"AWAY BACK HOME"

Away back bonne I know the tolks Wal think this day of me, . As round "the testive baard" they sit (FTis there that I would bo) : And Mother, bless her dear old face, Will link neross at Dat,

And ask once more if he is sure That all's well with 'the lad.' And, smilingly, the dear old Dad Will answer, "Why, I know The lad is keeping to the path. That we would have him go." And winsome Bess and little Jack

And will I know them when again I turn away back home. Tho city's streets are fair and bright, Tho city faths are gay, To joy their hearts attancel are

Willask when will I come,

But far loyoud the city's streets In fancy do I roam Across the fields and down the lane

On this Thanksgiving Day :

That lends away back home.

HOW TO ENJOY SUNDAY 1. Stay at home Saturday night and gel acquainted with your family. Retire

little earlier than usual. 2. Got up earlier and help to do the neaeasary work, of the home. An honest div falon of labor helps to oil the wheels of the household, but a man who site around reading the morning paper and letting his wife

do all the work --3. If possible, make your plans to go to Bible school. Go tochurch. Religion and worship are necessary to full-grown life. 4. If you have a neighbor who does not go to church, invito him to go with you If he faints away at your invitation, telephone to the head usher of this Church and

he will soud an automobile for him. 5. Do not expect your wife to rush home from church and got you an extra good Bunday dinner. Let the Sunday meals de mand a minimum of lalar for housekeep

6. Koop some inspiring book on hand for Bunday reading. Write some letters to friends or to the boy or girl away from

7. Ask some one who is not a Christian to confess Jeans as Savior. How long have you been a Christian yourself without doing this.

8. Got all you can out of the Bunday church services, olther as a worker or a good listener and door. Do not criticize the chair. You are not such a great singer

0. Keep thanking that all day that you are well enough to work and good enough to keep out of jail.

10. Close the day with a song and a prayer after calling up the preacher and toll ing him you plan to follow his advice when you go to work to-morrow.

KEEP THE DOWELS REGULAR AND AVOID

When the bowels are not kept regular they become clogged up with waste and poisonous matter, causing constipution, biliousness, sich headaches, piles, and all kinds of liver troubles.

Milburn's Laxa-Liver Pills wiff regulate the bowels so that you may have a free and easy motion every day. One pill every night for thirty days will cure the worst cases of constination.

Mr. John J. Smith, Elginburg, Ont., writes: "I had been troubled for a great while with constipation, and tried many different remedies which did me no good. I happened to try Milburn's Lava Liver Pills, and I have found them most bene-

Milburn's Lara-Liver Pills are 25 cents per vial, or five vials for \$1.00; for sale at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Torento, Ort.

DISTRIBUTION OF SEED CHAIN AND POTATOES

To Ontario Varmers From the Bominion Experimental Farm at Ottawa

By instructions of the Hon. Minister of Agriculture a distribution of superior sorts of grain and potation will be made during the coming winter and spring to Canadian farmers. The complete for general distribution will consist of spring wheat (about 5 lie), white cate (almost 4 lie.), harley (about 5 lis), and flold pass (about 5 lbs.) Thosa will be sent out from Octawa. distribution of potators in samples of about 3 liu, will be carried on from several of the experimental farms, the Central Varia at Ottawa supplying only the provinces of Ontario and Quebec. All sam-

plos will be sent fron by mail. Only one sample of grain and one of tatoss can be went to each furm. As t supply of seed is limited, farmers are visad to apply early. Requests received after the end of December will probably be too late.

Anyone dealring a sample should write (nost free) to the Daminion Corealist, Ex | If not diarrhoes, dysentery or some other perimental Ferm, Ottawa, for an applica- serious bowel complaint may ensue.

J. H. GRISVALE, Director, Daminion Experimental Farms.

CASTORIA Vor Infants and Children

In Uso For Over 30 Years Signature of Checkery Fletcher

Hard and soft ourns both yield to Ho loway's Corn Cure, which is ontirely safe to use, and cartain and satisfactory in it-

Worms in children, if they be not attend ed to, cause convulsions, and often douth Mother Graves' Worm Exterminator will protect the children from those distressing | Out.

Patriotism and politics travel hand in

land only once to a while. The clouds of other people are always the ones in which we can discorn the silver

Perhapa it is possible for a mun to b

of brandy. It is said that liquor improves with ugo. | insation of feeling one's powers unfold That may account for the fact that the Boos it pay to push one's borison farthery older some uses got the lietter they like out in order to get a wider outlook or clear-

HOW TO KEEP WEL

BY JOHN W. U. McOULLOUGH, M.D., D.P.H., CHIEF OFFICER OF THE PROVINCIAL BOARD OF HEALTH.

