... Oct 1-2 Brampton ..... Sept. 21-22 Burlington ..... Thanksgiving Day Erin ..... Ook 11-12 Fergus ..... Bept. 20-27 Georgetown ..... Oct. 3-4 Loudon ......... Sept. 7-15 Markham ..... Oct. 3-5 Milton .... Oct. 9-10 Newmarket .... Sopt. 26-28 Oakvillo . ..... Sopt. 17-19 Rockwood ...... Oct. 4.5 Strectavillo ..... Sept. 26 Teronto ..... Aug. 25-Sept. 10 Waterdown ...... Oct. 2

#### MERVE TROUBLES AND PALPITATION OF THE HEART GO HAND IN HAND.

When the heart begins to beat in egularly, pulpitate and throb, beats fast for a time, then so slow as to seem almost to stop, it cames great auxiety and alarm. When the heart does this many people are kept in a state of morbid fear of death, and become nervous, weak, worn

To all such sufferers Milhurn's Heart and Nerve Pills will give prompt and Mrs. Thomas Davidson, Mount

Brydges, Ont., writes: "I have been a great sufferer in the past with nerve troubles and palpitation of the heart. I tried several remedies, but without any

My son came in one day and advised me to take Milburn's Heart and Nerve Pills. After using one and a half homes I am fully recovered, and am in a perfect

state of health, thanks to your valuable Milbura's Heart and Nerve Pills are boe per box, at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Out. must catch them by the fore-lock.



#### HOME-GROWN COUNSEL

There is a quality in human nature which makes it easier for us to accept advice from atrangers than from friends, II you road the lettern written to the departments of newspapers which make s specialty of offering people counsel on their pergonal affairs, you are astonished to see on what intimate matters they asked advice. As a whole, the counsel given is nothing remarkable. Almost any person with ordinary common same could do as well, while one who know the details of the affair, not merely a smattering, could probably do much better. If the socker for counsel had turned to some member of have fared better, in the matter of getting

ing homo-grown counsel. Do not allow yourself to feel that the advice of some

#### Thought She Hould Lose Two Children With happy than to form the habit of overlook- Bloody Dysentery

Dysemtery manifests itself with varying degrees of intensity, but in well marked cases the attack is commonly preceded by loss of appetite, and some amount of diarrhoea, which gradually increases in severity, and is accompanied with griping pains in the abdomen. The discharges from the bowels succeed each other with great frequency, and first resemble those of ordinary diarrhoca soon change their character, becoming scanty, mucous or slimy, and subsequently mixed with, or consisting wholly

Never neglect what at first appears to be a alight attack of diarrhoes or dysentery may set in. Cure the first symptoms by the use of Dr. Powler's Extract of Wild Strawberry.

Mrn. J. Purdy, Leask, Sask., writes: battalion calling me 'that bow-legged old "I have used Dr. Fowler's Extract of Wild Strawberry in my family for bloody dysentery with perfect results. I think, without a doubt had I not been able to duffer with the bald head."" precure a bottle just when'I did, I would as regularly as you aw sood in your soil, and have lost two of my children."

"Dr. Fowler's" has been on the market for the past 72 years, and its reputation on the market claiming to make the care name. Towler's." These po io reputation strawberry compounds may be dangerous to your health. so demand and insist on being given

"Dr. Fowler's" when you ask for it.

Manufactured only by The T. MIL-

HE MIGHT BE Dinah had been troubled with a tooth ache for some time before she got up enough coarage to go to a dentist. The moment he touched her tooth she screemed. "What are you making such a noise for ?" he demanded. "Don't you know I'm painless dentist'?

