

I've had my little family, and put them all to bed, I've had my little family, and put them all to bed, I've had my little family, and put them all to bed...



SUNDAY SCHOOL

Lesson V.—First Quarter, For Feb. 4, 1917.

THE INTERNATIONAL SERIES.

Text of the Lesson, John III, 1-21. Memory Verses, 16-17. Golden Text, John III, 16.—Commentary Prepared by Rev. D. M. Stearns.

It was the last sentence of chapter III and the first of chapter IV from the revised version we will read: "The blind man knew what was in him. Now, there was man of the Pharisees named Nicodemus. This man therefore, comes before us as a sample of all religious men of his stamp, and as a man who deals with him as if he were one of the rulers and evidently a man held in high esteem by his fellow men...

HOW TO KEEP WELL

BY JOHN W. U. McULLOUGH, M.D., D.P.H., CHIEF OFFICER OF THE PROVINCIAL BOARD OF HEALTH.

DISEASE-CARRYING INSECTS.

Dr. C. GORDON HEWITT, Dominion Entomologist, has prepared a leaflet on the suppression of two insects that may cause a great deal of disease among soldiers, namely flies and lice. His directions are so simple and of such real value that they are given herewith:

"Flies are one of the most important carriers of preventable disease, particularly typhoid, in the camp and field. The first essential is to prevent the breeding of flies, particularly in the night and early morning when they are less abundant. Each fly lays several batches of eggs...

"It is most important that all excreta should be covered; flies will breed in it and carry infection from it to food. All excreta in the camp should be completely covered. Special attention should be paid to the satisfactory and speedy disposal of urine...

"An flies are bred from filth, which may be infected, they should naturally be kept off food as far as possible. No flies mean less sickness and greater comfort for all."

"Two kinds of lice occur commonly on man, the Body Louse and the Hair Louse. The former parasite attacks rapidly when favorable conditions occur such as crowded quarters, inability to change one's clothes, and dirty clothing...

"Change the clothing as often as possible. Keep verminous clothes away from uninfected kit. Lie idle of starvation in about a week's time in disinfected clothes. Do not further need about the body, or in the case of the hair louse, do not wash the hair with soap and water...

"Change the clothing as often as possible. Keep verminous clothes away from uninfected kit. Lie idle of starvation in about a week's time in disinfected clothes. Do not further need about the body, or in the case of the hair louse, do not wash the hair with soap and water...

"Change the clothing as often as possible. Keep verminous clothes away from uninfected kit. Lie idle of starvation in about a week's time in disinfected clothes. Do not further need about the body, or in the case of the hair louse, do not wash the hair with soap and water...

"Change the clothing as often as possible. Keep verminous clothes away from uninfected kit. Lie idle of starvation in about a week's time in disinfected clothes. Do not further need about the body, or in the case of the hair louse, do not wash the hair with soap and water...

"Change the clothing as often as possible. Keep verminous clothes away from uninfected kit. Lie idle of starvation in about a week's time in disinfected clothes. Do not further need about the body, or in the case of the hair louse, do not wash the hair with soap and water...

"Change the clothing as often as possible. Keep verminous clothes away from uninfected kit. Lie idle of starvation in about a week's time in disinfected clothes. Do not further need about the body, or in the case of the hair louse, do not wash the hair with soap and water...

"Change the clothing as often as possible. Keep verminous clothes away from uninfected kit. Lie idle of starvation in about a week's time in disinfected clothes. Do not further need about the body, or in the case of the hair louse, do not wash the hair with soap and water...

"Change the clothing as often as possible. Keep verminous clothes away from uninfected kit. Lie idle of starvation in about a week's time in disinfected clothes. Do not further need about the body, or in the case of the hair louse, do not wash the hair with soap and water...

"Change the clothing as often as possible. Keep verminous clothes away from uninfected kit. Lie idle of starvation in about a week's time in disinfected clothes. Do not further need about the body, or in the case of the hair louse, do not wash the hair with soap and water...

"Change the clothing as often as possible. Keep verminous clothes away from uninfected kit. Lie idle of starvation in about a week's time in disinfected clothes. Do not further need about the body, or in the case of the hair louse, do not wash the hair with soap and water...

CASTORIA

For Infants and Children In Use For Over 30 Years

Children Cry for Fletcher's CASTORIA. The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of the highest quality...

What is CASTORIA? Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and soothing Syrups. It is pleasant, it contains neither Opium, Morphine nor other Narcotic substance...

GENUINE CASTORIA ALWAYS Bears the Signature of CHAS. H. FLETCHER. In Use For Over 30 Years

HAD WEAK HEART. COULD NOT WORK. COULD NOT SLEEP. Many women are kept in a state of fear of death because of weak, worn and miserable and are unable to attend to their household or business duties...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Pneumonia. DR. WOOD'S NORWAY PINE SYRUP CURED HIM. A cough is an early symptom of pneumonia. It is at first frequent, hacking, and is accompanied with a little cough, colorless expectoration, which soon, however, becomes more copious...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of the highest quality...

What is CASTORIA? Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and soothing Syrups. It is pleasant, it contains neither Opium, Morphine nor other Narcotic substance...

GENUINE CASTORIA ALWAYS Bears the Signature of CHAS. H. FLETCHER. In Use For Over 30 Years

HAD WEAK HEART. COULD NOT WORK. COULD NOT SLEEP. Many women are kept in a state of fear of death because of weak, worn and miserable and are unable to attend to their household or business duties...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

GOOD THINGS TO EAT

J. R. Livingstone's

Fresh Vegetables, Fresh and Salt Meats, A special line of Sausages and Hamburg Steaks, Vegetables, Canned Goods, Biscuits, Confectionery, All Groceries' Sundries.

J. R. Livingstone. Groceries and Provisions. ACTON ONT.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

ACTON LIVERY AND BUS LINE. Having purchased the livery and goodwill of the business from Mr. A. McLean, I solicit with confidence the patronage of the public.

CHILDREN CRY FOR FLETCHER'S

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of the highest quality...

What is CASTORIA? Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and soothing Syrups. It is pleasant, it contains neither Opium, Morphine nor other Narcotic substance...

GENUINE CASTORIA ALWAYS Bears the Signature of CHAS. H. FLETCHER. In Use For Over 30 Years

HAD WEAK HEART. COULD NOT WORK. COULD NOT SLEEP. Many women are kept in a state of fear of death because of weak, worn and miserable and are unable to attend to their household or business duties...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...

Had Indigestion. BURDOCK BLOOD BITTERS CURED. That grand old remedy, Burdock Blood Bitters, has been on the market for over 70 years and we claim, without any fear of contradiction...