

THE FROGGIES

Twenty frogs went to school,
They had a ruddy pool;
Twenty little coats of green,
They had in all their suit clean.

A RIDE ON THE PILOT.

It Was Too Exciting a Railroad Trip to Be Repeated.

An eastern man, was riding by rail through the Rocky mountains.
A friend had told him about riding on the pilot of the engine through some grand mountain scenery, and the easterner was eager to have the same experience.

The engineer did not see the hand car at once, but he was looking ahead.
A man stood beside it and was making desperate efforts to remove it from the rails. He got the wheels off, then, as the engine bore down upon him, he fled.

The hand car was on the side of the track nearest the man from the east.
He had an awful fall. He fell on his head and knew what was to come, and he died.

What do you know about the Hall electrochemical production of aluminum, the Acton, process for manufacturing carbonyl, the Wilson method of applying acetone indiarubber, the Lorch & Brandler plant for the fixation of atmospheric nitrogen, the Taylor invention of the dry air blast in the blast furnace, the Herreshoff method of electrolytic copper refining, the Frasch process for refining crude oil? We feel safe in asserting that you are doing something towards the progress of the world.

The Basis of National Feeling.
"National feeling is obviously only a conspicuous instance of those corporate enthusiasms which are spontaneously generated as soon as one recognizes himself to be a member of a group.
Whether one belongs to the French nation, to a daughter of the Revolution, to a Bretonman in Brittany, or to a devotee to a religious congress, is a matter of indifference. It is the feeling of belonging to a group which counts, and it is this feeling which is the basis of national feeling."—Landon Glabe.

Some Odd Christian Names.
An applicant for a job in the curious name of Hecuba at the last sitting of the Somerset tribunal caused an inquiry where he got it from. He replied from the Bible, where it is only mentioned once—1 Chronicles vii, 23. There lived for many years in the village of Tweron, Bath, one named Hecuba. He was born a Jew, and his parents thriftyly divided the prehistoric name of Hecuba between them.—Landon Glabe.

Good Worker.
"Any man who is an industrious worker? You astonish me. I had formed just the opposite opinion of him."
"Over the most industrious worker I ever saw. He probably works as many as a dozen people a day, or tries to."—Houston Post.

Text From Dr. Williams.
I don't want what rich men's got. I know what's best for me. I don't want money what ain't got a blessing on it. However, money looks mighty good on a cold mornin'.—Atlanta Constitution.

Wage war on flies, mosquitoes and weeds, for they carry and cause disease.

DOMINION RUBBER SYSTEM
Thrirt is served, and health preserved, by wearing rubber footwear around the farm in rainy, sloppy weather.
Quality and long wear, whether in rubber farm boots, high rubber boots or rubbers, are assured if you choose a pair bearing on the sole any one of these Trade Marks:
"MERCHANTS" "JACQUES CARTIER" "DOMINION" "GRANDY" "MAPLE LEAF" "DAISY"

Canadian Consolidated Rubber Co., Limited
Largest Manufacturers of Rubber Goods in the British Empire
EXECUTIVE OFFICES - MONTREAL, P.Q.
SEVEN LARGE, UP-TO-DATE MANUFACTURING PLANTS IN CANADA
25 "SERVICE" BRANCHES AND WAREHOUSES THROUGHOUT CANADA

Many Women Suffer From Pains in the Back.
When the back begins to ache it is a sure sign that there is something radically wrong with the kidneys.
What you want is a kidney medicine. Doan's Kidney Pills are a cure-all, but a medicine for the kidneys only.
Mrs. J. Melancon, Plympton, N.S., writes: "I am sending you this testimonial, telling you what a wonderful cure Doan's Kidney Pills made for me. For years I had suffered so with my kidneys I could hardly do my housework. I used several kinds of pills, but none of them seemed to be doing me any good. At last I was advised to try a box of Doan's Kidney Pills. When I had taken the first box I found relief. I have used five boxes and to-day I feel like a new woman. I cannot recommend them too highly."

Children Cry FOR FLETCHER'S CASTORIA
The Oil for the Yarns—A bottle of Dr. Thomas' Colicette Oil in the farm house will save many a journey for the doctor.
It is not only good for the children who take with colic and cramp, and for the mothers who suffer from pains and aches, but there are directions for its use on cattle. There should always be a bottle of it in the house.
Put a silver spoon into the most delicate glass and boiling hot liquid can be poured into it without breaking.
Expect help from every person in the efforts to make the town sanitary.