"Well, sah," retorted Dinah, "mobbe yo' is painless, but Ab ian't."

og better for sprains and contusions than Dr. Thomas' Ecloctric Oil. It will reduce the swelling that follows a sprain, will cool the inflamed flesh and draw the pain as if by magic. It will take the ache out of a bruise and prevent the ficah from discolaring. It seems as if there was magic in it, so speedily does the injury disappear under

#### EXPERIENCE

"Have you over had any experience in handling high-class ware?" asked a desler in bric-a-brac of an applicant for work. "No air," was the roply, "but I think I

"Suppose," said the dealer, "you accidentally broke a very valuable percelain vaso, what would you do?' "I should put it carefully together," replied the man, "and set it where a wealthy customer would be sure to knock it over

"Consider yournelf engaged," said the dealer. "Now, tell me where you learned that trick of the trade." "A few years ago," answered the other "I was one of the 'wealthy-customer'

class."- Now York Tolograph.

CASTORIA For Infants and Children In Use For Over 30 Years Eignatura di hal Stilletekes

It a unpossible to read without profiting

He who is hig in his own eyes in small in other people's. Three unstable things of this unstable world are-the wind, April sanshing, and

woman's plighted faith. He who mover drives his work is always ; What a miserable aim has he who liver !

for himself alone. The white of ogg will remove a fishbone from the throat if braten and given at

The men who considers having on credit in casy way to got things is not a cafe in

Directness of alm is of more important than loudness of report. . Opportunities are .bald .bohlad.

ITALY APPEALS TO CANADA IN RED CROSS CAMPAIGN

Goal of \$100,000 Set for Southern and. Western Ontario District.

Chevalier L. Zunini, Royal Italian Consul-General, to Handle Fund.

Italy's magnificent fight in the heroes, sponsored by the youthful Alpino mountains of Auntria is costing hundreds of thousands of brave Italian soldiers' lives. appeal is now being made by the



CHEVALIER L. ZUNINI. Royal Italian Consul-General to

Government of Italy to the people her noble contribution to the sucof Canada through Chevaller L. cens that is yet to be ours and hors." Zunini, Royal Italian Consul Gen- in a recent editorial comment on the crai, Montreal, for the Italian Red Italian, Red Cross campaign in Cross and orphans of her fallen Canada.

never cossing fear of renewed attack. Let

him turn to Dr. J. D. Kellogg's Asthme

can give. Let him but use it faithfully and

he will find his authms a thing of the past.

INFLUENCE NEEDED

he sought his olderly colonel, and poured

your influence to prevent the men in my

platoon from calling me 'Baby Bunting.'

old colonel. "I will, with pleasure-if

you'll use your influence to stop the whole

Plant's crop of good books iff your home

dog's tail is no teamster, but it con

when you get old you will not regres i

Children Cry

FOR FLETCHER'S

CASTORIA

NOT ALWAYS

"And now, boys," concluded the eminent

risitor to the school, "never be in toogreat

a hurry. More haste, less speed. Remem-

ber the hare and the tortoise. Let 'alow,

but sure,' be your motto. Then you can't

"There's lots of things that's slow, but

go wrong. Be slow and you will be sure."

forth a complaint.

orally has a wag-on.

they ain't sure."

"On ! 'Name one, then."

"Please, sir, a watch."

He was very young and fresh and new

"Sir, I should be so obliged if you'd use

"Cortainly, my lad-certainly !" said the

Remody and know what complete relief

The Man With Asthma, almost longs for NOT A SUITABLE PATHER-IN-LAW death to end suffering. Ho sees shead Old Gotrox-Let my daughter marry you only years of endless torment with intervals then you can't support yourself? Why, she of rest which are themselves fraught with

Suitor (with great dignity)-Well, sir, if and her bushand starve. I don't care to enter the family.

Crown Prince limberto di Savoia,

In answer to this appeal, South-

ern and Western Ontario have Bred

a goal of \$100,000 to be raised by

and September. Boyal Italian Con-

sular Agent Glovanul Danovaro at

Welland has been appointed official

representative of the Italian Rod

Cross in this division I. P. Shum-

way and Is Porter Moore, of the

Army and Navy Y. M. C. A. of the

United States, and associated with

the War Council, American Rod

Cross during its recent successful

drive for \$100,000,000 in the

United States, officially represent

the Italian Red Cross as divisional

directors and eampaign organizors.