THE POOD WE EAT.

HE AMOUNT OF FOOD one cats is determined by one's weight, the amount of work one does, the season of the year and, to some extent, by one's digestion. A great part of the food we cat goes to muse heat, consequently the fuel value of the food cuton in cold winter weather should be twice as great as that of the summer when the heat ranges from DO to 100 Deg. F.

Fond value is generally indicated by the term calorie. A calorie is the amount of heat required to raise one kilogram of water one degree centigrade. A man doing active manual labor requires 4,000 calories of food daily, an compared with 2,000 calories required by the man lying quietly in bed. In a general way the amount of food a person needs varies with the weight, but the unit of food per pound of weight is highest in the first year of life and leavens year by your as one becomes older. The baby grows very rapidly in his first year and besides he takes a great deal of exercise. He works harder than an older person.

Foods are classed as Proteins, Fats, and Carbohydrates or Sugars. The proteins are the substances necessary for the growth and repair of the body timutes. The fats keep us warm and the carbohydrates supply energy. Eggs, milk, cheese and ment give the largest amount of protein; milk and butter the largest supply of fats, while augar, jam, bread, milk, and cereals

largely supply the carbohydi	rate. The	following	r tables	Indicate t	he curntl-
tion of tood and tood Avines	for the d	let of-		iddicate t	no durinti-
(1) СЫ	ld Two to	Four Ye	are Old.	122	
DREAKFAST-	Amount	100.00.000.000.000.000.000.000.000.000.		Carboby	and so
	In our.	Protein.	Pats.	drates.	Calories.
Cerent	Я	43	8	178	60
Egg (bolled)	1.4	113	93	0.000	-
Bread (one alico)	i	61		***	, RD
Butter		0.000		308	100
talle	. 4		10R	10	60
Milk	. 6	93	108	133	130
7					420
DINNER-	•				440
Meat	1	108	46		60
Potato	3 .	31		346	75
Breen Vegetable	2	34	39	31	36
Brend (one slice)	1	61	g	308	100
Butter	34	31	46	92	60
Dennert (Custard)	1		••	••	••
					330
aupper—	20	0.0228 35	0528	3050000	9012009
Coroni	8	43	8	178	60
dllk		93	108	123	110
rackers	• •	6	6	46	30
ruit (as baked apple)	3			316	60
53 (7*5) (5.35) (5.35)					260
(2) Die	t for Boy	Nine Year	ni Old.		
BREAKFAST-		Amoun			Calories.
Const		3 place	T. C.		76
lutter		14 OK.			60
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lutter		34 OK.			110

CONDITIONAL FORGIVENESS

Doggert (Custard)

Toget

Egg

Milk

Haked Apple

Butter 16 64.

SUPPER-

Harry and James, brothers, were in their playroom for some recreation after supper Harry hit James and in the midst of the quarrel the nurse happened CONSTIPATION. with the news that it was time to retire. James was put to bed first.

> "You must forgive your brother before you go to bed. You might die in the After a few minutes slaped James re-

> "Well, I'll forgive him to night, but if I on't die be'd better look out in the mord-

Children Ory FOR FLETCHER'S CASTORIA

The Oil of the People. - Many oils have ans and gone, but Dr. Thomas Koleolrie Oil continues to maintain its prelition and nereasa ita sphere of undulum mob year. Ira starling qualities have brought it to the troat and kept it there, and it wis traly be called the oil of the people. Transieds have henselted by it and would my my other properation.

I would tall sales

An excuss is the only thing that's ever offed when you're looking for it. A man's worst saismiss are his fool friend

No man to so busy that he ham't time to make a few examina

DIARRHOEA Was Caused By Change of Diet, Etc.

such us chance of diet chance of water, change of climate, tatching cold, the cathing of unrips fruits, or unything that will cause or induce an excess of blis.

On the first sign of any looseness of the bowels it should not be needected, but should be looked after immediately, for

Mr. Geo. Smith, Victoria, B.C., writer Mr. Geo. Smith, Victoria, B.C., writes:

"It is five years ago since I first tried Dr. Fowler's Extract of Wild Strawbury. I was then on a timber survey, and suffered greatly from diarrhoes, caused by change of diet, etc. A friend in the party gave me a few does which gave me great relief. Since then I have been in survey work, and would as soon think of starting out on a trip without my compass and blankets as without my upply of Dr. Fowler's Extract of Wild Strawberry, which I consider the woodsman's best friend."

