was in terr fairthfren ber

When we froggies go to school." Master bull-frog, grave and store. Called the classes in their turn, Taught them how to nobly strive.

· Lakewise how to leap and dive;

From the reat upon the log, ---Showed them how to say, "Ker-chog ;" Also how to dodge a blow From the sticks which had boys throw.

Twenty froggice grow up fast. Bull-frogs they became at last;. Not one lesson they forget; Not one dunce among the lot ; alished in a high degree, ___ As each froggle ought to be, Now they sit on other logs Teaching other little frogs.

A RIDE ON THE PILOT.

It Was Too Exciting a Railroad Trip to

Be Repeated. An costern man-was riding by rail through the Rocky mountains. friend had told him about riding on the pilot of the engine through some grand mountain acceptry, and the east erner was caree to have the same experience. At the first opportunity, therefore, he asked the conductor whether his triends and he could ride on the front of the engine. The conductor very promptly said they could not Nothing but a permit from the superintendent of the line would entitle any one to such a pravilege. As

the superintendent was a thousand miles away, it seemed a hopeless case. The easterner spoke of his disappointment to the Pullman conductor, who told him that perhaps the affair could be managed after all. Through his diplomacy it was arranged somehow or other, and at the next station four of the party, including two ladies. took their places on the pilot.

The scenery was some of the grandest in the new world, but the casterner could not enjoy it. The two slender rails in front held his gaze with a sort of horrible spell. He could not look away from them. He felt almost the same sense of insecurity and terror that a man would feel if he were suddealy whirled off into infinite space. --Suddenly, as the train rounded a curve, he saw a hand car on the track abead. His companions saw it at the same instant. A man stood beside it and was making desperate efforts to remove it from the rails. He got the wheels off; then, as the engine bore

down upon him, be fied. The engineer did not see the hand cal at once, he was at the moment looking at his gauges. When he did see it it was too late for him to check the speed of the train. He could only

The hand car was on the side of the track nearest the man from the cast He had an awful half minute. He rose to his feet, not knowing what be did, and leaned far over in front of the others. His eyes were riveted upon the hand car. He saw nothing, realiz-

ed nothing except its approach. The engine struck the hand car with terrific force, and the pilot fifted i from the rails. It rolled up, ground against the very place where the easterner had been altting, plowed a deep groove in the fromwork and then toppled over at the side of the track.

Tho' frightened engineer set tho brakes and brought the train to a standstill. Not one of the party was even touched, but they bad had enough riding on the pliot. And, indeed, it was the end of such riding for others. From that time all such trips were strictly forbidden. It was two years before the man from the east could see a hand car even standing harmlessly beside a railway track without turning faint and dizzy.-Youth's Companion.

A Challenge. What do you know about the Hall electrochemical production of alumifacturing carborundum, the Wilson method of applying acetylene industrially, the Lovejoy & Bradley plant for the fixation of atmospheric nitrogen, the Gayley invention of the dry. air blast in iron making the Herresboff method of electrolytic copper refining, the Frasch process for refining crudo oll? We feel safe in asserting that the great majority of our readers could not name offiand, much less describe; any one of these eight discoveries. Yet they are hasic steps in our conquest of nature. We are all indebted to them every day of our lives. -Collier's Weekly.

The Basis of National Feeling. "National feeling is obviously only a conspicuous instance of these corporate enthusiasms which are spontaneously generated as soon as one recognizes himself to be a member of a group. Whether one belongs to the French institute, is a Daughter of the Berolution, a brakeman on the Battimore and Oblo, a delegate to a religious congress. is rooting for Harvard or ascending his genealogical tree, he finds," writes James Harvey Robinson in the Century, "his personality agreeably expanding. Paltry, diffident and discontented 'I' becomes proud and confident

Some Odd Christian Names. An appellant rejoiche; in the curious name of Rezla at the last sitting of the Somerset tribunal caused an laquiry where he got it from. He replied from - the Bible, where it is only mentioned once-I Chronicles vil. 29, There lived for many years in the village of Twerton, Bath, one named Mish. He was born a twin, and his parents thriftily divided the predestined name of Jeromigh between them, the other belo-being christened Jere.-London Glaba

Good Worker. "And you say he is an industrious worlder? You astonish me. I had formed just the opposite opinion of him." "He's the most industrious worker ! ever saw. He probably works as many as a dezen people a day, or tries to."-

. Toxt From Brer Williams I don't want what do rich man's rot. kaze I known mighty welly-be ala't gwinter turn it loose, an' 1 con't want. money what ain't got a blendh' on it. Howsomever, money looks mighty good. on a cold mawnin'.-Atlanta Constitu-

. Glass, siffna and reputation are easily rucked and never well mended-

woods, for they carry and cause disease.