Their beadquarters are at Brant-

Through Colonel Nocl. Marshall,

chairman of the Central Executive

Committee, the Capadian Red Cross

has pledged its support, and that of

all local units is asked, for the Ital-

lan Red Cross campaign. "Every

dollar that is given will make its

bond botween Italy and Canada Let

us show our Italian friends within

our borders that we hild in grateful

regard the land that gave them birth; that we appreciate her tro-

mendous sacrifices in the great

cause for which we fight, and that

we cannot regard with indifference

popular authoription during August

to most prenning monda

#### BURDOCK and he was a second lieutenant. One day BLOOD BITTERS WILL MAKE YOU EAT.

The sufferer from dy poin and indigestion who has to pick and choose his food, is the most miserable of all many Even the little he does cat caus \_ such torture, and is directed so in perfectly on to the fanks of the German that it does him little gootle What dyspeptics need so not artificial digestion but somethin; that will put their stomach right soit will manufacture

its omi digestive fermeses Burdock a normal, healthy condition thoroughly digested and pesimilated.

Miss Ella McDonald, Charlottetown, P.E.I., writes: "I have used Burdock Blood Bitters, and find that few medicines can give such relief in dyspepsia and stomach troubles. I was troubled for three years with dyspepsia and could not get anything to do me any good until I took B.B.B. I took four bottles, and I can honestly say I am now cured, and can eat anything without it hurting me." B.B.B. is manufactured only by The

T. Milburn Co., Limited, Toronto, Out.

HIS LIMITATIONS "Are you not ashamed to use wolson

"Not always, sir," piped a young archin. " I'm dolog the best I can in my limited "Not always? How do you make that way," whimperd the savage. "Of course, poisoned arrows only get one at a time. But we lack the mechanical facilities for wholesale operations with U-boats Washington Star.

A Woman's

How to Feel Well During Middle

Learned from Experience.

Life Told by Three Women Who

The Change of Life is a most critical period of a

Philadelphia, Pa.—"I started the Change of Life five years ago. I always had a headache and back-

live years ago. I always had a headache and backache with bearing down pains and I would have heat flashes very had at times with dizzy spells and nervous feelings. After taking Lydia E. Pinkham's Vegetable Compound I feel like a new person and am in better health and no more troubled with the aches and pains I had before I took your wonderful remedy. I recommend it to my friends for I-cannot praise it enough."—Mrs. Manganer Gnassman, 769 N. Ringgold St., Philadolphia, Pa.

woman's existence, and neglect of health at this time invites

disease and pain. Women everywhere should remember

that there is no other remedy known to medicine that will

so successfully carry women through this trying period as

Lydia E. Pinkham's Vegetable Compound, made from

Boverly, Mass.—"I took Lydia E. Pinkham's Vegetable Compound, for nervousness and dyspepsia, when I was going through the Change of Life. I found it very helpful and I

have always spoken of it to other women who suffer us I did and

No other medicine has been so successful in relieving woman's

suffering as has Lydia E. Pinkham's Vegetable Compound.

Women may receive free and helpful advice by writing the Lydia

and answered by wonten only and held in strict confidence.

Eric, Pa.—"I was in poor health when the Change of Life started with me and I took Lydia E. Pinkham's Vegetable Compound, or I think I should not have got over it as easy as I did. Even now if I do not feel good I take the Compound and it restores me in a short time. I will praise

have had them try it and they also have received

good results from it."-- Mrs. Gronor A. Dunnan, 17 Roundy St., Beverly, Mass.

your remedies to every woman for it may help them as it has me."—Mrs. E. Kissline, 931 East

24th St., Erio, Pa.

native roots and herbs. Read these letters:-

- Problem

FIER eighteen 'months' in England and of the Duttlefront in his capacity of. chaplain of the 43rd Cameron Highlanders of Winnipeg, Major the Roy. C. W. Gordon, better known tof the reading world as "Ralph Connor, in back in Canada on two months' leave. During his short respite from active service work he has been requested to argist in the National Service campaign, and has consented to devote part of his time to the cause.