Sick Headache and Biliousness
CURED BY MILBURN'S LAXA-LIVER PILLS.
Mrs. Willard Tupper, Hillsboro, N.H., writes: "I have suffered something awful with sick headache for some time. I became bilious, and would have severe pains in my stomach after eating, and have a bad taste in my mouth every morning. I told some of my friends about it and I was advised to use Milburn's Laxa-Liver Pills. This I did and they cured me. When the liver becomes sluggish and inactive, the bowels become constipated, the tongue becomes coated, the stomach full and sick and biliousness occurs. Milburn's Laxa-Liver Pills clean the food clogged tongue and stomach and banish the disagreeable headaches."
Milburn's Laxa-Liver Pills are 25c per vial, 5 vials for \$1.00, at all dealers, or mailed direct on receipt of price by The T. M. Laxa Co., Limited, Toronto, Ont.

HOW TO KEEP WELL
BY JOHN W. S. McULLOUGH, M.D., D.P.H., CHIEF OFFICER OF THE PROVINCIAL BOARD OF HEALTH.
THE BABY'S CLOTHING—(Continued.)
Laundry Rules.
THE FLANNELS, knitted bands, undershirts, etc., should be washed without a washboard by soft squeezer with the hands, in warm water. Any good soap without too much alkali should be used. They should then be rinsed in several waters of the same temperature. A washboard changes from hot to cold water, and carries dirt and bacteria with it. Cotton garments may be washed in soap and hot water.

Had Severe Cold ON HER LUNGS.
RAISED PHEGM AND BLOOD.
Never neglect what at first seems to be but a slight cold. You think perhaps you are strong enough to fight it off, but colds are not so easily fought off in this northern climate, and if they are not attended to at once will sooner or later develop into some serious lung trouble, such as bronchitis, pneumonia, and perhaps that dreadful disease, consumption.
Miss Kaye McDonald, Sydney Mines, N.S., writes: "Last winter I contracted a severe cold, and it settled on my lungs. I would cough and raise phlegm and blood. I had the cough for a month, and had medicine from the doctor, but did not seem to do me any good. I finally thought I had consumption. My friends advised me to use Dr. Wood's Norway Pine Syrup, which I did, and it gave me great relief. I am very glad I used 'Dr. Wood's,' and would recommend it to every one."
You can procure Dr. Wood's Norway Pine Syrup from any druggist or dealer, but be sure and get 'Dr. Wood's,' when you ask for it as there are a number of imitations on the market, which some dealers may try to palm off on you as the genuine.
See that it is put up in a yellow wrapper; three pine trees is the trade mark; price 25c and 50c.
Manufactured only by The T. M. Laxa Co., Limited, Toronto, Ont. (To be continued.)

Canadian Girl Set Gossip Agog
CLARA WARD, the beautiful, striking, wayward Princess of Chimney, who died a few days ago in Padua, Italy, and whose little part her prime, and whose adventures for twenty years furnished gently for European society and sensational stories for American newspapers which were not minimized in transmission, was known in Toronto between 20 and 25 years ago, when she spent a few care-free, happy years of her bright, precocious childhood.
She was educated partly at Miss Wood's, a most fashionable school for young ladies, in the city of Toronto, and partly at St. George's church, and partly by English governesses, who were brought to in the most careful way.
Her father was Captain Eber Dreyer, who was a fortune in Detroit and died worth a great deal of money. In 1875 Alexander Dreyer, a well-known lawyer of Toronto, married Captain Ward's widow and brought her to the old family residence, which still stands at the north-west corner of Church and Carlton streets.
Clara Ward lived with her mother and stepfather in Toronto for six or seven years. During this time Mrs. Cameron entertained a great deal, but she is best remembered as a liberal, open-hearted woman, ready to help any charitable object, and she founded a wing in the Home for Incurables at a cost of 15,000 and also a cottage at Mimico Asylum, called "The Cameron Cottage." She was a great friend of the late John Smith. After Mr. Cameron's death in 1893 she married the late John Morrow, a tea broker in Toronto, and after a few years went over to England and resided a fine country place in Warwickshire, called "The Cameron Cottage." She was a great friend of the late John Smith. After Mr. Cameron's death in 1893 she married the late John Morrow, a tea broker in Toronto, and after a few years went over to England and resided a fine country place in Warwickshire, called "The Cameron Cottage." She was a great friend of the late John Smith.

ELDERLY WOMEN SAFEGUARDED
Tell Others How They Were Carried Safely Through Change of Life.
Durand, Wis.—"I am the mother of fourteen children and I owe my life to Lydia E. Pinkham's Compound. When I was 40 and had the change of life, I felt very poorly. I took Lydia E. Pinkham's Compound and it gave me such relief from my bad feelings that I took several bottles. I am now well and healthy and recommend your Compound to other ladies."—Mrs. Mary Ridgway, Durand, Wis.
A Massachusetts Woman Writes: "I have been suffering from the change of life for three years. I had hot flashes often and frequently suffered from pain in my head. I took Lydia E. Pinkham's Compound and now I feel well. I am now well and healthy and recommend your Compound to other ladies."—Mrs. P. M. P. Durand, Durand, Wis.

