THURSDAY, OCTOBER 26, 1916

THE LITTLE DOS AND DON'TS

MAGIC READ THE

BAKING

Wantan's Love.

It takes a hundred men to make ar

encompment, but it takes only the in

fluence of one woman to make a home.

I not only admire woman us the most

beautiful object over created, but I

reverence her as the redeemed plory of

humanity, the sanctuary of all virtues,

the pledge of all perfect qualities of

heart and head. It is because women

are so much better than men that their

faults are considered greater. The one

thing in this world that is considered

constant, the only peak that rises

above the clouds, the window in which

the light burns forever, the one star

that darkness cannot quench, to wo-

man's love. It rises to the greatest

height; it winks to the lowest depths;

woman's love is the perfume of the

heart. This is the real love that sub-

wrought miracios of art; that gives us

music all the way from cradle song to

the grand symphony that bears the

soul away on wings of fire a love

that is greater than power, sweeter

than life and stronger than death --

Crooked Straits.

intricate strait in the world is likely

to be chucked on the scrap heap. Its

presently divort much more. The fa-

mous explorer Magellan was the first

In the first place, the strait of Magel-

It would help matters if ships could

anchor, but they cannot. The water

Is too deep. So this strait has never

been popular with sailing skippers.

and they prefer the rigors of the Horn

and saveral hundred miles farther

The Cheering Wasn't Henewed.

versity law school was once address.

ing the Ontario Bar association, and

the Oagondo ball students were pres-

ent. Of course Dean Lee's address had

to be punctuated by the usual stu-

deute' outbursts. Dean Les touched

on encient and modern law and the

methods of lawyers and judges. Tak-

ing up one line of legal problems, he

suld: "Now, if I suked a lawyer of

such and such an age this question he

would answer so and so or something

to that effect. But, coming down to

the present day, if I were to sak the

same question of an Osgooda hall stu-

deut"- Instantly the noise began.

The students yelled and cheered and

applanded and stamped on the floor

and pounded their deaks. It was some

Lee, unruffled, went on to say, "If I

he would enswer, "I don't know." "-

Bong of the Marines.

The United States marine corps is

unique in all branches of the American

services in having a distinctive march-

ing song that is as swingy and catchy

as many of the foreign marching

songs. True, West Point has its Han-

my Havens song, and the Seventh cav-

Garry Owen, but the "Ifalls of Mon-

marine's uniform. One verse of the

Wom dawn to setting sun. We have fought in every clime and place

Where we could take a gun. In the snow of faroir northern lands

You will find us always on the job.

His Own Fault

Hald the walter to a noticy card par-

"Toll him." was the reply of the

Blamonda

Diamonda are supposed to be com

posed of "pure carbon." At least the

authorities tell us that such is the

case. The generis of the diamond re-

mains one of the unselved problems of

science, with the balance of the evi-

dence favoring the theory of vegetable

One Way to Rest.

so guickly as to sit on a straight back

chair and, lifting the foot from the

floor, push them out in front of you as

fur as possible, stretch the arms, pu

and make yourself yawn.

about!-Exchange.

the head back, open the mouth wide

Ought to Cheer Him.

Figg-What's the matter, old man?

You're looking wretched. Fogg-I'm

not myself at all today Figg-Oh,

come; that's nothing to feel wretched

Still a Daby.

There is nothing that will rest you

And in sunny tropic scenes

The United States marines.

Our flag's unfuried to every brease

song, a favorite one, runs:

alry marches to the inspiring tune of

Dean

noise, but at last it subsided.

Professor II W. Lee of McGHt unt

and bendy as a serpent or an eel, and

man to brave the dangers of this tor-

strait for the sating ship.

ped mountains 7,000 feet high.

Perhaps the most remarkable and

Robert G. Ingernoll.

dues the earth; the love that has

it forgives the most cruel injuries. A

Two companies of saldiers go A-marching through the world, The one, with gay flage streaming out, The other, banners furled. Each child must travel with them, In suite of wills and won'ts t And murch among bla comrades,

With the little Dos und Don'te. The pleasant things, the helpful things, The worth-while things, and true; Are what their pledge requires of Each loyal little Do.