Thrift is served, and health preserved, by wearing rubber footwear around the farm in rainy, sloppy weather.

Quality and long wear, whether in rubber farm boots, high rubber boots or rubbers, are assured if you choose a pair bearing on the sole any one of these Trade Marks:



"JACQUES CARTIER" "Maple Leaf"

"NOMINION"

Canadian Consolidated Rubber Co., Limited

Largest Manufacturers of Rubber Goods in the British Empire EXECUTIVE OFFICES - MONTREAL, P.Q. BEVEN LARGE, UP-TO-DATE MANUPACTURING PLANTS IN CANADA #8 "SERVICE" BRANCHES AND WAREHOUSES THROUGHOUT CANADA

Miller's Worm Powders not only make

Many Women Suffer

From Pains in the Back.

When the back begins to ache it is a sure sign that there is something radically wrong with the kidneys. What you want is a kidney medicine. Doan's Kidney Pills are not a cure all, but a medicine for the kidneys only. Mrs. L. Melanson, Plympton, N.S.,

writes: "I am sending you this testimonial, telling you what a wonderful cure Doan's Kidney Pills made for me. For years I had suffered so with my kidneys I could hardly do my housework. I used several kinds of pills, but none of there seemed to be doing me any good. At last I was advised to try a box of Doan's Kidney Pilla When I had taken the first box I found relief. I have used five boxes and to-day I feel like a new woman. I cannot recommend them

Doan's Kidney Pills bear the trade mark of a Maple Leaf and are put up in "Doan's" when you ask for them. Price 50c. n box, 3 for \$1.25, at all dealers, or mailed direct on receipt of price by THE T. MILBURN Co., LIMITED,

Toronto, Out. When ordering direct specify "Doan's."

Posvish, pale, restless, and sickly child ren ewe their condition to worms. Mother Graves' Worm Exterminator will relieve them and restore health.

Corns and warts disappear when treated with Holloway's Corn Cure without leaving

CASTORIA

For Infants and Children In Use For Over 30 Years

DIDN'T ADVERTISE

An advertising manager at a Sphinz club linner in New York told an advertising

"A man," he said, "entered a shop one bitter cold day, and bought a woollen muffler. When he opened the muffler he found paside the photograph of a beautiful girl together with a note, saying :-"If you are single, please write to me."

"A name and address followed, and the man smiled. He was single, and he put the photograph on his sitting room mantel, There every evening looking up from his book, he behold it. It was very beautiful. ad in a wook he had fallen head over heels

"So he wrote the girl, Another week of anxious suspense. Then the loveslek man received this crushing letter :-" Sir,-The Mary Smith to whom you wrote was my grandmether. Shedied nine years ago, aged 86. Yours truly." "Our heartbroken bachelor, on looking nto this strange matter, found that he'd colishly bought the muffler from a dealer hat did not advertise."

Children Cry CASTORIA

See that your promises, are above criti-

The tin can districts become germ breadrs; banish them from your town.

Had Severe Cold ON HER LUNGS.

RAISED PHIEGM AND BLOOD.