BALPH CONNOR SPEAKS

"Ralph Connor" is grayer than he wan when be went away. The battalion whose spiritual advisor he was went into the Somme fighting round Regina Trench 900 strong. It came out mustoring but staty-five rifles, and its gallant commander, Liout. Colonel Thompson, was not there to take the muster roll, having fallen in

The chaplain of the regiment,

however, brings back to Canada a message of optimism and a story of grim determination on the part of the Allies to see this thing through. "Peaco!" to remarked when interviewed in Ottawa. "The only peace talked of in England to-day in that based upon the declaration of Mr. Asquith at the beginning of the war. There is no man of any standing or influence in the old land to-day who has deviated one lots from that stand, endorsed as it was by the whole people. Not that there is anyone who is not sick of this war, and would welcome peace, but we have left too many splendid men up in the sallon of Ypres and lying at the Somme to give up what we thought wan right at the commencement of the great conflict. If we were right then we are right now, and if we are

quit under present conditions. "The spirit of our men is splendid. The spirit of the whole people is splendid. In fact that spirit is the continual wonder of the war. Nobody talks of peace until our task has been accomplished.

"What we want in the next few months," he continued, "is such a demonstration of power on the part of the Allies as will break the heart of the German militarists. It is very near the breaking point now. When the spring comes -- well, we shall acc." Major Gordon was asked what in

bin own opinion would most etimulate recruiting in Canada. He show-"Does it require stimulating?" be asked. "Is it possible that any

young man in Canada fit to go and fight and who ought to go and fight is unwilling to do no? "If the facin in regard to the war were put vividly before the minds of the youth of Canada they could not fail to respond. Do you think that; any man with red blood in hin veins could fall to respond to the real story of the retreat from Mozo? I don't boliger that story is known in Canada-tie story of the torride and glorious exploit of the 'contemptible little British army'-really the finest. army which ever went forth to night for any cause in the world, whether personnel or equipment. There. was nothing like it in Germany. Phore was nothing like it in France. For over two weeks that army hung

hordes, finally comtituting, I fully believe, the determining factor in the victory of the Marne. "And take the battle of the Marne -the greatest battle of history-do we in Canada know anything of that? If young Canadians know of the battle of the Marne, if they knew what Britain has been doing, what Canada bas been doing (and they don't dven know that as they should), they

would not need stimulating. There never was in the history of the Empire a time when the people were so terribly resolved to see a thing through. They are preparing for events with no regard for time. They are building plants, for instance, in England to-day which won't be ready for operations till late in 1917."

Asked to what 'bo attributed the

general ignorance of the vivid things the mistakes of the war has been the stupid and souliers censorship imposed. While the Allies were fighting for their very souls in Franco in those early terrible weeks of retreat the papers were unying that everything was all right. The news the censor allowed to get out was ridioulous, and nobody laughed more grimly over the roading of it than the men at the front themselves. "There ought to be a fearless putting of the facts to the hearts of the people," continued Major Gordon emphatically. "If we are being beaten let us know it, if we have done a gallant deed let the world know it. As it is, we are neither told the truth about our reverses, nor do wa receive the inspiration of the re-

#### Studied at McGill.

Major J. S. Jenkins, deputy director of the medical department of the Fourth Canadian Division at the front, met a German officer prisoner from the recent Somme fighting who stated that he was a graduate of the Faculty of Science of McGill Uniunderstand why England and Gormany were fighting. His convermetion revealed much antipathy between the senior and the junior Gar-

NOT TO BE CHEATED Little John had been extra specially good that aftorooon, and father felt amiably

"Papa," piped John, "can I have a ban-"Yes, certainly, sonny." "l'apa, if I was twins would you give tho

ther boy a banaua too?" "Yes, of course." "Well, pape, you aren't going to cheat me out of another banana just because I'm di in ose piece, are you to