They tread to merry music, and They're busy as the been; And they freshen tirol people, Like a jolly ocean breeze. The Don'te do nothing, laxy drones !

They never try to ill! The empty minutes, hours and days; They've neither strangh nor will. The world must turn with their aid; For help it spin, they won't!
I hope that you will never be
A useldes, idle Don't!

-Pauline Prances Camp, in Exchange WALK AS THOUGH YOU WERE SOMEBODY

Never allow your physical standard drop. Keep up your energy; walk as though you were somebody, and were go ing to do something worth while in the world, so that even a stranger will note your bearing and mark your superiority. If you have fallen into a habit of walking In a lifeless, indolent way, turn right about face at once, and make a change. You don't want to shuftle along, like the failures | day, which began late in history, is we often see sitting around on park bench. simust over. The Panama canal has es, or folling about the streets, with their diverted most of its traffic and will hands in their ockets, or haunting intelligence offices, and wondo, my why fate has been so hard with them. You don't wish tuous passage He did it in a windto give people the impression that you are jammer, but as a rule only steamships discouraged, or that you are already falling follow in his train. It is too crooked a to the rear.

You cannot aspire or accomplish great o noble things so long as you assume the lan is 400 miles fong. It is as twisty attitude and bearing of a coward or weakting. If you would be noble and do noble things you must look up. You were made to look upward and to walk upright, not to look down or to shamble along in a somi horizontal position. Put character, dignity, nobility into your walk.

MILBURN'S HEART and NERVE PILLS CURED

Salvation Army Captain.

Capt. Wm. E. Sanford (Salvation Army), 38 Mariscourt Ave., Toronto, Ont., writes: "A short time ago I suffered from heart trouble, which seemed to come on me very suddenly. I was so bad, that at times it seemed as if it was all I could do to breathe. I noticed an announcement of Milburn's Heart and Nerve Pills, and decided to give them a trial. After taking two or three days' treatment I felt fine, and my heart has not bothered me since. If this testimony would be of any service to others you are at liberty to use it."

To all who suffer from any form of heart trouble Milburn's Heart and Nerve Pills will give prompt and permanent relief. They strengthen -nd invigorate the action of the heart, a. . tone up the whole sys-

Milbura's Heart and Nerve Pills are 50 cents per box, or 3 boxes for \$1.25. For sale at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Out.

PABLES OF LONG AGO

Oace unos a time, when the world was young, all the insects passed in review before the great king. Each one in turn was amigued some tank for which he was peouliarly fitted. The bee'ves bidden to rether honey from the flowers and to store it care fully in waxen cells. The butterfly was detined to fit hither and thither from blos som to blossom, wave his many-colored wings, and aid to the beauty of the earth The ant wue commanded to toil builty day after day and set an example of thrift and soonomy. Last of all, the little black cricket, clad in shining armor, leaned before the great king. "What canat thou do. my tiny subject?" asked the king benig- ty in a hotel bedroom: "I've been sent nantly. "I can obser mankind with my to ask you to make less noise, gentle-ose note and he faithful," chirped the men. The gentleman in the next room oricket modestly. "It is woll," said the king reassuringly. "Throughout all the host, "that he ought to be ashamed o coming ages it shall be thy task to sing himself. Why, I could read when the weary world to sleep. During the was five years old." perceful summer night thou shalt never cease thy soothing note, and allearth's tired d children shall bloss thee for thy lull-

And the cricket has been falthful to it trust throughout the long centuries, nove cassing his mosotonous "Creek-creek-creek in the quist summer nights.

Was Troubled With Stemach and Liver FOR SEVEN YEARS. MILBURN'S LAXA-LIVER PILLS CURED HER.