Never neglect what at first seems to be

but a slight cold. You think perhaps you are strong enough to fight it off, but colds are not so easily fought off in this northern climate, and if they are not attended to at once will sooner or later develop into some serious lung trouble such as brouchitis, pneumonia, and perhaps that dreadful disease, consumption, Miss Kasye McDonald, Sydney Mines, N.S., writes: "Last winter I contracted severe sold, and it settled on my lungs. would cough and raise phlegm and blood. I had the cough for a month. and had medicine from the doctor, but it did not seem to do me any good. really thought I had consumption. My friends advised me to use D Wood's Norway Pine Syrup, which I did, glad I used 'Dr. Wood's,' and would

recommend it to every one." You can procure Dr. Wood's Norway Pine Syrup from any druggist or dealer, but he sure and get "Dr. Wood's," when you ask for it as there are a number of imitations on the market, which some dealers may try to palm off on you as

See that it is put up in a yellow wrap per; three pine trees is the trade marks

Manufactured only by Tim T. Mit-

TURN Co., LIMITED, Toronto, Out

as soon as the treatment begins. Children Cry FOR FLETCHER'S. CASTORIA

The Oil for the Farmer-A bottle of Der Thomas' Eclectric Oil in the farm house will save many a journey for the dector. It is not only good for the children wher mature who suffer from pains and aches. but there are directions for its use on cattle. an oblong grey box. See that you get | There should always be a bottle of it in the

> Put a silvered spoon into the most dellcate glass and boiling hot liquid can be poured into it without breaking it.

Expect help from every person in the offorts to make the town sanitary.

Sick Headache and Billiousness CURED BY MILBURN'S LAXA - LIVER PILLS.

Mrs. Willard Tower, Hillsborn, N.B., writes: "I have suffered something awful with sick headache. At times I would become bilious, and would have pevere pains in my stomach after eating, and have a bad taste in my mouth every morning. I told some of my friends about it and I was advised to use Milburn's Lara-Liver Pills. This I did and and they cared me."

When the liver becomes sluggish and inactive, the bowels become constipated, the tongue becomes coated, the stomach foul and sick and billious headaches occur. Milburn's Laxa-Liver Pills clean the foul coated tongue and stomach and banish the disagreeable headaches. Milburn's Laxa-Liver Pills are 25c. per vial, 5 vials for \$1.00, at all dealers, or mailed direct on receipt of price by Thu T. Munuan Co., Limitup, Toronto,

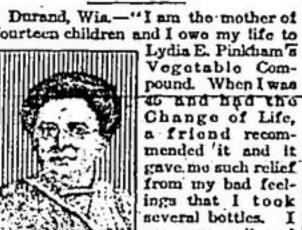
A Pill for Brain Workers-The man who the infantile agatem untanable for worms, | works with his brains is Thore liable to sut do their action on the atomach, liver I derangement of the digestive system than and howels they correct such troubles as the man who works with his hands, because lack of appetite, biliousness and other the one calls upon his nervous energy while nternal disorders that the worms create. I theother applies only his muscular strength. Children thrive upon them and no matter | Brain fag begets irregularities of the what condition their worm-infested stom- | stomach and liver, and the best remedy Pilin. They are specially compounded for such cases and all those who use them can

> Never keep vinegar or yeast in stone rocks or juga; their acid attacks the laxing, which is said to be poisonous.

certify to their superior power.

SAFEGUARDED

Tell Others How They Were Carried Safely Through Change of Life.



gave me such relief from my bad feelings that I took healthy and recom-

mend your Compound to other ladies." -Mrs. Many Ringway, Durand, Wis. A Massachusetts Woman Writes: Blackstone, Mass. - "My troubles were from my age, and I felt awfully dian girl of great beauty and she besick for three years. I had hot flashes came "fed-up" with her princeling. often and frequently suffered from Sho kicked over the traces. Of the pains. I took Lydin E. Pinkham's late adventures people only know -Mrs. PIERRE COURNOYER, Box 239.

Blackstone, Mass. Such warning symptoms as sense of suffocation, hot flashes, headaches, backaches dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constinution, variable appetite, weakness and dizziness, should be heeded by middle-aged women. Lydia E. Pinkham's Vegetable Compound has carried many women safely through this crisis.

BY JOHN W. S. MCCULLOUGH, M.D., D.P.H., CHIEF OFFICER OF THE PROVINCIAL BOARD OF HEALTH.

HOW TO KEEP WELL

THE BABY'S CLOTHING-(Continued.) Laundry Rules.

HE FLANNELS, knitted bands, undershirts, etc., should be washed without a washboard by soft squoezing with the bands, in warm water. Any good soap without too much alkati should be used. They should then be rinsed in several waters of the same temposature. A sudden change from bot to cold water hardens the fibre of the wool and thickens up the garment. Cotton garments may be washed in soap and hot water.