Dr. Fowler's Extract of Wild Strawpast seventy years, and is universally enough as a positive cure for all complaints arising from any looseness of the bowels. When you ask for "Dr. Fowler's" be ture you receive what you ask for as there are many rank imitations of this sterling remedy placed on the market to try and fool the unsuspecting public.

The semulae is manufactured by The Milburn, Co., Limited, Toronto

Price, 35 cents.

DOES AN EDUCATION PAY P Does it pay to learn to make life a glory instead of a grind? Does it pay to open a little wider the cloor of a narrow life? Does it pay to the lease of the microscope or 'eleacope? Does it pay to know how to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the dry, dreary dradgery out of life? Does it pay to take the life is glory in the does at night, and to suite the most at night, and to suite the lines could hardly move in bed with the pain. I could do no hard labor on account of my back. A friend advised mid to give Does it pay to give Do out of life? Does it pay to taste the exhilor vision ? Yes, it pays.

WIFE TOO ILL TO WORK

...........

IN BED MOST OF TIME

Her Health Restored by Lydia

E. Pinkham's Veretable Compound. Indianapolis, Indiana. - "My health



pounds and was to ing Lydie E. Pink- talion at the front. ham's Vegetable welched 153 pounds.

work and weahing for eleven and I can man suffering as I was to try your valuable remody."- Mrs. Ww. Caucil, 822 H. Addison Street, Indianapolis, Indiana. There is hardly a neighborhood in this country, wherein some woman has not

found health by tising this good old fashload root and herb remady. If there is anything about which you would like special advice, write to the Lydia E. Pinkham Medicine Co., Lynn,

Internal purcelter in the shape of worms is the stomach and stomach of children say their vitality and retard physical developweek. They keep the shild is a societant state of warned and, if not attended we, ondesignatific. The child can be special usuch sufficient and the mother much anxiety by the best wome remedy that our be got, Million's Worms Powders, which are sure death to worms to any shape.

Children Cry FOR FLETCHER'S CASTORIA

No. Cardella, a maiden effort does not a ways lead to matrimosy. Opportunity in is said, knocks but once, but a passimist knocks all the time. The man who pays as he goes usual has enough to purchase a return ticket. "Blg head" to a chronic disease with

When the back becomes weak and starts to acke und pain it is a sure sign that the kidneys are not performing their that the kidneys are not performing their functions properly.

On the first sign of backsche Doan's Kidney Fills should be taken and acrious kidney troubles prevented.

Mr. Francis McInnes, Woodbine, N.H., writes: "I deem it my duty to let you know the wonderful results I have received from the use of Doan's Kidney Pills. For a long time I had been suffering from weak back and kidneys. I tend to suffer the most at night, and some times could hardly move in had with the

boxes of the pills." Donn's Kldney Pills are 50 cents per

When ordering direct specify "Donn's."

Important Events Which Have Ocourred Here and There

WEDNESDAY.

It is freely rumored in Ottawa today that General Bir Sam Hughes Is on the ocean on his way back to Canada.

Liout.-Colonel the Hon, Guy Victor

Baring has been killed in action, He was Unionist member of Parliament for Winchester since 1906, A coalition government for Germany is urged by The Berlin Tageblatt in a long leader by Hans Sivkovich, a member of the reichstag. There is a surplus for the last year in the post-office department of \$3,849,371, which will go to the war

fund. The not revenue last year was \$18,858,409. Apart from the fifty million dolbanks, the bundred million dellar

ly all taken up. According to special despatches | was ill in Detroit. from Athens, the German, Austrian, Bulgarian, and Turkish ministors have called on the new foreigs mintators. The Allies are holding off. John Godden, GR Hook avenue Toronto, 76 years of age, who fell downstairs at his home Monday night and fractured his skull, died in St. Michael's Hospital yest-rday

morning. The most serious rioting since the transit strike in New York began two weeks ago occurred last night in the various sections of Manhattan when attempts were made to run sur-According to prose despatch from

Maastricht yesterday, 62 persons have been on friel at Hasselt, Balglum, on charges of asplonage, of whom 33 were condemned to death on Friday last. The Canadian Associated Press officially informed that the Canadian casualties during the last few days

have been the lightest of any heavy engagement in which they have yet been ougaged. The King has authorized Surgeon-General Guy C. Jones of the Canadian Medicals to wear the insignia of an officer of the Legion of Moonr conferred on him by the Prosident

of France. THE REDAY. The Canadians at Courcelette captured ninety of the Prussian Quard. The duty on steel ratio may be temporarily removed to assist the

Major-General Bir Bam Hughan is on his way back to Canada, accompanied by fir Max Aiken. A Man Power Distribution Board has been appointed in Britian to comb out the exampted men.