Mrs. Thomas Sargent, Berkeley, Out. stomach and liver for the past seven years; also have had constinution, causing headaches, backaches and dizzy spells, and at times I would almost fall down. I tried all kinds of medicine, without obtaining any relief. I commenced using Milburn's Lava-Liver Pills, and they have cured me. I have recommended them to many of my friends,

No one need endure the egrony of com-

Politoness is an air quahion that eases the

Two heads are better than one-except

Children Cry FOR FLETCHER'S

CASTORIA

Paintings are never hung until after they

with Holloway's Corn Cure at hand to re.

"The last time I saw him was tairty years ago, when he was a baby." and they are all very much pleased with the results they have obtained from "Well, I saw him yesterday, and he man't changed a bit.". Miliburn's Laxa-Liver Pills have been The Difference.

on the market for the past twenty-five years, and can be procured from all dealers. "Pana, what is the difference be tween a Oddlor and a violinisty" The price is 25 cents per vial, or five "About \$300 an evenium my child." -Musical America your dealer does not keep them, they will be mailed direct on receipt of price, by The T. Milburn Co., Limited, To-

Children Ory FOR FLETCHER'S CASTORIA

AVAESTHETIC FOR THE TEETH WANTED There is no land ansesthetic that will penetrate dentine, which forms the principal part of a tooth. That is why dentiate there is teeth so much when drilling holes in them for fillings or when grinding tham down for gold crowns. Any one who will invest something that can be put on a tooth to render it insensitive for ten minutes.

Writes; "I can recommend Dr. Fowler's be convinced. As the linemant sinks in the pain comes out and there are ample them for fillings or when grinding tham was jill with cholers infantum, and was given up by the doctors. The little one's mother asked me to come in and see the child. I told her I had a bottle of "Dr. Fowler's," and asked her if also believes the wiscast argument of an interest of the child. When the bottle was half norant man. penetrate dentine, which forms the princi-

as local anaodthotics in other parts of the body, have no effect upon the teeth, anthey | by The T. Milburn Co., Limited, Toronto. cannot penetrate the bard tissue of which

HOW TO KEEP WELL

BY JOHN W. S. McOULLOUGH, M.D., D.P.H., CHIEF OFFICKIL OF THE PROVINCIAL BOARD OF HEALITH.

INPANTILE PARALYHIS. HIS IS A DISEASE of a portion of the front part of the spinal cord. It occurs chiefly in young children of from two years to fourteen

yours, but may occur in adults. In Ontarlo we have occasional cases every year, but the severe outbreak which has existed in Now York and other places in the United States has made our Include Babylonia and Mesopotamia people anxious lest a similar epidemic may occur in this Province. Some cases are severe, giving symptoms such as high fever, vomiting headache, and pains in the limbs succeeded by severe paralysis of groups of muncles. Others are very mild with perhaps few or no symptoms beyond loss of appetite, a little rise of temperature and perhaps some vomiting, or there may be no symptoms to attract attention until the child shows some

weakness in the legs or arms accompanied by some slight goreness. It is thought that the very mild canes, often unrecognized, are the ones which aprend the disease. It is believed that the disease is carried from one patient to another through the medium of the discharges from the none, throat, and intentines.

both to the actual Turkish vilayet west It may be carried by flies which have ample opportunity of coming into contact with the discharges. In order that the chances of a widespread outbreak may be minimized as much as possible, the following precautions are required by the Provin-

cial Board: (1) Every CASE must be quarantined for PRECAUTIONS AGAINST THE DISEASE a period of HIX weeks. (3) All children who have been in contact with a case must be guarantined and kept under observation for a

period of TWO weeks. (3) Adult members of the family who are wage-earners may be allowed to go about their work ubject to the regulations of the Provincial Board and on the discretion of the Medical Officer of Health. (4) Where there is an outbreak gatherings of children, such as picnics, picture shows, and playgrounds, should be prohibited. (5) The source of origin of each case should be carefully enquired into

in order that proper quarentino may be maintained.