A large enamel or galvanized fron pall should be provided to soak the wet diapers when taken off and another for solled diapers. Both should be covered to keep off the flies. The wet dispers should stand in water till they can be washed. The setled dispers should be cleaned separately. The rinsings of both should be disposed of in the water-closet. Dispers should be scrubbed with good seap and hot water until clean. . They should then be ringed in two or three waters until the water shows clear. Sore and raw buttocks may result from the use of improper soap or imperfect washing or ricaing. If the water is hard, soften it by using sufficient pure borax. Clothes dried out of doors are always white and buiell sweeter than those ' rare.

The fuest baby who may just be beginning to get sick and the sick haby, no matter from what ailment, should be kept strictly in bed. Do not rock or nurso lim, Keep visitors away from him. How are you to know that he may not be at the beginning of an attack of scarlet fever, measies, Get a competent doctor and in the meantime scenre good ventilation

by having the window open, with, if possible, a grate fire in the room. The

temperature should be at 65 Deg. F. Try it with a thermometer. Write down a record of what is happening so that you may be able to the doctor when he comes. Take the baby's temperature if you have a thermometer and know how to use it. Mark down the number and charactor of the movements and the seat of pain if there appears to be any. think of what food the baby has had, the quantity of urine, and save a specimen in a clean enamel dish. Note if there is cough, rapid breathing, or comiting restleasness, and crying. Mark the color and general appearance and hours of sloop. The written record makes it easier for the physician o come to a satisfactory conclusion regarding the trouble.

.... Gotting Well. When the baby begins to get well, do not stuff him with too much food. child will take food when he needs it. Some diseases such as scute rheumatism, tons: little, and diphtheria require prolonged rest if full recovery

Taking the Temperature. A baby' normal temperature runs from 98 to 99 14 Deg. F. If above 101 Dog. I' get a doctor at once. Take the temperature in the following manner: Anoint the bulb end with vaseline and insert into the rectum for about one inch. If carefully done there is no pain. Leave it there for half a minute and mark down the record. Don't be alarmed if the temperature is 101 or 102 Deg. F. or over. Many temperary allments of children show moderately high temperatures, and relief is often obtained by simple

Simple croup is a spasmodic condition of the laryex (windpipe) with rauping cough and difficulty in broathing. It often alarms the mother but and dangerous. In the absence of a doctor it is a good plan to induce omitting, which may be done by the administration of a tempoonful of syrup of specae. An infant of six months old should be given ave drops every fifteen minutes till reflet is obtained. Inhalation of steam is also useful. Make a tent over the bed and produce steam by boiling water over an alcohol stove. A teaspoonful of tincture of bensoln (Friar's balsam) iq.a point of water is more useful. Hot compresses or a mustard plaster over the upper part of the chest is a good measure. . Pive drops of syrup of specae hourly in the evening will belp to prevent recurring attacks. Have the ductor amure bimself that the baby has no adenoids or tonalls, as these are a common cause of Croup.

(To be continued.)

seesecond consosions seese Canadian Girl

LAHA WARD, the beautiful, little pant her prime, and whose advontures for twenty years furnished gosnip for European society and seaantional stories for American newspaporn which were not minimized in transmission, was known in Toronto between 30 and 35 years age, when she spent a few care-free, happy rearn of her tright, proceedous child-

John struct, opposite BL George's Her father was. Captain Eber

Clara Ward lived with her mother and stepfather in Toronto for six or seven years. During this time Mrs. Cameron 'entertained a great deal, but she is best remembered as ready to help any charitable object. who founded a wing in the Home for Incurables at a cost of \$15,000 and also a-cottago at Mimico Asylum, called "The Cameron Cottage." She was a great friend of the late Goldache may be in, they will show improvment | that can be used is l'armelee's Vegetable | death in 1893 she married the late win Smith. After Mr. Cameron's John Morrow, a tea broker of Toronto, and after a few years went over to England and rented a fine country place in Warwickshire, called Charlecote Park, near Stratford-on-Avon, which belonged to the Percy family, Lator they moved to