Keep hens this year
EGG and poultry prices, the like of which have seldom or never been experienced, certainly make it worth anyone's while to start keeping hens. By doing so you have fresh eggs at the most trifling cost. At the same time you are doing something towards helping Britain, Canada and the Allies achieve victory this year.
Increased production of food helps not only to lower the high cost of living, but it helps to increase the urgently needed surplus of Canada's food for export. It saves money otherwise spent for eggs and poultry at high prices, and saves the labor of others whose effort is needed for more vital war work.

"A vegetable garden for every home"
Nothing should be overlooked in this vital year of the war. The Department earnestly invites everyone to help increase production by growing vegetables. Even the smallest plot of ground, when properly cultivated, produces a surprising amount of vegetables. Experience is not essential.
On request the Department of Agriculture will send valuable literature, free of charge, giving complete directions for preparing soil, planting, cultivation, etc. A plan of a vegetable garden, indicating suitable crop to grow, best varieties and their arrangement in the garden, will be sent free to any address.
Address letters to "Vegetable Campaign," Department of Agriculture, Parliament Buildings, Toronto.
Ontario Department of Agriculture
W. H. Hearst, Minister of Agriculture
Parliament Buildings Toronto 11

CREAM WANTED
Sweet or sour; best prices paid; cans supplied; all express charges paid
THE FARMERS' DAIRY COMPANY, LTD. TORONTO

Had Weak and Dizzy Spells.
WAS CURED BY MILBURN'S HEART AND NERVE PILLS.
Mrs. J. S. Nichols, Listowel, Ont., writes: "I was weak and run down, my heart would palpitate, and I had dizzy spells. I took your Heart and Nerve Pills, and started at once, and now I feel much stronger, and my heart is much better in a short time. I cannot praise you enough for what you have done me a world of good. My husband and I have both had heart trouble ever since childhood, and I find quick relief by using your valuable pills."
Milburn's Heart and Nerve Pills have been on the market for the past twenty-two years, and are well known as the very best remedy for all troubles arising from the heart or nerves.
Milburn's Heart and Nerve Pills are 50c per box, 3 boxes for \$1.25, at all dealers, or mailed direct on receipt of price by The T. M. Laxa Co., Limited, Toronto, Ont.

Buy Made-in-Canada Goods

CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of J. C. Ayer & Co. In Use For Over Thirty Years CASTORIA
900 DROPS
CASTORIA
The Standard of Purity and Effectiveness
Promotes Digestion, Clears the Bowels, and Gives the Child a Pleasant and Healthy Sleep.
NOT NARCOTIC.
Ayer's Remedy for Croup, Whooping Cough, Sore Throat, and all the ailments of Infants and Children.
The Great Family Remedy.
MONTREAL AND TORONTO.

Watch Sale
E. J. LIPPERT
ACTON - ONT.

ACTON LIVERY AND BUS LINE
Having purchased the livery and equipment of the business from Mr. A. McCann, I solicit with confidence the patronage of the public.
Comfortable rigs supplied at reasonable rates.
Special attention to supplying conveyances for weddings and funerals.
Motor Cars furnished when required.
BUS MEETS ALL TRAINS.
L. E. ATKINSON
ACTON ONT.

Grain Chopping
Well Done and Quickly at only 5 cents per bag.
HARRIS & CO., Limited
ROCKWOOD ONT.

When You Need BOOTS SHOES
At Any Time
BUY FROM W. WILLIAMS
ACTON ONTARIO
FAMOUS FOR Satisfactory Footwear REASONABLE PRICES

PATENTS PROMPTLY SECURED
In all countries. Ask for our PATENT ADVISORY, which will be sent free.
MARTON & MARTON
304 University Ave. MONTREAL.

GRAND TRUNK RAILWAY SYSTEM
L'ADJONNEL TRAINS.
The following is the time at which passenger trains now call at Acton:
OCTOBER 1917
No. 20 9:15 a.m. No. 21 11:15 a.m.
No. 22 11:25 a.m. No. 23 1:25 p.m.
No. 24 2:30 p.m. No. 25 4:30 p.m.
No. 26 7:45 p.m. No. 27 10:15 p.m.
January 15th, 1917

GOOD THINGS TO EAT
J. R. Livingstone's
Fresh and Clean Meat
A special line of Canned and Fresh Fruit
Vegetables, Canned Goods
Preserved Fruit
All kinds of Sausages
Caterers and Banquet. Promptly delivered. The quality is guaranteed.
"Write for our 1917 list of Vegetables and Fruit."

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