A statement from former Chief of Staff von Valkenhayn says the Gerwas so poor and my constitution so run mans are short of guns and ammuni-Bot work. I was dian cavalry was elected to the Britlirig.-Canaral Boely of the Cana-

thin pale and week, ish House of Commons to represent weighed but 100 Mansheld. Mrs. Albert Clark of Guelph died bed most of the suddenly, leaving six young children; time. I began tak- her husband is with the 78th Bat-An unusual case of recovery from Compound and five tetanus is reported by the London

boy being the patient. Lawls Bousdiet, former Alderman, assessor and tax collector at

Canada Hibla Society meeting. Fred. J. Mitchell, a young merch ent of Port Stanley, died suddenly of infantile paralysis contracted in a trip through New York Blate. A Carman plot to destroy canning

and other food factories in Canada is hinted at in connection with a fire at Ht. Thomas last Haturday night. According to a report of counsel to the Ontario Licenso Board a loopbole has been found in the Ontario Temperance Act regarding direct delivery to bomes. The jury in the inquest on the

Quaboc Bridge disaster found the death of Edwin Jourdonnals, one of the victims, due to an accident; evidance showed that a casting failed. Captain David Henderson, son of the Hight Honorable Arthur Hendercation, and Labor leader in the British House of Commons, has been killed in action. Arrested in Berlin on a charge of

saditious enti-war agitation, 130 Ho-

cialists have been forcibly impress-

The Mansfield election, through

the dosth of Sir Arthur Markham,

was won by Sir Charles Scely, coall-

Turkish troops have appeared on

the Riga front, says a Router des-patch from Petrograd. They are led

Lieut.-Colonel Earl Feversham

was killed to action on September

to while leading his battelion, ac-cording to The Yorkshire Herald. Hon. B. Franklin Smith, the new Minister of Public Works, and W. S.

Button were returned yesterday for the county of Carleton, New Bruns-

The bill providing for a referen-

dum on the question of conscription passed the Australian House of Re-

presentatives on its third reading.

The vote was forty-seven to eleven.

Joseph Glass, fourteen, years old, stepson of Fred Scott, was yester-day morning almost instantly killed

when, in throwing the belt of a gasoline engine, near Galt, he got caught in the machine.

Joseph Newman, replient of St

Catharines for the greater part of

his lifetime of sixty yours, and a

tormer member of the contractive

YARY A NO BAW YE

During his solourn at a certain hotel

the west of Ireland a tourist was aroused

from a sound alsop by a knocking on h door at about three o'clock in the moralug

"Telegram for you, air ?" replied the

"Clan't you alin it under ?" said th

"No, sir," was the reply, "sure, it's on a

"What is it " he shouted.

"Will you open the door ?"

tion candidate, with 7.597 votes.

by German and Austrian others.

ed into military service.

many a man who wears a small bat. **Had Weak Back** and Kidneys.

box, or 8 boxes for \$1.25; at all dealers, or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Out.

NO ALUM PAINTED ON THE an untimertory. CAMKL AS JACMAILEST, FRUIT

2" " F. . A. C. 195%

after a lingering throug, SATURDAY. The buryon in Prager is reported Some ten thousand troops from Camp Rorden are to winter in To-Promier Rearat of Ontario addrossed the Royal Colonial Institute in London. The Germana claim to have sunk transport in the Mediterranean and

a Fronch automarine. Fifty-one motorists paid \$10 fine and \$2.95 conta each for apending on the Toronto-Humilton likhway. Hamilton did not have one arrest for drunkenness during the whole week, an unprecedented record. The Dominion Covernment has awarded a contract for a new conerete pler at Port Stanley, to cost \$100,000. A new agricultural school is to be

established adjacent to the town of Komptville by the Ontarlo . Department of Agriculture. Leo Lyon, a boy of cleven, dled of njuries received when crushed belween a Hydro pole and an automoblie driven by Miss Clara Bean. The strike at the paper and pulp mills at Fort Frances and International Falls to over, the company

The French Chamber of Deputies yesterday unanimously voted war credits for the remainder of the year amounting to 8,838,000,000 francs.

having granted a large wage in-

Isaac B. Moyor, a well-known citisen of Kitchener, died an a result of injuries austained when run over by a runaway team in Brown City. Mich., while visiting his daughter. Major Arthur Grenfell, who was attached to the Lancers and has been wounded, was married to Lady Victoria, daughter of Earl Grey, and later to a daughter of General Noville Lyttleton.