Morrow died. years later, through the influence of the Canadian Commissioner in Paris, she was introduced into Parisian sodetermined that she should marry the possessor of a title. Here, at 18 years of ago, she met and was mar-For years everyone has seized the love him. She was considered the most beautiful woman in Europe and had great wealth; and a title was

made her the talk of two continents. Janexy Rigo, the gypey violinist. who was once the husband of Clara Ward, after the Prince de Chimay divorced her, has been giving interviews to the New York papers. The violinist met the princess when she and the King of Belgium and members of his staff were dining in a restaurant in Paris. Rigo played. and after the performance kissed her hand. A few days later they eloped, dressed as gypays. · For cloven years the princers showered him with prosents and costly gifts. To-day he is the possessor of caskets of jewels worth thousands of dollars. The "lolin on which he now exhibits his talent is the gift of the Princess Chimay. The gypsy talks of nothing now but Clara Ward and ber genersalty toward him, of her gifts, and their romance. He declares that she left him \$500,000. He is now playing at the Little Hungarian Restaurant in Now York. . He declares that when the war is over he will claim

bis fortune. Canadian Load Pencila. inue the manufacture of wooden

Rescued From the Sea. Captain Svenden, his wife, Mate Hansen, and a crew of three, who vere helploss on the derelict barge, bonald D., in Queen Charlotte Sound, tere rescued recently by Captain A. H. Davies of the G. T. R. steamer rince John. The transfer was made rithout the rightest mishap alhough tramondous seas were run-

Had Weak and

MILBURN'S

HEART AND NERVE PILLS.

writes: "I was weak and run down, my heart would palpitate, and I would take weak and dirry spells. A friend advised me to take your licert and Nerve Pills, so I started at ouce, and found that I felt much stronger, and my heart was ever so much better in a short-time. I cannot praise your medicine too highly for it has done me a world of good. My husband has also been bothered with heart trouble ever since childhood, and finds quick relief by using your valuable

been on the market for the past twenty-five years, and are universally known as the very best remedy for all troubles Milburn's Heart and Nerve Pills are

Set Gossip Agog

orring, wayward Princess do Chimay, who died a fowdays ago in Padnu, Italy, but She was educated partly at Miss Dupont's, a most fashionable school for young ladice in those days, on-

church, and partly by English governesses, and was brought up in the most careful way. Brock Ward, a Canadian by birth, who amassed a fortune in Detroit and died worth a great deal of money. In 1879 Alexander Cameron. a well-known lawyer of Toronto. married Captain Ward's widow and brought her to the old family residence, which still stands at the northoast corner of Church and Carlton

Woodcole Park hearby, where Mrs.

Little Clara Ward was very beautiful even then, and most extraordinand Mrs. Cameron took her abroad and put her to school. Two or three clott, and met those very desirable men who possessed titles, for it was ried to the Prince Joseph de Chimay. alightest opportunity for casting an fourteen children and I owe my life to additional stone at the unfortunate Lydia E. Pinkham's Princess and it is pleasant to say Vegetable Com- comething in her favor. When she pound. When I was was married to the Prince abo was 45 and had the an innocent child of 18 years of age. Ho was a lightweight and she did not

> considered necessary. His qualities were all negative and his estates were mortgaged up to the hilt. She gave him her exquisite self. paid off all his dobts and settled a large sum on himself. How did he regay her? Instead of cherishing his little private chalcin. The result

Vegetable Compound and now am well." by hearsay, but that is how Clara Ward was sent on the career that

> To a firm in Newmarket belongs he distinction of manufacturing the trut wooden lead pencil ever made in Canada. Heretoforo pencils used throughout the Dominion were imported from Austria, England, and the United States, but now that a pencil in every way satisfactory to the trade is being produced in Canida, orders are pouring in th such. aumbers as to keep the mills operiting to capacity. The company has Nowmarket for the past 70 years, but will now devote its entire plant to the making of lead pencils, and in the near future will refleve its heavy pachinery to a new mill nearer the imber limits where they will con-

Dizzy Spells.

Mrs. J. S. Nicholis, Listowel, Out.,

Milburn's Heart and Nerve Pills have price by The T. Milause Co., Linerran, Buy Made-in-Canada Goods

Exact Copy of Wrapper.