MILDURN'S LAXA-LIVER PILLS

#### Sweeten The Breath.

They stimulate the sluggish liver, clean the coated tongue, sweeten the breath, clear away all waste and poisonous materials from the system in mature's easy manner, and prevent as well as cure constipation, heartburn, catarrh of the stomach, sour stomach, water brash, floating specks before the eyes, jaundice, sallow or muddy complexion, and all diseases arising from a disordered or

discased condition of the liver. 'As an "after dinner" pill they are most valuable, relieving that "full or bloated feeling" and preventing in-

Milburn's Laxa-Liver Pills are 25c. per vial, at all dealers or mailed direct E. Plukhani Medicine Co., Lynn, Mass. Such letters are received I on receipt of price by The T. Milbutu Co., Limited, Toronto, Ont.

# Children Cry for Fletcher's

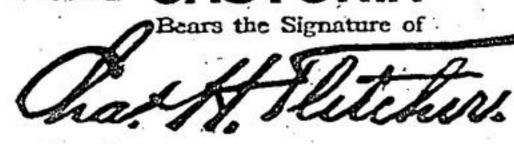
# 

The Kind You Have Always Bought-and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision sinco its infancy. Mary, Huchell Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment.

#### What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregorle, Drops and Soothing Syraps. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its ago is its guarantee. It destroys Worms and allays Foverishness. For more than thirty years it has been in constant use for the relief of Constipation. Flatniency, Wind Colic, all Teething Troubles and Diarrhoa. It regulates the Stomach and Bowels. assimilates the Tood, giving healthy and natural sleep. The Children's Panacca-The Mother's Friend.

GENUINE CASTORIA ALWAYS



In Use For Over 30 Years The Kind You Have Always Bought THE GENTAUR GOMPANY, HEW YORK CITY.



You know, if a thing is worth doing at all, it is worth doing well. So, for your dishes and utensils, use Sunlight Soap. Its soft, creamy lather ensures a shining cleanliness that will be a delight to the eye.

# SunlightSoap

has great cleansing power, yet it never reddens or hurts the softest hands, being of surpassing purity.

A \$5,000 guarantee of purity goes with every ber of Sealight Soap. All grocers sell it.

# "MAPLEHURST

Now on The Market

35 CENTRALLY LOCATED BUILDING LOTS

for prompt sale at very reasonable prices Choose Yours

TO-DAY

The new "Maplehurst" subdivision, with its numerous building ota, in apleudid situation is now open to purchasers. Wide streets and large lots. All near the centre of the town, convenient to station, post offices, churches, schools, and within a few yards of the new Shoo Factory Building sand in every cellar, or supplied from a sandpit on the property water early obtainable. For full particulars as to prices, terms, etc., call on

Robt. Wallace, Acton

THE SECRETARY SE

HEBERVE PUNDS AND UNDIVIDED PROFITS ... 7,250,084 THE MERCHANTS BANK

OF CANADA D. C. Macarow. Sir H. Montague Allau, C. V. O.,

LOOK TO THE FUTURE

Thues may change and work become less plentiful for you with advanced years and you will have no such help anywhere as your nice little few hundred dollars saved in some sound Canadian Bank. Begin Now with only One Dollar -Make a hobby of it. See how far behind you can teave Trouble and Hard Times. Above all things do not look backward in your run to the harbor of comfort. 223 Branches in Canada. Farmers business solicited.

ACION BRANCH

Manager L. B. Shorey

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tone. Livin

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stbane.

Don't Sweep with

Order a tin to-day from Packed in barrels and

out Dustbane

kegs for large consumers.

Dustbane Mfg. Company, Limited

I.

### ACTON LIYERY

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Having purchased inclivery and goodwill of the business from Mr. A. McCaun; I solicit with confidence the patronage of the Comfortable rigs supplied

Special artentiod to supplying Motor Cars furnished when

BUBIMEETS!ALL TRAU

L. E. ATKINSON Acton

Quickly at 5 cents

per bag.

HARRIS& CO. Cimi

W. WILLIAMS

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FAMOUS FOR Satisactory Footwear

REASONABLE PRICES

When You Need BOOTS SHOES At Any Time