

My Friend, George Eliot, in her book of *Vivian Grey*, says:

"On the edge of the River Show,
Where the girls in the Wash paddle their fair,
Where the bonnets of other girls are
White and pink."

And then will follow a prose:

"It is the winter of what the year,
When the Phoenix is Let's alive;
That tired feeling is native there,
It's the home of the listless Idon't-care,
Where the Put it off stable."

The Put it off stable when asked to work,
And then will follow a prose:

"And then they follow you outside,
Till at last you take them away,
And then laundry starts, lay or lay."

—Anonymous

BE AQUITIOUS

One of the weaknesses of present-day character justifies prompt quick return. You are in a hurry to be rich. The old-fashioned methods of "thrift" and "saving" have fallen into contempt, so that it is hard for many to differentiate between economy and parsimony. Continually our hearts are saddened by the exposure of some men, respected and trusted, who has tampered with funds which do not belong to him. He is anxious to make an investment yielding a swollen return. Another capitalist has died up. He used that which belonged to others, confident of his ability to make quick returns, and restore what he had taken, with a nice balance in his own favor. The majority of such tragedies are occasioned by the night for quick results. "He that maketh haste to be rich, shall not be innocent."

But it is not only in regard to wealth that the modern world is impatient for quick results. George Eliot said of her "Romola" that she began it a young woman and finished it an old one. Few of the modern writers, hurrying a new book out to reap the advantage of its predecessor's success, can appreciate the spirit back of such works as may never be known.

Time is the enemy of real success. To be anxious for quick results, rather than for great results, is fatal to artistic achievement.

HAD WEAK HEART COULD NOT WORK COULD NOT SLEEP.

Many women are kept in a state of fear of death, become weak, worn and miserable, and unable to attend to household, social or business duties on account of the unnatural action of the heart.

To all such sufferers Milburn's Heart and Nerve Pills give prompt and permanent relief.

Mrs. J. Day, 234 John Street South, Hamilton, Ont., writes: "I was so run down with weak heart I could not even sleep the alternate days at night. I was so awfully tired sometimes I had to stay in bed all day. I was so weak. I lived three and a half boxes of Milburn's Heart and Nerve Pills. I am a cured woman to-day, and as strong as anyone could be. I am doing my own housework, even my own washing. I have not had a cold for two years, but got to help out at first with washing."

Milburn's Heart and Nerve Pills are 50c per box, 3 boxes for \$1.25, at all dealers or mailed direct on receipt of price by The T. Milburn Co., London, Ontario, Ont.

No surgical operation is necessary in removing corns if Holloway's Corn Cure is used.

Worms feed on the vitality of children and endanger their lives. A simple and effective remedy is Mother Graved Worm Exterminator.

FOR

LIVERISHNESS*

USE
MILBURN'S
LAXA-LIVER PILLS
THEY NEVER FAIL TO DO GOOD.

Mrs. J. Shorthorn, Halifax, N.S., writes: "I take pleasure in writing you concerning the great value I have received by taking your Milburn's Laxa-Liver Pills. Since taking them my liver got bad I would have severe headaches, but after using a couple of vials of your pills I have not been bothered with them again."

Milburn's Laxa-Liver Pills clean away all waste and poisonous matter from the system, and prevent us well as cure all complaints arising from a liver which has been injured."

Milburn's Laxa-Liver Pills are 25c, a vial, or 5 vials for \$1.00, at all dealers, or mailed direct on receipt of price by The T. Milburn Co., London, Ontario, Ont.

Dissolved.

Sir Wilfrid Laurier once started to lose to play the flute.

However, a caravane called on him with a new type of gramophone which he wanted him to buy.

"A black cylinder here, Sir Wilfrid, it sounds like your voice speak or sing," he remarked.

The ex-Prime Minister was tempted.

"'An-doh, I don't sing,'" he observed, "but I'm willing his flute—if you don't mind."

The canavane appeared to be only too happy, and the next minute the ex-Prime Minister was in the face in an attempt to pull "An-doh" where all that" into the receding dogs-toe.

"An-doh, air," observed the canavane five minutes later as the man clapped admiringly a reproduction of the flute solo, "that's exceptionally good."