Miss Margaret Mackhan, 22 years lar subscription from the chartered the evening of September 10 for a short stroll, and has disappeared, her Canadian war loan is now practical- mother receiving a mysterious telephone message that night that she

MONDAY. The Bwiss Government, replying o several petitions that it interveno in favor of peace, officially states that it considers the moment inop-

Press despatches from Manstricht. folland, yesterday says that 17 persons have already been executed as result of recent trials at Hassolt. Belgium, on the charge of caplonage. Delegates from all over Canada, from Nanalmo, B.C., to Hallfax, N.S., took Toronto by atorm yesterday for the 32nd Annual Convention of the Trades and Labor Congress of Can-

Buring a thunderstorm about noon Friday a barn belonging to Mr. Herbert Howes on lot 11, con. 5, West Garafrazo, a few miles from Fergus, was struck with lightning and totally destroyed.

The bill providing for a referendum on compulsory military service in Australia, weich recently was adopted by the House of Representatives, passed the Senate Saturday on third reading. The ministerial sami-centennial of

Roy. Dr. Geo. Clark was yesterday colebrated at Niagara Street Methodist Church, St. Catharines, where he now resides, superannuated, at the age of 75 years. Mrs. Mckay, wife of Kay Mckay, a Dercham farmer, left on Haturday for Toronto to take the Pasteur treatment. Over a week ago Ure. McKay was attacked by the family dog and bitten and scratched. A. J. Kettle, a veteran Nationalist, died yesterday in Dublin, less than a week after receiving the news that ble son, Lieut. Thomas M. Kettle,

Professor of Economics in the National University, had been killed in

sction. TUINDAY. Debris of a third Zeppelin was picked up in the North Bea. Dread must not be served in Austrian hotels, a new order says The 201st (Toronto Light Infantry) Battalton has been dishanded. At the Labor Congress in Toronte delegates criticis d the new Trade: Disputes Act.

für George Perley is returning to London to resume the position of months later I Medical Officer of Health, an Italian Acting High Commissioner for Can Amended regulations in regard to the new system of recrutting in Can-

Brantford, and for forty years a ada were announced in a chicial truthfully say Lydis E. Pinkham's Veg-stable Compound has been a godsend Many new immigrants in Canada to me for I would have been in my grave learn English through the Hible, ac-to me for I would have been in my grave dealy on the croquet ground. He

Bir Wilfrid Laurier has accepted an invitation to speak in Toronto under the auspices of the Newman Club on November 1. In bis address to the Canadian Club in Toronto Mr. N. W. Rowell K.C., M.P.P., said the message from the men at the front vas: "Bend ur

more men." Ald. McBride bumped Ald. Me-Brien's head against the wall during the Toronto City Council moeting yesterday as a culmination to a bitter personal dispute, Two justices of the peace at Stratford held that boor cannot legally be provided at barn-raisings in Canada

Yemperance Act torritory. The judgment will be appealed as a test Clarence Machtrieb, n German, 31 years of age, committed suicide at his home in Hudson, Mich., after a violent quarrel with his parents over bis having cultsted at Windsor with

the Canadian Army Medical Corps.

Hebooser Bursed. SAN DIEGO, Cal., Sept. 36.—News of the destruction by fire on the upper waters of the Gulf of California of the auxiliary schooner Paname, with the loss of all on board. including Captain Frank Pasqual, bis wife, Engineer Charles Leddick. and three American seamen, was rought here Friday night by Capt. ligir, of the schooner Freds. The burned hulk was discovered Mexican fishing boat between Tibuon Island and Santa Rosalta.

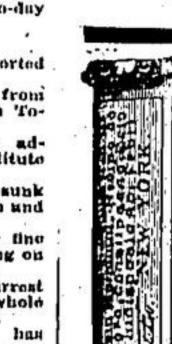
COULD NOT SLEEP Nerves Were So Bad.