(6) In houses where cases appear all doors and windows should be screened, the premises kept clean, and no accumulation of garbage or waste permitted. (7) All cases should be at once notified to the Medical Officer of Health, and by him to the Chief Officer of the Provincial Board.

difference to pain, sense of humor, (8) Mild cases, showing slight headache, rise of temperature, and good tomper, love of children and comiting persisting for a few days, with slight muscular weakness and trustworthiness are all good traits to his character. "He is a manly specithe chief sources of contagion. men, not a cringing toady, and in his The keystone of the prevention of infantile paralysis is to get true natural state a gentleman, every bit

of the cases and carriers and to control tham. (9) As Infantile Paralysis is a most serious discuse and in the present of the authorities in every way in order to prevent a severe outbreak in the

(10) All materials such as cloths, etc., carrying secretions and discharges from patients should be burned, bolled, or disinfected. For several days the course of Infantile Paralysis is that of an ordinar in places it is flanted with snow capinfectious disease. Between the first and sixth days more or less muscular weakness begins. This is generally preceded by soreness in the limbs. If the child is not under the care of a physician parents should take note of any complaint or evidence of this soreness and call their doctor's attention to it. The muscles may be tested by having the nationt draw his knees up against the resisting hand or by having him push his feet against resistance. In from one or two weeks electrical tests will show that the muscles and uerves are descentrating. This keeps up for about six months. In two or three weeks the shrinking of the muscles is apparent to the eye. Home cases show little or no degeneration of muscles. In all cases it is a gradual

This should be begun as soon as the temperature becomes normal anthe screness in the muscles has subsided. The limb affected should be given | and so it went on, one man, two man, gentle manipulation: the muscles should be and so on. This is why sheep are still THEATMENT OF MURCLEM lightly plached and kneeded between the counted by the score. Now, a tally make the fingers run smoothly. Manipulation of the paralysed limbs must he persisted in. Don't let any quack, calcopath, or chiropractor interfere with it. There is no magic about it. Patient, persistent work will be necessary to accomplish results. It is remarkable the results that can be obtain d by these simple methods of tresiment.

REMARKABLE

Mrs. Sheldon Spent \$1900 fo

Treatment Without Bene-

fit. Finally Made Well by

Lydia E. Pinkham's Veg-

etable Compound

Englewood, Ill. - "While going

with headaches, ner-

vousness, flashes of heat, and I suffered so much I did not

know what I was

doing at times. E

tors and not one did

nam's Vegetable

me any good. One day a lady called at my bouse and said she had been as sick

and Lydia E. Pink-

Halsted St., Englewood, III.

Physicians undoubtedly did their best, hattled with this case steadily and could do no more, but often the most scientific treatment is surpassed by the medicinal properties, of the good old fashioned roots and herbs contained in Lydis E. Pinkham's Verstable Company.

THE SOLDIERS. PRAYER

Lord Roberts gave the following praye

"Almighty Father, I have often ainne

again those whom I love at home, or fit me

faithful unto doath, calm in danger, patient

"If it be Thy will, enable us to win vie

than conquerors, through Him who loved

us and laid down Ilis life for us, Jeans our

Saviour, the Captain of the Army of God.

CASTORIA

For Infants and Children

tory for England, but above all, grant us a

to our King our country, and colours.

blood of the Lamb of God.

for Thy Presence in peace.

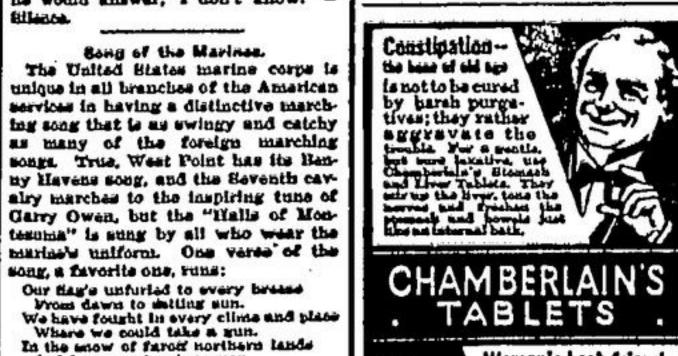
to the soldiers during the Bouth Africar