"Is it really like the original?" enquired Sir Wilfrid.

"With you yes, but, air, you come from one from the other. Will you have the canavane?"

"No," said Sir Wilfrid badly, "I'll sell the flute."

The Fighting Prince.

Captain (Father) O'Gorman of Ottawa, recently returned to Canada to recover from wounds received on the firing line. Captain O'Gorman was fighting as a private in the Canadian front before he demonstrated that he could hurl a bomb, use a rifle, or handle a trenching tool, and was frequently in front line trenches. In one engagement he was struck by a bursting shell and he came home limping, and with a hole in a sling.

Children Cry
FOR FLETCHER'S
CASTORIA

Serve Save Produce

EVERY ONE CAN do something for his country

Some can bear arms
Some can produce food
Some can make munitions
Some can give money

It is the privilege of all to help.

YOU CAN SERVE by Fighting—Working—Saving—Giving

This is NATIONAL SERVICE

Are YOU doing your part?

ALL EYES turn now to the Canadian Farmer, for he can render the Empire SPECIAL SERVICE in this sternest year of the war.

But—our farms are badly under-manned, 25,000 men are needed on the land.

With insufficient help, the Man on the Land fights an uphill fight to meet the pressing need for Food.

CITY and TOWN can help.

Municipal Councils, Churches and Schools, and other organizations, both of men and women, can render National Service by directing all available labour to the Land.

Farmers themselves can exchange labour. School boys can assist.

Were you raised on a farm? Can you drive a team? Can you handle fork or hoe? If you can't fight, you can produce. Spend the Summer working on the Farm.

Let every man, woman and child in the Dominion who has access to Land, no matter how small the plot, make it produce Food in 1917.

For information on any subject relating to the Farm and Country write to:

INFORMATION BUREAU
DEPARTMENT OF AGRICULTURE
OTTAWA

DOMINION DEPARTMENT OF AGRICULTURE OTTAWA, CANADA.

HON. MARTIN DURRILL, MINISTER.

THE EASIEST WAY

She had two boys. The mother wished not only to give them a serious idea of their duties to make them good, but also to make clear to their minds the gravity of the task before her. At the end of a particularly touching adjuration, the five-year-old Francis was suddenly overcome with the impulsive desire over-taking his mother's ideal: "Don't try to make a good mother," he said, earnestly. "Just shoot us."

HOW MRS. BEAN MET THE CRISIS

DR. WOOD'S.
NORWAY PINE SYRUP
CURED HIM.

Nashville, Tenn.—"When I was going through the Change of Life, I had a terrible headache, like a child's head. The doctor said it was three years coming and go, and gave me medicine for it until I got well again. I came home from the city for some time. Of course I could not go to him then, so my neighbor-in-law told me to get Dr. Wood's Norway Pine Syrup. It helped both the Change of Life and the tumor and when I got home I did not need the doctor. I took the Pinkham remedies until the tumor was gone, the doctor said, and I have not felt since. I tell you, if I were ever cut up, the doctor will help others you are welcome to use it."

—Mrs. E. H. BEAN, 625 Joseph Avenue, Nashville, Tenn.

Lynah's Pinkham's Vegetable Compound, a pure remedy containing an extractive preparation of good old fashioned roots and herbs, meets the needs of woman's system at this critical period of her life. Try it.

If there is any symptom in your case which puzzles you, write to the Lydia E. Pinkham Medicine Co., Lynn, Mass.

NEWS TOPICS OF THE WEEK

WEDNESDAY.

Harry R. Thaw was yesterday adjudged a fugitive.

The Duke of Connaught has suffered another relapse.

The King Edward Hotel of Toronto, to which he is being held, faces a crisis.

Further meetings of women passed resolutions demanding that conscription be adopted.

Anti-war coal producers have been warned not to fail to make summer reductions.

Sixty German submarine patrols have reported to date 50,000 to 100,000 men, primarily for home defense, has been laid before the Cabinet.

A large attended service of intercession for the cause of the Allies was held in Port Elgin, all business being suspended during the meeting.

SATURDAY.

French troops made notable gains in the Champagne region.

All German representatives in China were handed their passports.

British and Russian troops continued their pursuit of the Turks in Anatolia.

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