

WATCH THE CORNERS

When you wake up in the morning of a clear or cloudy day... And feel inclined to yawn, yawn, yawn...

WISE AND OTHERWISE

Two sentimental college youths were discussing the quality of girl they most choose as life companions.

HOW MRS. BEAN MET THE CRISIS

Carried Safely Through Change of Life by Lydia E. Pinkham's Vegetable Compound.

Nashville, Tenn.—"When I was going through the Change of Life I had a tumor as large as a grape..."

Lydia E. Pinkham's Vegetable Compound, a pure remedy containing the extractive principle that meets the needs of the system at this critical period of her life.

If there is any symptom in your case which puzzles you, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass.

A RAPID THINKER An old man living in South Berkshire was leading two lively calves out to early pasture in the morning.

Children Cry FOR FLETCHER'S CASTORIA

The age of the pioneers is not past; there are still opportunities of starting things and setting a good example.

BURDOCK BLOOD BITTERS WILL MAKE YOU EAT.

The sufferer from dyspepsia and indigestion who has to pick and choose his food, is the most miserable of all mankind.

CASTORIA For Infants and Children In Use For Over 30 Years

Always bears the signature of Dr. J. C. Watson, M.D., of Lowell, Mass.



MAGIC BAKING POWDER

NEWS TOPICS OF THE WEEK

WEDNESDAY

La Liberté, the anti-conscription paper published by Tancredi Marsili in Montreal, has suspended publication.

THURSDAY

A textile institute has been formed in Toronto. Canada's war expenditures to date total \$623,000,000.

FRIDAY

Michael Stakich, Governor-General of Finland, has resigned.

SATURDAY

Two American generals and their staffs have arrived in England.

deal for harvest help for Ontario... Works Commissioner Harris of Toronto, has been made honorary food controller for Ontario.

At the Paris conference the Allies decided to withdraw their troops from Greece as soon as possible.

Smoot White, president of the Montreal Gazette, and George G. Foster, K.C., of Montreal, were appointed to the Board.

A reward of \$500 for the apprehension of the murderer of the Toronto taxicab driver Tony Lepolla has been offered by the Province.

The Board of Grain Supervisors for Canada has prohibited any sale or shipment of Canadian wheat, without consent of the Board, to parties in the United States, so far as concerns the balance of the present crop, and until further notice.

Emperor Charles of Austria had a narrow escape last week while visiting the battlefield in Galicia.

More forest fires are reported in British Columbia. They are raging along the Elk River.

From the present indications, 42,000 harvest laborers will be needed in Western Canada this year.

The steamer Herculio sank in the Gulf of St. Lawrence as a result of a collision with the Dutch boat.

Chancellor Michaelis of Germany has gone to Vienna to become acquainted with Emperor Charles of Austria.

On account of the small number of prisoners in Kingston Penitentiary, it has been suggested that the staff of officials may be reduced.

Margaret Redpath, a six-year-old girl, was killed by an automobile in Toronto, and the police immediately arrested the driver on a charge of manslaughter.

Lieut.-Colonel Colin Harbottle of the 75th Battalion has presented the City of Toronto with a Goetz machine gun of the most modern type captured at Ypres.

Two German steamships, the Kronprinzess-Cecile and the Cincinnati, were placed under the American flag and are ready for immediate service.

An unknown man jumped overboard on an excursion boat in the Thousand Islands and was drowned, in spite of heroic efforts to save him.

The chief of the German spy system in Belgium was recently assassinated by a Belgian patriot, who escaped, although the Prussians have offered a reward of 3,000 marks for his apprehension.

The inquiry into the sensational charges contained in the O'Connor report against the men who made enormous profits in food stuffs will be held in Toronto by the Commission has asked for accommodation there.

Lieut.-Colonel Leonard of St. Catharines has donated a fund to be known as the Leonard Fund.

The American transport Saratoga, lying in an Atlantic port, was rammed by an incoming vessel. There were no lives lost.

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HOW TO KEEP WELL

BY JOHN W. S. McCULLOUGH, M.D., D.P.H., CHIEF OFFICER OF THE PROVINCIAL BOARD OF HEALTH.