To the thousands of people who are tossing on sleepless beds night after night, and to whose eyes sleep will not come. Milburn's Heart and Nerve Pilis offer the blessing of sound, refreshing slumber, because they restore the equilibrium of the deranged nerve centres, thus restor-

Mr. Arthur McCutcheon, Mt. Playah, N.B., writes: "I have been much trouble ed with my nerves, and could not aleep for hours after I would go to bed. I would toss and turn from one side to the other before I could go to sleep. I would then wake up in the night, and lie awake a long time before I would get to sleep again. I thought I would try Milburn's lieart and Nerve Pills, as they were recommended so highly. I now get to sleep without any trouble; my nerves been quieted, and when I ile down I go to sleep quickly. Anyone who is bothtred with their nerves should beep

box on hand." Milburn's Heart and Nerve Pills are 50 cents per box, 3 hoxes for \$1.25; at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Poronto, Out. .

firm of Newtonn Mon., dled to-day



The Propri Larger Litent Heliciana Allegetatte Perparation fords Camillating E-cloud and Regular Dugities Semichand Bowell of

ness and fæst.Contains reliter Ophini. Morphine nor Hieral NOT NARCOTIC. Awar of OLI DESVATILITIES Handis Sad-Mr. Sound + April Sand . A perfect Remedy for Contina-tion. Sour Stomack Plantors. Worms, Convulsions, everish ness and Louis of Suice

Five Cents is

all you need pay

for the best and

purest soap in the world

Sunlight Soap.

The inducements offered with common

soaps cannot make up for the purity

of Sunlight Soap. It costs US more to

make pure soap; but it costs YOU less

to use it, for Sunlight pays for itself in

the clothes, as it does not wear and rub

Sc. a bar at all Grocers.

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ing all Typewriter Keyboards.

SIX MONTH'S COURSE

DAY \$40, NIGHT \$20

Expert instruction in Pitman's Shorthand,

. Toronto, Ontario.

Typewriting, Bookkeeping, and all other sub-

jects necessary to equip you with a thorough

There isn't a member of the family need suffer from indigestion, sick

headaches, billousness, fermented stomach, etc., if he or she will take Chamberlain's Stomach and Liver Tablets. They cleanse the stomach

All dramate, Mr. or by mell from Chamberlain Medicine Company, Toronto. 16

and bowels and stimulate the liver to healthy activity and tone up the whole system. Take one at night und you're RIGHT in the morning.

business education.

346 Broadview Ave.

PRINCIPAL-Mr. P. M. Douglas

PROPRIETOR - Williams Mfg. Co., Limited

the fabrics like common soaps do.

THE CENTAUR CHIPAUY MONTREALLNEW YORK Atb'months old 25 Dases - 35 CEN Exact Copy of Wrapper.

THE BENTAUN COMPANY, MAN YOUR GITY.

For Infants and Children. **Mothers Know That Genuine Castoria** Always Bears the Signature FacSimde Signature of Chilf Steller

Use For Over Thirty Years

A Reliable Agent WANTED

THE GRAND TRUNK RAILWAY

PANSENGER THAINS

The following't- the time at which reseases

Reduce the Cost

of Living

Put up lots of Fresh

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WIE BILL

GRANULATED AND

ICING'SUGARS

EARUALHING IN QUOCENIER

J. R. LIVINGSTONE

- - ACYO

MILL UT.

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In every good town and district in Ontario where we are not represented. Perritory reserved for the right man. lighest commissions paid Attractive advertising matter uplended list of ew Upschilles for

esson 1016-1017, Including the new verbearing Haupberry, Ht. Hagis. Stone @ Wellington The Fonthill Nurseries (Ketablished 1837)

Grain Chopping

Well Done and Quickly at only

5 cents

per bag.

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When You Yeed BOOTS

SHOES 4: Any Time

BUY FROM W. WILLIAMS

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FAMOUS FOR

Satisfactory Footwear REASONABLE PRICES

LIVERY --- AND ---

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BUS LING

Having purchased the livery and goodwilt of the business from Mr. A. McCann, I solicit with confidence the patronage of the

Comfortable rigs supplied at remanuble rates. Special attention to supplying conveyances for weddings and Motor Cars furnished when re-

bub mueto all trains

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K. COOPER, ACTON, CEMENT CONTRACTOR for Bridges, Silos, Walks, Floors, Walls etc. Also Agent for De Laval Silos, Separators etc. High grade Portland Cement for sale.

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PROMPTLY SECURED In all countries. Ask for our INVENTORY