linkham's Vegetable Compound

brough the Change of Life I suffered

STATEMEN

Relief for Suffering Everywhere - He whose life is made miserable by the suffering that come from indignation and has not trial Purusales's Vegetable Pills dose not know how easily this formidable for can be dealt with. These Pills will relieve where others fail. They are the result of a long and patient study and are confidently put forward as a sure corrector of disorders of the digestive organs, from which so many were to ask an Osroode hall student suffer.



Woman's best friend. relie to an active liver and a clean, bealthy, normal to a common of the common relief at the common relief at all the conditions and the bour stoneach and for-montation, and the headstha, have all your by morning. a All drumplets, 254 or by taal from Charletale Medicine Company, Variable 12

As a vermifuge there is nothing so potent as Mother Graves' Worm Exterminator, and it can be given to the most delicate child without fear of injury to the constitu-

A girl doesn't think much of her parents' idea of marriage.

Home women are born clever, some beautiful and some just learn to be good cooks. Industry is the mother of success.

MIRACULOUS CHRE CHOLERA INFANTUM By DR. FOWLER'S

Cholers Infantum is one of the most common summer complaints of infants, and many die who could be saved if properly looked after on the first sign of the trouble.

EXTRAOT WILD STRAWBERRY.

It begins with a profuse diarrhoes, very often accompanied by vomiting, and the matter ejected from the stomach has a bilious appearance. The child rapidly loses fiesh and becomes weak and On the first sign of cholers infantum Dr. Fowler's Extract of Wild Straw-berry should be administered, and thus check the diarrhoes before it becomes

"Dr. Fowler's" has been on the market for the past seventy years, so you are not experimenting with some new and untried remedy when you use it, but be sure and get "Dr. Yowler's" when you

Mrs. B. A. Cirwell, Rossway, N.S., writes: "I can recommend Dr. Fowler's without injuring it has a fortune awaiting tised the child was well. This cure was a miraculous one, for I thought the child was dying at the time." The genuine Dr. Fowler's Hatract of Wild Strawberry is manufactured only

in Use For Over 30 Years Alwayer bears Bignature of Chart Hillatotics Rub it in for Lame Back.—A brisk ru blug with Dr. Thomas' Eclectric Oil will ours lame back. The skin will immediate y absorb the oil and it will penatrate the tisenes and bring speedy relief. Try it and

Sometimes a poor excuse is better than dozen good ones.

be convinced. As the lisement sinks i

The garrulous fool usually outs his throat with his tongue. The note of sombre severity is now rarely

There is no "Assyria" at the present day. A large part of Hyrla belonged Children Cry for Fletcher's for awhile to the nuclent empire of the Ausyrian kings, and it is altogother

Ancient Assyria.

probable that the word Hyrla is an ab-

broviation of Annyria. Ancient Annyria

was the country between the Armenian

mountains in the north and the allu-

vial plain of liabylonia in the south,

the Tigris in the west and the moun-

tains of Kurdistan in the cast. The

name also included the varying empire

which included from time to time dif-

ferent parts of the adjacent territory.

Bome of the classical writers plainly

in "Assyria." The Assyrian empire

came to an end about 600 H. C., and

after its fall the name of "Adlabone"

came to be used for the chief part of

Assyria proper. In the year 115 A. D.

the Roman Emperor Trajan created a

Homan province of Assyria, but the at-

abandoned by the Emperor Madrian.