NOSEBLED.

IN THE ORDINARY CASE of nosebleed the loss of blood will stop spontaneously in a few minutes if the sufferer will remain quiet.

When the time to do something arrives it is well to make use of the simplest procedure possible.

There are many causes for nosebleed. This explains why some cases are easier remedied than others.

1. Too much blood. Where nosebleed comes along with a severe congestive headache it gives relief.

2. Over-exertion. The nosebleed which comes on while children are playing hard belongs in this group.

3. The onset of infections. Typhoid particularly is liable to start with nosebleed.

4. Growth in the nose. Nasal polyp is especially to be mentioned.

5. Injuries, including the scratches made by picking the nose.

6. Chronic diseases and conditions—e.g., hemophilia (bleeders), pernicious anemia and leukemia.

7. Vicarious menstruation. 8. High blood pressure. 9. Kidney disease and heart disease.

Notice the mouth of any middle-aged man or woman when he or she laughs or opens the mouth widely in speaking or singing.

It is significant that the loss of teeth begins with the six-year molar. The reason is easily understood.

Boys and girls do not begin to brush their teeth until they get into school, begin to have "sweet-tooths," and by consequence take pride in their personal appearance.

Presently the molars begin to ache. A dentist is consulted. He finds a large cavity. "The tooth is too far gone. It will be easier and better to pull it," is his verdict.

Worms sap the strength and undermine the vitality of children. Strengthen them by using Mother Graves' Worm Expeller.

Canada is bounded by three oceans, and its 13,000 miles of coast line is nearly equal to half the circumference of the earth.

The census of 1901 gave Canada a population of 5,371,315, but it is estimated that there are now about 8,000,000 people living within her borders.

A Schoolmaster Recommends MILBURN'S LAXA-LIVER PILLS.

Men and women in all walks of life who occupy sedentary positions are more liable to liver troubles than those who are active from morning till night.

When you don't get the proper exercise the bowels do not move regularly, your liver becomes sluggish, the breath becomes foul, spots float before the eyes, everything turns black, constipation sets in and brings in its train numerous troubles that could be prevented if the bowels were only looked after properly.

Milburn's Laxa-Liver Pills will do for you what the bowels, and keep you in a state of excellent health.

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Children's CAS

The Kind You Have Always Used in Use For Over 30 Years

Castoria is a harmless, gentle, and effective cathartic. It is the only one that is safe for infants and children.

What is the cause of the trouble? Castoria is a harmless, gentle, and effective cathartic.

GENUINE CAS Bears the Signature of Dr. J. C. Watson

In Use For Over 30 Years The Kind You Have Always Used

THE CENTAUR COMPANY, NEW YORK

Robt. Wallace

'MAPLEHURST' Now on the Market

35 CENTRALLY LOCATED BUILDING LOTS

for prompt sale at very reasonable prices

Choose Yours TO-DAY

The new "Maplehurst" subdivision, with its lots in splendid situation is now open to purchasers.

Building land in every cellar, or supplied from property a water easily obtainable.

For full particulars as to prices, terms, etc., write to Robt. Wallace

IN THE FIELD MAKING MONEY

or lame in the barn, "casing their heads off"? One means profit—the other means loss.

Mr. David Yercz, Dorcy, Ont., writes: "I have used your Spavin Cure five years, and know it to be a good cure."

Dear Aunt Mabel had sent the three Morgan children a very beautiful imitation fur rug.

"Now you really must see this, you know," explained mother in a last desperate effort.

"I'm not sure that the coloring may not be dangerous. In fact," she went on, dropping her voice to an awfully whisper.

"Where are you going, dear?" she asked. "It's not six o'clock yet."

"Going to see if Dick and Arthur are dead yet," replied the eight-year-old miss. "I'm not."

THE MERCHANTS BANK OF CANADA

LOOK TO THE FUTURE

Times may change and work become less plentiful advanced years and you will have no such help any more.

Begin Now with only One Dollar—Make a habit of saving a few dollars each week.

223 Branches in Canada. Farmers business solicited.

L. B. Shorey

BANK OF HAM