To City, Town and Village Dwellers in Ontario.

Keep hens this year

TGG and poultry prices, the like of which have seldom'

or never been experienced, certainly make it worth

you have fresh eggs at the most trilling cost. At the same

time you have the splendid satisfaction of knowing that

you are doing something towards helping Britain, Canada, and the Allies achieve victory this year.

It mayes money otherwise spent for eggs and poultry at high prices, and saves the labor of others whose effort is needed for more vital war work.

every possible assistance by affording information about

poultry keeping. Write for free bulletin which tells how.

"A vegetable garden

for every home"

war. The Department earnestly invites everyone to help

increase production by growing vegetables. Even the

smallest plot of ground, when properly cultivated, pro-

duces a surprising amount of vegetables. Experience is

valuable literature, free of charge, giving complete direc-

tions for preparing soil, planting, cultivation, etc. A plan

of a vegetable garden, indicating suitable crop to grow, best varieties and their arrangement in the garden, will

Address letters to "Vegetable Campaign,"

Department of Agriculture, Parliament

Ontario Department of Agriculture

W. H. Hearst Minister of Agriculture

Sweet or sour; best

prices paid; cans

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charges paid -

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WANTED

Toronto 11

On request the Department of Agriculture will send

Nothing should be overlooked in this vital year of the

to keep hens (address below).

be sent free to any address.

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Buildings, Toronto

The Ontario Department of Agriculture will give

anyone's while to start keeping hens. By doing so

Increased production of food belps not only to lower the high cost of living but it helps to increase the argently needed surplus of Canada's food for edports

Mothers Know That Genuine Castoria Always AVer Intile Properation for he aimitating the Jood and Reads ling the Stomache and Bornels of Bears-the INFANTS & CHILDRY Signature Promotes Digestlon Chertv nessuad Pasicullins or the Opium Marphine nor Marril NOT NARCOTIC. Print of OLD DE SUMELINGS perfect Remedy for Constant Hon, Sous Slowach Dianters, Worms Convulsions Frenish For Over ness and LOSS OF SLEEP. Toc Sirate Stenature of Clast Factor Thirty Years THE CENTAUR COMPANY. Ath months old 35 DOSES - 35 CENTS

L'AUDENGER TRAINS

The following to the time at which passengs rains now calf at Atton; DOING MAST No. 28 916 a. m. No. 17 111 a. m. No. 27 11. 11 a. m. No. 27 11. 12 a. m. No. 27 271 p. m. No. 24 7.00 p. m. No. 199 8 64 p. m. No. 11 112 p. m. January 18th, 1211

GOOD THINGS TO EAT

J. R. Livingtone's

Venetifier etime Fresh and tis! Mests A special line of Saprago and legitation Cansus Goods Inex Prenis fruits Cr. lectivary

All Corners Constitut

delivered. The divises overlocusty "Harmant to mules 1917 year biggest

Contere Zatiy swaited. Promptly

J. R. Livingstone Gras ries, and Provisions

Easter Term Opens April 10th ELLIOTT Thous and Charles bereste インタンガナシ。 ひがてあまに

Watch Sale

Red led ex riversarie temperal for their graduates fourist the lest year and a half feet ups redesigns and arrange to ented now

W. J. ELLLOTT, PRINCIPAL

Zeriming Secretary Big Re-

Zurzun CPTICAL GOODS Ever Giannes and Spectacles, betiming Samulay, per pr. .. 82.45

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BUS LINE

Having purchased the livery and goodwill of the business from Mr. A. McCann, I solicit with confidence the patronage of the Comfortable rigs supplied at Special attention to supplying conveyances for weddings and

functals. Motor Cars furnished, when re-

BUS MERTS ALL TRAINS

L E. ATKINSON

Grain

Well Done and Quickly at only

> 5 cents per bag.

HARRIS& CO., Limited ROCKWOOD

When You Need

SHOES



FAMOUS FOR Satisfactory Footwear

PROMPTLY SECURED

In all countries Ask for our INVENTOR'S MARION & MARION.

THERESOCOCIOCOCOCOC CHEEK Chopping

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REASONABLE PRICES