The modern name of Hyria is given

of Palestine and to the larger region

which includes the vilayet of Syria

and stretches northeast into Aleppor

Traits of the Zula

It is a recognized fact, says the

Bouthern Workman, that the Zulu

tribe is one of the finest in southern

Africa. The Zulu has a sturdy frame,

a strong chost, wonderful digestion,

magnificent teeth and fine muscles. He

can stand hunger, fallgue and expo-

While he is slow to adopt modern

methods of tillage, tryingtion and for-

tillring, he is beginning to recognize

In general be is law abilling and obe-

dient, and he is not purposely cruel

He has a strong musical souss and a

remarkable knowledge of time and

rhythm. His powers of slaging, even

when but slightly trained, are extraor-

Counting a Boord

Twenty is collect a score because it

represents the whole man, ten flagers

a cut or mark. In very early times,

when men could not count beyond twenty, or "one man." It was usual to

cut a notch in a stick and begin again.

(Preuch taille, cut or nicked) means an

account kept by means of a notched

stick, and until the end of the eight-

south century such attaks were given

sa exchaquer receipts, accompanied by

a written document. This was also the

usual way of keeping accounts in the

inne of the middle ages. The number

were scored against bim on what was

called a tally stick, and when it reach-

ed twenty, or a "whole man," he was

Named After the Baint

the Danuba, from St. Georgen, in

Baden, which disputes with Donau-

eschingen the claim to possess the real

branch, the southernmost mouth at the

delta. Glurgevo is one more of the

places named after the saint. It be-

gan as San Zorso or Ban Glorgio in

the fourteenth century, when it was

founded by the Genoese. In modern

times Glurgevo has twice made his-

tory. It was the terminus of Rou-

menia's first rallway, the line from

Bukharest, opened in 1800, and in the

Orimean war it was defended with

stubborn fury by the Turks, costing

the Russians 30,000 men to take it-

source of the river, to the St. George's

St. George is always turning up on

expected to pay.

London Standard.

of drinks or meals a customer had

and ten tues. Etymologically it means

their advantages. The heapitality, in-

tempt to restore the old name was

OASIOR A

What is CASTORIA

Castoria is a harmicus substituto for Castor Oil, Paregorle, Drops and Southing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Foverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colle, all Teething Troubles and Diarrhood. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacca—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Fancy Bread

RAISIN LOAF-Made with Sun-Maid Raisins and Citron Peel. This is a new loaf and a good big seller.

fresh sweet milk 12 ounce loat, &c. ROUND QUAKIR LOAF with a thin, crispy crust, 12 ounce loat, &c.

> COFFEE CAKES Sc. CINNAMON ROLLS 12c. doz. ICED BUNS IZC. doz.

These are made fresh every day and are sure to please you. Get them from our driver or at the store.

Acton Ont.

Mill St.

Japanese Proverba "Bome insects feed upon smartweed" (There is no accounting for tastes). "If in a hurry go around" (The more hasto the less speed).

Compound made her well, so I took it and now I am just as well as I ever was. I cannot understand why women don't see how much pain and suffering they would escape by taking your medicine. I cannot praise it enough for it saved my life and kept me from the Insane Hospital."—Mrs. E. Sherbon, 5657 E. Halsfod St., Environment III. "Live under your own hat" (Let well enough alone). "The mouth is the front gate of mis-

of iniquity). "When the clouds gather let the householder look to his root."

A Practical Cirl. "Alberta, this love I bear for you is consuming me," doclared the ardent oluge man with the big Adam's apple If any complication exists it pays to write the Lydia H. Fink-lam Medicine Co., Lynn, Mass., for special free advice. and the little salary. "Well," declared the haughty dame. "I accept you, but you know these

> The Thoughtful Ostrich. The Areb has a curious belief that the ostrich lays twenty-four eggs, but eventually hatches only twenty-three of them, the extra egg being kept by

days the consumer has to pay the

the old bird for the purpose of feeding against Thee. O, wash me in the precious her young ones on. "Fill me with Thy Holy Spirit, that I may lead a new life. Spare me to see

A Hardware Talk "Yes." said the nut to the nail, "it gave me a terrible wronch to part "Strengthen us to quit ourselves like from bim, but I knew it would be only a matter of a few days before he men in our right and just cause. Kosp us would bolt anyway." in suffering, merciful as well as brave—true

The only way to make the mass of manking see the beauty of fustice is by showing them in pretty plain terms better victory over temptation and sin, the consequence of injustice.—Bydney over life and death, that we may be more Smith.

> Hope often digs its own grave with he sparle of indiscretion.

Had Pimples and Festering Sores ON HER FACE.

When the blood gets bad, bolls, pimples and festering sores are sure to break out on the face and body. To get rid of them the blood should be cleaned by Burdock Blood Bitters.

Mrs. Charles Jewell, Orrville, Out, writes: "I feel it my duty to write and tell you about what Burdock Blood Bitters has done for me. I was so pale I had no color at all. I also had pimples and festiving sores on my face, and my head acked nearly all the time. I had been reading in the paper, and saw that Burdock Blood Bitters was good for such troubles so I tried a bestfe and before it was liuif done I felt fine, and when the bottle vers finished I felt üke a new wo-I tell all my friends about it, and to use 11.11. d."

The re in only one H.R.H . That is the genuite, manufactuard by The T. Milburn Co. Limited, Toront p. Out

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. har Ty Helekell' Allow no one to decolve you in this. All Counterfelts, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment.

In Use For Over 30 Years The Kind You Have Always Bought . VAN BURNERS GENELAV, DUC VERN 2177,

Look over this Assortment of

MILK LOAF-Made with malt and

DOUGHNUYS IOc. doz.

RUSSELL'S

Empire Business College

The only College in Canada teach-

ing all Typewriter Keyboards.

SIX MONTH'S COURSE DAY \$40, NIGHT \$20,

Expert instruction in Pitman's Shorthand, Typewriting, Bookkeeping, and all other subjects necessary to equip you with a thorough business education.

346 Broadview Ave.

Toronto, Ontario. PROPRIETOR-Williams Mfg. Co., Limited PRINCIPAL-Mr. P. M. Douglas

HI SOMONOMONOMONOMONOMONOMONOMONOMONICALINA (H.

MERCHANTS THE OF CANADA

RESERVE FUNDS AND UNDIVIDED PROFITS ... 7.250,084

Bir H. Montague Allan, C. V. O., D. C. Macarow, General Manager.

SAFETY

This Bank is one of the oldest established institutions in Canada. It is the Pioneer Bank of Acton, and offers every courtesy to deposi-tors. Interest allowed at the highest current rate on Savings Bank 206 branches in Canada. Extending from the Atlantic to the Pacific. Parmers business solicited and money loaned for the purpose of stall or grass feeding cattle, etc. Cheques on any Bank or outside point cashed.

ACTON BRANCH

R. L. Whitman Manager MILES CONTROL OF STREET STREET, STREET STREET, STREET,

Buy Made-in-Canada Goods

THE GRAND TRUNK RAILWAY

PARIENONN THAINS The f Harding t the time at which resempet

HOUSE KART No. 28. 7.17 a. m. No. 17. 1.11 a. m. No. 28. 6.00 a. m. No. 29. 6.17 a. m. No. 31. 10.90 a. m. No. 31. 10.90 a. m. No. 31. 10.90 a. m. No. 31. 2.21 p. m. No. 31. 2.21 p. m. No. 31. No. 31. 8.10 p. m. No. 37. 8.10 p. m.

Reduce the Cost of Living

Put up lots of Fresh Fruits

WIE BULL GRANULATED AND ICING SUGARS

RACELALITING IN CHOCKHIFF

J. R. LIVINGSTONE

MILL HT. - - ACTON

Reliable Agent WANTED

In every good town and district in Ontarlo where we are not represented. Territory reserved for the right man. Highest commissions paid Attractive

advertising matter aplended lated ow upselstiles for beared 10id-1017, Insluding the new everbearing Humpberry, Wt. Hegist

Sone @ Wellington The Fonthill Nurserles (Ketablished 1837)

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